

(i) Printed Pages : 7

Roll No.

(ii) Questions : 9

Sub. Code :

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Exam. Code :

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B.A./B.Sc. (General) 1st Semester

1125

PHYSICAL EDUCATION (In all Mediums)

Paper-A : Theory

Time Allowed : Three Hours]

[Maximum Marks : 60

Note :- (i) Unit I is compulsory.

(ii) Attempt other **four** questions from Units II, III, IV and V, selecting not more than **one** question from each Unit.

(iii) All questions carry equal marks.

UNIT-I

1. (a) Define word 'Education'.
- (b) Write four objectives of Physical Education.
- (c) When and where were the first commonwealth games held ?
- (d) Write about Rajkumari Amrit Kaur Coaching Scheme.
- (e) What is the duration of the Hand Ball game for men and women ?
- (f) Write about the Olympic Flag.

6×2=12

UNIT-II

2. What are the aims and objectives of Physical Education ? Describe it. 12
3. Describe the development of Physical Education in India after Independence. 12

UNIT-III

4. Write about the Asian games and Afro-Asian games. 12
5. Describe the Ancient Olympic Games in detail. 12

UNIT-IV

6. Write notes on the following :
 - (a) Indian Olympic Association.
 - (b) International Olympic Committee. 12
7. When was NIS Patiala established ? What was the objective to establish NIS Patiala ? 12