

(i) Printed Pages : 3]

Roll No. ....

(ii) Questions : 9]

Sub. Code : 

0	6	7	9
---	---	---	---

Exam. Code : 

0	0	0	8
---	---	---	---

**B.A/B.Sc.(Hons.) 4th Semester Examination**

**1047**

**PSYCHOLOGY**

**Paper : (Recent Perspectives of Psychology)**

**Time : 3 Hours]**

**[Max. Marks : 90**

**Note :-** (i) Attempt *five* questions in all.

(ii) Question No. 1 is compulsory. It has twelve short questions of which *nine* short questions have to be attempted, with **2** marks each.  
(2×9=18 marks)

(iii) Attempt *one* essay type question each from Units-I to IV. (18 marks each)

1. Attempt any *nine* questions in **25–30** words each :

- (i) C. R. Snyder
- (ii) Positive relationships
- (iii) Prosocial motivation

**N–231**

( 1 )

Turn Over

- (iv) Appreciation
- (v) Negative attachment
- (vi) Perceived stress
- (vii) Life satisfaction
- (viii) Type A personality
- (ix) Happiness
- (x) Anxiety
- (xi) Eudaimonic wellbeing
- (xii) Collective Forgiveness

2×9=18

### Unit-I

**Note :-** Attempt any *one* question.

2. Write a note on Goleman's theory of Emotional Intelligence. 18
3. Describe the concept of Emotional Intelligence and explain Salovey and Meyer's theory. 18

### Unit-II

**Note :-** Attempt any *one* question.

4. Can Spirituality be measured ? Discuss. 18
5. Define Spirituality and explain its relationship with wellbeing. 18

### **Unit-III**

**Note :-** Attempt any *one* question.

6. Define stress and explain its symptoms. 18
7. Is stress a risk factor for Coronary Heart Disease.  
Explain. 18

### **Unit-IV**

**Note :-** Attempt any *one* question.

8. Write a detailed note on Forgiveness. 18
9. Is there a relationship between Gratitude and Mental  
health ? Explain. 18