

1056

Diploma Course (Add-on Course)
Guidance & Counseling

Paper-II: Counseling Children & Adolescents with different Abilities
(In all mediums)

Time Allowed: 3 hours

Max. Marks: 75

Note: Attempt five questions in all, including Question No. IX (Unit-V) which is compulsory and selecting one questions from each Unit. All questions carry equal marks.

Unit-I

- I. Discuss the various needs and problems of adolescents with special needs.
- II. Define Counseling. How will you provide counseling to the parents of children with special needs?

Unit-II

- III. Illustrate various problems of children at elementary level.
- IV. Discuss different problems of adolescents. As a guidance worker how will you help them in the solution of their problems?

Unit-III

- V. Define Stress. What are the possible causes of stress in children?
- VI. Discuss the role of Yoga and meditation in stress reduction.

Unit-IV

- VII. Case study is an important technique to understand the problem of an individual. Discuss.
- VIII. What are the characteristics of good case study? Discuss the merits and limitations of case study.

Unit-V

- IX. Attempt the following:
 - a) Personal problems of adolescents.
 - b) Types of abilities.
 - c) Analysis of case study.
 - d) Group counseling.

(Hindi & Punjabi versions enclosed)

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