

Total No. of Questions . 9+9+9] [Total No. of Printed Pages 7
(1126)

B.A./B.Sc. (General) Vth Semester (0005)
Examination

0414

PHYSICAL EDUCATION

(In All Mediums)

Time : 3 Hours] **[Maximum Marks : 60**

Note :- (i) Question No. 1 is compulsory

(ii) Attempt *four* questions, *one* question from each

Unit i.e. Unit II to IV

(iii) All questions carry equal marks

Unit-I

12 each

1. (i) Define Recreation.

(ii) Enlist the combination type of tournament.

(iii) What do you mean by good posture ?

(iv) Define Massage.

A-438

(1)

Turn Over

(v) Write four causes of four posture.

(vi) Name of the Arjuna Awardees in game of cricket.

Unit-II

12 each

2. What are the importance of recreation in the modern society

3. Explain the various theories of play

Unit-III

12 each

4. How would you conduct and organize an athletic meet in the College ?

5. Draw a single knock-out fixture for 11 teams and write down merits and demerits of single knock-out tournament.

Unit-IV

12 each

6. Write down the main postural deformities and their causes and remedial measures.

7 Explain the health related risk factor of obesity and remedial measures of obesity

Unit-V

12 each

8. Explain the types of massage and their benefits.
9. Which are the basic fundamental of cricket ? Write in detail and enlist the major tournament of cricket.