# Tymmuli 2019









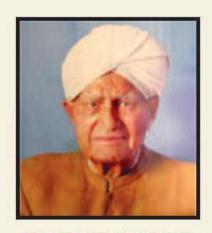


Goswami Ganesh Dutta
S.D. COLLEGE
Sector 32-C, Chandigarh

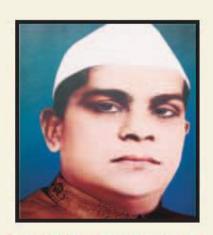
### Our Immortal Luminaries



Goswami Ganesh Dutta Ji Maharaj



Late Pt. Mohan Lai Ji



Late Prof. R.L. Verma Ji

The Goswami Ganesh Dutta Sanatan Dharma College was set up at Chandigarh, in July 1973, in the revered memory of Tyagmurti Goswami Ganesh Dutta Ji, who was inspired by a deep spiril of service and sacrifice for society. He visualized Chandigarh as a principal socio-cultural centre and wanted it to be the hub of Sanatnist activities. As an integral part of his vision, he wanted to start a first rate collage in the city beautiful. It became possible to resuscitate those plans in 1972

Pt Mohan Lal ji, formerly the Education, Home and Finance Minister, Punjab, and the President of Sanatan Dharma Pratinidhi Sabha, Punjab. called some admirers of the illustrious GoswamiJi, comprising some eminent educationists, prominent lawyers and public men from Chandigarh, Punjab, Haryana, Himachal Pradesh and Delhi and decided to raise a first rate college in the revered memory of Goswami Ji. Consequently, Goswami Ganesh Dutta Sanatan Dharma College Society was duly registered under the Societies Registration Act of 1960

Prof Roshan Lal Verma donated his entire Life's savings amounting to a lakh and ten thousand in the memory of his mentor and thus facilitated opening of the college. The college started functioning in rented buildings for a premier institute that Goswami ganesh Dutta Sanatan Dharma College is known as today. It was Roshan lal Verm's Value system that formed the foundation. Prof. Roshan Lal Verma volunteered to serve as its founder Principal in an honorary capacity.



## Contents

President's Message	2
Principal's Message	3
Editor-in-Chief's Message	4
English Section	19
Sanskrit Section	37
Hindi Section	47
Punjabi Section	69
Science Section	81
Commerce Section	107
Social Science Section	137
Journalism & Mass Communication Section	153

Upkar Krishan Sharma
President
GGDSD College, Society
Chandigarh

### From the Desk of the President

It gives me immense pleasure to learn about the forthcoming issue of the college Magazine 'Tyagmurti' which intends to tap the latent latent of students and faculty by providing an ideal platform for them to channelize their creative outbursts and lend expression to their thoughts and views on various and numerous matters in a meticulous manner.

The world is facing a crisis, be it ecological, social or economic. Violence, hatred and intolerance are spreading at an alarming rate and threaten to engulf us all in their destructive flames. In these critical times, the constructive role of each and every individual becomes pertinent. The qualities of the head and the heart have always been emphasized, but the need of the hour is to bring into focus the attributes of the heart. Loving others should take precedence over loving ourselves.

The youth constitute a very significant part of the future and it is imperative that society invests in this invaluable resource. The youth represent hope and optimism and are the building blocks on which the foundations of a better tomorrow may be build. The aspirations and the needs of individuals have changed over a period of time and society must cater to these needs.

The nature of education too needs to transform with the ever changing demands of the global world. Along with modern technological innovations we must ensure that students acquire skills that would help them solve the problems the world is reeling under. Education can no longer limit itself to theoretical paradigms and needs to extend above and beyond the classroom.

One of the most invaluable human resource is knowledge and access to education is vital to the survival of nations and individuals. We all must take the collective responsibility of ensuring a more egalitarian society.

I do appreciate and applaud the editorial board for the daunting task of putting together the myriad thoughts and dreams of our students into visual fest called Tyagmurti'.

Dr. Bhushan K. Sharma Principal

### Principal's Message

"We cannot always build the future for our youth but, we can build our youth for the future."

Franklin D. Roosevelt

Building on FD Roosevelt's vision, I feel privileged to lead a vibrant college which, in its endeavour to farmulate bright careers for students, affers such diverse and varied learning opportunities.

We are proud of our caring and an inclusive ethos, where we strive to set high standards, and eventually propel expectations of our students to achieve their very best.

Our college subscribes to an unimpeachable set of learning standards, that requires teachers to instil in pupils, analytical skills and a growth mind-set in a scientific learning environment. The most essential ingredients for success in this challenging era of the 4th Industrial Revolution are harmonised and enhanced by a rich and diverse extra curricular programme of sports, music, drama, educational expeditions and many other pursuits, all designed to educate the whole person.

We lay stress not just an academic excellence but an "persona formation with scholastic distinction". It drives students to consistently build designs for highest standards of performance, and further cultivate in themselves, the care ethical values of honesty, integrity, problity and truthfulness. Further, based on the Indian ethical ethos of advaita, we intend to inculcate respect for the human beings with an emphasis for elders and teachers, loyalty to the nation and a balanced understanding of the prevailing global situation.

Our college strives to open new doors for each student by acknowledging and encouraging personal interests, talents and needs.

in furtherance of the same, we seek to empower students to exercise their talents responsibly, by leading a fulfilling life and making an active contribution towards the cause of social justice. In this exercise, we hope that our students turn out to be the propellants of the nation building and thereby turning the envisioned 'New India' into a reality...

With an emphasis to Ingrain all-round education, we remain true to the Aristotelian thought at all time - "Educating the mind without educating the heart is no education at all".

# Harender Kumar Staff Editor

### **Editor-in-Chief's Message**

Expanding like the petals of young flowers I watch the gentle opening of your minds... From To The Pupils of Hindu College Henry Louis Vivian Derozio It is Indeed fortunate for me that I happen to belong to the community of teachers, a profession which requires frequent dips into imagination to do justice to all aspects of our calling. But being editor-in-chief of the college magazine Tyagmurti has provided me with an unparalleled opportunity to peep into the "gentle opening" of so many young creative minds.

P.B. Shelley said "Poets are the unacknowledged legislators of the world". It is hard to call this statement an exaggeration because writers full of Imagination- are the people who liberate and lift human soul from the banality of life. They are the ones who through mutations and evolution of human thought, rescue society from its humarum and moribund existence. Even in routine life of studies, jobs, earning and spending, any one who applies imagination to her everyday tasks, stands a better chance of worldly success.

I feel proud to be associated with the flower of SD College and express my gratitude for scattering the fragrance of your creativity throughout our campus and beyond. I congratulate you on your present publications and wish you success in your future endeavors.

May your fount of inspiration always overflow to its brim

Harender Kumar Editor-in-Chief

### STUDENT EDITORS



Rudrakshi Goyal MA I (English Section)



Brijesh Kumar B.A. II (Hindi Section)



Vidhi Aggarwal BSc. II Medical (Science Section)



Romil Monga BA-III (Journalism Section)



Srishti Singla BA-III (Social Science)



Shikha Aggrwal M.Com I (Commerce Section)



Harmi BA-III (Punjabi Section)



Tanvi BA-II (Sanskrit)



Saraswati Vandana



Sh. Manprest Badai, Finance Minister Punjab, on Prarthna Sabha



Day 1 - Honorable VC, Panjab University Prof.(Dr.) Raj Kumer presenting the PU Zonei Youth and Heritage Festival logo to the Principal



Day 1 - Prof.(Dr.) Raj Kumar, VC, Panjab University at Principal's Office on Day 1 of PU Zonai Youth and Heritage Festival



Day 1 - Panjab University Prominent Office Bearers on Day 1 of PU Youth and Heritaga Fast



Day 3 - Sh. Rakesh Kumar Popli, PCS, PRO , Chd administration on Day 3 of PU Zonai Youth & Heritage Festival



Day 1 - Sh. B.L. Sharma, IAS, Education Secretary , Chd Admn in Principal's Office on Day 1 of PU Zonal Youth Pest



Day 4 - Dr. Shankarji Jha DUI , PU on 4th Day Insugural Function of PU Zonal Youth and heritage Featival



Day 2 - Sh. Sanjay Beinheal, IPS, Being Honoured on Day 2 of PU Zonai Youth and Heritage Festival



Day 4. Shri Rakesh Popil PCS at the Youth Fest



Glimpses of Youth Fast



Glimpses of Youth Fest



**Glimpses of Youth Fest** 



**Elimpses of Youth Fest** 



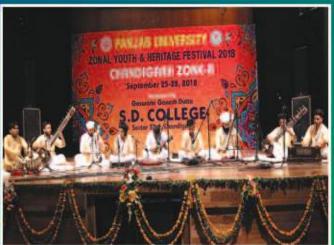
Glimpses of Youth Fast



Glimpses of Youth Fest



Glimpses of Youth Fest



Glimpses of Youth Fest



Glimpses of Youth Fest



**Elimpses of Youth Fest** 



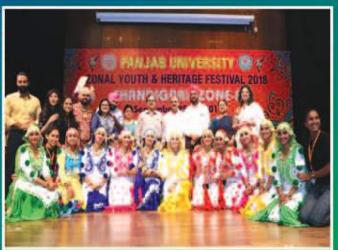
**Elimpses of of Youth Fest** 



Glimpses of of Youth Fest



Glimpses of Youth Fest



Glimpses of Youth Fest



Glimpses of Youth Fest



**Elimpses of Youth Fest** 



Glimpees of Youth Fest



Glimpses of Youth Fest



**Glimpses of of Youth Fest** 



Glimpses of of Youth Fest



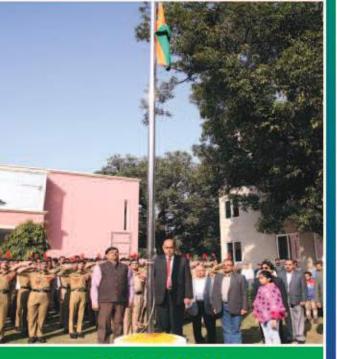
**Glimpses of of Youth Fest** 



Glimpses of of Youth Fest



**Glimpses of of Youth Fest** 



The Republic Day



The Republic Day



Sanjay Bainiwai, DGP, Chandigarh Being Honoured at Viraset



Chief Guest Hon'ble Justice Mr. Avnessh Jhingan at Alumni Meet



Mr. & Ms Viraset



**Our Proud Alumni** 



Panache



**Phoneix** 



Shri PJ Singh, Chief Guest, Prize Distribution Function



Vivacity



Shri P.J. Singh Addressing the Prize Winners



Blorythm



1 SILVER & 1 BRONZE PUIC JUDO (M)



3RD PLACE PUIC BASKETBALL (M)



CHAMPIONS PUIC FENCING (M)



CHAMPIONS PUIC TABLE TENNIS (W)



CHAMPIONS PUIC KABADDI (N)



CHAMPIONS PUIC SOFT TENNIS (M)



CHAMPIONS PUIC TABLE TENNIS (M)



PUIC WUSHU (M)



RUNNERS UP PUIC CHESS (W)



PUIC WRESTLING (M)



**PUIC TABLE TENNIS (W)** 



RUNNERS UP PUIC BASEBALL (M)



RUNNERS UP PUIC CRICKET (M)



Poorva Trikha Staff Editor

### EDITOR'S MESSAGE

To be able to express one's thoughts in verse or prose, coherently and eloquently is an art, altificult to master. Humankind progresses when thoughts and ideas are refined, shared and revised. Literature is a safe haven for not just the philologists but also for anyone who looks within and has a stary to tell or a sentiment to express. As much poetry we find in the outer world, the inner world and its beauty renders itself in the same way. Words give us the capacity to show love, angst, and all kinds of emotions. It is a gateway to understanding life on earth, as we know it. Reading expands our horizons but writing allows us to make sense of such transformations.

The comfort that is to be found in the company of words, pen and paper is unlike any experience of human interaction. The act of giving shape to one's thoughts in the form of articulate words and to realize that such an abstract and fragile thing as one's feelings and ideas, is on the paper in the form of locution, is a wonder inspiring phenomenon. Writing preserves one's mental reflections in the way photographs preserve one's memories. The articles, stories, poems and essays published in this section apprise us of the issues faced by our youth and present the essence of their thought process. One may notice how students contributing from various disciplines engage in critical thinking over similar humanitarian concerns.

It gives me immerse joy to present the English Section' of 'Tyagmurti', which celebrates the intellectual prowess, and creative meditations of our students. I would like to offer appreciation to all the contributors who shared snippets from their lives' journey through their literary skills. As important as it is to pen down one's ruminations, it is equal if not more important, to have these voices and thoughts heard, wherein the significant role of the reader comes in. Here's hoping that you refish reading the literary pieces in this magazine as much as the creaters of the content enjoyed writing them.

### Inside of my head

Rhapsodian blues, my musical dues, There shall be ballroom dancing so please come in twos. Your eyes transfixed at the window pane, not sure if it's pane or pain, There's a pool by your side, and your face can see through, Sum of all hurdles might be too good for you, Love of a dame, honour of duty calls, You run behind when the empire falls, Customer care, is it too accustomed to care? Too many complaints only to be fair, Smell of blood, sight of a hunt, Temptation of balt, firepower of eight, Sleep through me, I'm just another dream. i'll clean my bloodlines in your stream, Strike your matches with one stroke of power, Blow all candles from the top of the tower, Teleport me to those beaches and gardens, Seek me with illusions and pardons, There's a squirrel singing a nut's ode, Not sure if I'm willing to go down that road, Hour of midnight, mind transcends, Sleving naively with the aid of threads, Prick your skin, will count to two, Blood of a coward is too good to be true, Here's the cavalry they'll hang the quitter, The runt of a litter shall always be bitter.

His eyes popped out and they felt the shiver,
Dream awake, dream away,
Go ahead, make my day,
Save my skin from every storm and gale,
Smoke runs all over to make it stale,
Sounds of ghosts don't frighten me,
Rather tales of sunshine brighten me,
There's a demon money pulling all the strings,
Not too sure if you want to hear those things,

We are bretteren of vice, an actual guild, A king dreams, his ministers build, There hangs his portrait about to titt, Bruised with sin its bleeding guilt, Hour of the deadly, I hear a ghostly voice, But they'll be funny so they'll just ask for toys, There's a maze you are prone to enter, Eat me alive with what's left of centre, Sound of a clock around the round of a dock. Talk of the town is the death of a clown. A lover's quarrel, here the game, Check after an hour to see if they remain the same, Streets are alone, all plans full blown, Now I look at the sky, it's high, Up there so far it seems so dry, Charcoal is stuttering, roads are suffering, They say what happens, happens for the best, It's time for the robin to leave the nest.

All these notions don't seem to be at rest. There comes a lighthouse we'll light it with candles, Easy with the front door caution with the mantles, Grey matter, does it matter? Drop a gobiet hear it shatter, A numb mind, craving for detention, Too much on the lines on wordplay and alliteration. There's an office of peace everywhere, A lie that runs around. A spiked line marking territory is also found, No one pretty much cares how derogatory it might sound, Pictures and memories are damned to cherish, When bullets and bombs make them perish, Most exotic places are too beautiful to be mapped, What they sell as music today is utterly trashed, This seems to be an unstoppable rant, If will grow as you water thee plant, I see we are eventually getting near, Too fired to walk I think I'll stop it here. I have to win this, I'm in too deep, I'll find a way, in the land of sleep.

# The Hypocrisy Of The Society

The hypocrisy of the society is unbelievable,
The educated are unemployed and the ministers incapable,
Cows roam free on the streets while daughters are confined,
Justice is delayed, before it is denied,
Population is out of control, politics unstable,
The hypocrisy of the society is unbelievable.

The good days were corning, or so was said, most of the hopes are already dead,
Corruption has spread worse than the black plague,
The future of the youth lies in vague.
"Incredible India" remains a fable,
The hypocrisy of the society is unbelievable.

Religion causes wars, the girl child is killed in the womb, Forests are regularly depleting, Nature cries in the face of its doom, What have we done? Where are we leading? It is our inner demons that we are constantly feeding.

A better tornorrow is just a myth,

An end of the world more achievable,

The hypocrisy of the society is unbelievable.

I was waiting for the light at the end of the tunnel, But its only darkness, that's what I see, The hypocrisy of the society is a fact, But the society is me.

# The Majestic Craft

I sat on the park bench

Watching the world go forth and back,

But suddenly the nature gripped my sight,

And the worldly chaos came to an end.

The relaxing silence

And the velvet flowers

Were making the song

Of my deep breaths...

The evening was cherished

With the kid's art,

When he tried to paint the dirty sand,

With his virtuous heart.

Innocence and nature played the movie

While I was the character,

Writing the story.



# The True meaning of success



From the day you were born, you wanted to do something worthwhile. You wanted to make your stay on Earth known. Atleast that's what we're all taught. Make a difference in the world. Be "successful". But what according to you is success?

For some it could mean being recognized in public. For others it could mean being rich and for some it could simply mean being happy. There is no definition of success; you can define it for yourselves.

First of all you need to set a goal; such as the things you want to accomplish before you take your last breath. Find something you want to pursue, something that makes you happy, something that you are passionate about. For example, Lilly Singh writes in her book How To be a Bawse, "I don't want you to write a script just to see a movie get made. I want you to WIN an OSCAR".

True success comes when you do whatever you're doing with the most of your capabilities. True success comes when you are satisfied with your own self just the way you live your life. True success comes when you commit. You'll never truly know if you can accomplish something or be great at something until you commit to your goal.

I feel all success really means is "The sense of Accomplishment." If you feel successful with a low paycheck, it's fine. If you feel successful with a higher one, good for you. As long as you've accomplished your goal, as long as you're happy, as long as you did something even remotely helpful in adding to your happiness, it is all good.

True success is being excellent at what you do.

True success is reaching your potential.

True success is your happiness and your happiness alone.

Sarvagya Munde

B.A. I

# Two Pajamas

I started wearing two pajamas since that night.
I am sure there are demons out in the world,
But in my own house?
Every minute in front of my sight.

I laughed at the first touch,
But then felt empty inside.
It was not a fun game as told,
Rather pain than pleasure to die.

Black and bruised, I turned towards him, But he was not the man, Who brought me to this world,

He was a demon, In flesh and bones, Else who plays such a kind of game, With son of his own?

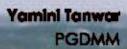


But even wearing two pajamas didn't make a difference the following night.

Sabreen Benipal B.A. II

### The Lost Treasure

She searched for the key In the barren desert to unlock the treasure. Luxuries and money She hunted for. But as she attained them. She realised they were merely a mirage. For what she was searching for, Was quite unlike these. On the way back, She met a little kid. With her little efforts. She made him happy. Suddenly the treasure opened And she realised. The real key of happiness, Is to give rather than to receive.





### Of Love & Distance

And I feel so far away Far away from everything, Outside wandering When I get lost, I throw my hands up in the air Why do I disappear? How can your love be so close? When I am so far.

I don't want to waste time Living a half life

Are u listening? Now give it back to me. I remember everything The way it used to be, Now give it back to me Just give it back to mel

> Minakshi Jagrani B.A. II

### SHE WANTED TO ANSWER!

She lied on the Ventilator

Her ECG working as smoothly as life!

Her body numb

Her eyelids closed

She was all insulated

Wrapped with white

White plasters

White band aids

Because...

Because her body was Pathetic

Spine Smashed

Skull damaged

Bones just..merely skeletal

Under...under the skin, same.

Innumerable fractures

Collar bone broken

Ribs hung a fragile appendage from the set

Losing...

Losing the symmetry.

She was surrounded by a colossal cage,

Which assured a critical state.

A state... quite cringing!

Quite Eye-bulging!

But for her it meant just acceptance,

Something which has to under-stay,

Perhaps life tells So!

She opened her eyelids

Trying to forsee

Transcending the cage trapping her

Through the squares of the cage.

As if trying to tackle life

Looking towards what's next than what's done!

Then she began dwelling into the realm

Realm of reality

Which received her

In the disguise of our policemen

Holding a note pad with a pen!

She then realises

Life happens while giving terrific cringes!

It has happened rather egregiously!

Pathetically!

Scathingly!

Scarringly!

She being strengthened, strived

Strived to open her mouth

Realises...

Realises that oxygen pipes go through her nostrils.

She breathed on an artificial system!

The bus... speedy enough!

The goons wild ... Wildest!

And at the spur

Tears rolled off

Tears rolled off her cheeks

As flowingly as a clear stream of river paves, its way.

Pristine years of barbarism

Inhumanity

Yell.

The iron rods penetrated deep

Deep within her body!

It pierced her savagely!

As painful as something which makes you want death,

Starving!

She wanted to spell out her rage,

Her cry!

Every thing she wanted,

Because her mother's despair exasperated her...

But....

ECG held a signal...

Signifying that her time was Over!

Her Index finger lifted a bit

Mouth opened ...a bit...

Eveballs went up

Resting permanently

And she abided by the "beep".

Abiding by her Life's call.

Her stars ....

Her story book

Already jot down

Perhaps!

This Signified another Black Day!

And the birth of Damini!

Along with the birth of a new phase of a mother who dies...

Dies everyday!

Suhana Arora

B.A. I

### **Health** Is Wealth

"Health is wealth" is a famous saying suggesting importance of health. Health is real wealth. Being healthy means being physically, mentally, and socially healthy as well. Health is everything to us, without which we are nothing. It is rightly said by Gandhiji that "It is health that is real wealth and not pieces of gold and silver." For getting fitness and health we need to maintain standard of healthy living. We should follow a time table which includes healthy eating habits and proper timings for exercise. In earlier times, life was not this hectic but now in the wake of competitive trends of modern life and more want for power, affiliation and growth, we are neglecting our health. It is a fact that many people lose their good health to gain wealth and then spend their wealth to regain their health. Our health is greatest treasure to search for and it should be our prioritised wealth. In this modern world, science and technology has revolutionized life. It has improved the quality of life in various spheres such as health, environment, agriculture etc. Further the medical services to find a cure for chronic health diseases has really improved the quality of life. A healthy lifestyle improves our confidence, fitness levels and shifts our focus on essential goodness. A healthy body is a home for a creative mind. Life is to be judged by healthy habit of an individual such as eating, drinking and sleeping habits and not by the amount of money one eams.

In today's time people are prone to obesity and health related problems. In earlier times, people worked hard, walked daily and had perfect eating regimes but now, so called civilized and modern people eat junk food on daily basis and gain lots of additional pounds. So there is an urgent need for awareness and prioritising the health of people. It is said that "A healthy beggar is better than an ailing king". But people pay less attention until they fall ill because they do not realise importance of healthy eating. A balance diet should include milk, vegetables and fruits. Also, one should exercise daily as it improves digestion, blood circulation and makes people active and strong. Health is also affected by the cleanliness so we should clean our home as well as our neighbourhood. Additionally, a balance needs to be created between life and leisure. According to Buddha "Health is the greatest gift, contentment is the greatest wealth and faithfulness is the best relationship."

Saloni Mahajan B.Com. I

### **A Short Poem**

No Mom, I wasn't wearing a short dress!!!

No Mom, I wasn't dressed to impress.

No Mom, I didnt have any intention of instigating.

But, still I could not stop them from criminating,

No mom, my cleavage was not visible, legs not exposed,

Still I was dosed,

To numbness and then molested,

And now my character is being tested.

No mom, I was not out late at night,

it all happened in the broad daylight,

Mom, I don't fit any criteria of society fit for assault.

Now tell me, are the girls at fault??

Is it because of the short skirt,

Or the filthy dirt

Of our society?

Those who think themselves to be powerful and mighty,

Now I lay on the floor numb, too weak to respond,

All I can ask is Why me, mom, Why me???

Achyut Karol B.A. I



### **Golden Trophy**

My dream is to win the Golden Trophy,
With the rising of every Golden Sun,
I drag my feet day and night to run,
Sometime all the sleep I shun,
Paths of annoyance come in ton,
Daily trifles always remain undone,
Challenges become like hard fun,
But that Golden Trophy stimulates me to rerun,
The gold of that trophy shines even in dark,
My aspirations are kneen and stark,
Drag my feet day and night to run.

Ritesh Sharma

B.A. I

### Bob Dylan –The Unwashed Phenomenon

"I accept chaos; I'm not sure whether it accepts me"

If we are to be judged by the means of our words alone in our lifetime, there's not a fitting quote than the aforementioned that speaks for Robert Zimmerman, the man that the world came to know as Bob Dylan. Widely regarded as the greatest living singer and songwriter, this modern-dayShakespeare with his then new-fangled nasal voice and deep cutting lyrics has done it all- from enthralling the listeners with his profound lyrical sincerity to leaving the audience in shock and awe with his sardonic indictment of political ideologies. With more than 500 songs to his credit, more than 10 million album sales and now a little-known award going by the name of Nobel Prize in Literature, he stands as the ultimate towering figure in music and pop culture, his popularity only rivalled by 'The Beatles'.

This Troubadour of Conscious comes from humble beginnings, born on 24thMay, 1941 in Duluth, Minnesota to Abram Zimmerman and Beatrice Stone in fundamentally Jewish household. He changed his name to Bob Dylan, taking after his favourite poet Dylan Thomas. From early on he had shown an inclination towards blues, moving on to rock and roll in his teenage years. He was taken by the sound of cultural icons such as Elvis Presley, Hank Williams, Johnny Ray and Little Ray. However it was the work of Woody Guthrie that tremendously shaped both the music and the temperament of an impressionable Bob Dylan. Dylan continued to emulate Guthrie, arming himself with a guitar at the tender age of 14 and formed a series of short lived bands, the performances of which were deemed as outrageous and cataclysmic by his coffeehouse audiences.

But Dylan had his sights on being heard. Soon, he moved to New York in search of greener pastures. By his own admission, Dylan was welcomed by a typically merciless New York winter in January 1961. Being a true hustler, he made his way through the nuclear winter by relying on the kindness of strangers, strangers that soon turned into his benefactors. All of them were taken aback with hothouse scrawny kid could belt out tunes that talked about what the people did not usually talk about. Dylan had come out of nowhere, and his arrival had rendered many speech less. He constantly performed in Greenwich Village while also tending to other menial jobs, and saw his dues finally being paid. John Hammond, the President of Columbia Recordings, gave Bob Dylan his mainstream break, with Dylan being introduced to a wider audience in his debut album "Bob Dylan" (1961). The album opened to a lukewarm reception, but Bob Dylan had already become a star in his own right. His next albums "The Freewheel in Bob Dylan" and "The Times They Are A Chang in" quickly followed, his star now on meteoric rise and soon Dylan was heralded as the champion of folk music.

Further albums "Bringing It All Back Home" and "Highway 61 Revisited" hit the airwaves, finally bringing in International fame for Dylan. He went on to release "Blonde on Blonde" in 1996 which cemented his status as the top tier musician and saw him at the peak of his powers. The following years saw him experimenting as an artist while trying to stay true to his own voice, all while he wrestled with both personal and professional pitfalls. It was the 1975 album "Blood On The Tracks" that elicited a much needed critical praise for the artist. He kept on touring and forming associations during his in between years with other musicians, notably with Joan Baez with whom

he shared a brief but electric romance. He went on to win his first solo Grammy in 1979 for "Gotta Serve Somebody" and the Academy Award for "Things Have Changed" for "Wonder Boys" soundtrack. Unlike most of his contemporaries, he has gone on to release music in the 21 st century and touring around the world. But laurels were notyet done with Bob Dylan. In 2008 he went on to become the first rock musician to win the Pulitzer Prize and a Nobel Prize in Literature in 2016.

I discovered Dylan at the edge of seventeen, soon to be eighteen. I was at the

apex of teenage angst, heading for one brick wall after another. There were unstated feelings and emotions of varying kinds that didn't make a lot of sense, this pent up frustration and anger seemingly coming out of a void-I was enraged at everything and nothing. "The Times They Are A Chang in" had visceral impact on me, providing a much needed outlet for expression. It was like having the rug pulled from beneath my feet and being given a cold water bath instantly. I recognised the universal appeal, realising his unstated influence on great many artists and an even greater multitudes of men, women and children from every passing decade. My fascination with this rabble increased in leaps and bounds as his lyrics served as a cornucopia of unfiltered truths. It was through his music that I could channel

my feelings of uneasiness into something meaningful – the medium of writing and discovering the immense liberation it brought.

He possesses a sensational duality where he plays around with words but when it comes to the message he's straight shooter. A true wanderer, he's been in every place and felt every emotion and knows all the moods which bring a terrific ingenuity to his music; the pathos feels like ever so honest. With his honest and penetrating insight he dared to go to places untouched, tearing beneath the surface by constantly challenging the status-quo. He takes you on a contemplative odyssey, revealing metaphysical truths in a simpler tongue. With his acerbic withe took on the establishment, unafraid to speak his mind by chronicling the inadequacies of the elite. Dylan has always identified himself with the common people through his musical offerings- the very antithesis of mainstream practices. In line with his folk-music background he also sang about the atrocities faced by the people on the fringes, his songs often being used as recruitment anthems for various socio-political causes.

Powerful public figures such as Bob Dylan are constantly under notice, theirwords are calculated and responses measured which make them vulnerable tomoments of weakness. As a musician he went through the clichéd daze ofwomen, drugs, and questionable life choices. He is far from perfect, a mortalprone to err. Apart from the rocky relationships, Dylan baffled the audience atthe July Newport Folk Festival in New England by "going electric" andabandoning his old school ways of instrument-ship. People labelled him "a sellout", out to finally become a part of the consumerist frame of mind he hadalways resisted. In 1971, he reappeared as a born again Christian, sending hisfans into an ultimate delirium. Even recently, Dylan's Nobel Prize win hasstirred up controversy among the arts community, his crowing being labelled amissed opportunity.

These critics have been quick to rule his victory as profane but I believe it is a charge often associated with honest people. It's no secret that artists of tenreflect the realities of the world they reside in, and Bob Dylan has done no different. More than a musician, he's revealed himself to be a poet, a once in a decade truth-teller untangling the complex yarns of humanity.

### A Cage Within Me

I poured the tea of sentiments, into a cup of poetic talk with my friend, highlighting the poignant reality, of a man's so called autonomy.

In a concluding tone I began:
A man though seemingly liberal,
is imprisoned- in this world;
a jail with no iron bars but of despair,
The barbarous society assumes the role of an obese stern jailer,
that looks at a man with an insensitive eye,
There's but an unpromising hope,
to break away the darkness,
Wish he had an escape route!

My ally's face curved into a placid smile,
He poured his tea of scrutiny and replied:
Certainly, I do see the man encaged,
but in the jail of his niche,
bars made up of cowardice,
under the strict eye of his fears,
The wild wind of apprehension,
blows off the candle of hope inside him.

Wish he could realize it.......

I was taken aback by my friend's remarks, that left me in a state of wonder.
How I too have surrendered like others, to the will of my baseless dreads.
And the poignant reality I asserted, appears to be far beyond the truth of life.
All these years I have been ignorant of, a cage within me.

### Kashmir Papier Mache

Papier Mache is the French word for chewed paper. It is believed to have gotten its name from the French workers in London who did just that! The truth behind it however shall remain a mystery. The makers possibly did not seem to have objected to this idea as it gave them the chance to hide the original methods and recipes, a few of which are known even today. The art of crushing large amounts of paper and giving it a new form using adhesive and creative techniques is what is referred to as Papier Mache. The Papier Mache technique of using paper pulp for making decorative show pieces originated in Kashmir in the fifteenth century by King Zain-ul-Abidin. Mir Sayyed Ali Harndani, a Sufi mystic came to Kashmir during the late fourteenth century along with his followers who mainly were skilled craftsmen. These craftsmen used the handmade paper pulp from Iran, Central Asia in the making of such decorative objects which was later combined in the genre of Papier Mache. The artists were well-versed in other handicrafts viz woodcarving, copper engraving and carpet weaving. Seeing the beauty of the place they settled in Kashmir and made it their permanent home. With the passage of time the artisans gave this art their own touch which opened doors inviting fame, appreciation and admiration for them.

Kashmir, often called as the Switzerland of India, defines the aesthetics that the state has in abundance. The beauty lies not only in the nature but also in the life of Kashmir. Talking about



the artistic techniques of the state, one that catches the eyes is the humble journey of paper in the formation of decorative vases, boxes and other objects. As David Mitchell puts it, "...there ain't no journey what don't change you some", the journey is meant to alter no matter whatsoever it is. The destination of the above discussed journey is the beautiful Papier Mache which involves two simple procedures- Sakhtsazi and Naqashi. Sakhtsazi being the first step involves fashioning the base product from the paper pulp into the desired shape while Naqashi stands for the painting and decoration done over it. In the process of shaping the base product, the paper pulp is soaked into large tanks of water for three o four days and is then transferred in a stone mortar originally called Kanz with a wooden pestle called Muhul which would give it a uniform consistency.

The paper scrap thus formed is left to sun-dry which is then mixed with a local adhesive called Atij which is a glue made from rice. The then obtained mixture is left to sit in the desired mould made either of clay or of wood. The mould is first covered with thin strips of paper pasted with the local adhesive onto the mould and then covered with the paper pulp. The object formed after removing it from the mould is called as Kalib. The Kalib is then handed over to smoothen it. The next step that is Pishlawun is then carried on. It is the application of a light coat of Saresh on the object. This is followed by the further steps which involve application of Saresh mixed with chalk powder and water. The object is then left to dry. The smoothening of the surface is followed by gently rubbing the object with a pumice stone. The object is further rubbed with hands so as to check the smoothness the object has.

Naqashi refers to the artwork that transforms the waste paper into the beauty that Papier Mache object stands for. The design is mostly painted on free hand so as to give it a clear touch. The paints used may have a metallic quality which, adds to the illuminated feel. Besides, shading is done so as to give the object a natural appearance adding to the beauty of the art. The designs are made using specialised pointed brushes and rubbed with a stone commonly called an egged stone. The idea of uniqueness and beauty is kept in mind in order to embellish the motifs. The final step is to add a coat of varnish so as to flaunt he beauty and the shine of the design made on the objects. Many a motifs find their charm on varied objects like boxes, trays, vases, frames and other variants. The latest trend in Kashmir Papier Mache is finding the Naqashi being done on the brass vases so as to outshine the uniqueness. The Papier Mache of Kashmir showers its beauty and uniqueness through every product. The popularity it carries is justified for its refinement is unmatched and ideal. Such motifs are a proof of Kashmir's never ending allure and the talented artisans. The journey of Papier Mache might demand efforts and extra hard work but the destination is worth every pain.

Akshita Gogla M.A. II (English)

### The Vagabond

It's about time I tell you a little story, The folklore of a vagabond. A mad man, a heretic, who on the surface, Looks for a deeper meaning. The last beacon of hope, he's holding the fort.

Standing tall, tall against the walls about to fall.

This raving lunatic still believes,

That we live in the times of yestervears.

This fumbling mess still maintains,

That all beasts should roam free,

(Maybe he is right)

(Maybe he is the wisest of all)

His eyes are sunk from singing the deep note of melancholia.

No possible signs of teeth.

Hair burned to the scalp.

Clothes no better than the filth he has smeared his neck in.

Regardless, he is a standout.

Not just another face in the crowd.

I visited him once on his pavement,

Where he sat on from what I can remember a rather uncomfortable rock. "What's with the hand waving?" I asked with an astonishing curiosity

He said he was trying to catch a fly.

There was no fly.

"Do you have a religion?" I asked He said no, but he sure was hungry.

"Are you at peace?" I asked He said it was just an unfortunate state of mind "Does it hurt?" I asked

He said we weren't meant to be invincible.

"Do you have an allegiance?" I asked

He said sure, to whoever who had the biggest golden chest.

"Are you a believer?" I asked

He said "Nothing matters anymore".

A sudden jolt of fear hit me,

As I was left disturbed by his sheer mindlessness.

(I left as soon I could)

Till date, I wonder about the mechanisms of his mind. He remains an enigma to me.

### Perfect Goal, Imperfect Path

"The tragedy in life doesn't lie in not reaching your goal. The tragedy lies in having no goal to reach."

—Benjamin E. Mays

Everyone has a goal in life. A life without a goal is meaningless. Someone wants to be a successful doctor, scientist, teacher and so on. But what ultimately is the goal? Directly or indirectly whatever we do in life is to attain permanent happiness. The whole life we work so hard, why? That's for happiness. But do we really achieve the goal? In school or college we think," Oh! If I get good marks I will be happy." After completion of studies we think, "If I get a job that pays me good amount of salary I will be happy." In this way we keep on experimenting with different things in life for happiness but we fail. For example, after passing college/university with good marks when we have to struggle for a good job that happiness of good marks is taken away. Even though the goal, happiness, is perfect but the path we choose to reach the goal is imperfect.

What is the imperfection in the path? The imperfection is that we are trying to become happy permanently using temporary sources. This world is full of misery. Sometimes people say, "How pessimistic!" But that is the truth of life. Daily we come across situations that can take our lives. While crossing a road, we have a chance of meeting an accident, while cooking there may be a gas leakage and many more. Often people think that turning a blind eye to truth is positivity. A pigeon may close eyes on seeing a cat, wondering cat is gone but the cat pounces and preys on pigeon. As humans, we are more intelligent than pigeons so instead of closing eyes we must find a solution to these problems that deter our happiness. So what is the solution?

All the intelligent philosophers and religions conclude that this world is full of misery and is temporary. It is clearly stated in Bhagvad Gita that world is Dukhalayam (full of misery) and Ashashvatam (temporary). The only way, every intelligent person has concluded, to be happy is to simply surrender to God. Once we surrender to God, we are sure that we won't fall, all are worries are taken away and hence we become happy. Just as a child for sure knows that because he is in arms of his father, his father won't let him fall. All we need to do is develop love for God. That should be our only desire. Just as father fulfils all the requirements of children, God, who is the supreme father knows what our requirement is and he will fulfil it. We should be thankful to him for providing us with all essential resources that we can utilise for our benefit. If we try to claim our ownership over it we will be punished just like if we try to claim ownership of our father's resources. So, the only way to be happy is to surrender to God. Now how to surrender? All we need to do is think of God always, pay respectful obeisances unto him, worship him and become his devotees. To serve him should be our only desire. My

spiritual master explains it through an example of a mango tree. We sow a seed of mango to grow a plant for its fruit but we get a cool shadow to slt in summers, wood for fire, etc as by products. Similarly, when we sow a seed of desire of serving Lord for fruit of his love, we get all fortunes as by products. Though different religions have some philosophical differences but the ultimate conclusion is that only by surrendering to God we can be happy. Quotes from scriptures of different religions have been mentioned below.

"Without knowing God there is no other way to become happy."

----Yajurveda 31.18

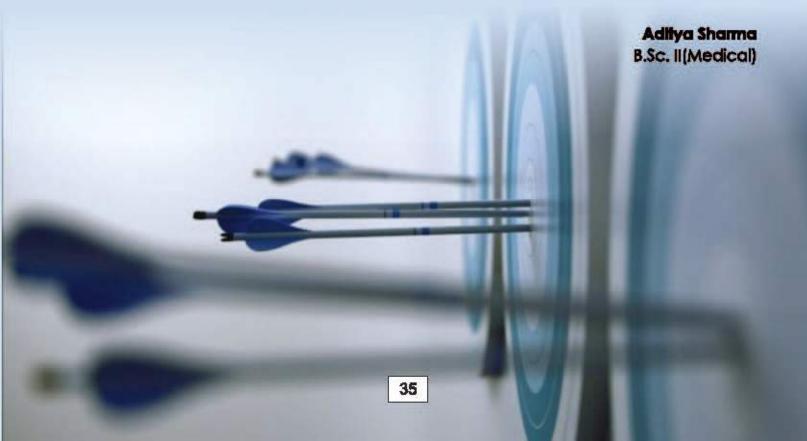
"Who so trusteth in the LORD, happy is he."
----Bible, Proverbs 16.20

"Whoever does good, righteous deeds, whether male or female, and is a believer, most certainly We will make him (or her) live a good life, and most certainly We will (God) pay such as these their reward in accordance with the best of what they used to do."

----Quran 14.97

"Meditate, meditate in remembrance of him (God) and find peace"
----Sri Sukhmani Sahib

We experiment with different things throughout life for happiness, please experiment with spiritual path once, though it seems to be difficult but result is very sweet. That's my humble request. If you don't get what you desired for, you are always free to leave. But please try once. Thank you very much for reading and kindly forgive this ignorant soul for any mistake.



# Hope The Road Between Dreams and Achievements

It is a little word with a lot of emotions. But strong enough to break worldly notions, Turn your dreams into reality, says the heart, Stopped me and gave me a reality check, my mind, says, 'Don't try to be extra smart'. I convinced myself to keep these negative thoughts apart But time and again, my mind overpowered my heart, Felt grasped by some invisible chains, But fought my inner battle, And decided to walk in my own lane. They say, hoping won't get you there, But without taking the initial steps, You can't even climb up the stair. Hope gives you the power of doing, No matter how bad the weather today is, Tomorrow, you will find the sun glowing. So, it's better to keep your hopes alive, Because in this world. Crowded with opinionated people.

> Anjali Bhalla B.Com. I

It will definitely help you survive.

## **The Miracle** Is Within You

Goals are to life what wheels are to trains. They keep us on track. Even anvils dream of being hammers. You will only get from the universe, what you ask for. The day you decide to give up is the day before you a miracle happens. But no matter how you slice it, it's all up to you. Will you endure? Will you fight? Will you perform? The day you say to yourself, "pull up your socks and work hard" is the moment your mechanism for manifesting miracles becomes operational.

A river is focused. It knows that if it stays on course and waits for its turn, it will dazzle the world one day. You are the same river that needs to focus on your goals and one day you will dazzle the world with your charm. But the road is not smooth. There are hurdles which will hurt you and shatter you but you need to have the potential to heal your wounds and move ahead. Go slowly, and when the moment is right, take flight, be free, spread your wings and fly to the uppermost limits of human expression.

We often admire people for their hard work. But even you can be like your icons if you want. No matter how lavish life you live you should be always a learner and not an admirer. Keep going until you have mastered the art of skill. Assemble your dreams like a mosaic pattern of Jlgsaw puzzle and you will see your future when the puzzle is complete.



# The Point And It was night yet again,

A night, not so different for she could still feel the pain,
A pain not of departure, not of injuries, not of cracks,
A pain which rests deep inside— that of terrorist attacks.
Years passed and the incidents became history,
She was little and for her it was all mystery.
Why terrorism, she thought,

Can't the life play smooth and everything gets neatly wrought,

Now she's all grown up.

Her researches and thoughts have all shown up, Dreaming and wondering about the conclusion, May be wars and attacks are an illusion,

Oh, No-Noi
The world is actually cruel,
Whatever it is, is for real.
People are disguised as demons,
Forgetting the purpose of being humans.
Her heart still aches for deep inside rests a pain.
A pain prevailing since years,
A pain which fills her eyes with tears!

Akshita Gogia M.A. II (English)

# Bitter Reality Of Elite Class

For several weeks I have been thinking of the present condition of our society. Although we are living in the 21st century but still our thoughts are narrow minded. Sometimes I think that we are the craziest and the most dangerous of all the living organisms. At one time, we talk of the welfare of the society and the nation and on the other hand, we ourselves keep destroying and harming our country. We talk of the teachings and practices of Bapu ji but we never follow them truly in our lives. It is not appropriate that for a day we take big pledges, make promises and the very next day forget all those commitments. Corruption has emerged as the biggest hurdle in the development of the nation. In the government offices we often see the pictures of Mahatma Gandhi and many other prominent leaders and slogans like Satyamev Jayate, but do we really respect and follow them? No, actually not at all. In the name of law, they demand a paper weight for the common man's file. Actually they want a bribe. The condition of common man is so deplorable today that if one submits a file in government office, the file keeps on going from one corner to another but nothing happens. Court cases remain pending.

The present condition of Indian Youth is so terrifying that millions of graduates and post graduates fail to occupy the eligible posts due to corruption. Despite all this our government has taken certain measures to check all these issues. The main issues raised by them are against black money, corruption and terrorism. They have improved India's relation with other super power countries and supported Swatch Bharal Mission, encouraged the use of Swadeshi products and made an effort tosave the girl child. All this can be possible only with our co-opertion and initiatives. Our mother land has given us an identity, a safe & secure life and a good nation to live in. So in return we can atleast follow few of our duties towards our country-Our mother land!

Himanshu Mittal B.A. I

# **Quotes by Anubha Gupta**

She pulled me down to stop me to succeed but she did not know every action had an equal and opposite reaction.

Fire speaks...

One ignited me and one inflamed me. In return I gave warmth to the angel and scars to the devil.

He just wanted the limelight. When I became anonymous, so did he.

Be careful of those who stop you from pursuing things. They aren't your well wishers. They are the heavy stones which will make your boat sink.

Learn to differentiate between the wind that smoothens your voyage and the storm that ruins your voyage. There's a difference. She was compared to coal...

Yes the coal which gives birth to a diamond.

The law is universal.

Old fruits have to fall down so that new ones can grow.

The dark colour of the soil was praised.

But the same dark colour of her skin was disgraced.

I kissed a thousand souls to find a soul similar to you.

He deflowered me and removed all my thoms.

I became beautiful but lost my identity.

Anubha Gupta B.Sc. I (Biotechnology Hons.)

## **That Tree**

Am I that high like a teak or I'm that low like peas?

Like a branch I want to expand, but what about my strength?

Like a shelter I want to accompany the birds,

But first let me know am I able to let them rest in my shade?

Like leaves I don't wanna be plucked or take a fall.

But just let me think am I in a state to be used by all?

Like a trunk I want to be strong.

But will I tackle those hits and throws?

I am not sure what I will become.

Whether a broad plant or simply a shrub in the lawn,

But yeah one thing is certain, I have to survive,

One way or the other, I have to rise

Ribhu Batta B.Com.l





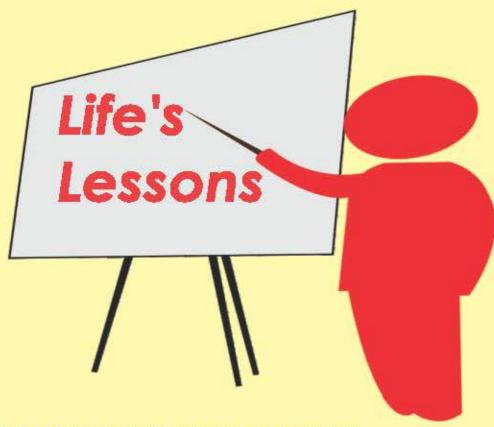
in dictionary to express their love for you, For they would talk about the curves of your smiles and write poems about the innocence of your eyes, For they would write about the days when you made them feel loved, and bleed the fights between you two through their words, For they would make every morning special by waking you up with a cup of tea, and a note telling why they love you so immensely, And at night they would make love so passionately, Kissing your lips, your body, for they are finding the inspiration for their poetry, Never fall in love with a writer, just for the sake of it, Because for you it could be nothing serious, But for them they are putting their heart and soul, For them they are giving their every bit,

For them they are creating their masterpiece.

For they would use every combination of words

Never fall in love with a writer.

Versha Ball M.A.II (English)



It takes a lifetime to understand the love of some relations.

They are respected for the sake of their names,

Till the time they are better gone out of the way,

Howeverwe end up mixing the flavours of life,

And blame the destiny for its non-beautiful rides,

In today's time it's okay not to be good,

But if you are not bad even that is a commendable achievement to view,

Don't stress to give closure everytime,

May be it's better to leave some open ends,

And pray for the next time.

Why to mess with relations for its name's sake?

It's okay to be far unless you feel truly close,

Some byes are not meant to be good,

Some experiences are capable of setting better examples to move on!

If not then leave, if not leave, then walk away,

Walking with past is okay till you reach the present.

Let's stop for a moment and introspect our lives.

Some reflections are better for the next time!!

Ribhu Batta B.Com.I

# **Secularism** in India

Secularism is a value enshrined in our Constitution. Being a secular state means that Indian state does not favour or propagate any particular religion. All the religions are identical in front of state or law. Western secularism is however different from our secular model. In West secularism means separation of church and state, which is interpreted as state has no right of intervening in the religious affairs of people. If we take secularism like that, it will mean that religion is above law and law cannot intervene even if some unlawful activity is being performed in the name of religion. But this is not how things are in India, because in the history of independent India we have seen many cases where law and judiciary have intervened in the religious matters and struck down various rules which were unconstitutional. Very recent example which we can recall easily is of Sabarimala temple in Kerala where Supreme court ruled that the prohibition of the entry of women of menstrual age is unconstitutional and it is against the Right to Equality under Article 14 of our Constitution. So we can see how beautiful our secular model is where a balance has been maintained between state's intervention and right of practising one's own religion.

Despite all these things we have a long way to go to protect the secular fabric of our country as there are many issues that pose threat to our secularism. One such threat is Communalism, wherein religion is being used to incite people to do violence and bloodshed. We have seen many communal riots in the history of independent India, be it in 1947 or 1984. All these incidents in our memory give us goosebumps but we, as the responsible and rational citizens should always make sure that no one is able to provoke us on communal lines. Sometimes politicians use religion for gathering votes which is very bad for our society. We should always remember that humanity is our first and foremost religion. The sole meaning of our life is to serve humanity. As responsible citizens we should realise our responsibility of maintaining peace and developing tolerance towards each other. Politicians of our country should also realise that gathering votes by provoking people on communal lines is dismal and there is no use of having a government if people in your country are thirsty for each other's blood.

Lavish Sharma

B.A. I

# Wish For My Friend: Vinod

I wish from God,

That the tree of your grows every moment,

Strong winds take away disappointment,

Weather of your life remain elegant,

The greenery of leaves reflect your achievements,

Sunlight of the make you cherish,

Worms of life perish,

Monsoon make flowers of joy blossom,

Colours of spring make your life awesome,

Drizzling make life on earth like heaven,

Our friendship join the wonders seven,

May the stars of life twinkle as success,

Purity of blue sky end your stress,

May God fill your the with joy,

May love and peace always be in your convoy.



# An Author's Affirmation

The beginning is a nebula, The conclusion, a meteor, My work begins at underworld, And breaches the heavens, As I write to elope-From the set measurements. When I'm trapped, Poetry unlocks. Yes, reading is indeed joyous, To cherish, to appreciate, Like a devotee to the creator. is the reader. But to be the creator? To have the responsibility of freedom, To put blue red green, And combine it to purity's white light, On the pages that lay, Curved and embroiled with auras. No ecstasy shall ever match. This feeling of assisting the creator; Sculpturing something-I can call 'my Adam' Every progeny more beautiful, Than its forefathers. One fine day, the hands of this creator, Shall touch expertise, And drops of perfection, Shall be devoured. And one day I shall have my Helen, "A word that moved thousand ships" My stains of paper-To immortalise themselves-The tip of my pen-Engraving history Today's rough note-



## It 'Should' Matter.

It may have escaped your notice, but life isn't fair.

-Severus Snape, Harry potter and the order of phoenix

Severus Snape was quite an intellectual of his time, however contradicting my admiration towards him, I'd rather disagree with him at this instance. The fact is it hasn't escaped our notice one small bit, about how unfair our lives really are. As a matter of fact we crib about it whenever we score a chance. Let's say that we can all agree on this, our lives treat us unfairly. We can go on a terrace of some hypothetically tall building and scream this out loud, perhaps to emphasize it enough.

I remember once, while sitting with my friends I came across a very substantial thought. We were discussing about social relationships and one of my friends remarked "He shouldn't have done this". I'm a student of psychology, so I'll put it across as a theory. Whenever your life presents you with a problem, your initial thought process should avoid any expectation and lateral response should include acceptance. To remember it let's call it the expect-accept principle.

In the above given incident, my friend expected a particular behavior out of the concerned person, when he didn't act according to her expectation, she got upset. However if she had accepted in whatever way he acted and empathized with him instead, it would've lightened up her mood and made her feel better. You can easily note the functioning of the expect-accept principle. There is a huge impact that your thinking has on the way you act and see things in the world around you. When we denote a 'should' or a 'must' to any situation it brings about our expectation from that situation. For example 'girls should wear decent clothes' or 'she must pick up my call' in both the situations we are expecting something out of the other people, however we forget the fact that the other person and his or her actions are beyond our control. This is where acceptance plays a vital role. I recently visited one of my friend's mother. During our conversation I happened to talk about some person whom I disliked. My friend's mother however pointed out something very important, she said and I'll quote her "Just because somebody is different from you and does not act according to your standards does not mean that he or she is wrong". I've never agreed with something more.

"No expectations, no disappointments" this was quite an instagram sensation back in 2017, and I'll say it pretty much summarizes what I'm intending to bring about. Every time there is a 'should' in your mind, re-think your sentence. Try and drop the 'should' with 'I'd like' to or 'could'. Such words are subtle in nature and do not bring about a do or die situation. For example: "She could pick up my calls" or "He could've been nicer". Here you are bringing about a flaw, but at the same time you've presented a scope of improvement, which has given way to acceptance.

It is going to be tricky to averpower your already set patterns of thinking but it's a battle worth fighting. Then comes the next level of this challenge. Once you can overcome this pattern of thinking about others, you'd like to do the very same with yourself. It often escapes our notice of how harsh we are towards ourselves. If the sentences in your mind often begin with "I should have...", "I must...", then I'd like to inform you, that these are all signs of self harming negative thinking. Of course, I'm not trying to say that you should have no goals in life.

All I'm saying is, it is important to establish self evaluation of thoughts. Yet again, it is time to imply the expect-accept principle. Just substitute the "I should score well" with "I'd like to score well" and see how your world changes. An "I'd like' to will provide you with a scope of planning and later even if you do not happen to score very well, you'll allow yourself an attitude of patience and acceptance towards improvement. So I'll repeat it for you nicely and slowly, 'expect nothing, accept everything', and replace all your 'shoulds' with 'coulds.' Once you allow yourself this liberty your life won't seem unfair at all.

Of course however, you should not expect any definite results.

#### Arsheen Kaur B.A. I













Nali Art by Kanushika Mehta

# The Waning of the Moonlight

Far above,
The moonlight wanes.

My anguish deepens, as I watch the skies above,
with a cutting reproach.
Bothered by the screaming silence of the room,
I've set my heart on distraction.

I will conjure daydream material to seek respite from the nightmares,
Approaching and at hand; scurrying around the room.
I race my mind to search for the calming presence,
in a moment so bleak.

All I see is harrowing portrayals of grief.
Faces plunged into despair.

A fool's errand this search, brings us back to square one.
I take a brief, yet frightful trip back to the sight of the moonlight
Pressing my face against the window glass,
Gaze set upon it with a cosmic fury!

One that strikes the fear and pain of a dagger being thrust into the fleshil I apply more strength, for I believe
Even the most gruesome are prone to displays of intense passion.
I keep gazing as if I hope to uncover a secret,
The final solution to my uneasiness.

Alasi The window shudders.

And the curtains produce a loud, rustling hush.

My soul is battered,
As I'm pushed into a cesspool of overwhelming emotions,
The facade of my bravery has been blown to smithereens.
Now cornered, I can hear the wild beating of my heart
And feel the gunk at the comer of my eye.

A shadow cascades,
Enguifing my surroundings, in its tyrannical mayhem.
The darkness becomes darker,
Nothing remains.

Shaurya Thakur M.A.II (English)

# Life in Heaven: Childhood



Heaven appears to me in a dream, No worry, No stress in life seems, Colours of spring make up the theme, Lap of others appears pristine, Filling courtyard with a musical stream, Curiosity is at its extreme, Counting the stars in the moonbeam, Art of cheating remains unseen, Innocent face shine like sunbeam. Under the shed of strong affection, Playing freely in haven of protection, Glow of cheeks in a beautiful complexion, Strange things attracting in different directions, Picking the toys for inspection, Tiny feet moving with flexion, Trying, Trying with imperfection, Milk teeth attempting to build a connection, Words come out without perfection, Trying, Trying to make correction, Company of Father, Love of Mother, Telling the life not to bother, Thanks O'Mighty, For this Beautiful Phase, Hope life continues with such ease at every stage.

# **Work Smart**

Smart planning is the most important step before doing any work. Everyone must have a preplanned idea of what he/she has to do. Always remember success is not a one step process. It takes time and your efforts at increasing pace. And one can easily achieve the goals fast by working smart. You need to work smart along with working hard during this process ,because you may work hard but if you don't work smart you may have to work hard for the rest of your life. And I am definitely sure no one would like to work for whole life. Everyone wants some peace, some time for himself or herself. The workman should be persistent enough to achieve his/her aim. He or she should know how to handle the pace of this process.

#### So how to work smart?

Firstly, let me introduce you to the GPS. Here, I am not talking about your smartphone's global positioning system. Here I mean, know the Goals, Purpose and Scope of your work.

Goals – This includes what work is to be done, what will it look like once completed, what will be the results, what the workman wants to achieve. Eg: My goal is to become a lawyer.

Purpose- Goals and purpose are interlinked. The purpose is the reason one aims to achieve goals. Purpose is always broader and deeper. Eg: My purpose is to earn money, good status in society and to fulfill all my desires.

Scope - Scope is the set of boundaries that defines the extent of your project. You must be aware of the risks you are going to take, the requirements of your work and the back up plan.

Put your efforts in the right direction: One who wants to be a successful person must know to put his or her efforts in the right direction. Always remember your goal and think about what you should do that will push you nearer to your aim. Stop wasting time on useless things. I have very relatable nursery story: You all must have heard the story of A Thirsty Crow. In that story, the crow decided to work smart, not hard. He put all his efforts in collecting pebbles (requirements and scope) instead of putting its peak in the pot(useless stuff). And he was able to bring the water to the surface of his reach (the goal), so that he could quench his thirst (the purpose). I hope you are getting what I am trying to say.

Never stop before reaching your aim: The next story is about the race between a Rabbit and a Tortoise. In that story the tortoise was the smart one, he was dedicated to his goal. But the rabbit with all the abilities was foolish as he stopped before achieving his goal and later had to face failure.

Make a habit of working more in less time: Keep sharping your abilities. Don't do the same thing again and again. Find more ways to do the work. You will gain more knowledge. Make habit of doing more even if you are less paid. You will see the changes with time. You will be wiser, smarter and more capable.

Using these ways you will be working smartly along with working hard.

### Tacenda

The rooks creaked. And so did she in my sleep, Whilst the dubious wind, Cooed in this night as black as sin. She ambled across my bed. And gently touched my skin, Memories inundated my mind, Of the scent I had left behind. A cadaverous figure blinded my eyes, And an eerie ran down my spine, The pale, bony shadow crouched like a twisted line, Yet her uncanny voice coyly revealed the lost, forgotten time, Slouching on my lap opposite the Seebergsee. Amidst the meadows and scenic alpines, I was her hein, And a saxifrage, her souvenir, Alas! Squirmed and shivered reminiscing my dear, Abiding by my promise to forever be her's I now love her. Rotten incense, lifeless locks and scrawny fingers.

> Yosha Singh B.A. III

# The Thoughts

Flying like the butterflies difficult to entrap,
I chase my zipping thoughts with the pen as my net,
Rushing at the speed of light – travelling,
in the waves of rough seas,
in the domain of infinite stars,
in the dubious future or in the times agone,
only to adorn the empty papers,
and embolden the shattered hearts,
In words or through images,
they mar men or make them sages.

# The Ultimate Guide on How to Improve Focus and Concentration

Cous and concentration can be difficult to master. Sure, most people want to learn how to improve their focus and boost their concentration. But what happens when it comes to actually doing it? We live in a noisy world and constant distractions can make it difficult to focus. Focus can only occur when we have said "yes" to one option and no to all other options. Of course, focus doesn't require a permanent 'no', but it does require a present 'no'. You always have the option to do something else later, but in the present moment focus requires that you only do one thing. Focus is the key to productivity because saying no to every other option unlocks your ability to accomplish the one thing that is left.

Most people don't have trouble with focusing. They have trouble with deciding. What I mean is that most healthy humans have a brain that is capable of focusing if we get the distractions out of the way. Have you ever had a task that you absolutely had to get done? What happened? You got it done because the deadline made the decision for you. Maybe you procrastinated beforehand, but once things became urgent and you were forced to make a decision, you took action. Instead of doing the difficult work of choosing one thing to focus on, we often convince ourselves that multitasking is a better option. This is ineffective.

Focus often fades because of lack of feedback. Your brain has a natural desire to know whether or not you are making progress towards your goals, and it is impossible to know that without getting feedback. From a practical standpoint, this means that we need to measure our results. We all have areas of life that we say are important to us, but that we aren't measuring. That's a shame because measurement maintains focus and concentration. The things we measure are the things we improve. It is only through numbers and clear tracking that we have any idea if we are getting better or worse. The second thing you can do to maintain long-term focus is to concentrate on processes, not events. Regardless of what strategy you use, just remember that anytime you find the world distracting you, all you need to do is commit to one thing. In the beginning, you don't even have to succeed. You just need to get started.

# I WISH YOU ALWAYS SMILE

The fear you come across, the problems you deal, I can't promise to solve them, but I'll help you to heal.

Why are you down when your destiny is waiting,

The stronger you move, the better life you are creating.

May negativity erode, may negative people go to exile, I pray you never frown, I wish you always smile.

The rain will fall, wait for the pearls,

Work hard so that in future treasure unfurls.

Have fire for success, let the passion ignite, Let the brain give you ideas, heart give you insights.

The time you spend here, make sure it's worthwhile, I pray you never frown, I wish you always smile.

Challanya

B.A. III

# Mistakes

"Anyone Who Has Never Made A Mistake Has Never Tried Anything New."

-Anonymous

I believe that we all make mistakes and end up learning from them. Everybody makes mistakes in this world, whether it's a professional, a child, an adult, a teacher or the President. It is just a fact of life. Nobody is perfect, everyone is going to make a bad decision or do something they didn't think they should have. But the biggest thing about making mistake is learning from them and to not do the same thing again. I have heard this phrase, "we learn from our mistakes" probably from my parents, elders etc. When we are playing something in an unruly manner and make a mistake they teach us how to play a game with rules and not to make mistakes again. They fix it and then we learn from our mistake. In our life, mistakes are of a wide variety. Some are bad mistakes, some are good mistakes and some are silly mistakes. For example- a teenager trying to take drugs and alcohol is a bad mistake and can end up in a horrible lesson.

Some are good mistakes but not without experiments. Some good mistakes ended up with good invention. Example- Once there was a pharmacist named **John Stith Pemberton**. He used cola nut and cola leaf to make remedy for headache then he mixed it with carbonated water, when he tasted that liquid, the result ended in coca-cola. Now a days, due to this mistake coca cola is a famous cold drink which is sold globally. So making mistakes is not always bad. Sometimes, we get lucky and only falter a little, making it through the problem intact. Other times we mess up a lot and have to fix what was damaged over a long period of time. However the same is true for most, if not all cases. Those who make the mistake learn from it, other time our failures teach us valuable lessons that we only gained because of the experience.

One who makes a mistake he or she must learn his or her mistakes and try new things with more knowledge and dedication and create his or her own fate. On the other side, one who stops trying because of mistakes he or she ends up their life with regret, having not tried to achieve anything. Take chance, make mistakes because that's how you grow. Pain nourishes your courage. You have to fail in order to practice being brave.

Chaltanya

B.A. III

Stress

**Abhinay Gaur** 

# Masquerade



Let the sun set,
Let it go,
Let the darkness overrule,
The lights would guide you home.
Darkness would hide your flaws.
Won't let the mask fall,
Would help you keep unrevealed,
Till the day crawls.

When the day comes, You wont be able to hide the black in your heart. The pretence would be over. Disguise would fall apart.

Bask in the darkness as long as you can, For it can hide your scars. The light would crawl up soon, Not longer than few hours.

> Achyul Karol B.A. I

# **Too Hard**

It is too hard; to get up early in the morning, for attending the class I have at 9 AM, It is too hard to go to college every day, and say 'yes, present I am'.

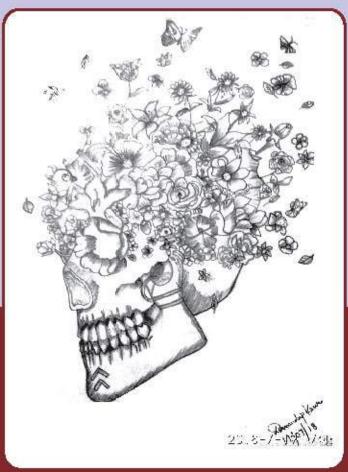
It is too hard to be done in a day, the thought that I will attend all my classes today, It is too hard to be seated in my class, but not hard to sit in canteen with cola glass, It is too hard to listen to my professor, but not too hard in the case of my hair dresser, It is too hard, to cross the 75% attendance bar, but not too hard to listen to despacito in my car,

It is too hard to sit in my class and smile, but not too hard in the case of looking at my brand new mobile,

It is too hard to stand in the assembly hall, but not in the case of the Elante Mall, It is not too hard to be inside dominoz, It is hard for me to pay my bill, but not too hard to eat nachos at Burgrill, It is too hard to be a student, Nevertheless let's put an end to this lament.

#### Ankita Sehdev

B.A. III



# How India Celebrates The Harvest

India's cultural heritage is richer than any other nation in this world. There are countless festivals celebrated across the country. Unlike those festivals, a festival that every state of our country celebrates is MAKAR SAKRANTI. Every state has its own rituals and manner to celebrate this auspicious festival – and that's the beauty of India when even the festivals define its unity in diversity.

#### PUNJAB

Lohri is celebrated on the 13th January of every year. It is associated with harvest of winter crops. The time of lohri is best for harvest of sugarcane crops. A day after lohri is known as Maghi, also observed as the financial new year by farmers. Bathing in a river in early morning is important on Lohri. On the night of Lohri, people enjoy bonfire, festive foods and bhangra with many Lohri songs.

#### TAMIL NADU

Tamil Nadu celebrates the harvest festival in a grand fashion. The harvest festival is known as Pongal in the state. The Tamil-speaking people celebrate Pongal for a period of four days. Day 1 marks Bhogi Pandigai, Day 2 is Thai Pongal, Day 3 Maattu Pongal and Kaanum Pongal is celebrated on Day 4. The rituals of placing neem leaves on roof, having rice boiled with fresh milk and jaggery, feeding the cattle and shouting "Ponggalo Ponggal" are performed. Jallikatu is an important village sport and integral part of the Mattu Pongal festival in the villages of Tamil Nadu. Running of the bulls used for the festival is known as Pulikulam or Kangayam breeds.

#### **ASSAM**

Magh Bihu also known as Bhogali Bihu is the harvest festival celebrated in Assam during Makar Sankranti. The festival is marked by feasts and bonfires. Erect makeshift huts, known as meji are made by young people in which they eat the food prepared for the feast and then burn the huts the next morning. The celebrations also feature traditional Assamese games such as tekeli bhonga (pot-breaking) and buffalo fighting.

#### GUJARAT

The festival of Uttarayan is the biggest festival celebrated in Gujarat and people enjoy full days of kite flying on their terraces. The word 'uttarayan' originates from the course that the Sun takes as it starts to move along the northern sky.14th January is Uttarayan and 15th January is Vasi-Uttarayan (Stale Uttarayan). Undhiyu and chikkis are the special festival recipes sayoured on this day. Gujarati people keenly await this festival to fly kites. Kai po che!!

#### MAHARASHTRA

Makar Sankranti is a huge celebration in Maharashtra. The whole state bursts with joy and merriment. The festival is celebrated for at least three days. The first day is known as Bhogi, the second as Sankrant and the third day is known as Kinkrant. People exchange multicoloured

halwa and til-gul laadoo. The phrase "til-gul ghya, aani god-god bola", which means "Have tligud and say sweet words", is said while exchanging the sweets. This exchange of sweets is traditionally known to be an indication of peace between enemies.

#### **WEST BENGAL**

In West Bengal, Sankranti is also known as Poush Sankranti named after the Bengali month in which it falls. Mouth-watering sweets like Puli pithe, paatisapta, maalpoaa, narkel nadu, til nadu and the smell of fresh-cut rice mark the harvest festival in West Bengal. The state is also



famous for the traditional Ganga Sagar camival. Millions of devotees come to the confluence of river Ganges and the Bay of Bengal to bathe before dawn and worship Lord Shiva and Goddess Ganga. The Hindu God of Justice, Dharma, is also worshipped on Makar Sankranti.

#### BIHAR AND JHARKHAND

People from Bihar and Jharkhand celebrate the festival for two days. They call it Sakraat or Khichdi in their local dialects. 14th January is Makar Sakranti and 15th January is seen as Makraant. People start their day by warshiping and putting til (sesame seeds) into fire followed by eating rice i.e. "dahi-chuda", a dish made of beaten rice. People bathe in ponds and rivers and taste the sweet dishes of the season. On makraant people celebrate it by having khichdi.

#### RAJASTHAN

"Makar Sankrati" or "Sankrat" in the Rajasthani language is one of the major festivals in the state of Rajasthan. The women of this region observe a ritual in which they give any type of household or useful object to 13 married women. The first Sankrantl experienced by a married woman is of significance as she is invited by her parents and siblings to their housealong with her husband, for a big feast. Kite flying is traditionally observed as a part of this festival. The day is celebrated with special Rajasthani delicacies and sweets such as pheenl, tll-paatl, gajak, kheer, ghevar, pakodi, puwa, and tll-laddoo.

#### HARYANA

"Sakraant" in Haryana is celebrated with traditional Hindu rituals of North India. On this auspicious day, people take a dip in river especially in Yamuna or at sacred ponds such as ancient saravar in Kurukshera and at local holy ponds. People prepare kheer, churma, halwa with desi ghee and distribute til-gud laddos or chikkis. Brothers of married women visits their home with a gift pack, called "Sindhara" or "Sidha", of warm clothing for her and her husband's family. Women also give a gift to their in-laws called "Manana". Women in groups assemble in nearby havelis to sing harvanvi folk songs.

#### How Maker Sankrantt Nalls Its Uniqueness With Something Out Of The Box (Fun Facts)

- Makar Sankranti is THE ONLY festival in India that follows the solar calendar. Since years
  it is being celebrated on the 14th of January.
- Every 70 years, the date for winter solstice is one day earlier. This happens because of the change in orientation of the rotational axis of earth.
- Makar Sankranti denotes the transition of sun from the zodiac Sagittarius to Capricorn.
   Makar is the Sanskrit word for Capricorn while Sankranti is the Sanskrit word for transition.
- 4. Over ages, the date of Makar Sankranti has changed. A 1000 years ago, this festival was celebrated on 31st of December. Then it was said that 2015 onwards, this festival will be celebrated on 15th of January each year.
- There are two different systems to calculate the date of Makara Sankranti: nirayana and sayana. The January 14 date is based on the nirayana system, while the sayana system typically computes it to be around December 23rd.
- 6. The festival is dedicated to the Hindu sun god, Surya.

Stutt Sharma

B.A.

# The Unforgettable Years

The years of college Let us know.

> The level of knowledge With which we row,

We bunk the classes Not one, but in masses,

> Feeling hungry so soon Having lunch before the noon,

Less attendance in classes

But full attendance in canteen,

College time is the best time In life it creates the best rhyme.

Unforgettable... The friends, They are the everlasting trends.

> Ajounie Kaur MA I (English)

# Grinning Grief Of A Leaf-A Tribute To The Martyred Soldiers

When I will go,
Take me to my mother,
My last ride to home,
And eyes on the road,
Of my waiting father,
Take me to my wife,
Our last meeting together ...
The hellish moment in children's life,
They won't get me again,
I know I was the main,
I'm happy, with full respect,
My brothers took my body,
With their bowed head.

Wearing uniform and great badges,
Taking on shoulders, me and my brothers,
I know it will be holidays forever,
Of mine and my martyred brothers,
We all will be together, up there,
Don't warry our home country,
For all our Indians, we'll always be there,
Not in human form, but another,
We'll always be there for you,
Our home country!

Ajounie Kaur M.A.I (English)

# संस्कृत भाग



वाणी रसवती यस्य, यस्य श्रमवती क्रिया। लक्ष्मी: दानवती यस्य, सफलं तस्य जीवितं॥ अर्थार्थः मनुष्य का सब्से बड़ा दुश्मन उसका आलस्य है। परिश्रम जैसा दूसरा हमारा कोई अन्य मित्र नहीं होता क्योंकि परिश्रम करने वाला कभी दुखी नहीं होता।

# सम्पादकीयम्

सस्कृतं विश्वस्य सर्वासां भाषाणां मातृरूपेण ज्ञायते। इमां भाषां देववाणी अपि कथ्यते। यत्किञ्चित् वयं अस्माकं जीवने कुर्मः तस्य सर्वस्य व्यावहारिक ज्ञानम् अस्मामेव भाषायां विधते। अस्माकं ये वेदाः सन्ति-ऋग्वेदः यजुर्वेदः सामवेदः अथर्ववेदश्च एते सर्वे विशिष्टज्ञानयुक्ताः सन्ति परन्तु एतेषां भाषा सस्कृतमेव अस्ति। प्राचीनकाले अनेकै: ऋषिभि: कविभिश्च अस्यामेव देववाण्यां स्वकीयाः रचनाः रचिता:। आधुनिकसमये अस्माकं समक्षे यविज्ञानंयुक्ता प्रौद्योगिकीशिक्षा वर्तते अस्याः शिक्षायाः मूलज्ञानम् संस्कृत भाषायामेव निहितम्। अस्माकं षोडश संस्काराः अपि अस्यामेव सुरक्षिताः सन्ति यान् विना मानवजीवनव्यवहारः चलितुं न शक्यते। वेदाः, पुराणाः स्मृतय: महाकाव्यानि, गीतिकाव्यानि, एतानि सर्वाणि पुराकाले संस्कृतनिबद्धानि सन्ति। अस्याः भाषायाः अतीव विशालोऽस्ति। शब्दकोश: अस्यां महाविद्यालयीयपत्रिकायां त्यागम् तिनामनि संस्कृतविषयमधिकृत्य संस्कृतच्छात्रै: लेखा: प्रदत्ता:। ते लेखाः अतीव ज्ञानयुक्ताः सन्ति। सर्वैः पाठकैः अस्याः पत्रिकायाः अवश्यमेव पठितव्याः ते लेखाः। अन्ते अहमेतदेव कथयितुमिच्छामि! संगच्छच्यं संवदध्यं सं वो मनांसि जानताम्। देवाधागं यथापूर्वे संजानाना उपासते॥ धन्यवादः



डा. देवी सिहः संस्कृतविभागाष्यक्षः

# शुद्धि कार्यम्

- (1) ज्ञानं तपोऽग्निः आहारः मृन्मनो वारि उपांजनम्।वायुः कर्म अर्क-कालौ च शुद्धेः कर्तृणि देहिनाम्॥
- अर्थ- ज्ञान, तप, अग्नि, आहार, मिट्टी, मन, पानी, लीपना-पोतना, वायु, कर्म, सूर्य और काल प्राणियों की शुद्धि करने वाले साधन हैं।
- (2) सर्वेषामेव शौचानां अर्थ-शौचं परं स्मृतम्। योऽर्थे शुधिः हि स शुचिः न मृद्-वारि-शुचिः शुचिः॥
- अर्थ: सब तरह की शुचिताओं में अर्थशुचिता श्रेष्ठ कही गई है। जो अर्थशुचि है वही शुद्ध है। मिट्टी या पानी के द्वारा शुद्ध मनुष्य शुद्ध ही नहीं है।
- (3) क्षांत्या शुद्धयन्ति विद्वांस दानेन अकार्य-कारिणः। प्रच्छन्न-पापाञ्जायेन् तपसा वेदवित्-तमाः॥
- अर्थ- क्षमा से विद्वान शुद्ध होता है, दान से निषिद्ध कर्म करने वाला, प्रच्छन्न (अप्रकट) पाप जिससे होता है, वह जप से और उत्तम वेदवेता तप से शुद्ध होता है।
- (4) अद्भिः गात्राणि शुद्धयन्ति मनः सत्येन शुद्धयति।विद्या-तपोभ्यां भूतात्मा बुद्धिर् ज्ञानेन शुद्धयति॥
- अर्थ- पानी से गात्र शुद्ध होते हैं। मन सत्य से शुद्ध होता है। विद्या और तप से भूतात्मा और ज्ञान से बुद्धि शुद्ध होती है।

तन्वी बी.ए. तृतीय वर्ष

# देववाणी

आमन्त्रितोल्लासविलास्विवर्षः

विवृद्धवद्धौघहृषीकहर्ष:।

विद्यातितच्छात्रगुणप्रकर्षः सुपर्वभाषादिवसोऽयमार्षः।।

मनोमुद: कोविदकु अजराणां तन्यन्त एतेन च निर्जराणाम्।

> गुणैर्गरिष्ठैरिह भासमानो विराजतां संस्कृतवासरोऽयम्।।

प्रतिप्रदेशं किल कीर्तिघोषः जनैः समुत्तोल्य मुदा स्वदोषः।

> गीर्वाणवाणीगुणगौरवाणा-माचर्यते संसदि कोविदानाम्।।

> > श्रुति गर्ग बी.ए. तृतीय वर्ष

## गङ्गनदी

इयं गङ्गनदी अस्ति। गङ्गा अतीव विशाला नदी अस्ति। गङ्गा हिमालयात् आगच्छति। हिमालये नाना तीर्थानि सन्ति। गङ्गायाः तीरे हरिद्वारम् प्रयागः वाराणसी च प्रसिद्धानि तीर्थानि सन्ति।

पाटलिपुरम् अपि गंगातीरे अस्ति। इदं विशालं नगरम्। प्रयोग गंगा-यमुनयो: संगम: अस्ति।।

गंगायां पोताः नैकाः च चलन्ति। नौकायां जनाः अल्पाः एव तिष्ठन्ति। पोतेषु जनाः पदार्थान् नयन्ति। प्राचीकाले पोताः एव यात्रा साधनानि आसन्। अधुना यन्त्रचालिताः पोताः नौकाः च चलन्ति।।

> -अवन्त नागपाल बी.ए.प्रथम वर्ष

# चिरादपि वरं शिक्षा

आसीत् एक: अलस: बालक:। स: विद्यालयं न अगच्छत्। प्रतिदिनं स: उपवनम् अगच्छत् अखेलत् च। एकदा स: उपवने काकमेकम् अपश्यत्।'' अरे! काक। अत्राहम् एकाकी अस्मि। अहम् केन सह खेलिष्यामि, आगच्छ मया सह खेल'' क्षति स: काकम् अवदत्। किन्तु स: काक: 'मम कार्यमस्ति, अहं गच्छामि' इति उक्त्वा अगच्छत्।।

ततः सः बालकः सारमेयं, शुकम् वानरं चापि खेलितुम आहूतवान्। परन्तु ते सर्वे काकवत् उक्त्वा अधावन्।

अन्ततः सः अलसः एकां पिपीलिकां दृष्ट्वा खेलितुं प्रार्थनाम् अकरोत्। पिपीलिका प्रत्यवदत् ''इदानीमेव धान्यसंपादनाय गमिष्यामि। वर्षाकालः आगमिष्यति। मम अवकाशः नास्ति। अहं न त्वादृशी अलसा अस्मि। त्वमेव खेल'' इति।

ततः प्रभृति सः बालकः विद्यालयम् अगच्छत्। श्रद्धया स्वपाठान् अपठत्। कमशः सः पण्डितः च अभवत्।

> सञ्जीव कुमार वधवा बी. ए. प्रथम वर्ष

# सुभाषितानि

महाजनस्य संसर्गः,
 कस्य नोन्नतिकारकः।
 पद्मपत्रस्थितं तोयम,
 धते मुक्तफलश्रियम्॥

हिन्दी अनुवाद महापुरुषों का सामीप्य किसके लिए लाभदायक नहीं होता, कमल के पत्तों पर पड़ी हुई पानी की बूँद मोती जैसी शोभा प्राप्त कर लेती है।

 पतितोऽपि कराघाते-रूत्पतत्येव कन्द्रकः। प्रायेण साधुवृतानाम् स्थायिन्यो विपत्तयः॥

हिन्दी अनुवाद हाथ से पटकी हुई गेहूँ भी भूमि पर गिरने के बाद ऊपर की ओर उठती है, सज्जनों का बुरा समय अधिकतर थोड़े समय के लिए ही होता है।

सा विद्या या विमुक्तये।
 ज्ञान वह है जो मुक्त कर दे।

-सुरेन्द्र सिंह बी.ए. द्वितीय वर्ष

# कर्मगौरवम्

श्लोकः (कर्म का महत्तव)

- बुद्धियुक्तो जहातीह उभे सुकृतदुष्कृते।
   तस्माद्योगाय युज्यस्व योगः कर्मसु कौशलम्॥
- नियतं कुरु कर्म त्वं कर्म ज्यायो ह्यकर्मणः।
   शरीरयात्रापि च ते न प्रसिद्ध्येदकर्मणः॥
- न कर्मणामनारम्भान्नैष्कर्म्यं पुरुषोऽश्नुते।
   न च सन्नयसनादेव सिद्धिं समाधिगच्छति॥
- न हि कश्चितक्षणमि जातु तिष्ठत्यकर्मकृत्।
   कार्यते ह्यवशः कर्म सर्वः प्रकृतिजैर्गुणैः॥
- तस्मादसक्तः सततं कार्यं कर्म समाचार।
   असक्तों ह्याचरन्कर्म परमाप्नोति पुरुषः॥
- यद्यदाचरित श्रेष्ठस्तलदेवतरो जनः।
   स यत्प्रमाणं कुरुते लोकस्तदनुवर्तते॥
- न बुद्धिभेदं जनयेदज्ञानां कर्मङ्गिनाम्।
   योजयेत्सर्वकर्माणि विद्वान् युक्तः समाचरन्॥

सीमा बी. ए. (प्रथम सत्र)

# संस्कृत सुभाषितानि

पातितोऽपि कराघातै रूत्पतत्येव कन्दुकः। ग्रायेण साधुवृतानाम् स्थायिन्यो विपत्तयः॥

भावार्थ- हाथ से पटकी हुई गेंद भी भूमि पर गिरने के बाद ऊपर उठती है, सज्जनों का बुरा समय अधिकतर थोड़े समय के लिए ही होता है।

> पृथिव्यां त्रीणि रत्नानि जलमन्नं सुभाषितम्। मूढैः पाषाणखण्डेषु रत्नसज्ञा प्रदीयते॥

भावार्थ- पृथ्वी पर तीन रत्न है जल अन्न और अच्छे वचन। फिर भी मूर्ख पत्थर के टुकड़ों को रत्न कहते हैं।

> अग्निशेषमृणशेष शत्रुशेषं तथैव च। पुनः प्रवर्धेत तस्माच्शेष न कारयेत्॥

भावार्थ- यदि कोई आग, ऋण, या शत्रु अल्प मात्रा अथवा न्यूनतम सीमा तक भी अस्तित्व में बचा रहेगातो बार बार बढेगा, अत: इन्हें थोड़ा सा भी बचा नहीं रहने देना चाहिए। इन तीनो को सम्पूर्ण रूप से समाप्त ही कर देना चाहिए।

> **पार्थ** बी. ए. (प्रथम सत्र)

# कृष्णाष्टकम्

कृष्णप्रेममयी राधा राधाप्रेममयो हरि:। जीवनेन धने नित्यं राधाकृष्णगतिर्मम।।

> कृष्णस्य द्रविणं राधा राधायाः द्रविणं हरिः। जीवनेन धने नित्यं राधाकृष्णगतिर्मम।।

कृष्णप्राणमयी राधा राधाप्राणमयो हरि:। जीवनेन धने नित्यं राधाकृष्णगतिर्मम।।

> कृष्णद्रवामयी राधा राधाद्रवामयो हरि:। जीवनेन धने नित्यं राधाकृष्णगतिर्मम।।

कृष्णगेहे स्थिताराधा राधागेहे स्थितो हरि:। जीवनेन धने नित्यं राधाकृष्णगतिर्मम।।

> कृष्णचितस्थिता राधा राधाचित्तस्थितो हरि:। जीवनेन धने नित्यं राधाकृष्णगतिर्मम।।

नीलाम्बरा धरा राधा पीताम्बरो धरो हरि:। जीवनेन धने नित्यं राधाकृष्णगतिर्मम।।

> वृन्दावनेश्वरी राधा कृष्णो वृन्दावनेश्वर:। जीवनेन धने नित्यं राधाकृष्णगतिर्मम।।

> > प्रिया बी. ए. तृतीय वर्ष

# जीवनोपयोगी वचन

श्लोक : क्रोध-वाच्यावाच्य प्रकुपितो न विजानाति कश्चित्। नाकार्यमस्ति क्रुद्धस्य नवाच्य विद्यते क्वचित्॥

भावार्थ: क्रोध की दशा में मनुष्य को कहने और न कहने योग्य बातों का विवेक नहीं रहता।

क्रुद्ध मनुष्य कुछ भी कह सकता है और कुछ भी बक सकता है। उसके लिए कुछ भी
अकार्य और अवाच्य नहीं है।

श्लोकः कर्मफल-यदाचरित कल्याणि! शुभं वा यदि वाऽशुभम्। तदेव लभते भद्रे। कर्ता कर्मजमात्मनः॥

भावार्थ: मनुष्य जैसा भी अच्छा या बुरा कर्म करता है, उसे वैसा ही फल मिलता है। कर्ता को अपने कर्म का फल अवश्य भोगना पड़ता है।

श्लोकः सुदुखं शयितः पूर्वं प्राप्येद् सुखमुत्तमम्। प्राप्तकाल न जानीते विश्वामित्रो यथा मुनिः॥

भावार्थ: किसी को जब बहुत दिनों तक अत्यधिक दु:ख भोगने के बाद महान् सुख मिलता है तो उस विश्वामित्र मुनि की भांति समय का ज्ञान नहीं रहता सुख का अधिक समय भी थोड़ा ही जान पड़ता है।

श्लोकः निरुत्साहस्य दीनस्य शोकपर्यांकलात्मनः। सर्वार्था व्यवसीदन्ति व्यसन चाधिगच्छति॥

भावार्थ: उत्साह हीन, दीन और शोकाकुल मनुष्य के सभी काम बिगड़ जाते है, वह घोर विपत्ति में फस जाता है।

> **महक गर्ग** बी. ए, प्रथम वर्ष

# विषय-पशुत्व के लक्षण

शलोकः येषां न विद्या न तपो न दानं ज्ञानं न शीलं न गुणो न धर्मः। ते मर्त्यलोके भुवि भारभूता मनुष्यरूपेण मृगाश्चरन्ति॥

अनुवाद- जिन मनुष्यों में न तो विद्या है अर्थात् जिन्होंने न विद्या पढ़ी है, न तप किया है, न दान ही किया, न ज्ञान ही अर्जित किया है, न सच्चिरत्रों का आचरण किया है, न दया आदि गुण ही सीखा है, वे और न धर्म का अनुष्ठान किया है-वे इस मनुष्य लोक में पृथ्वी पर बोझ बढ़ाने वाले पशु ही हैं, जो मनुष्य के रूप में विचरण करते रहते हैं।

भावार्थ- विद्या आदि से रहित मनुष्य को मनुष्य की आकृति में पशु ही समझना चाहिए। उन्होंने इस दुनिया में पृथ्वी पर भार बढ़ाने वाले पशु ही है कि लिए पशुओं की तरह जन्म लिया हैं। ऐसे लोगों का जीवन व्यर्थ ही है। छन्द-इस पद्य में उपजाति छन्द है।

> शालिनी धिरातो बी.ए. प्रथम वर्ष

# सत्य विचार

शलोकः सत्य-सत्यमेवेश्वरो लोके सत्ये धर्म सदाश्रितः। सत्यमूलनि सर्वाणि सत्यान्नास्ति परं पदम्॥

भावार्थ: सत्य ही संसार में ईवशर है, धर्म भी सत्य के ही आश्रित है, सतय ही समस्त भव-विभव का मूल है, सत्य से बढ़कर और कुछ नहीं है।

शलोकः पञ्चाग्न्यो मनुष्येण परिचर्याः प्रयत्नतः। पिता मातग्निरात्मा च गुरुश्च भरतर्षभ॥

भावार्थ: भरतश्रेष्ठ! पिता, माता अग्नि, आत्मा और गुरु-मनुष्य को इन पांच अग्नियों की बड़े यत्न से सेवा करनी चाहिए।

> चिराग बी.ए. द्वितीय वर्ष

# गुरु पर संस्कृत श्लोक

- गुरुर्ब्रह्मा गुरुर्विष्णुः गुरुर्देवो महेश्वरः।
   गुरुः साक्षात् परंब्रह्म तस्मै श्रीगुरवे नमः॥
- अर्थ गुरु ही ब्रह्मा है, गुरु ही विष्णु है गुरु ही शंकर है। गुरु ही साक्षात् परब्रह्म है। ऐसे सद्गुरु को मेरा प्रणाम।
- अखण्डमण्डलाकारं व्याप्तं येन चराचरम्। तत्पदं दर्शितं येन तस्मै श्रीगुरवे नमः॥
- अर्थ उस महान गुरु को अभिवादन, जिसने उस अवस्था का साक्षात्कार करना संभव किया जो पूरे ब्रह्माण्ड में व्याप्त सभी जीवित और (मृत) में है।
- शरीरं चैव वाच च बुद्धिन्द्वियमनांसि च।
   नियम्य प्राञ्जिलः तिष्ठेत् वीक्षमाणो गुरोर्मुखम्॥
- अर्थ शरीर, वाणी, बुद्धि, इंद्रिय और मन को संयम में रखकर, हाथ जोड़कर गुरु के सन्मुख देखना चाहिए।
- धर्मज्ञो धर्मकर्ता च सदा धर्मपरायणः।
   तत्त्वेभ्यः सर्वशास्त्रार्थादेशको गुरुरुच्यते॥
- अर्थ धर्म को जानने वाले, धर्म के अनुसार आचरण करने वाले, धर्मपरायण, और सब शास्त्रों के अनुसार आदेश करने वाले गुरु कहे जाते हैं।

कार्तिक त्रिपाठी बी.ए. द्वितीय वर्ष

# वर्किंग वुमन हैं तो नेल्स के लिए राउंड शेप है सही

सिटी रिपोर्टर • अपने प्रोफेशन और जॉब के अकोंडिंग वदि आप नेल आर्ट का इस्तेमाल करते है तो खुद को ज्यादा अट्रेक्टिव रूप से प्रेजेंट कर



सकती हैं, वहीं वर्किंग वुमन्स के लिए राउंड शेप सबसे ज्यादा बेस्ट है। यह कहना रहा नेल आर्ट वर्कशॉप में डिफरेंट डिजाइन्स की

जानकारी देती कनुशिका का। दरअसल पीएलए कॉम्प्लेक्स में रविवार को नेल केयर, पेंट और पॉलिश पर वर्कशॉप ऑगेंनाइज की गई। जिसमें नेल आर्ट एक्सपर्ट कनुशिका ने ओम्ब्रे, डॉट के साथ-साथ ही हॉफमून डिजाइन्स की जानकारी दी। उन्होंने बताया कि इस समय सबसे ज्यादा गल्स को हाफ एक किनाइन एसंट आ रहा है। उन्होंने गैठ जैन



## सम्पादकीय

झान दूर कुछ किया भिन्न **है,** इच्छा क्यों पूरी हो मन की। एक दूसरे से मिल न सके, य**ही** विड'बना जीवन की।।

इक्कीसवीं यती में सार्वभीम सत्यों के नकार का पफैरान तेजी को पकड़ रहा है। इस दौर में भाषा, साहित्य व संस्कृति का मुख्य कारण वैश्वीकरण और औद्योगीकरण को माना जाता है। समाज का हर व्यक्ति दविद्य की स्थिति से गरत है और संभवतः वह निर्णय ही नहीं कर पा रहा है कि उसके लिए क्या ग्राह्य और क्या त्याञ्य है। साघरण मनुष्य की तो बात ही क्या है। बुद्धिजीवी वर्ग भी इस स्थिति से अधुता नहीं रह गया। एक ओर हम विश्व पटन पर अपनी पहचान होने का दंभ भरते हैं, दुसरी और अपनी ही भाषा, संस्कृति से इतनी दूर होते ना रहे हैं। अतः इस स्थिति में युवा वर्ग को स्वयं ही निर्णय करना होगा कि वास्तव में उन्हें किस दिया की ओर चलना है। जहीं तक साहित्य का प्रश्न है. आज का साहित्यकार भी इस स्थिति से अञ्चल नहीं रह गया है हिन्दी के मुर्दन्य साहित्यकार आचार्य हजारी प्रसार विवेदी ने इस संदर्भ में अपने राब्दों के माध्यम से स्पष्ट करते हुए कहा या-

''जो वाम्नाल मनुष्य को दुर्गति, हीनता और परमुखापेक्षिता से बचा न सके, जो उसकी आत्मा को तेजोद्दीप्त न बना सके, जो उसके हृदय को पर दुःखकातर और संवेदनशील न बना सके उसे साहित्य कहने में मुझे संकोच होता है।''

हम स्वयं को व अपने वास्तविक उद्देश्य को पहचाने ताकि हमारा मार्ग प्रशस्त हो, बक्ष्य उन्नत हो व गति अबधि रहे।

अनेक शुभकामनाओं के साथ।



डॉ. प्रतिभा कुमारी विभागाध्यक्षा, हिन्दी विभाग

# मिट्टी

आज मैंने उसको जतन करते देखा, जिससे चँद चींटियों ने अपना घर बनाया है!

> साथी-हाथ बढ़ाना गाकर, एक साथ मिलकर झुँड बनाया है!

कोई खाना लेकर आई, तो कोई पानी, सबका प्यार ऐसा कि किसी ने हाथ न छुड़ाया है!

> आज दिखी वो मेहनत उनकी रंग लाती, जिसकी वजह से यह देश आज़ाद हो पाया है!

आज दिखा वो भाईचारा,

जिसने हिंदू मुस्लिम-सिख़-इसाई को भाई बनाया है।

हर कोशिश रंग लाती है, हर मेहनत का फल मिलता है

इस निष्ठा से काम करते जाओगे, तो दुनिया भी तुम्हारी आगे फुकती जाएगी

> अपनी मिट्टी अपनी होती है, अपना घर अपना

लगन से काम करने पर ही, साकार होता है हर सपना!

> अकेले चलने पर मॉऩल खुद को ही मिलती है पर साथ चलना क्या होता है,

यह इन चींटियों ने बताया है पहले कोई कहीं रहती थी तो कोई कहीं, पर साथ मिलकर रहने से ही घर का मतलब समझ में आया है।

> निष्ठा सेठी बी. एस. सी (मेडिकल) तृतीय वर्ष

# प्रकृति एक वरदान

पूरे जंगल में हबड़ा-दबड़ी मच गई, सभी ने शोर मचा दिया, राजा शेर ने बैठक बुलाई है। सभी फुसफुसाने लगे, अब क्या हो गया? अब किसने गुनाह किया होगा? भाई राजा के आगे तो किसी की न चली। चलो चलकर पता करें किसकी शामत आई है? सभी जानवर जंगल के बीचों-बीच और बडा मैदान है. जहाँ बैठक लगती है, वहाँ पहुँच गए। सब वहाँ एक दूसरे से पूछने लगे, कहीं तुमने तो नही किया कुछ? अरे न बाबा न, मेरी शामत थोड़ी आई है। शेर आया, सभी चुप हो गए। सभी डरे हुए थे। शेर ने बोला. ''मेरे प्यारे दोस्तो, मैंने आज तुम सबको यहाँ एक विशेष कार्य के लिए बुलाया है। हमारे घरों पर और हम पर दिन-ब-दिन आक्रमण करने की योजना बनती जा रही है। यह षड्यंत्र रचने वाले और कोई नहीं बल्कि मनुष्य ही हैं। वह लोग हमारी जन्मभूमि पर कब्जा कर अपने घर बसाना चाहते हैं। आप ही बताइए हमें क्या करना चाहिए। सभी डरे हुए जानवर और पेड़-पौधे और डर गए। सभी बोले "हम सब उनका डटकर सामना करेंगे, उन्हें हम पर कब्जा नहीं करने देंगे।" शेर ने उनका हौंसला बढ़ाते हुए कहा, "बहुत खुब, मुझे मेरी प्रजा से यही उम्मीद थी।" सभी ने मिलकर योजना बनानी शुरू कर दी। गिलहरी बोली, " मैं पेड़ पर से छोटे-छोटे फल तोड़ कर मनुष्यों पर अक्रमण करूगी।" साँप बोला, मैं जमीन में बिल बनाकर हमारे दश्मनों तक पहुँचकर उन्हें इस लुँगा। हाथी बोला, मैं सबको रौंदता हुआ आगे बढ़ूँगा। चींटी बोली, मैं सबके शरीर पर चढकर सबको काट दुँगी। हिरण बोला, मैं अपने सींग से सबको जख्मी करूँगा। ऐसे ही सभी ने अपनी-अपनी खुबियों के हिसाब से अपने घर को बचाने के लिए अपना योगदान देने का निर्णय किया। पर पेड़ दुविधा में था। वह मन ही मन सोच रहा था

मैं तो सभी को आश्रय देता हूँ, मैं कैसे किसी को नुक्सान पहुँचा सकता हूँ?

उसने सोचा' मैं अपना धर्म नहीं छोड सकता।

सारी जगह जाल बिछाए गए। अगले ही दिन मनुष्यों ने आक्रमण कर दिया। जंगल में हाहाकार मच गया। कोई कहीं भाग रहा था तो कोई कहीं। मनुष्यों ने जंगल को नष्ट करने के लिए आग लगा दी। वह वहाँ से सभी जानवरों को निकालकर, पेड़ पौधों को काटकर अपना घर बसाना चाहते थे।

जानवर भी फिर अब जोश में आ गए। उन्होंने मनुष्यों से लड़ने में एड़ी चोटी को जोर लगा दिया मनुष्यों से लड़ने में। उन्होंने पहले आग बुझाई फिर जैसा तय हुआ था, आक्रमण करना शुरू कर दिया।

मनुष्य डरकर भागने लगे। कई पेड़ो के पीछे छिप गए, तो कई पेड़ों पर चढ़ गए। वह अपने हथियार छोड़कर भाग रहे थे। कई दिनों तक उन्हें पेड़ों पर चढकर ही रहना पड़ा क्योंकि जानवर



पेड़ों के नीचे खड़े रखवाली कर रहे थे। उन्हें फिर पेड़ से फल तोड़कर खाकर अपनी मूख-प्यास मिटानी पड़ी। उन्हें तब एहसास हुआ कि हम उसे उजाड़ने जा रहे थे जिसने हमें पनाह दी। जब जानवर अपनी योजना बनाने के लिए एक जगह एकत्रित हुए और सोचा कि अब क्या किया जाए। उन्हें अपनी गलती का एहसास था मगर घमंड दूट न जाए तो किस मुँह से कहें कुछ, किस मुँह से माफी माँगे? उधर जानवरों ने मिलकर सोचा कि हम मनुष्यों जैसे नहीं हैं, हमें लड़कर नहीं, अहिंसा से उनसे बात करके सब सुलझाना चाहिए।

वे सब उनसे बात करने गए। उन्होंने उनसे पूछा, "तुम हमारा घर उजाड़ने क्यों आए हो?

यह हमारी जन्मभूमि है। यहाँ के पेड़ केवल हमारे ही नहीं, तुम्हारे भी अन्नदाता है। तुम इतने दिन हमसे बचने के लिए ही पेड़ों पर रहे हो। इन्हीं के फल खाकर ही गुजारा किया है। यही पेड़-पौधे तुम्हारी वायु को शुद्ध बनाते हैं। यह भले ही खुद मुख़ा जाएँ पर तुम्हें छाया प्रदान करते हैं यह तुम्हारे लिए बारिश लाने में भी मदद करते हैं। तुम लोग अच्छे नज़ारे और खुली हवा लेने के लिए यहीं आते हो। यहाँ कितनी हरियाली है और तुम इस सबको ठजाड़ना चाहते थे। यह सब चीजें तुम्हें कुदरत की देन हैं। तुम्हें इसे पाने के लिए कोई मेहनत नहीं करनी पड़ी इसिलए तुम्हें इसका मोल नहीं पता होगा, जब सब ठजाड़ दोगे, तब शायद तुम्हें अपनी गलती का एहसास होगा।" इंसान शर्म से पानी-पानी हो गए। उन्हें एहसास हुआ और इस बार अपने घमंड को नकारते हुए उन्होंने कहा हमें माफ कर दीजिए इंसान तो गलतियों का पुतला होता है। अपनी गलती सुधारने के लिए सभी लोगों को जागरूक करेंगे और अपने पर्यावरण की रक्षा करेंगे। हम और पेड़-पौधे लगाएँगे, पक्षियों को रोज दाना पानी देंगे जानवरों को रोज़ खाना देंगे। इम अपने प्रकृति को फिर से हरी-भरी बनाएंगें।

निष्ठा सेठी बी. एस. सी (मेडिकल) (तृतीय वर्ष)

### ओल्डएज होम

मैं दस साल की थी। मेरे परिवार में मम्मा-पापा, भईया दीदी, चाचू-चाची, दादू-दादी, सब थे। बहुत खुशहाल परिवार था हमारा। मुझे हर जगह प्यार मिलता, आखिर घर की सबसे छोटी जो थी। सबकी लाडली थी मैं, किसी चीज या बात का छाया तक न पड़ने देते थे। मैं भईया-दीदी से ज्यादा में लाडली थी। अपने दादा-दादी की रोज उनके साथ शाम को पार्क में टहलने जाती, खेलती और जब थक कर बैठ जाते तो दादू की गोदी में बैठ जाती। फिर वह अपने पाँव पर चढ़ाकर मुझे पैरों से झूला देते। यह झूला मुझे सबसे प्रिय था। और घर आते समय भुट्टा और आईसक्रीम खाते। मुझे और दादू-दादी तीनों को नरम भुट्टा पसंद था और वनीला फ्लेवर की आईसक्रीम कप में पसंद थी। हम तीनों रोज़ यह खाकर आते और घर आने से पहले खत्म कर देते ताकि मम्मा से डाँट न पड़े। पर न जाने मम्मा को कैसे पता चल जाता था पर डाँटती न थी, वह खुश होती थी कि मैं अपने दादू-दादी की लाडली हूँ और वे दोनों मुझे प्यार से बिगाड़ रहे हैं। मैं यह और जाकर दादू-दादी की गोद में या उनके पास बैठ जाती। मेरा होमवर्क भी कराते थे। मेरा मम्मा पापा से ज्यादा स्नेह दादू-दादी के साथ था। एक दिन की बात है, हमें स्कूल से ट्रिप पर ओल्ड एज होम ''लेकर जा रहे थे और बोला गया कि अपने-अपने घर से कुछ बनवाकर लाना खाने के लिए और कुछ कपड़े या जरूरत का सामान या पैसे दान करने हो, तो वह भी लेकर आना।

मैं स्कूल से घर आई दादू के साथ और आते-आते पूछा कि ओल्ड एज होम क्या होता है? उन्होंने थोड़ा सोचा उनके चेहरे के भाव बता रहे थे कि वह सोच रहे हैं कि मुझे क्या बताएँ? शायद उस वक्त मैंने दादू का घ्यान भटकाते हुए कहा, बताओं न ओल्ड एज होम क्या होता है?'' वे बोले जहाँ आपको बहुत सारे दादू-दादी मिले उसे ओल्ड एज होम कहते हैं।

मैंने घर जाकर शोर मचा दिया और मम्मा का सिर खा गई खुशी के मारे और बोलती जा रही थी। कि ढेर सारा खाना बना देना कल के लिए। बहुत सारे दादू-दादी को खिलाना है। माँ ने भी कुछ विरोध न करके मेरा कहा मान लिया। शायद दादू ने उन्हें पहले ही पूरी बात बता दी थी। जब पापा ऑफिस से आए तो पापा से भी जिद्द की कि पैसे दो, बहुत सारे दादू-दादी को देने है, उधर दादू पापा को इशारा कर रहे थे कि दे दो, पापा ने दे दिए बिना कुछ पूछे।

अगले दिन सबसे ज्यादा सामान मेरे पास था। मैं खुशी-खुशी सब ले गई और हम बस में खेलते हुए जा रहे थे। कि तभी बस रुकी मैंने सोचा कि आ गया ओल्ड एज होम। टीचर हमें लाईन में अंदर लेकर गए और हमने पैसे ऑफिस में जमा करा दिए और खाना मैं उनके पास अंदर ले गई। अंदर जाकर देखा तो एक बड़ा सा बरामदा था और उसके चारों ओर कमरे बने हुए थे। हर कमरे में एक या दो लोग थे। कुछ वॉकर के सहारे चलते हुए बाहर



निकले और दूसरी और, देखा तो एक बूढ़े अंकल व्हीलचेयर पर हुए बाहर निकले, उनकी गर्दन एक तरफ को झुकी हुई थी जैसे उनका शरीर काम न करता है। मैं यह सब देखकर हैरान थी, सहम गई थी। मैंने सोचा दादू दादी ऐसे क्यों हैं। मैंने शुरू से उन्हें एक जैसा हट्य-कट्य ही देखा है, वे ऐसे ही होते हैं, तो ये सारे दादू-दादी ऐसे क्यों? इन को क्या हो गया मैंने वहाँ खड़े एक आदमी से पूछा।

उन्होंने बताया. "यह चल फिर नहीं सकते।"

मैंने पूछा, "क्यों?"

बोले, ''इन्हें लकवा मार गया है, इनकी टाँगें कमजोर हैं। इनमें जान नहीं रही अब। '' उन्होंने एक-एक की तरफ इशारा करते हुए कहा।

मैंने बड़ी मासुमियत से पूछा, "तो इन्हें हॉस्पिटल लेकर क्यों नही जाते?"

वे शर्म के मारे बोले, " पैसे नहीं है बेटा इतने।" मैं अवाक् रह गई। थोड़ी देर बाद पूछा, यह लोग यहाँ क्यों हैं? वे बोले, इनके बच्चे इन्हें यहाँ छोड़ गए है।"

'वे बोले, जो बच्चे अपने माँ-बाप को बोझ समझते हैं, वे उन्हें यहाँ छोड़कर अपना बोझ हल्का कर लेते हैं। उन्होंने आँखें पोंकते हुए बोला।

मेरे पास बोलने को कुछ रह नहीं गया था। मेरे मन के भाव चेहरे पर नजर आने शुरू हो गए थे। मैं अंदर ही अंदर रोने लग गई। मुझ से इनकी यह हालत देखी नहीं जा रही थी।

मैं रोते-रोते एक आंटी के पास गई और उन्होंने मुझे गले लगा लिया। मुझे प्यार का सहसास हुआ और चुप हो गई। उन बूढी आंटी ने मुझे चॉकलेट भी दी। मुझे अपनी बात याद आ गई। मेरी चॉकलेट लेने की इच्छा तो पूरी हो गई थी, मगर दिन में बहुत दर्द हो रहा था उनकी सबकी ऐसी हालत देखकर मैंने पूछा,

आपके बच्चे आपसे प्यार नहीं करते थे? वे बोली उन्हें मैं बोझ लगती थी बेटी।

मैं चुप हो गई।

वे बोली, बेटी, अपने माँ-बाप, दादा-दादी, सबका अच्छे से ख्याल ख्वना। उन्हें कभी बोझ न समझना। छोटे होते उन्होंने ही तुम्हें रोते को चुप कराया है। तुम्हारी हर जिद्द पूरी को है, तुम्हें खुश रखा है। अपने पेट-काटकर तुम्हें खाना खिलाया है। वे तुम्हारे लिए हमेशा हाजिर थे। अब तुम्हारी बारी है। हमें अपने बच्चों से कोई शिकायत नहीं है भगवान हमें हमारे बुरे कमों की सजा दे रहा है। तुम अपने बहे बुजुगों को खुश रखना। उनकी सेवा करना। बहुत पुण्य मिलेगा बेटी।

मैंने उनके पैर ख़ुए और आ गई। पूरे रास्ते चुप थी और घर आते ही दादू-दादी को गले लगाकर बोली, आप मुझे छोड़कर कभी मत जाना और मैं आपको कभी कहीं भी जाने नहीं दूँगी। और बस रोती रही। उन्होंने मेरी दिल की हालत को भौंप लिया था और मुझे गले लगा लिया।

> निष्ठा सेठी बी. एस. सी (मेडिकल) तृतीय वर्ष

#### श्रेया मोहन

'अनेकता में एकता' सिर्फ कुछ शब्द नहीं है, बिल्क यह एक ऐसी चीज़ है जो भारत जैसे सांस्कृतिक रूप से समृद्ध देश पर पूरी तरह लागू होती है। इस देश की उदारता और जिंदादिली ने बड़ी संख्या में सौलानियों को इस जीवंत संस्कृति की ओर आकर्षित किया, जिसमें धर्मों, त्यौहारों, खाने-कला, शिल्प, नृत्य संगीत और कई चीजों का मेल है। 'देवताओं की इस धरती' में संस्कृति, रिवाज़ और परंपरा से लेकर बहुत कुछ खास रहा है। कुछ कार्यक्रम जैसे गौतम बुद्ध का जन्मदिन (बुद्ध पूणिमा), मगवान महावीर जन्मदिन (महावीर जयंती), आदि कई धर्मों के लोगों हारा एक साथ मनाया जाता है। भारत अपने विभिन्न सांस्कृतिक नृत्यों जैसे शास्त्रीय (भारत नाटयम, कत्थक,कत्थकली कुच्चीपुड़ी और अपने क्षेत्रों के लोक नृत्यों के अनुसार बहुत प्रसिद्ध है। विभिन्न भोजन जैसे पोहा, बूंदा। भारत में शादी आज भी एक पवित्र ऐसी संस्था है। भारत में हर जाति और समुदाय में शादी की रस्मों का अपना तरीका होता है। हिंदू शादियों में पंजाबी विवाह में रोका रस्म करते है और सिंधी बेटाना रस्म। इन सबमें एक रस्म आम है और वो हस्त मिलाप है, जिसे लोकप्रिय तौर पर पाणिग्रहण संस्कार कहा जाता है। मुसलमानों का भी शादी समारोह के उत्सव का अपना तरीका होता है, जिसे निकाह कहते हैं। इस शुभ मौके पर दूल्हों को मनाने को अपना तरीका होता है। घाषरा चोली की तरह सलवार कमीज के साथ भी दुपटटा ओढ़ा जाता है। घोती कुर्ता से लेकर शर्ट पेंट तक भारतीय पुरूष वह सब कुछ पसंद करते हैं। समय के साथ चलने और लचीलेपन के कारण भारतीय संस्कृति आधुनिक और स्वीकार्य है।



# ''असीमित युवा-समता'

मेरे दिल की पुकार है ये जिंदगी का सार है जो तप गया वो निखर गया

> जो बुझ गया वो राख है सपनों का ये पहाड़ है बेबस हुए हालात हैं। जो चढ़ गया

वो तर गया जो रुक गया, वह बर्बाद है। कलियुग का ये झंझाल है

> युवाओं का ये काल है मत रुको, आगे बढ़ो जब तक अंतिम साँस है। है चुनौती वक्त अब इस वक्त को सराहाना है

तुफानों से लड़कर इस वक्त को दिखलाना है ये वक्त अपना बनाना है। मुझमें कोई कमी हो अगर

> विचार कर मिटाऊँगा हद की भी कोई हद हो उस हद को भी रौंद जाऊँगा जिंदगी के पृष्ठों पर

इतिहास लिखके जाऊँगा मेरा नाम ही मेरे काम से मेरे देश के सम्मान से ये सच कर दिखलाऊँगा।

> जिंदगी की रेत को मैं हीरे-सा बनाऊँगा।

> > शिशिर प्रताप सिंह बी.ए. (प्रथम वर्ष)

# इंसानियत 🏻

फिर इंसानियत को बिकते देखा मैने कल सिरिया को जलते देखा किसी ने खुद पे, किसी ने प्यार पे लिखा है पर मैंने आज इंसान पर लिखा है।



जज्बात की जगह कागज़ के चंद टुकड़ों ने ली है मेरे क्रोध ने कई माँओ कि कोख सूनी की है हाँ मै खुदगर्ज हो गया हूँ अब इतना कि प्यार के नाम पर सिर्फ तेजाब फेकना सीखा है मैने आज इंसान पर लिखा है।

मै इंसान हूँ दुख, दर्द, पीड़ा में मैं सबका साथ चाइता हूं लेकिन जब कोई ओर तकलीफ में हो मै मयासार ना हो पाता हूँ। बदलाव देखिएगा जनाब

> पहले खुदा के नाम पर भीख माँगता था आज खुदा के नाम पर किसी कि जान मागता हूँ काफिरों की महफिल का चमकता सितारा था कभी लेकिन आज बच्चों कि जिंदगी छीनकर मैं खुद को भगवान मानता हूँ।।

मैं बलात्कारी बन गया हूँ अब क्योंकि नोचना मैंने गीध से सीखा है, गीध भी मृत को नोचता है मैनें तो जीवित को नोचा है। मुझे उस अकेली मासूम लडकी की चीखें सुनाई नहीं देती अब, क्योंकि कहीं ना कहीं वो हवस का जानवर मैने खुद में भी देखा है आज मैने इंसान पर लिखा है।

इस प्रकृति का दोस्त था मैं कभी आज दुश्मन बन चुका हूँ क्योंकि मैंने दूसरों के घर छीन कर अपना घर बनाना और सजाना सीखा है

> मेरी मगरूरी मेरी जिद्द ने मुझे मेरा अंत दिखाया है मरने पर अश्क ना बहाये मेरी वो माँ जिसने मुझे चलना सिखा है।

ना मैं हिंदु, न मैं मुस्लिम ना मैं सिख, ना मैं इसाई मैं वो इंसान हूँ जो शिद्दत से गुनाह पे गुनाह किये जा रहा है और इल्जाम खुदा तुझे दिये जा रहा है

> कमल सहरावत (एम.ई.एफ.बी)

# ''अपरिहार्य अँधेरा''

नहीं वाकिफ था मैं
जिंदगी की कठिनाईयों से
बस अपने आप में ही
मग्न रहना जानता था।
नहीं वाकिफ था मैं
समय की उस तलवार से
बस सपनों में ही जीना जानता था।
दो विकल्प थे जिंदगी के
पर उन पर चलना न जानता था

हर कठिनाईयों से दीवार बनकर लड़ने वाला, आज उन कठिनाईयों की पहचानना न जानता था रुक-सा गया हूँ इस जिंदगी के मोड़ पर मैं क्या करूँ, कैसे करूँ ये सोचना न जानता था

> शिशिर प्राताप सिंह बी.ए. (प्रथम वर्ष)

# (चिंदी)

आज फिर वो हमेशा की तरह अकेला होने कि एहसास हो रहा था। आखिर मैं कर क्या रही थी, छ: महीने यहां, छ: महीने वहाँ, ऐसी नौकरी भी किस काम कि इंसान कहीं का हो ही ना सके।

यह नया कस्वा भी मेरे पुराने सब ठिकानों की तरह ही सुनसान सा बेरंग बिना रौनक के लग रहा था। और अब मुझे यहां कम से कम छ: महीने अकेले रहना था। मेरा काम कुछ ऐसा ही है, एक जगह काम खत्म करके दूसरी जगह के लिए निकल गए। बस कहने को ही नौकरी पक्की थी वरना जगह-जगह तो मैं पिछले चार साल से भटक रही थी। और अब एक बार फिर से ............।

इस कस्बे में मुझे करने के लिए ज्यादा काम नहीं था। मैं अक्सर गुप्ता जी के यहां चली जाती थी। गुप्ता जी यूं तो मेरे बॉस के मित्र थे, पर ना कभी उनके पास और ना ही उनके घर वालों के पास इतना वक्त होता था कि एक अजनबी से चंद लम्हे बात कर सके। फिर भी मैं अक्सर यहां आ जाती हूं।

यहां मुझे चिंदी मिला। वैसे तो हर बड़े घर में लोग अपने नौकर से अच्छा बर्ताव नहीं करते, खासकर जब कोई बच्चा हो। पर यहां जिंदी की कुछ ज्यादा ही खिंचाई होती थी। हंसने-खेलने की उम्र में उसको लोगों के घरों में काम करके अपना पेट पालना पड़ता था। चिंदी के फटे पुराने कपड़े आंखों में लाचारी और चेहरे पर मासूमियत थी। शायद यही जिंदगी चिंदी ओर चिंदी और चिंदी जैसे लाखों बच्चों की पहचान है। जो भूख से लाचार होकर अपना पेट पालने के लिए यह अपने परिवार को दो वक्त की रोटी देने के लिए कम उम्र में ही कम पर लग जाते हैं। अक्सर ऐसे बच्चों में बुरी बातें सुनने की आदत पनप जाती है। फिर वो ऐसी किसी बात का बुरा नहीं मानते, शायद अपनी किस्मत समझ कर सब सुन और सहन कर लेते हैं।

चिंदी मुझे कुछ अलग लगा। चिंदी शायद अभी नया-नया आया था कहीं से, शायद उसको यह सब सहने की आदत नहीं पड़ी थी। इसलिए उसको अक्सर मैंने डांट सुनने पर विचलित होते हुए देखा। उसकी इसी बात ने मेरा ध्यान उस की तरफ खींचा।

शहर में मैं भी थी नई और शायद वो भी। मैंने यूं ही उसके बारे में पूछा तो वह कुछ ज्यादा नहीं बोला, पर अगली एक-दो मुलाकातों में पता चला कि वह नैनीताल के पास के एक गांव से है। संयोगवश मेरे नाना का घर भी उसी तरफ था। चिंदी के बारे में जानकर, बचपन में बिताए वह दिन याद आ गए जब मैं अक्सर उस गांव में जाया करती थी।

चिंदी से मिलकर मेरा एकाकीपन थोड़ा कम होने लगा और वह भी धीरे-धीरे मुझसे घुलने मिलने लगा, तो पता चला कि उसका असली नाम भानु था। ''भानु'' जिसे वक्त ने चिंदी बना दिया था। बिल्कुल कागज के बेकार टुकड़े की तरह ही सही नाम दिया था किसी ने उसको चिंदी। मैं अक्सर उसको बोलती थी कि अपना असली नाम ही सबको बताया कर। अखिर यही तो तेरी पहचान है, पर वह मानने में सकुचाता था। अब वह मुझसे बहुत ज्यादा घुल मिल गया और मेरी बात भी मानता था। जब भी उसको कोई चिंदी बोलता तो वह पलट कर अपना असली नाम भानु बोलता। मुझे चिंदी में बदलाव महसूस हो रहा था। क्योंकि अब चिंदी भानु बन रहा था। उसकी आंखों में लाचारी की जगह मुझे अब जिंदगी से उम्मीदें नजर आने लगी। कभी-कभी वह मुझसे छोटी-मोटी फरमाइश भी कर दिया करता था। कभी गांव में अपनी मां से फोन पर बात करने की ही फरमाइश कर देता था।

ऐसे ही वक्त बीतता गया। मैं भी अपने काम में और लोगों से मेलजोल में उलझ गई और गुप्ता जी के यहां आना जाना कुछ कम हो गया। अब चिंदी का ख्याल कुछ कुछ दिमाग से निकलने लगा था। उससे मिलने की खुशी शायद मेरी व्यस्तता में कहीं गुम हो गई थी। आज मेरे ऑफिस से मेरे सीनियर पाठक जी आने वाले थे और उनके आने पर मैं उनको अपने साथ गुप्ता जी के यहां ले गई।

गुप्ता जी के घर पहले की तरह ही सब अपने काम में लगे थे। तो मैं और पाठक जी आराम से बैठकर बातें करने लगे......और वहां आया चिंदी ...... आज कुछ ज्यादा ही खुश लग रहा था। नई स्वेटर भी पहनी थी। लगता था गुप्ता जी के ही किसी बच्चे की उतरन थी। पर वो उसको पहन करे बहुत खुश था, उसके लिए तो नई ही थी ना? पर जैसे ही उसने आकर पाठक जी के सामने मुझसे बेतकल्लुफी से बात करना शुरू किया और शिकायत की, कि इतने दिन से क्यों नहीं आए? तो मुझे कुछ अच्छा नहीं लगा। अखिर था तो एक नौकर ही मेरे सहकर्मी के सामने मुझसे इतनी बेतकल्लुफी?

जबकि पाठक जी ने बुरा नहीं माना, वह तो बल्कि मुस्कुरा रहे थे। मुझे लगा कि शायद मुझ पर हंस रह हों, और मेरा पारा और ज्यादा चढ गया।

इतने में चिंदी बोला ''आपको पता है आज...... '' मेरा गुस्सा और बढ़ गया और मैंने लगभग चिल्ला कर कहा ''चिंदी क्या बक –बक लगा रखी है? जाओ जाकर चाय ले आओ, दिखता नहीं हम कब से बैठे हैं?'' वह एक पल के लिए ठिठक और मुड़ कर वहां से चला गया। उसकी आंखों में सवाल थे। पर मैं पढ़ नहीं पाई। इतने से वक्त में मैं पढ़ती भी क्या? और जब वह चाय लेकर आया तो उसकी सारी हंसी उसके चेहरे से गायब थी। जबकि आंखों से लग रहा था कि वह आंसु बहा के आया है, और चेहरे पर भाव कोई कोइ नहीं थे।

पाठक जी ने उससे पूछा '' आज क्या है भाई? तुम कुछ कह रहे थे ना?'' ....... ''जी.......मेरा जन्मदिन'' उसने रूखे अनमने स्वर से कहा।

"अच्छा??? पाठक जी ने कहा "बहुत अच्छे भाई...... नाम क्या है अपका?"

'चिंदी......''उसने कहा और बिना मेरी तरफ देखे अंदर चला गया......।

शर्मीला देवी हिन्दी विभाग

# दादी //

देती हैं परंतु राजन को

पहले अपनी मां से

दूंगी। राजन यह

चाय पीए वहां

दादी ने

यह बात

िक

64 वर्ष की विधवा औरत, जिसका नाम पार्वती है। जो कि उतर प्रदेश के प्रतापगढ़ जनपद के ग्राम में रहती हैं। जिसका कद करीब 5 फीट है। वह सफेद साड़ी पहने, हाथों में चांदी के दो-दो कंगन और पैरों में 6-6 लच्छे पहने अपने आप में अलग ही दिखती हैं। उसके परिवार में उसका पति, उसका देवर और उसके बेटे के बच्चे हैं। पति की मृत्यु हो चुकी है। अब वह अपने देवर और अपने बेटे बहू वह पोते-पोतियो संग रहती है। वृद्ध होने पर भी वह अपने बच्चों को प्यार आपसी मेलजोल से रखने का प्रयास करती हैं। उसके बेटे के तीन बेटे हैं। जिनसे दादी बहुत प्यार करती हैं। गर्मियों की छुट्टियों में अक्सर दादी अमित, राजन, आशीब, तीनों बच्चों को आम के बाग में भेज देती थी और कहती थी अगर कोई आम गिरा हो तो उठा लाना। सुमित और आशीब शरारती थे, इसलिए खुद आम तोड़कर दादी के पास ले जाते थे। राजन शांत स्वभाव का था, पर हर बात मन से लगा लेता था। सुबह होते ही सभी भाई अपना गिलास लेकर दादी के पास पहुंच जाते थे और दादी सब को बड़े प्यारे से चाय बनाकर उनको पिलाती



एक सुबह दादी स्नान करने के लिए पानी लेने
कुएँ पर जा रही थी। दादी ने इधर-उधर देखा,
तो वहां राजन खेल रहा होता है। दादी
राजन को कहती है कि जब तक मैं
पानी लेकर आती हूं तब तक तुम
रसोई का ध्यान रखना। पर राजन अब
भी दादी से नाराज था। उसके हाथ मैं

एक छोटी सी लकड़ी की डंडी थी। उससे वह चाय की हाँड़ी को ठेल देता है और अपने भाइयों के साथ खेलने चला जाता है। जब दादी आती है तो कहती है कि तुम्हें ध्यान रखने के लिए कहा था, अब देखो बिल्ली ने चाय नीचे गिरा दी। राजन को आत्म संतुष्टि का अनुभव हो रहा था।

कोई नहीं जानता था कि 6 वर्ष का बालक अपने मन में इतना गुस्सा इतनी नाराजगी भी रख सकता है। राजन कुछ दिनों बाद अपने बाबूजी के साथ शहर आ जाता है और वहां पर स्कूल में दाखिला लेता है। वही अपनी आरिभिक शिक्षा शहर में शुरू करता है। इस दौरान वह गाव नहीं जाता। जब उसकी आठवीं की बोर्ड की परीक्षा के बाद छुट्टियाँ पड़ती है। वह अपने माता पिता के साथ गाांव जाता है। पिताजी मिठाई लेकर राजन को दादी के पास भेजते हैं कि तुम यह मिठाई दादी को दे आओ। जब पिताजी के साथ दादी के साथ दादी राजन को पहचान नहीं पाती। वह पिताजी से पूछती है कि क्या यह राजन है? तो पिताजी ने मुस्कुराते हुए कहा हाँ यह राजन है। अगले दिन जब दादी कुएँ पर स्नान करने के लिए गयी, तो वह कुएं से पानी निकालने में असहाय महसूस कर रही थी। अपने कमरे की खिड़की से राजन यह सब देख रहा था और दादी के पास आता है और दो बाल्टी पानी कुए में से निकाल कर जगत पर रख, वह अपने घर आ जाता है। अगली सुबह दादी राजन के लिए उसका पसंदीदा खाना बनाती है जिसे राज खाने से मना कर देता है। यह देखकर दादी को बुरा लगता है तो वह राजन की मां से पूछती है कि यह मेरा लाया खाना क्यों नहीं खा रहा? तो मां, दादी को जवाब देती है कि अभी भी इस के मन में चाय वाली अटकी है। जब आपने इसे बचपन में चाय नहीं दी थी। यह बात कह कर दोनों हंसती हैं, पर राजन खेलने के लिए चला जाता है। छुट्टियाँ बीत जाती है और राजन अपने पिताजी के साथ वापस शहर आ जाता है।

एक दिन अचानक बड़े बाबू जी ने पिता जी को फोन करके जल्दी गांव आने के लिए बुलाया। गाांव जाकर पता चलता है कि दादी अब इस दुनिया में नहीं रही। दादी को देहांत हो गया है। जब राजन को यह पता चलता है तो उसको दु:ख होता है और पछतावा होता है कि उसने दादी से क्यों नाराजगी रखी।

आज वह 22वर्ष का हो चुका है। परंतु जब भी अपने गांव जाता है, तो हर बुजुर्ग महिला में अपनी दादी को देखता है और दुखी होता है। फिर सोचता है कि काश! वही सबसे मेलजोल बनाए रखने वाली दादी, सबको प्यार करने वाली दादी सबकी परवाह करने वाली वाली दादी, राजा रानी की कहानियां सुनाने वाली दादी, फिर से लौट आए.........

सुनील कुमार बी. ए. (तृतीय वर्ष)

### कन्या भ्रूण हत्या

कली कहे कुम्हला करके, भीतर ही भीतर कसमसा करके, माँ ऐ माँ, तुम सुनती हो, फिर यहां-वहां क्या ताकती हो।

तेरी सांसो में मैं महकी हूं, ऐ माँ, तू मत गिरवाना गर्व तेरा, इसमें पलता है जीवन मेरा, एक पढ़ा-लिखा कसाई आएगा,

मैं बेटी हूं तेरी, तेरे जीवन में अया है मेरी, मैं तेरा साथ निभाऊंगी, तेरे हर दुख-सुख में मैं काम आऊंगी? औरत से मां बन कर देख,

क्यों पैदा करने से डरती है? मैं बेटा बनकर दिखलाऊँगी, एक नर लूटे है लाज तेरी, मैं मादा बनकर कहती हुं, मैं लाज बचा बचाऊंगी।

क्यों पाती हो तुम, खुद को लाचार एक पापी पुरुष के कहने से, कर दोगी, मुझ को दरकिनार? तेरे जिस्म की कच्ची मिट्टी हूँ,

डॉक्टर की डिग्री पाएगा, काट देगा मेरे तन मन को, वह मारेंगे मेरे जीवन को, ऐ माँ, तू रोक रख, एक कली हूं मैं,

मैं तेरी औट बन जाऊंगी, दुख आएंगे जब-जब तुझ पर, मैं ढाल बना कर खुद को तेरी, तेरे दुख से मैं लड़ जाऊंगी,

प्रेरणा सूरी

## चली आना तू

चली आना तू, फिर से दिन को रात करने, वो खामोशी वाली मुलाकात करने, भरी गर्मी में ठंडी सी बरसात करने. वह मोहब्बत वाली शरारत करने. चली आना तू..... अपनी आंखें खोंलू तो फिर तेरी आंखे दिखाई दे इतनी पास. सुनाई दे तेरी मुझे हर एक सांस, दिल की धड़कन तेरी है या मेरी, यह सोचने पर मैं मजबूर हो जाऊं काश..... पानी की जितनी मछली होती है पास, चली आना तू मेरे इतने पास भुलाए नहीं भूलती, जो शायाम जुदाई हमारी लाई थी, हाथ छोड़ गुस्से में जो तूने बात सुनाई थी, मानो कल की ही तो बात लगती है, पर अभी भी तू मेरे साथ लग्ती है, गुस्सा होकर एक साथ होते हैं इस बात पर मुस्कुराना तू,

तेरे इसी गुस्से में कुछ नया लिखा है वह सुनने चली आना तू, हाँ, जानता हूं तेरे साथ खुशियां आई थी, तूने ही तो मुझे मोडब्बत की राह दिखाई थी, तभी तो वह पहली कहानी मैंने तुझ पर बनाई थी, पर इश्क का उसूल है, कभी कभी दूट जाना पड़ता है मनाने के लिए, कभी कभी रूठ जाना पड़ता है.

जो तूने सीन करके छोड़ दिए उन मैसेजिस का इंतजार कर रहा हूं, तेरा हाथ पकड़ने के लिए इस दिल को फिर से बेकरार कर रहा हूं, वह खामोशी वाला इजहार कर रहा हूं, कोई बहाना मत बनाना तू, चली आना तू......

> अखिलेश चौहान बी. एस. सी (छठा सेमेस्टर)

# फ्रेंच नेल आर्ट की वर्कशॉप आज से

सिटी रिपोर्टर • गर्ल्स नेल्स की ग्रोथ, ब्यूटी और स्टाइल को लेकर हमेशा कॉन्सियश रहती हैं। बिना किसी ट्रेनिंग के केवल इंटरनेट से नेल आर्ट में



एक्सपर्ट बनी पीएलए की कनुशिका 12 जून से अपना ये टैलेंट अब दूसरों को सिखाने वाली हैं। हफ्ते भर कनुशिका नेल केयर से लेकर फ्रेंच आर्ट की ट्रेनिंग देंगी।

फ्रेंच आर्ट में कई टेक्निक यूज होती हैं इनमें से औम्बे, ज्योमैद्रिक, फ्लोरल और फ्री हैंड प्रमुख हैं जिन्हें सीखकर मोटे तौर पर नेल्स को अपनी इच्छा अनुसार डिजाइन किया

जा सकता है। कनुशिका बताती हैं कि नेल पेंट तो सभी लगाते है मगर नेल्स के लिए यूज किए जाने वाले डिजाइन की जानकारी बहुत कम लोगों को होती है, इन डिजाइन्स को लेकर लोग अवेयर हो इसी वजह से मैंने यह देनिंग कैप लगाने के बारे में सोचा है। आर्टिस्ट एक छोटे से नेल पर अपनी क्रिएटिविटी से छोटे से पार्ट को सबसे ज्यादा अट्रेक्टिव बना सकता है। साथ ही कनुशिका नेल्स आर्ट के सब्सिटिट्यूट के लिए टिप्स एंड ट्रिक भी बताएंगी।



# ਸ਼ੁੱਭ ਸੰਦੇਸ਼

ਪਿਆਰੇ ਵਿਦਿਆਰਥੀੳ, ਇਹਨਾਂ ਹੱਸਦਿਆਂ, ਮੁਸਕਰਾਉਂਦਿਆਂ ਤੇ ਜਗਿਆਸਾ ਭਰਪੂਰ ਚਿਹਰਿਆਂ ਨੂੰ ਮੇਰੇ ਵੱਲੋਂ ਉਹਨਾਂ ਦੇ ਭਵਿੱਖ ਲਈ ਢੇਰ ਸਾਰੀਆਂ ਸੁੱਭ ਕਾਮਨਾਵਾਂ ਤੇ ਨਿੱਘਾ ਪਿਆਰ।

ਅੱਜ ਜ਼ਮਾਨਾ ਤੇਜੀ ਨਾਲ ਬਦਲ ਰਿਹਾ ਹੈ ਸੁਭਾਵਿਕ ਹੈ ਕਿ ਉਸਦਾ ਪ੍ਰਭਾਵ ਹਰੇਕ ਵਿਅਕਤੀ ਤੇ ਪੈਂਦਾ ਹੈ । ਬਦਲਾਵ ਪ੍ਰਕਿਰਤੀ ਦਾ ਨਿਯਮ ਹੈ । ਰੁੱਤਾਂ ਬਦਲੀਆਂ, ਮੌਸਮ ਬਦਲਦੇ ਤੇ ਅਖੀਰ ਰਾਤ ਤੋਂ ਬਾਅਦ ਦਿਨ ਦਾ ਅਗਾਜ਼ ਹੁੰਦਾ ਹੈ । ਮੈਂ ਕਾਮਨਾ ਕਰਦੀ ਹਾਂ ਹਰ ਰੋਜ਼ ਚੜਨਵਾਲੀ ਸੂਰਜ ਦੀ ਪਹਿਲੀ ਕਿਰਨ ਤੁਹਾਡੀ ਜ਼ਿੰਦਗੀ ਵਿਚ ਖੁਸ਼ੀਆਂ ਦਾ ਆਗਾਜ਼ ਕਰੇ। ਤੁਸੀਂ ਜ਼ਿੰਦਗੀ ਦੀ ਹਰ ਮੰਜ਼ਿਲ ਸਰ ਕਰੋ । ਤੁਹਾਡੇ ਸਾਰੇ ਸੁਪਨੇ ਹਕੀਕਤ ਬਨਣ । ਪਰ ਇੱਕ ਗੱਲ ਦਾ ਖਿਆਲ ਹਮੇਸ਼ਾ ਰੱਖਣਾ ਕਿ ਜ਼ਿੰਦਗੀ ਵਿੱਚ ਕੁਝ ਵੀ ਅਸੰਭਵ ਨਹੀਂ । ਤੁਸੀਂ ਆਪਣੀ ਸ਼ਿੱਦਤ, ਮਿਹਨਤ ਤੇ ਸਵੈ-ਵਿਸ਼ਵਾਸ ਦੇ ਭਰੋਸੇ ਆਪਣੀ ਮੰਜ਼ਿਲ ਤੇ ਪਹੁੰਚ ਸਕਦੇ ਹੋ।

ਮੈਂ ਤੁਹਾਡੇ ਉੱਜਵਲ ਭਵਿੱਖ ਲਈ ਦਿਲ ਦੀਆਂ ਗਹਿਰਾਈਆਂ ਤੋਂ ਹਾਰਦਿਕ ਸ਼ੁੱਭ ਕਾਮਨਾਵਾਂ ਤੇ ਦੁਆਵਾਂ ਭੇਜਦੀ ਹਾਂ।

> ਡਾ. ਹਰਵਿੰਦਰ ਚਹਿਲ (ਮੁਖੀ, ਪੰਜਾਬੀ ਵਿਭਾਗ)



Dr. Harvinder Chahal Staff Editor

## ਨਾ ਮਾਰ ਮੈਨੂੰ

#### 'ਨਬਜ਼ ਗਰੀਬ ਦੀ'

ਨਾ ਮਾਰ ਮੈਨੂੰ ਕੁੱਖ ਵਿੱਚ ਮਾਏ, ਤੇਰੀ ਧੀ ਰਾਣੀ ਇਹ ਕਹਿੰਦੀ ਰੈਨੂੰ ਸਹੁੰ ਹੈ ਉਸ ਦਰਦ ਦੀ, ਜੋ ਤੂੰ ਨੌ ਮਹੀਨੇ ਸਹਿੰਦੀ।

ਪੁੱਤ ਦੀ ਕਮੀ ਨਾ ਤੈਨੂੰ ਮਹਿਸੂਸ ਹੋਣ ਦਿਓਂਗੀ ਇਕ ਮੈਂਕਾ ਦੇ ਆਪਣੇ ਘਰ ਆਉਣ ਦਾ ਵਿਹੜਾ ਤੇਰਾ ਖੁਸ਼ੀਆਂ ਨਾਲ ਭਰ ਦੇਉਂਗੀ ਕਰਾਂਗੀ ਤੇਰੇ ਸਭ ਖੁਆਬ ਪੂਰੇ, ਚਾਹੇ ਕਰਾਂ ਡਿੱਗਦੀ-ਢਹਿੰਦੀ। ਨਾ ਮਾਰ ਮੈਨੂੰ ਕੁੱਖ ਵਿੱਚ ਮਾਏ ਤੇਰੀ ਧੀ ਰਾਣੀ ਇਹ ਕਹਿੰਦੀ

ਤੇਰੇ ਘਰ ਦੇ ਸਭ ਕਾਜ ਰਚੂੰਗੀ, ਬਾਪ ਦੇ ਸਿਰ ਦਾ ਤਾਜ ਬਣੂੰਗੀ। ਤੈਨੂੰ ਹੋਣਾ ਸੀ ਮਾਣ ਆਪਣੇ ਤੇ, ਮੈਂ ਤੇਰੇ ਬੂਹੇ ਆ ਕੇ ਬਹਿੰਦੀ। ਨਾ ਮਾਰ ਮੈਨੂੰ ਕੁੱਖ ਵਿੱਚ ਮਾਏ, ਤੇਰੀ ਧੀ ਰਾਣੀ ਇਹ ਕਹਿੰਦੀ।

ਕੰਜਕਾ ਨੂੰ ਪੂਜਣ ਵਾਲਿਓ, ਕੁੱਖ ਵਿੱਚ ਪਲ ਰਹੀ ਕੰਜਕ ਦੇ ਮਾਣ-ਮਰਤਬੇ ਦਾ ਵੀ ਖਿਆਲ ਰੱਖ ਲਿਆ ਕਰੋ ਅਨਮੋਲ ਮਕੱੜ ਸਵੱਖਤੇ ਜੇ ਅੱਖ ਸੀ ਖੱਲੀ. ਸਣੀ ਆਵਾਜ਼ ਜਿਵੇਂ ਵੱਗਦੇ ਪਾਣੀ ਚਨਾਬ ਦੀ । ਉੱਚੀ ਉੱਚੀ ਇੱਕ ਰੱਬ ਦੀ ਰੂਹ ਕੁਰਲਾਉਂਦੀ, ਪਰਵਰਦਿਗਾਰ ਨੂੰ ਵਾਜਾਂ ਮਾਰਦੀ। ਕੀ ਸੀ ਤੇਰੇ ਦਰ ਤੋਂ ਚੁਕਿਆ, ਕਿਹੜੀ ਜੂਹ ਸੀ ਮੈਂ ਵੈਗਾਰਤੀ । ਇੱਕ ਪਾਸੇ ਤਾਂ ਤੂੰ ਸਭ ਕੁਝ ਦਿੱਤਾ, ਹਰ ਇੱਕ ਸੋਹਣੀ ਕਲੀ ਨਿਖਾਰਤੀ । ਦੂਜੇ ਰਾਹ ਤੂੰ ਆਪ ਵੀ ਨਾ ਲੰਘਿਆ, ਜਿੱਥੇ ਜਿਓਂਦਿਆਂ ਜੀ ਨੂੰ ਭੁੱਖ ਨੇ ਕਹਿਰ ਦੀ ਹੁਕ ਚ ਸਦਾ ਦੀ ਨੀਂਦ ਸਵਾਰਤੀ। ਮੰਦਰਾਂ ਦੇ ਅੱਗੇ ਹੱਥ ਸੀ ਅੱਡੇ. ਮੁੱਕੇ ਦਾ ਮੁੱਬਾ ਰਗੜਿਆ ਸੀ । ਨਾ ਦਇਆ ਆਈ ਰੱਬ ਡਾਢੇ ਨੂੰ ਨਾ ਦੁਨੀਆਂ ਵਿਚ ਸੀ ਸਰਿਕਾਰ ਜਿਹਾ। ਇੱਕ ਰੋਟੀ ਦਾ ਮੱਲ ਪਾਉਣ ਲਈ. ਕੁਵਰ ਜ਼ਬਾਨ ਵੀ ਸਹਾਰ ਗਿਆ। ਨਾ ਮਿਲੀ ਕਲੇਜੇ ਠੰਡ ਸੀ ਮਿੱਤਰਾ. ਅਲਹ ਵੀ ਮਨੋਂ ਵਿਸਾਰ ਲਿਆ। ਕੁਦਰਤੀ ਖੇਡ ਚਾਲ ਸੀ ਚੱਲੀ, ਮੈਂ ਅੰਤ ਚ ਬਾਜ਼ੀ ਹਾਰ ਗਿਆ ਮੈਂ ਅੰਤ ਪ੍ਰਾਣ ਤਿਆਗ ਗਿਆ।

> ਅਨੂਪ ਖੇਗੂੜਾ ਬੀ.ਏ. 1

#### 'ਰੂਹ ਗਰੀਬ ਦੀ'

ਕੋਈ ਅੰਬਾਨੀ ਦੇ ਘਰਾਂ ਤੋਂ ਤਾਲੁਕ ਨਹੀਂ ਰੱਖਦੀ ਇਸ ਲਈ ਘਰ ਦੇ ਹਾਲਾਤਾਂ ਅਨੁਸਾਰ ਮੁੱਖ ਜੀਵਨ ਤੋਂ ਹੀ ਸਿੱਖ ਰੱਖਿਆ ਹੈ।ਉੱਨੀ ਸਾਲ ਦੀ ਉਮਰ ਤੱਕ ਜੋ ਮੈਂ ਸਮਝਿਆ ਹੈ ਗਰੀਬੀ ਦੇ ਵੀ ਕਈ ਪ੍ਰਕਾਰ ਹੁੰਦੇ ਹਨ। ਕਈ ਆਰਥਿਕ ਤੰਗੀ ਕਾਰਨ ਰੋਟੀ ਲਈ ਕਰਮ ਕਰਦੇ ਹਨ ਅਤੇ ਕਈ ਨਸ਼ੇੜੀ ਹਿੱਤ ਤੰਦਰੁਸਤੀ ਲਈ ਅਰਦਾਸ਼ਾਂ ਕਰਦੇ ਦਿਖਾਈ ਦਿੰਦੇ ਹਨ। ਕੁੱਝ ਕੁ ਨੂੰ ਪ੍ਰਮਾਤਮਾ ਸ਼ਰੀਰ ਪੱਖੋਂ ਵਾਝਾਂ ਰੱਖ ਦਿੰਦਾ ਹੈ ਕੁੱਝ ਸੋਚ ਪੱਖੋਂ ਅਪਾਹਜ ਰਹਿ ਕੇ ਗਰੀਬੀ ਢਾਲਦੇ ਨੇ। ਅਕਸਰ ਸਾਡੀ ਮਨ ਦੀਆਂ ਭਾਵਨਾਵਾਂ ਜਾਗ ਉੱਠਦੀਆਂ ਹਨ ਜਦ ਅਸੀਂ ਕਿਸੇ 'ਗਰੀਬ' ਦੀ ਜੀਵਨ ਗਾਬਾ ਦੇਖਦੇ ਜਾਂ ਸੁਣਦੇ ਹਾਂ।

ਸਕੂਲੀ ਬਸਤੇ ਛੱਡ ਜਦ ਮੈਂ ਕਾਲਜ ਦਾਖਲਾ ਲੈ ਕੇ ਚੈਡੀਗੜ੍ਹ ਪੈਰ ਰੱਖਿਆ ਤਾਂ ਕਿਤਾਬੀ ਦੁਨੀਆਂ ਤੋਂ ਨਿਕਲ ਅਸਲੀਅਤ ਆਪਦੇ ਅੱਗੇ ਚਹਿਕਦੀ ਦੇਖੀ । ਮੇਰਾ ਇਸ ਨਵੇਂ ਸ਼ਹਿਰ ਚ ਤੀਸਰਾ ਦਿਨ ਸੀ ਜਦ ਜਿਸ ਘਰ ਵਿਚ ਮੈਂ ਰਹਿੰਦੀ ਹਾਂ । ਉੱਥੇ ਇਕ ਨਵੀਂ ਕੈਮ ਵਾਲੀ ਕੈਮ ਕਰਨ ਆਈ ਉਸਦੇ ਨਾਲ ਉਸਦੀ 8 ਸਾਲ ਦੀ ਭਤੀਜੀ ਐਜਲੀ ਵੀ



ਆਈ। ਅਚਾਨਕ ਜਦ ਉਸ ਨੇ ਪੋਚਾ ਲਾਉਣ ਨੂੰ ਕੱਪੜਾ ਚੁੱਕਿਆ ਤਾਂ ਆਦਤ ਤੋਂ ਮਜਬੂਰ ਮੈਂ ਅਤੇ ਮੇਰੀ ਸਹੇਲੀ ਨੇ ਨੇਤਾ ਬਣ ਲੈਕਚਰ ਦੇਣਾ ਸ਼ੁਰੂ ਕਰ ਦਿੱਤਾ।ਮਨ ਆਪਣੀਆਂ ਵਾਲਤੂ ਮੈਗਾਂ ਦੀ ਚਾਹ ਨੂੰ ਲੈ ਬਰਮਿੰਦਾ ਹੋ ਗਿਆ ਜਦ ਛੋਟੀ ਜਿਹੀ ਕੁੜੀ ਨੇ ਕਿਹਾ "ਦੀਦੀ ਧੁੱਪ ਬਹੁਤ ਹੈ ਅੱਜ ਪੈਸੇ ਮਿਲਣਗੇ ਤਾਂ ਹੀ ਪੈਰ ਚ ਪਾਉਣ ਨੂੰ ਚੱਪਲ ਨਸੀਬ ਹੋਵੇਗੀ"। ਉਸ ਨੂੰ ਤਾਂ ਅਸੀਂ ਚੱਪਲ ਦਿਵਾ ਕੇ ਖੁਸ਼ ਕਰ ਦਿੱਤਾ ਪਰ ਫਿਰ ਸੋਚਿਆ ਹੋਰ ਨਾ ਜਾਣੇ ਕਿੰਨੀਆਂ ਅੰਜਲੀਆਂ ਨੂੰ ਪੈਰਾਂ ਤੇ ਛਾਲੇ ਹੋਣਗੇ ਜਿਨ੍ਹਾਂ ਦਾ ਕੋਈ ਮਹਿਰਮ ਰੱਬ ਨੇ ਬਣਾ ਕੇ ਭੇਜਿਆ ਹੀ ਨਹੀਂ।

ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ ਦੀ ਧੀ ਹੋਣ ਕਰਕੇ ਮੈਂ ਕਦੇ ਕਰਮਾਂ ਦੇ ਫਲਾਂ ਤੋਂ ਮੁੱਖ ਮੋੜ ਕਿਸਮਤ ਨੂੰ ਫੜ ਰੋਈ ਨਹੀਂ ਪਰ ਮਨ ਵਿਚ ਇਕ ਸਵਾਲ ਜਰੂਰ ਹੁੰਦਾ ਕੀ ਉਹ ਪਰਉਪਕਾਰੀ ਤਾਂ ਹਰ ਇਕ ਰੂਹ ਚ ਮੈਂਜਾ ਮਾਣਦਾ ਪਰ ਫੇਰ ਆਪਣੇ ਇਕ ਪਰਿਵਾਰ ਨੂੰ ਲੱਖਾ ਪਕਵਾਨ ਦੇ ਕੇ ਅਹਿਮ ਚ ਅਤੇ ਇਕ ਨੂੰ ਇਕ ਵਕਤ ਦੀ ਰੋਟੀ ਦੀ ਚਿੰਤਾ ਵਿਚ ਕਿਉਂ ਰੱਖਦਾ? ਕਿਰਤ ਕਰੋ ਵੈਂਡ ਛਕੋਂ ਸਭ ਨੂੰ ਗੁਰਦੁਆਰਾ ਸਾਹਿਬ ਦੀ ਦਹਲੀਜ਼ ਦੇ ਅੰਦਰ ਤੱਕ ਹੀ ਕਿਉਂ ਯਾਦ ਰਹਿੰਦਾ? ਕਿਉਂ ਇੱਕ ਅਮੀਰ ਭਾਈ ਨੂੰ ਗਰੀਬ ਭਰਾ ਦੇ ਫਟੇ ਕਮੀਜ ਭਰਾ ਦੇ ਫਟੇ ਕਮੀਜ ਤੋਂ ਸ਼ਰਮ ਆਉਂਦੀ ਹੈ? ਮੈਂ ਕੋਈ ਫਿਲਾਸਫੀ ਦੀ ਵਿਦਿਆਰਥਣ ਨਹੀਂ ਪਰ ਇਹ ਪ੍ਰਸ਼ਨ ਮੈਨੂੰ ਹਰ ਦੂਜੇ ਦਿਨ ਉੱਤਰ ਦੀ ਆਸ ਵਿਚ ਰਾਤ ਭਰ ਜਾਗਾਉਂਦੇ ਹਨ । ਜਦ ਦੁਨਿਆਵੀ ਖੇਡਾਂ ਬਾਜੀ ਪਾਉਂਦੇ ਨੇਤਾ ਮੇਰੇ ਵਰਗੇ ਫ਼ਰੇਬੀ ਲੋਕ ਜਿੱਤ ਦੀ ਭੁੱਖ ਵਿਚ ਆਪਦਿਆਂ ਨੂੰ ਪਿੱਛੇ ਛੱਡ ਜਾਂਦੇ ਹਨ ਅਤੇ ਫੇਰ ਕਹਿਣਾ ਆਸਾਨ ਜਾਪਦਾ ਵੀ ਮਿਹਨਤ ਕਰੋ ।ਤਕਦੀਰ ਜਿੱਤੇ ਪਰ ਮੁੱਲ ਭੁੱਲ ਜਾਂਦੇ ਹਾਂ ਕੀ ਪਤਾ ਰੱਬ ਨੇ

#### ਸਾਡੇ ਸਿਰ ਹੱਥ ਰੱਖਿਆ ਵੀ ਅੱਗੇ ਉਹਨ੍ਹਾਂ ਮੁਸਾਫਿਰਾਂ ਦੀ ਮਦਦ ਅਸੀਂ ਕਰਾਂਗੇ।

ਮਹਿੰਗਾਈ ਦੇ ਇਸ ਜਮਾਨੇ ਵਿੱਚ ਇਕ ਗਰੀਬ ਦੀ ਦੁਆ ਹੀ ਹੈ ਜੋ ਸਸਤੇ ਭਾਅ ਵਿਕਦੀ ਹੈ ਸਾਡੇ ਪਿੰਡ ਅਕੋਈ ਸਾਹਿਬ ਦੇ ਇਕ ਗਰੀਬ ਦੇ ਘਰ ਜਾ ਕੇ ਇੰਝ ਪ੍ਰਤੀਤ ਹੁੰਦਾ ਜਿਵੇਂ ਰੱਬ ਦੇ ਘਰ ਉਹਨ੍ਹਾਂ ਦੇ ਖਾਸ ਬਣਕੇ ਚਲੇ ਗਏ ਹੋਈਏ। ਮੈਨੂੰ ਅੱਜ ਵੀ ਯਾਦ ਹੈ ਜਦ ਸਾਡੀ ਕੰਮ ਵਾਲੀ ਦੀ ਕੁੜੀ ਦਾ ਵਿਆਹ ਸੀ ਮੈਂ ਅਤੇ ਮੇਰੀ ਸਤਾਕਰਯੋਗ ਮਾਤਾ ਜੀ ਉਹਨ੍ਹਾਂ ਦੇ ਘਰ ਜਦ ਜੋੜੀ ਨੂੰ ਸ਼ਗਨ ਦੇਣ ਪਹੁੰਚੇ ਤਾਂ ਸਾਰੇ ਰਿਸ਼ਤੇਦਾਰ ਸਾਡੇ ਆਲੇ ਦੁਆਲੇ ਹੋ ਗਏ। ਇਹ ਕਿਤੇ ਕਿਸੇ ਆਪਣੀ ਰਿਸ਼ਤੇਦਾਰੀ ਵਿੱਚ ਸ਼ਾਮਲ ਹੋਣ ਜਾਂਦੇ ਤਾਂ ਵਿਆਹ ਤੋਂ ਬਾਅਦ ਵਿੱਚ ਪਹਿਚਾਣ ਹੁੰਦੀ ਜਦ ਵੀ ਵਹੀ ਤੇ ਸ਼ਗਨ ਦਾ ਵੇਰਵਾ ਪਾਉਣਾ ਹੁੰਦਾ ਕਿ ਕਿੰਨਾਂ ਮੁੜਨਾ। ਕਿਸ ਨੇ ਬਹੁਤ ਖੂਬਸੂਰਤ ਲਿਖਿਆ ਹੈ—ਪੀੜਾਂ ਵਿਚੋਂ ਪੀੜ ਹੈ ਅਨੋਖੀ, ਜਿਸਦਾ ਨਾਮ ਗਰੀਬੀ ਅਨੋਖੀ, ਰਿਸ਼ਤੇਦਾਰ ਕਰੀਬੀ।

ਖ਼ੈਰ ਕੋਈ ਅੰਦਰੂਨੀ ਵੇਰਵਾ ਪਾ ਕੇ ਤਾਂ ਇਕ ਗਰੀਬ ਘਰ ਜਨਮ ਨਹੀਂ ਲੈਂਦਾ ਪਰ ਉਸ ਨੂੰ ਉਸਦੀਆਂ ਮਜਬੂਰੀਆਂ ਨਾਲ ਲੜਨ ਦੀ ਜਗ੍ਹਾਂ ਜਦ ਪਹਿਲਾਂ ਹੀ ਵਿਸ਼ਵਾਸ ਦਿਵਾ ਦਿੱਤਾ ਜਾਵੇ ਕਿ ਉਹ ਇਕ ਦੁਨੀਆਵੀਂ ਅਪਾਹਜ ਹੈ ਤਾਂ ਉਹ ਸਭ ਭੁੱਲ ਉਸ ਗੱਲ ਨੂੰ ਹੀ ਸੱਚ ਮੰਨ ਲੈਂਦਾ ਹੈ। ਕਿਸਦਾ ਜੀ ਕਰਦਾ ਲੋਕਾਂ ਦੇ ਘਰ ਅੱਗੇ ਆਟਾ ਮੰਗਣ ਜਾਣ ਲਈ? ਕੋਣ ਚਾਹੁੰਦਾ ਉਸਦਾ ਬੱਚਾ ਵੱਡਾ ਹੋਕੇ ਨੌਕਰ ਬਣੇ? ਕਿਸ ਰੂਹ ਨੂੰ ਮਨਜੂਰ ਹੈ ਵੀ ਉਸਦੀ ਕੁੜੀ ਰਾਤ ਲੋਕਾਂ ਨਾਲ ਕੱਟੇ? ਇਹਨ੍ਹਾਂ ਬਾਰੇ ਗੱਲਾਂ ਕਰਨੀਆਂ ਬਹੁਤ ਸੋਖੀਆਂ ਜਾਪਦੀਆਂ ਹਨ ਪਰ ਅਸਲ ਵਿਚ ਸਮਝਣ ਲੱਗੇ ਪੂਰੀ ਜਿੰਦਗੀ ਲੰਘ ਜਾਂਦੀ ਹੈ।

ਮੈਂ ਉਸ ਮੁਕਾਮ ਤੇ ਨਹੀਂ ਕੀ ਇਹਨਾਂ ਵੈਰਾਗੀ ਰੂਹਾਂ ਦੀ ਮੁਸਕੁਰਾਹਟ ਪਿੱਛੇ ਦਾ ਸੱਚ ਕਲਮ ਨਾਲ ਬਿਆਨ ਕਰ ਸਕਾਂ ਜਾਂ ਕਿਸੇ ਤਰੀਕੇ ਇਨ੍ਹਾਂ ਦੀ ਜਿੰਦਗੀ ਵਿਚ ਸੁਧਾਰ ਲਿਆ ਸਕਾ ਪਰ ਜਿਵੇਂ ਕਹਿੰਦੇ ਨੇ ਨਾ ਬੂੰਦ ਬੂੰਦ ਨਾਲ ਸਾਗਰ ਭਰਦਾ ਉਸੇ ਤਰ੍ਹਾਂ ਇਕ ਨਿੱਕੀ ਜਿਹੀ ਕੋਸ਼ਿਸ਼ ਜਰੂਰ ਕਰੂੰ ਆਪਣੇ ਦਿਲ ਦੇ ਸਵਾਲਾਂ ਨੂੰ ਮੌਕੇ ਦੀ ਚਾਕ ਦਾ ਹਥਿਆਰ ਬਣਾ ਕੇ ਉੱਤਰ ਦੇਣ ਦੀ।

ਬਾਕੀ ਉਸ ਸ਼ਾਹੀ ਸ਼ਹਿਨਸਾਹ ਧਰਮ ਪਿਤਾ ਦੀਆਂ ਖੇਡਾਂ ਨੂੰ ਕੋਣ ਪੁੱਠਾ ਪਾ ਸਕਦਾ ।

ਮਾਰੈ ਰਾਖੈ ਏਕੋ ਆਪਿ । ਮਾਨੁਖ ਕੇ ਕਿਛ ਨਾਹੀ ਹਾਥਿ।

> ਅਨੂਪ ਖੰਗੂੜਾ ਬੀਏ-1

#### ਗੁਲਾਮੀ ਦਾ ਅਹਿਸਾਸ

ਗੁਲਾਮੀ ਦਾ ਮਤਲੱਬ ਹੈ ਕਿਸੇ ਹੋਰ ਦੇ ਅਨੁਸਾਰ ਆਪਣਾ ਜੀਵਨ ਜਿਓਣਾ । ਤੁਸੀਂ ਕਿਸੇ ਹੋਰ ਦੇ ਹੱਥ ਦੀ ਕਂਠਪੁਤਲੀ ਬਣ ਜਾਂਦੇ ਹੋ । ਤੁਹਾਡਾ ਤੁਹਾਡੀ ਜ਼ਿਦੰਗੀ ਤੇ ਕੋਈ ਹੱਕ ਨਹੀਂ ਰਹਿ ਜਾਂਦਾ।ਹਾਲਾਂ ਕਿ ਗੁਲਾਮੀ ਤੋਂ ਲੜ ਕੇ ਵੀ ਆਜ਼ਾਦ ਹੋਇਆਂ ਜਾ ਸਕਦੈ ਪਰ ਉਹਨਾਂ ਦਾ ਕੀ ਜਿਨ੍ਹਾਂ ਨੂੰ ਇਸ ਗੁਲਾਮੀ ਦਾ ਅਹਿਸਾਸ ਤੱਕ ਨਹੀਂ ।

ਬਹੁਤੇ ਅਜਿਹੇ ਲੋਕ ਨੇ ਦੁਨੀਆਂ ਵਿੱਚ ਜੋ ਗੁਲਾਮ ਤਾਂ ਨੇ ਪਰ ਇਸ ਕੁਰੀਤੀ ਨੂੰ ਜਾਣਨ ਤੋਂ ਅਸਰਮਥ ਹਨ । ਉਹਨਾਂ ਲਈ ਜੋ ਵੀ ਉਹਨਾਂ ਦੇ ਨਾਲ ਬੀਤ ਰਿਹਾ ਹੈ ਉਹ ਸਮਾਜਿਕ ਪਰੰਪਰਾ ਦਾ ਨਾ ਲੈ ਲੈਂਦਾ ਹੈ ।ਜੋ ਵੀ ਇਸ ਪਰੰਪਰਾ ਦੀ ਉਲੰਘਣਾ ਕਰਦਾ ਪ੍ਰਤੀਤ ਹੁੰਦਾ ਹੈ ਉਸਨੂੰ ਸਮਾਜ ਚੈਨ ਨਾਲ ਜਿਓਣ ਨਹੀਂ ਦਿੰਦਾ ।

ਗੁਲਾਮੀ ਦੇ ਇਤਿਹਾਸ 'ਚੋਂ ਇੱਕ ਬਹੁਤ ਹੀ ਨਾਮੀ ਕਰੈਕਟਰ ਹੈ ਔਰਤ, ਜਿਹੜੀ ਹਰ ਘਰ ਵਿੱਚ ਅੰਦਰੋਂ ਅੰਦਰੀ ਘੁੱਟਦੀ ਨਜ਼ਰ ਆਉਂਦੀ ਹੈ। ਉਹਨਾਂ ਦਾ ਜੀਵਨ ਚਾਰ ਦੀਵਾਰਾਂ ਤੱਕ ਹੀ ਸੀਮਤ ਹੈ। ਉਹਨਾਂ ਨੂੰ ਹਰ ਮੋੜ ਤੇ ਸ਼ਰਮਾਂ ਦੀ ਲਾਜ ਦੇ ਬਹਾਨੇ ਘਰੋਂ ਬਾਹਰ ਪੈਰ ਰੱਖਣ ਤੋਂ ਰੋਕਿਆ ਜਾਂਦਾ ਹੈ। ਔਰਤਾਂ ਦੇ ਅੰਦਰ ਰੀਤੀ-ਰਿਵਾਜ਼ ਦੇ ਨਾਮ ਤੇ ਅਜਿਹੀ ਮਾਨਸਿਕ ਗੁਲਾਮੀ ਪਾਈ ਜਾਂਦੀ ਹੈ ਕਿ ਉਨ੍ਹਾਂ ਲਈ ਇਹ ਪਾਬੰਦੀਆਂ ਆਮ ਗੱਲਾਂ ਨੇ ਉਨ੍ਹਾਂ ਨੇ ਮੋਨ ਲਿਆ ਹੈ ਕਿ ਏਹੀ ਉਨ੍ਹਾਂ ਦੀ ਜ਼ਿੰਦਗੀ ਹੈ ਆਹੀ ਸਮਾਜ ਹੈ ਤੇ ਦੁਨੀਆਂ ਇਸ ਤਰ੍ਹਾਂ ਹੀ ਚਲਦੀ ਹੈ। ਉਨ੍ਹਾਂ ਨੂੰ ਆਪਣੀ ਇਸ ਗੁਲਾਮੀ ਦਾ ਕੋਈ ਅਹਿਸਾਸ ਨਹੀਂ ਹੈ। ਕਈ ਕੁੜੀਆਂ ਇਹਨਾਂ ਪਾਬੰਦੀਆਂ ਤੋਂ ਬਾਹਰ ਨਿਕਲਣ ਦੀ ਕੋਸ਼ਿਸ਼ ਕਰਦੀਆਂ ਤਾਂ ਉਨ੍ਹਾਂ ਨੂੰ ਬਹੁਤ ਮੁਸੀਬਤਾਂ ਦਾ ਸਾਹਮਣਾ ਕਰਨਾ ਪੈਂਦਾ ਹੈ। ਜਦ ਵੀ ਕੋਈ ਕੁੜੀ ਕਿਸੇ ਮੁੰਡੇ ਪਿੱਛੇ ਛੱਡਦੀ ਹੈ ਤਾਂ ਮੁੰਡੇ ਦੀ ਹਉਮੈ ਨੂੰ ਧੱਕਾ ਲੱਗਦਾ ਹੈ। ਕਦੇ ਜੇ ਕੋਈ ਕੁੜੀ ਜਲਦੀ ਵਿੱਚ ਸਕੂਟੀ ਤੇਜ਼ ਭਜਾ ਕੇ ਮੁੰਡੇ ਨੂੰ ਪਿਛਾਂਹ ਕਰ ਦੇਵੇ ਤਾਂ ਮੁੰਡੇ ਲਈ ਇੱਜ਼ਤ ਦਾ ਸਵਾਲ ਖੜਾ ਹੋ ਜਾਂਦਾ ਹੈ। ਜਦੋਂ ਤੱਕ ਉਹ ਵਾਪਸ ਅਗਾਂਹ ਨਹੀਂ ਹੋ ਜਾਂਦੇ ਜੰਗ ਰਹਿੰਦੀ ਹੈ।

ਔਰਤਾ ਨੂੰ ਸ਼ੁਰੂ ਤੋਂ ਹੀ ਕਮਜ਼ੋਰ ਸਮਝਿਆ ਜਾਂਦਾ ਹੈ । ਭਰ ਇਹ ਸਮਾਜ ਇਹ ਗੱਲ ਭੁੱਲ ਚੁੱਕਿਆ ਹੈ ਕਿ ਉਹ ਇੱਕ ਕਮਜ਼ੋਰ ਔਰਤ ਦੇ ਹੀ ਸਪੂਤ ਹਨ । ਓਹੀ ਕਮਜ਼ੋਰ ਔਰਤ ਨੇ ਉਨ੍ਹਾਂ ਨੂੰ ਜਹਾਨ ਦਿਖਾਉਣ ਲਈ ਅਸਹਿ ਦਰਦ ਖ਼ੁਸੀਂ ਖ਼ੁਸੀਂ ਜਰਿਆ ਹੈ ।ਫੇਰ ਗੱਲ ਸੋਚਣ ਨੂੰ ਮਜ਼ਬੂਰ ਕਰ ਦਿੰਦੀ ਹੈ ਕਿ ਇਸ ਤੋਂ ਵੱਧ ਤਾਕਤ ਹੋਰ ਹੈ ਵੀ ਕੀ?

ਪਰ ਅਸੀਂ ਹੁਣ ਇਸ ਗੁਲਾਮੀ ਵਿੱਚ ਸਿਰਫ ਮਰਦਾਂ ਨੂੰ ਹੀ ਜ਼ਿਮੇਵਾਰ ਨਹੀਂ ਠਹਿਰਾ ਸਕਦੈ ਕਿਓਂਕਿ ਜਿੰਨੀ ਗਲਤੀ ਜ਼ੁਰਮ ਕਰਨ ਵਾਲੇ ਦੀ ਹੈ ਉਸ ਤੋਂ ਕਿਤੇ ਵੱਧ ਸਹਿਣ ਵਾਲੇ ਦੀ ਵੀ ਹੈ। ਅੱਜ ਇੱਕ ਕੁੜੀ ਨੂੰ ਉਹਦੇ ਬਾਪ ਤੋਂ ਜ਼ਿਆਦਾ ਉਹਦੀ ਮਾਂ ਰੋਕਦੀ ਹੈ। ਜੱਦ ਵੀ ਕੁੜੀ ਕਿਸੇ ਚੀਜ਼ ਦੀ ਇੱਛਾ ਪ੍ਰਗਟ ਕਰੇਂ ਤਾਂ ਇਹ ਕਹਿ ਕੇ ਟਾਲ ਦਿੱਤਾ ਜਾਂਦਾ ਹੈ ਕਿ ਵਿਆਹ ਤੋਂ ਬਾਅਦ ਕਰਲੀਂ ਪੂਰੀ ਆਪਣੇ ਸਹੁਰੇ ਘਰ ਜਾ ਕੇ। ਜੋ ਕਿ ਇਹ ਅਹਿਸਾਸ ਦਵਾ ਦਿੰਦਾ ਹੈ ਕਿ ਇਹ ਉਸਦਾ ਆਪਦਾ ਘਰ ਨਹੀਂ ਅਤੇ ਨਾ ਹੀ ਓਹਦਾ ਕਿਸੇ ਵੀ ਕਾਮਨਾ ਤੇ ਕੋਈ ਨਿੱਜੀ ਹੱਕ ਹੈ।

ਕੁੜੀਆਂ ਦੀ ਇਸ ਗੁਲਾਮੀ ਵਿੱਚ ਵੱਡਾ ਯੋਗਦਾਨ ਅੱਜ ਦੇ ਸੱਭਿਆਚਾਰ ਦਾ ਵੀ ਹੈ।ਸਾਡੇ ਰਿਵਾਜਾਂ ਅਨੁਸਾਰ ਪਤੀ ਨੂੰ ਪਰਮੇਸ਼ਰ ਦੇ ਟਾਈਟਲ ਨਾਲ ਨਿਵਾਜਿਆ ਜਾਂਦਾ ਹੈ।ਕਈ ਮਿਥਿਹਾਸਕ ਤਿਓਹਾਰ ਇਸ ਗੱਲ ਦਾ ਸਬੂਤ ਬਣਦੇ ਹਨ ਜਿਵੇਂ ਕਿ ਕਰਵਾ ਚੌਥ'। ਇਸ ਦਿਨ ਪਤਨੀਆਂ ਆਪਣੇ ਪਤੀ ਲਈ ਵਰਤ ਰੱਖ ਕੇ ਉਨ੍ਹਾਂ ਦੀ ਲੰਬੀ ਉਮਰ ਦੀ ਕਾਮਨਾ ਦੇ ਨਾਲ ਨਾਲ ਉਨ੍ਹਾਂ ਦੇ ਪੈਰ ਛੂਹ ਕੇ ਰੱਬ ਦਾ ਦਰਜਾ ਵੀ ਦਿੰਦੀਆਂ ਹਨ। ਕੁੜੀਆਂ ਨੂੰ ਉਨ੍ਹਾਂ ਦੀ ਕਮਜ਼ੋਰੀ ਦਾ ਅਹਿਸਾਸ ਕਰਵਾਉਣ ਲਈ ਰੱਖੜੀ ਦਾ ਤਿਉਹਾਰ ਵੀ ਆਮ ਭੂਮਿਕਾ ਨਿਭਾਉਦਾ ਹੈ। ਭਰਾ ਨੂੰ ਸਿਰਫ ਇੱਕ ਸੁਰੱਖਿਆ ਦਾ ਪਹਿਲੂ ਬਣਾ ਕੇ ਰੱਖ ਦਿੱਤਾ ਜਾਂਦਾ ਹੈ ਫੇਰ ਚਾਹੇ ਉਹ ਭੈਣ ਤੋਂ ਛੋਟਾ ਹੀ ਕਿਉਂ ਨਾ ਹੋਏ। ਕਿਸੇ ਕਿਸੇ ਸਮਾਜਿਕ ਪੰਨੇ ਤੇ ਤਾਂ ਇਹ ਵੀ ਛਪਿਆ ਮਿਲ ਜਾਵੇਗਾ ਕਿ ਜੇ ਕੁੜੀ ਇੱਕ ਚੰਗੀ ਬੇਟੀ, ਬਹੁ, ਮਾਂ ਅਤੇ ਭੈਣ ਬਣੂਤਾਂ ਹੀ ਉਸਦਾ ਸਵਰਗ ਦਾ ਦਰਵਾਜਾ ਖੁਲ੍ਹੇਗਾ। ਭਾਰਤ ਦੇ ਜ਼ਿਆਦਾਤਰ ਇਲਾਕਿਆਂ ਵਿੱਚ ਕੁੜੀ ਨੂੰ ਸਿਰਫ ਓਹੀ ਚੀਜ਼ਾ ਸਿਖਾਈਆਂ ਜਾਂਦੀਆਂ ਹਨ ਜੋ ਉਸਨੇ ਆਪਦੇ ਸਹੁਰੇ ਘਰ ਜਾ ਕੇ ਕਰਨੇ ਹਨ।

ਅੱਜ–ਕਲ ਕੁੜੀਆਂ ਨੂੰ ਪੜ੍ਹਨ ਦੀ ਤਾਂ ਆਜ਼ਾਦੀ ਹੈ ਪਰ ਕੁਝ ਸ਼ਰਤਾਂ ਨਾਲ ।ਉਨ੍ਹਾਂ ਨੂੰ ਘਰ ਤੋਂ ਜ਼ਿਆਦਾ ਦੂਰ ਨਹੀਂ ਜਾਣ ਦਿੱਤਾ ਕਾਨਵੈੱਟ ਸਕੂਲਾ ਵਿੱਚ ਦਾਖਿਲ ਕਰਵਾਉਣ ਤੋਂ ਮਾਂ–ਬਾਪ ਝਿੜਕਦੇ ਹਨ ਜੋ ਕਿ ਕੁੜੀਆਂ ਦੇ ਪਿਛੇ ਰਹਿਣ ਦਾ ਇੱਕ ਵੱਡਾ ਕਾਰਨ ਸਾਬਿਤ ਹੁੰਦਾ ਹੈ ।ਉਨ੍ਹਾਂ ਨੂੰ ਮੁੰਡਿਆਂ ਨਾਲ ਗੱਲ ਕਰਨ ਦੀ ਖੁੱਲ੍ਹ ਨਹੀਂ ਹੁੰਦੀ ਜਿਸ ਕਾਰਨ ਜਦ ਉਹ ਕੰਮ ਕਰਦੀਆਂ ਹਨ ਤਾਂ ਉਹ ਉਨ੍ਹਾਂ ਨਾਲ ਗੱਲ ਕਰਦੀਆਂ ਝਿਜਕਦੀਆਂ ਹਨ।

ਭਾਰਤ ਦੀ ਔਰਤ ਜਾਤ ਦੀ ਹਾਲਤ ਇਕ ਕੱਟੇ ਖ਼ੰਭ ਵਾਲੇ ਪੈਛੀ ਦੀ ਤਰ੍ਹਾਂ ਜਾਪਦੀ ਹੈ ।ਅਫਸੋਸ ਦੀ ਗੱਲ ਇਹ ਹੈ ਕਿ ਜਾਣਦੀਆਂ ਹੀ ਨਹੀਂ ਕਿ ਉਨ੍ਹਾਂ ਦੇ ਖੰਭ ਕੱਟੇ ਗਏ ਹਨ ।ਉਹ ਸਾਰੀ ਜ਼ਿੰਦਗੀ ਇਸੇ ਭ੍ਰਮ ਵਿੱਚ ਰਹਿੰਦੀਆਂ ਕਿ ਉਹ ਪੈਦਾ ਹੀ ਇਸ ਤਰ੍ਹਾਂ ਹੋਈਆਂ ਸੀ ।

ਬਦਲਦੇ ਸਮੇਂ ਨਾਲ ਅਸੀਂ ਕੁੜੀਆਂ ਨੂੰ ਮੁੰਡਿਆਂ ਸਮਾਨ ਹੱਕ ਦੇਣ ਦੇ ਦਾਅਵੇ ਤਾਂ ਕਰ ਦਿੱਤੇ ਪਰ ਉਨ੍ਹਾਂ ਨੂੰ ਕੈਮ ਸਿਰਫ ਘਰ ਦੇ ਹੀ ਕਰਨ ਨੂੰ ਕਿਹਾ ਜਾਂਦਾ ਹੈ।ਜਿਸਦੇ ਸਿੱਟੇ ਛੋਂ ਉਨ੍ਹਾਂ ਨੂੰ ਬਾਹਰਲੇ ਕੈਮਾਂ ਦਾ ਗਿਆਨ ਹੀ ਨਹੀਂ।ਮੁੱਢ ਤੋਂ ਹੀ ਮੁੰਡਿਆਂ ਦੇ ਬਾਹਰਲੇ ਕੈਮਾਂ 'ਚ ਰੁਝੇਂਵੇ ਕਾਰਨ ਉਨ੍ਹਾਂ ਨੂੰ ਕੋਈ ਦਿੱਕਤ ਨਹੀਂ ਹੁੰਦੀ ਪਰ ਕੁੜੀਆਂ ਨੂੰ ਬਾਹਰਲੀ ਦੁਨੀਆਂ ਦੇ ਕੈਮਾਂ ਕਾਰਾਂ ਦੀ ਕੋਈ ਸਿੱਖਿਆ ਹੀ ਨਹੀਂ ਦਿੱਤੀ ਜਾਂਦੀ।

ਜਦ ਵੀ ਕੋਈ ਕੁੜੀ ਆਪਣੇ ਘਰਦਿਆਂ ਤੋਂ ਇਹ ਸਵਾਲ ਕਰਦੀ ਹੈ ਕਿ ਉਹਦੇ ਨਾਲ ਇਹ ਫ਼ਰਕ ਕਿਉਂ ਕੀਤਾ ਜਾਂਦਾ ਹੈ? ਕਿਉਂ ਉਨ੍ਹਾਂ ਨੂੰ ਦੁਨੀਆਂ ਤੋਂ ਅੱਲਗ ਕੀਤਾ ਜਾਂਦਾ ਹੈ? ਤਾਂ ਇਹ ਜਵਾਬ ਆਉਂਦਾ ਹੈ ਕਿ ਕੁੜੀ ਹੀਰਾ ਹੁੰਦੀ ਹੈ ਤੇ ਮੁੰਡਾ ਲੋਹਾ।

ਇਸ ਲਈ ਕੁੜੀ ਨੂੰ ਸੰਭਾਲ ਕੇ ਰੱਖਣਾ ਪੈਂਦਾ ਹੈ ।ਪਰ ਲੋਕ ਇਸ ਗੱਲ ਤੋਂ ਵਾਕਫ਼ ਨਹੀਂ ਹੁੰਦੇ ਕਿ ਹੀਰਾ ਲੋਹੇ ਤੋਂ ਕਿਤੇ ਜ਼ਿਆਦਾ ਮਜਬੂਤ ਹੁੰਦਾ ਹੈ।

ਸੋ ਮੇਰਾ ਮੈਨਣਾ ਹੈ ਕਿ ਇਸ ਹੀਰੇ ਨੂੰ ਬਾਹਰ ਆ ਕੇ ਚਮਕਣ ਦਾ ਮੌਕਾਂ ਦਿਓ। ਇਸ ਨੂੰ ਚਾਰ ਦੀਵਾਰਾਂ ਵਿੱਚ ਰੱਖਣਾ ਗਲਤ ਹੈ । ਔਰਤਾਂ ਆਪਣੇ ਜੀਵਨ ਨੂੰ ਕਾਬੂਕਰਨ ਦਾ ਕਿਸੇ ਨੂੰ ਹੱਕ ਨਾ ਦੇਣ। ਇੱਕ ਹੀ ਜ਼ਿੰਦਗੀ ਹੈ ਉਹਨੂੰ ਆਪਣੇ ਲਈ ਜਿਓਣ।ਇਸ ਦਿਨ ਇਸ ਗੁਲਾਮੀ ਦਾ ਅਹਿਸਾਸ ਹੋ ਗਿਆ ਫੇਰ ਤਾਂ ਆਜ਼ਾਦੀ ਪਾਉਣਾ ਮੁਸ਼ਕਿਲ ਨਹੀਂ । ਨੇਹਲ ਭੁਡੇਜਾ

ਬੀ.ਏ.(1)

#### ਪਿਤਾ ਦਿਵਸ 'ਤੇ ਵਿਸ਼ੇਸ ਬਾਲ ਗੀਤ

ਪਿਤਾ ਨੂੰ ਨਾ ਦੇਵੀਂ ਪਿਤਾ ਨੂੰ ਨਾ ਦੇਵੀਂ ਤੂੰ ਵਿਸਾਰ ਸੋਹਣਿਆਂ, ਦਿੱਤਾ ਤੈਨੂੰ ਰੱਜਵਾਂ ਪਿਆਰ ਸੋਹਣਿਆਂ। ਜੰਮਿਆਂ ਤੂੰ ਖੂਬ ਖੁਬੀਆਂ ਮਨਾਈਆਂ ਸੀ, ਸਾਰਿਆ ਨੇ ਆ ਕੇ ਦਿੱਤੀਆਂ ਵਧਾਈਆਂ ਸੀ। ਬਣਿਆਂ ਤੂੰ ਘਰ ਦਾ ਸ਼ਿੰਗਾਰ ਸੋਹਣਿਆਂ, ਪਿਤਾ ਨੂੰ ਨਾ ਦੇਵੀਂ ਤੂੰ ਵਿਸਾਰ ਸੋਹਣਿਆਂ, ਮਨ ਵਿੱਚ ਜਿਹੜੇ ਸੁਪਨੇ ਸਜਾਏ ਨੇ, ਪੂਰੇ ਕਰੀਂ ਆਸਾਂ ਦੇ ਖੇਡ ਲਾਏ ਨੇ। ਤੇਰੇ ਨਾਲ ਵੱਸੇ ਸੈਸਾਰ ਸੋਹਣਿਆਂ, ਵੱਡੇ ਹੋ ਕੇ ਬਾਪ ਦਾ ਸਹਾਰਾ ਬਣਨਾ, ਦੁੱਖ ਸਮੇਂ ਸੋਹਣਿਆਂ ਕਿਨਾਰਾ ਬਣਨਾ। ਬੇੜਾ ਲਾਵੀਂ ਜ਼ਿੰਦਗੀ ਦਾ ਪਾਰ ਸੋਹਣਿਆ। ਤਨਵੀਰ ਦੇ ਵਾਂਗੂੰ ਨਾਮ ਚਮਕਾਵਣਾਂ ਏਂ। ਪੜ੍ਹ ਲਿਖ ਵੱਡਾ ਰੁਤਬਾ ਤੂੰ ਪਾਵਣਾ ਏਂ। ਬਾਪ ਦਾ ਤੂੰ ਸੀਨਾ ਦੇਵੀਂ ਠਾਰ ਸੋਹਣਿਆਂ, ਪਿਤਾ ਨੂੰ ਨਾ ਦੇਵੀਂ ਤੂੰ–ਵਿਸਾਰ ਸੋਹਣਿਆਂ।

> ਤਨਵੀਰ ਸਿੰਘ ਵੈਰੜ ਬੀ.ਏ. ਦੂਜਾ ਭਾਗ

#### ਭਾਰਤ

ਕੁਦਰਤ ਦਿਆਂ ਰੰਗਾਂ ਨਾਲ ਰੰਗ ਗਿਆ ਜਹਾਨ, ਸੋਹਣਾ ਭਾਰਤ ਹਮੇਸ਼ਾਂ ਰਹੇ ਮਹਾਨ। ਗਾਵਾਂ, ਮੱਝਾਂ, ਪੈਛੀਆਂ ਨੇ ਬੋਲੀ ਪਾ−ਪਾ ਸਭ ਨੂੰ ਸੱਦਿਆ, ਜੀਵਨ ਦਾ ਅਸਲ ਸੁੱਖ ਹੈ ਵੰਡਣਾ ਇਹ ਭਾਰਤ ਦੇਸ਼ ਨੇ ਦੱਸਿਆ।

ਜੇ ਮਹਾਤਮਾ ਗਾਂਧੀ, ਭਗਤ ਸਿੰਘ ਨੇ ਨਾ ਦਿੱਤੀ ਹੁੰਦੀ ਕੁਰਬਾਨੀ, ਤਾਂ ਕੀ ਹੁੰਦਾ ਭਾਰਤ ਦਾ ਰਾਜ ਕਰਦੇ ਇੱਥੇ ਰਾਜਾ–ਰਾਣੀ ।ਪਰ ਨੇਤਾਵਾਂ ਨੇ ਆਪਣੀਆਂ ਗੱਦੀਆਂ ਵਾਸਤੇ ਭਾਰਤ ਨੂੰ ਕੁਰਬਾਨ ਕਰ ਦਿੱਤਾ ।ਸਿਰਫ਼ ਉਸ ਨੇਤਾ ਦੀ ਲੋੜ ਹੈ ਜੋ ਇਸ ਲਈ ਕੁਰਬਾਨੀ ਦਿੰਦਾ ਹੈ ।

ਸਾਡਾ ਭਾਰਤ, ਸਾਡੀ ਸ਼ਾਨ। ਸਾਡੇ ਭਾਰਤ ਨੂੰ ਹਮੇਸ਼ਾ ਮਿਲੇ ਉਡਾਨ। ਸੋਹਣਾ ਭਾਰਤ ਮੇਰਾ ਹਮੇਸ਼ਾ ਰਹੇ ਮਹਾਨ। ਸਲੋਨੀ ਬੀ.ਕਾਮ

#### ਜੁਗਨੀ ਤੁਰ ਪਈ ਚੰਡੀਗੜ੍ਹ

ਛੱਡ ਕੇ ਸਾਰਾ ਘਰ ਪਰਿਵਾਰ ਹੋ ਗਈ ਭੀੜ ਚ' ਆ ਕੇ ਕੱਲੀ

> ਬਣੀ ਇੱਕ ਨਾ ਉਹਦੀ ਸਹੇਲੀ ਚਾਹਿਆ ਜਾਵਾਂ ਛੱਡ ਪੈਜਾਬ

ਪਰ ਪੂਰੇ ਕਰਨੇ ਨੇ ਕੁਝ ਖਵਾਬ ਦੇਣਾ ਮਾਪਿਆਂ ਨੂੰ ਸਤਿਕਾਰ

ਤਾਹੀਂਓ ਅੱਜ ਪੁੱਤ ਉਨ੍ਹਾਂ ਦਾ ਹੈ ਘਰੋਂ ਬਾਹਰ

### ਸਾਹਿਬ ਗੁਰ ਸੂਰਾ

ਔਖਾ ਹੈ ਕੁਝ ਲਿਖ ਸਕਣਾ ਗੁਰੂ ਨਾਨਕ ਬਾਰੇ ਭਲਾ ਕਿਵੇਂ ਪਾਤਸ਼ਾਹ–ਉਲ–ਜਹਾਨ ਬਾਰੇ ਲਿਖਿਆ ਜਾ ਸਕਦਾ? ਕੁਝ ਵੀ ਬਿਆਨ ਕਰਨ ਜੋਗਾ ਨਹੀਂ ਭਾਵੇਂ ਲਿਖੇ ਜਾਣ ਕਿੰਨੇ ਹੀ ਸ਼ਬਦ ਆਦਿ ਗੁਰੂ ਬਾਰੇ ਕਿਸੇ ਵੀ ਅਲਫਾਜ਼ ਨੇ ਨਿਆਂ ਨਹੀਂ ਕਰਨਾ

ਖ਼ੂਬਸੂਰਤ, ਵਚਿੱਤਰ ਭੇਖ ਹੈ ਬਾਬਿਆਂ ਦਾ ਕਦੇ ਫ਼ਕੀਰੀ ਕਦੇ ਗ੍ਰਹਿਸਤੀ ਦਾ ਨਿਮਰਤਾ, ਦਇਆ, ਸੈਤੋਖ, ਸ਼ਬਦ, ਧਰਮ, ਸਚ ਦਾ ਨਿਸ਼ਾਨ ਅਰ ਵਜੂਦ ਪ੍ਚੰਡ ਹੋਇਆ ਸੁਣ ਸੱਜਣਾ !ਖਸਮ ਦੇ ਘਰੋਂ ਨਵੀਂ ਖਬਰ ਲੈ ਪੁੱਜਿਆ ਹੈ ਇਹ ਇਹ ਫ਼ਕੀਰ, ਇਹ ਬਾਬਾ ਇਕ ਦਮ ਤਾਜ਼ਾ ਹਾਲਾਤ ਬਿਆਨ ਕਰ ਰਹੇ ਉਚਤੱਮ ਦਰਗਾਹ ਦੇ

ਪਰ ਇਸ ਨੂੰ ਸੁਣ ਲੋਕ ਘਬਰਾ ਜਹੇ ਜਾਂਦੇ ਨੇ ਕਦੇ-ਕਦੇ ਸਭਾ ਚੋਂ ਉੱਠ ਭੱਜ ਜਾਂਦੇ ਨੇ ਇਹਦੀਆਂ ਗੱਲਾਂ ਖਤਰਨਾਕ ਨੇ ਕਿਉਂਕਿ ਇਹ ਲੋਕਾਂ ਦੇ ਭਰਮ ਦੂਰ ਕਰਦੈ

ਜਿਗਰਾ ਚਾਹੀਦੈ ਨਾਨਕ ਨੂੰ ਸੁਣ ਸਕਣ ਦਾ ਗੱਲਾਂ ਸੱਚੀਆਂ ਨੇ ਝੂਠ ਇਕ ਤਿਲ ਵੀ ਨਾ ਇਹਦਾ ਆਪਦਾ ਕੋਈ ਸਵਾਰਥ ਨਹੀਂ ਇਹ ਤਾਂ ਵੈਡਣਾ ਚਾਹੁੰਦਾ ਹੈ ਇਹ ਤਾਂ ਅਪਣੇ ਖੁਦਾ ਦੀ ਸਾਂਝ ਪਾਉਣਾ ਚਾਹੁੰਦਾ ਏ

ਇਕ ਵਿਚਿੱਤਰ ਹੀ ਮਸਤੀ ਹੈ ਚਿਹਰੇ 'ਤੇ ਚੱਲਣ,ਉੱਠਣ,ਬੈਠਣ ਬੋਲਣ ਦੇ ਅੰਦਾਜ਼ 'ਚ ਕਿਆ ਇਹ ਫਕੀਰ ਪੂਰ ਗਾਉਂਦਾ ਹੈ ਨਾਲ ਇਹਦੇ ਰੱਲ ਮਰਦਾਨੜਾ ਰਬਾਬ ਦੀਆਂ ਤੈਦਾਂ ਛੇੜਦਾ ਹੈ ਵਾਹ ਵਾਹ ਕਿਆ ਖੁਬ ਗਾਉਂਦਾ ਹੈ

ਇਹ ਤਾਂ ਲੰਮੇ-ਲੰਮੇ ਪੈਂਡੇ ਪੂਰੇ ਕਰਦਾ ਏ ਤੁਰ –ਤੁਰ ਕੇ ਹਰ ਥਾਂ ਅਪਣੀ ਛਾਪ ਛੱਡਦਾ ਜਾਂਦਾ ਏ ਕਦੇ ਲੰਕੇ ਕਦੇ ਤਿੱਬਤ ਕਦੇ ਮੱਕੇ ਕਦੇ ਬਨਾਰਸ ਜਾਂਦਾ ਏ ਰੱਬ ਦੇ ਬਾਗ ਦੀਆਂ ਬਾਤਾਂ ਗਾ ਗਾ ਕੇ ਸੁਣਾਉਂਦਾ ਹੈ ਇਹ ਨਾਮ ਦਾ ਖਜ਼ਾਨਾ ਖੁੱਲਾਂ ਵੰਡਦਾ ਏ ਕਿਆ ਬਾਕਮਾਲ ਰੁਤਬਾ ਇਹਦਾ ਏ ਇਹ ਨਵੇਂ ਸੁਨੇਹੇ ਲੈ ਪੁਜਿਆ ਏ ਇਹ ਤੱਤ ਗਿਆਨ ਏ

ਇਹ ਕੋਈ ਆਮ ਬੰਦਾ ਨਹੀਂ ਪਰ ਲਗਦਾ ਉੱਝ ਹੀ ਹੈ ਐਡੀਆਂ ਡੂੰਘੀਆਂ ਰਮਜ਼ਾ ਦੇ ਭੇਦ ਇਓ'ਆਮ ਕਰ ਸਮਝਾਉਂਦਾ ਹੈ ਪਰ ਇਹ ਵਖਰਾ ਏ ਨਾਲ ਕਲਮ ਦਵਾਤ ਲੈ ਤੁਰਦਾ ਏ ਰੱਬੀ ਬਾਣੀ ਨੂੰ ਕਲਮ ਬੱਧ ਕਰਦਾ ਏ ਇਹ ਤਵਾਰੀਖ ਚ ਵਾਪਰੀ ਪਹਿਲੀ ਘਟਨਾ ਏ ਇਹ ਇਕ ਵਖਰਾ ਸੱਜਣ ਏ

ਗੱਲ ਸੁਣਿਓ ਦੇਕੇ ਧਿਆਨ ਪੂਰਾ ਸਮਝਿਓ ਨਾ ਇਸ ਨੂੰ ਭਟਕਿਆ ਜਿਹਾ ਇਹ ਰਾਜਨ ਕਾ ਰਾਜ, ਇਹ ਸੈਤਾ ਦਾ ਸੈਤ ਇਹਦੀ ਉਪਮਾ ਅਰ ਉਸਤਤ ਅਤਿ ਮਹਾਨ ਏ ਇਹ ਅਜ ਤਕ ਦਾ ਸਭ ਤੋਂ ਵੱਡਾ ਇਨਕਲਾਬ ਏ ਇਨਕਲਾਬ ਨਾਲ ਲੈ ਆਇਆ ਏ

ਇਹ ਆਪ ਨਾਰਾਇਣ ਏ ਜਗ ਤਾਰਣ ਨੂੰ ਆਇਆ ਏ ਇਹ ਦੇਸ਼ ਪੰਜਾਬੋ ਉਠਿਆ ਗੁਰੂਸੂਰਾ ਏ ਇਹ ਆਦਿ ਪੁਰਖ ਪਰਮੇਸਰ ਆਪ ਨਾਨਕ ਗੁਰ ਪੂਰਾ ਏ

> −ਗੁਰੂ ਨਾਨਕ ਇਕ ਅਕੱਥ ਕਥਾ ਏਲ ਨਵਜੋਤ ਸਿੰਘ ਬੀ.ਏ. ਦੂਜਾ ਭਾਗ

#### ਸੱਭਿਆਚਾਰ ਦੀ ਸੰਭਾਲ

ਸੱਭਿਆਚਾਰ – ਇੱਕ ਅਜਿਹਾ ਸ਼ਬਦ ਜਿਸ ਤੋਂ ਅਸੀਂ ਭਲੀ–ਭਾਂਤ ਜਾਣੂ ਹਾਂ ਤੇ ਬਹੁਤ ਵਾਰੀ ਸੁਣਦੇ ਬੋਲਦੇ ਹਾਂ ਕਿ ਸੱਭਿਆਚਾਰ ਨੂੰ ਸਾਂਭ ਕੇ ਰੱਖਣਾ ਚਾਹੀਦਾ ਹੈ। ਪਰ ਅਸਲ ਵਿੱਚ ਕੀ ਹੈ ਇਹ ਸੱਭਿਆਚਾਰ ਸਾਡੀ ਬੋਲੀ, ਲੋਕ– ਗੀਤ, ਲੋਕ–ਨਾਚ ਜਾਂ ਅਖਾਣ? ਇਸ ਸਭ ਕੁਝ ਹੀ ਸੱਭਿਆਚਾਰ ਦਾ ਹਿੱਸਾ ਹੈ ਬਲਕਿ ਸੱਭਿਆਚਾਰ ਇਸ ਤੋਂ ਵੀ ਵੱਧ ਕੁਝ ਹੈ।

ਸੋਚਣ ਵਾਲੀ ਗੱਲ ਇਹ ਹੈ ਕਿ ਅੱਜ-ਕੱਲ੍ਹ ਦੀ ਜਵਾਨ ਪੀੜ੍ਹੀ ਸੱਭਿਆਚਾਰ ਨੂੰ ਬਚਾਉਣ ਦੇ ਨਾਅਰੇ ਭਾਵੇਂ ਲਗਾਉਂਦੀ ਹੋਵੇ ਪਰ ਕੀ ਉਹ ਸੱਚਮੁੱਚ ਆਪਣੇ ਸੱਭਿਆਚਾਰ ਤੋਂ ਜਾਣੂ ਹੈ? ਇੱਥੇ ਕਿਸੇ ਖਾਸ ਸੱਭਿਆਚਾਰ ਦੀ ਗੱਲ ਨਾ ਕਰਦੇ ਹੋਏ ਇਹ ਜਾਣਨਾ ਜ਼ਰੂਰੀ ਹੈ ਕਿ ਜੋ ਵੀ ਲੋਕ ਜਿੱਥੇ ਦੇ ਵੀ ਰਹਿਣ ਵਾਲੇ ਹਨ ਕਿ ਉਹ ਆਪਣੇ ਸੱਭਿਆਚਾਰ ਨੂੰ ਅੱਗੇ ਲੈ ਕੇ ਜਾਣਗੇ?

ਪਹਿਲਾਂ ਦੇ ਗੱਭਰੂ ਤੇ ਮੁਟਿਆਰਾਂ ਗਿੱਧੇ–ਭੰਗੜੇ ਪਾਉਂਦੇ ਸਨ ਤੇ ਬੋਲੀਆਂ ਪਾਉਂਦੇ ਸਨ । ਜਦੋਂ ਵੀ ਚਾਰ ਲੋਕ ਇੱਕਠੇ ਹੁੰਦੇ ਸਨ ਉਨ੍ਹਾਂ ਨੂੰ ਵੀ ਆਪਣੇ ਸੱਭਿਆਚਾਰ ਬਾਰੇ ਦੱਸਿਆ ਜਾਂਦਾ ਸੀ ਕਿ ਉਹ ਕਿੰਨਾ ਹੀ ਖੂਬਸੂਰਤ ਤੇ ਵਿਰਲਾ ਹੈ । ਇੱਕਠੇ ਹੋ ਕੇ ਆਪਣੇ ਸਾਹਿਤ ਦੇ ਚਰਚੇ ਹੁੰਦੇ ਸਨ । ਮਹਾਨ ਕਵੀਆਂ ਤੇ ਲੇਖਕਾਂ ਦੇ ਲਿਖੇ ਹੋਏ ਖ਼ਜਾਨਿਆਂ ਤੋਂ ਵਾਕਫ਼ ਹੁੰਦੇ ਸਨ । ਜਦੋਂ ਕਦੇ ਵੀ ਵੱਖਰੀਆਂ ਥਾਵਾਂ ਤੋਂ ਆਉਣ ਵਾਲੇ ਲੋਕ ਇੱਕਠੇ ਹੁੰਦੇ ਤਾਂ ਸਭ ਆਪਣੇ ਸੱਭਿਆਚਾਰ ਦਾ ਨਮੂਨਾ ਪੇਸ਼ ਕਰਦੇ ਸਨ । ਬਹੁਤ ਹੀ ਮੁੱਲਵਾਨ ਸਮਾਂ ਸੀ ਉਹ! ਜਿੱਥੇ ਆਪਣੇ ਸੱਭਿਆਚਾਰ ਦੀ ਕਦਰ ਪਾਈ ਜਾਂਦੀ ਸੀ ਤੇ ਇਸ ਅਮੁੱਲ ਖ਼ਜਾਨੇ ਦਾ ਲਾਭ ਮਿਲਦਾ ਸੀ ਪਰ ਸਮਾਂ ਬਦਲਣ ਨਾਲ ਸਭ ਕੁਝ ਬਦਲ ਗਿਆ । ਅੱਜ ਕੱਲ੍ਹ ਦੇ ਜਵਾਨਾਂ ਨੂੰ ਆਪਣੇ ਫੈਸ਼ਨਾਂ ਤੋਂ ਫੁਰਸਤ ਨਹੀਂ ਅੱਜ–ਕੱਲ ਦੇ 'ਟਰੈਡਿਂਗ' ਜ਼ਮਾਨੇ ਦੀ ਹੋੜ ਵਿੱਚ ਸਭ ਆਪਣੇ ਸੱਭਿਆਚਾਰ ਨੂੰ ਭੁਲਾ ਕੇ ਪੱਛਮੀ ਸੱਭਿਆਚਾਰ ਪਿੱਛੇ ਲੱਗ ਗਏ ਹਨ । ਰਹਿਣ–ਸਹਿਣ ਬਦਲਣ ਦੇ ਨਾਲ ਉਨ੍ਹਾਂ ਦਾ ਆਪਣੀ ਬੋਲੀ, ਆਪਣੇ ਸੱਭਿਆਚਾਰ ਤੋਂ ਰਿਸ਼ਤਾ ਟੁੱਟ ਗਿਆ । ਹੁਣ ਕਿੱਥੇ ਉਹ ਮੁਟਿਆਰਾਂ ਚਰਖੇ ਕੱਤਦੀਆਂ ਸਨ, ਹੁਣ ਕਿੱਥੇ ਉਹ ਗੱਭਰੂ ਜੋ ਭੰਗੜਾ ਪਾ ਕੇ ਰੌਣਕਾਂ ਲਾ ਦਿੰਦੇ ਸਨ, ਹੁਣ ਕਿੱਥੇ ਦੁੱਧ–ਮਧਾਣੀ ਰਿੜਕਣ ਵਾਲੀਆਂ, ਹੁਣ ਕਿੱਥੇ ਚੁੱਕ੍ਹੇ ਮੂਹਰੇ ਰੋਟੀ ਖਾਣੀ । ਹੁਣ ਇਹ ਸੱਭਿਆਚਾਰ ਅੱਗੇ ਦੀਆਂ ਪੀੜ੍ਹੀਆਂ ਤੱਕ ਪਹੁੰਚਾਉਣ ਵਾਲਾ ਕੋਈ ਹੈ ਹੀ ਨਹੀਂ ।

ਗੁਰਦਾਸ ਮਾਨ ਦਾ ਇੱਕ ਗੀਤ "ਕੀ ਬਣੂੰ ਦੁਨੀਆਂ ਦਾ" ਇਹ ਹਾਲ ਸਪੱਸ਼ਟ ਕਰਦਾ ਹੈ। ਇਹ ਕੁਝ ਇਉਂ ਹੈ:-"ਘੱਗਰੇ ਵੀ ਗਏ, ਫੁਲਕਾਰੀਆਂ ਵੀ ਗਈਆਂ.....

ਕੰਨਾ ਵਿੱਚ ਕੋਕਰੂ ਤੇ ਵਾਲੀਆਂ ਵੀ ਗਈਆਂ,ਰੇਸ਼ਮੀ ਦੁੱਪਣੇ ਡੋਰੇ ਜਾਲੀਆਂ ਵੀ ਗਈਆਂ..... ਘੁੰਡ ਵੀ ਗਏ ਤੇ ਘੁੰਡ ਵਾਲੀਆਂ ਵੀ ਗਈਆਂ.... ਚੱਲ ਪਏ ਵਲੈਂਤੀ ਬਾਣੇ...... ਕੀ ਬਣੂੰ ,ਉਹ ਕੀ ਬਣੂੰ .. ਉਹ ਕੀ ਬਣੂੰ ਦੁਨੀਆਂ ਦਾ ,ਸੱਚੇ ਪਾਤਸ਼ਾਹ ਵਾਹਗੁਰੂ ਜਾਣੇ....."

ਸਮੇਂ ਦੀ ਲੌੜ ਹੈ ਕਿ ਆਪਣੇ ਸੱਭਿਆਚਾਰ ਦੀ ਸੰਭਾਲ ਕੀਤੀ ਜਾਵੇ ਤਾਂ ਜੋ ਸਾਡੀਆਂ ਅਗਲੀਆਂ ਪੀੜ੍ਹੀਆਂ ਵੀ ਇਨ੍ਹਾਂ ਦਾ ਅਨੰਦ ਮਾਣ ਸਕਣ ਨਹੀਂ ਤਾਂ ਅਜਿਹਾ ਸਮਾਂ ਆਵੇਗਾ ਕਿ ਸਾਡਾ ਸੱਭਿਆਚਾਰ ਪੂਰਾ ਧੁੰਦਲਾ ਹੋ ਜਾਵੇਗਾ ਤੇ ਇਸ ਦੀ ਹੋਂਦ ਵੀ ਲੱਭਣੀ ਮੁਸ਼ਕਿਲ ਹੋ ਜਾਵੇਗੀ।

> (ਅੰਕਿਤਾ ਜਸਵਾਲ) ਬੀ.ਕਾਮ ਪਹਿਲੀ

#### ਨਾ ਸਮਝਾਈ ਪਰਿਭਾਸ਼ਾ: ਨਸ਼ੇ (ਜੀਵਨ ਦੇ ਨਸ਼ੇ)

ਕੀ ਸਿਰਫ਼ ਚਿੱਟ੍ਰਾ ਹੀ ਨਸ਼ਾ ਹੈ? ਅੱਜ ਦੇ ਸਮੇਂ ਵਿੱਚ ਸੋਚਣ ਦਾ ਵਕਤ ਕਿਸ ਕੋਲ ਹੈ, ਇਹ ਸਭ ਜਾਣ ਦੇ ਨੇ।ਪਰ ਸਿਰਫ਼ ਚਿੱਟਾਂ ਹੀ ਨਸ਼ਾ ਨਹੀਂ ਹੈ, ਇਹ ਬਹੁਤ ਘੱਟ ਲੋਕਾਂ ਦੇ ਧਿਆਨ ਵਿੱਚ ਹੈ। ਇਹ ਅੱਜ ਤੁਹਾਨੂੰ ਦਸਣ ਦਾ ਮਕਸ਼ਦ ਹੈ ਕਿ ਜ਼ਿੰਦਗੀ ਵਿੱਚ ਇਹੋ ਜਿਹੀਆ ਬਹੁਤ ਚੀਜਾਂ ਨੇ ਜੋ ਕਿ ਨਸ਼ੇ ਨਾਲੋਂ ਘੱਟ ਨਹੀਂ ਹਨ। ਕਿਉਂਕਿ ਇਹ ਚੀਜਾਂ ਵੀ ਇੱਕ ਮਨੁੱਖ ਨੂੰ ਹੌਲੀ-ਹੌਲੀ ਖਤਮ ਕਰ ਰਹੀਆਂ ਨੇ। ਜਿਵੇਂ ਕਿ ਜਨੂੰਨ, ਚੰਗਾ ਹੈ ਪਰ ਹੱਦ ਨਾਲੋਂ ਜਿਆਦਾ ਮਨੁੱਖ ਨੂੰ ਪਾਗਲ ਕਰ ਦਿੰਦਾ ਅਤੇ ਹੋਸ਼ ਵਿੱਚ ਰਹਿਣ ਦੀ ਇਜਾਜ਼ਤ ਨਹੀਂ ਦਿੰਦਾ ਜਿਵੇਂ ਕਿ ਨਸ਼ਾ। ਚਿੰਤਾਂ, ਮਨੁੱਖ ਦੀ ਆਦਤ ਬਣ ਗਈ ਹੈ ਪਰ ਇਹ ਉਸ ਮਨੁੱਖ ਤੋਂ ਸਭ ਕੁਝ ਕਰਵਾ ਸਕਦੀ ਹੈ ਜਿਵੇਂ ਕਿ ਨਸ਼ਾ। ਈਰਖਾ ਜਿਸਦੀ ਉਮਰ ਕਦੇ ਘਟਦੀ ਨਹੀਂ, ਪਰ ਇਹ ਮਨੁੱਖਤਾ ਦੀ ਉਮਰ ਜ਼ਰੂਰ ਘਟਾ ਦਿੰਦਾ ਹੈ ਜਿਵੇਂ ਕਿ ਨਸ਼ਾ। ਨਫ਼ਰਤ, ਜੋ ਕਿ ਗੁਨਾਹ ਨੂੰ ਜਨਮ ਦਿੰਦੀ ਹੈ ਜਿਵੇਂ ਕਿ ਨਸ਼ਾ। ਪੈਸਾ, ਉਹ ਕਿਸ਼ਤੀ ਜਿਸ ਦੇ ਬਿਨ੍ਹਾਂ ਇਹ ਸੰਸਾਰ ਡੁੱਬਿਆ ਹੀ ਹੈ, ਪੈਸਾ ਨਸ਼ੇ ਵਿੱਚ ਕਦੋ ਬਦਲ ਜਾਂਦਾ ਹੈ ਪਤਾ ਨਹੀਂ ਚਲਦਾ ਅਤੇ ਸਾਰੇ ਰਿਸ਼ਤੇ, ਮਨੁੱਖਤਾ ਤੇ ਸਮਝਣ ਦੀ ਸ਼ਕਤੀ ਖੋਹ ਬੈਠਦਾ ਹੈ ਜਿੱਦਾਂ ਕਿ ਨਸ਼ੇ ਵਿੱਚ ਖੋਹ ਦਿੰਦਾ ਹੈ।

ਇਹ ਨਿੱਤ ਸਾਡੇ ਜੀਵਨ ਵਿੱਚ, ਕਿਸੇ ਵੀ ਰੂਪ ਦੇ ਵਿੱਚ ਮੌਜੂਦ ਹਨ । ਜੋ ਕਿ ਹੌਲੀ–ਹੌਲੀ ਨਸ਼ੇ ਵਾਂਗ ਸਾਡੇ ਜੀਵਨ ਦੀ ਆਂ ਅਸਲੀ ਖ਼ੁਸੀਆਂ ਨੂੰ ਖਤਮ ਕਰ ਰਹੇ ਨੇ ।

ਮਨੁੱਖੀ ਜੀਵਨ ਵਿੱਚ ਕੀ ਅਨਮੋਲ ਹੈ? ਤੁਸੀਂ ਦਸੋਂ

ਅਜੂਨੀ ਕੌਰ ਐਮ.ਏ. ਅੰਗਰੇਜ਼ੀ – 1

#### ਅਣਡਿੱਠਾ ਸੱਚ

ਸ਼ਾਮ ਦਾ ਵੇਲਾ ਸੀ। ਇੱਕ ਸੁਨਹਿਰੀ ਰੈਗ ਅਸਮਾਨ ਵਿੱਚ ਸੀ, ਰੋਸ਼ਨੀ ਨੇ ਹਨ੍ਹੇਰੇ ਨੂੰ ਗੱਲ ਜੋ ਲਾ ਲਿਆ ਸੀ।ਪਰ ਫਿਰ ਵੀ

ਹਵਾ ਮਸੋਸੀ ਜਿਹੀ ਸੀ । ਬਾਰੀ ਕੋਲ ਬੈਠ ਉਸ ਬਾਹਰ ਵੇਖਿਆ, ਉਹ ਕਾਫੀ ਘੰਟੇ ਇੱਕਲਾ ਬੈਠਾ ਰਿਹਾ । ਕਿਤਾਬਾਂ ਦੇ ਵਰਕਿਆਂ ਵਿੱਚ ਉਤਸ਼ਾਹ ਸੀ, ਉਸ ਦੇ ਸਪਨਿਆਂ ਦੀ ਰਾਹ ਸੀ, ਉਸ ਸੋਚਿਆ ਕਿਉਂ ਨਾ ਇਹਨਾਂ ਕਿਤਾਬਾਂ 'ਚ ਉਸ ਗੁਆਚੀ ਚੀਜ਼ ਨੂੰ ਲੱਭਿਆ ਜਾਵੇ । ਕੁਝ ਚਿਰ ਉਸ ਕਿਤਾਬਾਂ ਨੂੰ ਫਰੋਲਿਆ, ਪਰ ਕੁਝ ਨਹੀਂ ਸੀ ਲੱਭ ਰਿਹਾ । ਪਰ ਭਾਲ ਵੀ ਤਾਂ ਉਸ ਦੀ ਹੁੰਦੀ ਹੈ ਜੋ ਗੁਆਚ ਗਿਆ ਹੋਵੇ, ਇੱਥੇ ਤਾਂ ਪਤਾ ਹੀ ਨਹੀ ਕਿ ਗੁਆਚਿਆ ਕੀ ਹੈ ।ਉਸ ਨੇ ਇੱਕ ਠੰਡਾ ਹੌਂਕਾ ਭਰਿਆ ਅਤੇ ਲੰਮਾ ਪੈ ਗਿਆ। ਉਹ ਛੱਤ ਵੱਲ ਧਿਆਨ ਨਾਲ ਵੇਖਣ ਲੱਗਾ ਅਤੇ ਸਥਿਤੀ ਦਾ ਜਾਇਜ਼ਾ ਲਿਆ। ਉਸ ਨੇ ਆਪਣੇ ਆਪ ਨੂੰ ਪੁਛਿਆ ਕਿ ਉਹ ਕੀ ਮਹਿਸੂਸ ਕਰ ਰਿਹਾ ਹੈ? ਉਸ ਦੇ ਮਨ ਨੇ ਕਿਹਾ ਕੁੱਝ ਵੀ ਨਹੀਂ । ਸ਼ਾਇਦ ਇਹੋ ਹੀ ਸੀ ਜੋ ਗੁਆਚ ਗਿਆ ਸੀ । ਉਹ ਕੁੱਝ ਮਹਿਸੂਸ ਹੀ ਨਹੀਂ ਸੀ ਕਰ ਰਿਹਾ । ਉਸ ਨੇ ਇੱਕ ਕਿਤਾਬ 'ਚ ਪੜ੍ਹਿਆ ਸੀ ਕਿ ਜੇਕਰ ਇਨਸਾਨ ਕੁੱਝ ਮਹਸ਼ੁਿਸ ਨਾ ਕਰੇ -ਨਾ ਖ਼ੂਸੀ, ਨਾ ਗਮ, ਇਸ ਸਥਿਤੀ ਵਿੱਚ ਮਨੁੱਖ ਅੱਗੇ ਨਹੀਂ ਵੱਧ ਸਕੇਗਾ। ਤਾਂ ਹੁਣ ਇਸ 'ਚੋਂ ਬਾਹਰ ਕਿਵੇਂ ਨਿਕਲਿਆ ਜਾਵੇ? ਉਸ ਨੇ ਆਪਣੀ ਮਾਂ ਨੂੰ ਫੋਨ ਕੀਤਾ ਅਤੇ ਸਥਿਤੀ ਦੱਸੀ, ਤਾਂ ਮਾਂ ਨੇ ਉਸ ਨੂੰ ਬਹੁਤ ਤਸੱਲੀ ਦਿੱਤੀ, ਕਈ ਉਦਾਹਰਨ ਦਿੱਤੇ ਕਿਵੇਂ ਹਰ ਕਿਸੇ ਦੀ ਜ਼ਿੰਦਗੀ ਵਿੱਚ ਇਹ ਸਮਾਂ ਆਉਂਦਾ ਹੈ।ਉਸ ਨੂੰ ਕੁਝ ਤਸੱਲੀ ਮਿਲੀ ਪਰ ਉਸ ਦੀ ਮਾਂ ਨੇ ਇਹ ਜ਼ਰੂਰ ਕਿਹਾ ਕਿ ਉਹ ਜੋ ਵੀ ਕੁਝ ਕਹਿ ਲੈਣ, ਜਦੋ ਤੱਕ ਉਹ ਅੰਦਰੋਂ ਨਹੀਂ ਮੰਨੇਗਾਂ, ਇਹ ਭਾਵਨਾ ਨਹੀਂ ਜਾਵੇਗੀ । ਉਹ ਮਸਕਰਾ ਪਿਆ । ਮਾਂ ਤੋਂ ਨਾ ਕੁੱਝ ਛਿਪਿਆ ਸੀ ਅਤੇ ਨਾ ਕੋਈ ਜਿੱਤਆ ਸੀ । ਹੁਣ ਸੋਚਣ ਲਗਾਂ: ਜੋ ਉਹ ਕੁੱਝ ਘੰਟੇ ਪਹਿਲਾ ਭਾਲ ਰਿਹਾ ਸੀ, ਕਿ ਉਹ ਸੱਚੀ ਗੁਆਚਿਆ ਸੀ? ਉਥੇ ਹੀ ਤਾਂ ਸੀ ਉਸ ਦੇ ਅੰਦਰ ਸੀ। ਇਹ ਕਿਹੜਾ ਰਾਜ਼ ਸੀ, ਜੋ ਅੱਖਾਂ ਅੱਗੇ ਸੀ ਪਰ ਕਿਸੇ ਨੂੰ ਦਿਸਿਆ ਨਾ। ਮਨੁੱਖ ਦੀ ਇਹ ਹੀ ਤਾਂ ਪਰਵਿਰਤੀ ਹੈ: ਔਖੇ ਨੂੰ ਸੌਖਾ ਅਤੇ ਸੌਖੇ ਨੂੰ ਔਖਾ ਬਣਾਉਦੀ । ਆਲੇ-ਦੁਆਲੇ ਭਾਲ ਕਰਨ ਦੇ ਬਜਾਇ ਆਪਣੇ ਅੰਦਰ ਵੇਖੋ। ਸੱਭ ਮਿਲੇਗਾ: ਉਹ ਮਨੁੱਖ ਜੋ ਗੁਆਚ ਗਿਆ ਸੀ, ਉਹ ਮਨੁੱਖ ਜੋ ਚੰਗੇ ਵਾਸਤੇ ਬਦਲਨਾ ਚਾਹੁੰਦਾ ਹੈ, ਸੱਭ ਅੰਦਰ ਹੈ।ਗੁਰਬਾਣੀ ਵਿੱਚ ਵੀ ਤਾਂ ਕਿਹਾ ਹੈ, "ਹੁਕਮੈ ਅੰਦਰਿ ਸੂਭ ਕੋ ਬਾਹਰਿ ਹੁਕਮ ਨਾ ਕੋਇ।।" ਅਤੇ ਇਸ ਸੋਚ ਦੇ ਨਾਲ ਉਸ ਨੇ ਸਿਤਾਰਿਆਂ ਵੱਲ ਆਸ ਨਾਲ

> ਵੇਖਿਆ। ਪਾਹੁਲ ਸਿੰਘ ਜੌਲੀ, ਬੀ.ਕਾਮ – 1

#### ਰਸੀਦਾ ਤੇਰੀਆ

ਮਤ ਰਖ ਨੀਵੀ, ਤੇ ਕਦਮ ਵਧਾਈ ਚਲ ਨਾ ਕਰ ਇਸ ਜੱਗ ਦੀ ਫ਼ਿਕਰ, ਸੋਚ ਆਪਣੇ ਮਾ-ਪਿਓ ਬਾਰੇ ਜਿੱਨਾਂ ਦੇ ਬੱਲਾਂ ਤੇ ਹੈਦਾ ਹਮੇਸ਼ਾ ਤੇਰਾ ਜ਼ਿਕਰ।

ਜੇ ਸੋਚਦੇ ਲੋਕੀ, ਤੇਰਾ ਸਿਰ ਝੁਕਿਆ ਸ਼ਰਮ ਦੇ ਨਾਲ ਤੂੰ ਸ਼ੋਚਣ ਦੇ, ਉਹਨਾ ਨੂੰ ਪਤਾ ਤੇਰਾ ਇਰਾਦਾ ਟੋਇਆ ਤੋਂ ਬਚ ਕੇ, ਮਿੱਟੀ ਨਾਲ ਜੁੜਨ ਦਾ ਵਾਦਾ। ਜੇ ਤੂੰ ਸਮਝਦਾ ਏ ਆਪ ਨੂੰ ਇਸ ਦੁਨੀਆ ਤੋਂ ਥੱਲੇ ਤੇ ਕਰ ਹਿੱਮਤ ਇੱਕਠੀ, ਅੱਗੇ ਤੁਰ ਹਰ ਕਿਸੇ ਦੇ ਵਸ ਦੀ ਗੱਲ ਨਹੀਂ ਕੱਲੇ ਤੁਰਨਾ। ਸੋਚਨਾ ਜਦੋਂ ਤੂੰ ਆਪਣੇ ਭਲੇ ਬਾਰੇ ਅਗਨੀ ਇਸ ਨੂੰ ਰਖ ਆਪਨੇ ਸੀਨੇ ਚ, ਤੇ ਕਰਦੇ ਮੈਦਾਨ ਵਤਿਹ ਪਾਂਦੇ ਆਪਣੇ ਕਲੇਜੇ ਨੂੰ ਠੰਡ।

ਨਾ ਡਰ ਹਾਲਾਤ ਤੋਂ ਸੁਨਾ ਰੋਜ਼ਾਨਾ ਤੇਰੀ ਇਸ ਚੈਨ ਜੇਹੀ ਮੁਸਕਾਨ ਤੋਂ ਬਿਨ੍ਹਾ ਰੇਗਾ ਜਾਂਗਾ, ਅੱਜ ਤੇਰੀਆਂ ਆੱਖਾਂ 'ਚ ਅੱਖਰੂ ਨੇ ਕਲ ਨੂੰ ਚਮਕਾਉਂਣਗੇ ਤੇਗਾ ਜਾਂਗ। ਹਾਲਾਤਾਂ ਤੋਂ ਬਦਲਦਾ ਇਨਸਾਨ ਤੂੰ ਨਾ ਬਣੀ ਮਾੜਾ, ਕਰ ਦੂਜਾ ਵਖਰਾ ਲਾ ਕੇ ਆਪਣੇ ਮਾ-ਪਿਓ 'ਚ ਔਲਾਦ ਹੋਣ ਦਾ ਨਖਰਾ।

ਜਿਹੜਾ ਇਨਸਾਨ ਬੋਲਦਾ ਮਾੜਾ ਕਰਦਾ ਮਾੜਾ ਕਿਸੇ ਬਾਰੇ ਕਲ ਨੂੰ ਡਿੱਗਦਾ ਹੈ ਚਾਹੇ ਲੱਖ ਵੇਖ ਲਵੇ ਅੱਜ ਨਜ਼ਾਰੇ।

ਤੂੰ ਕਰ ਦੁਆ ਹੋਣ ਗੇ ਉਹਦੇ ਸਜਦੇ ਰੱਖ ਰੱਬ ਤੇ ਭਰੋਸਾ ਉਹਨੇ ਲਾ ਦੇਣ ਤੇਰੇ ਫ਼ਤਵੇਂ ॥

> ਮਨਕੀਰਤ ਕੌਰ ਸੇਠੀ ਬੀ.ਕਾਮ - 1

## ਗੁਰੂ ਨਾਨਕ : ਇਕ ਇਨਕਲਾਬ

ਸਮੇਂ ਦਰ ਸਮੇਂ ਏਹੋ ਜਿਹੀਆਂ ਹਸਤੀਆਂ ਜਨਮ ਲੈਦੀਆਂ ਹਨ ਜੋ ਉਸ ਸਮੇਂ ਦੀ ਕਾਇਆ ਬਦਲ ਦਿੰਦੀਆ ਹਨ ਜੋ ਲੋਕਾਈ ਨੂੰ ਨਵੇਂ ਰਾਹ ਪਾਉਂਦੀਆਂ ਹਨ, ਭਟਕੇ ਲੋਕਾਂ ਨੂੰ ਰੌਸ਼ਨੀ ਵੱਲ ਲੈ ਜਾਂਦੀਆਂ ਹਨ ਹਨ੍ਹੇਰੇ ਤੋਂ ਉਜਿਆਰੇ ਵਲ ਨੂੰ ਤੋਰਦੀਆਂ ਹਨ ਅਤੇ ਇਕ ਸੱਚਾ ਆਗੂ ਅਤੇ ਮਾਰਗਦਰਸ਼ਕ ਸਾਬਿਤ ਹੁੰਦੀਆਂ ਹਨ। ਕਿਉਂਕਿ ਉਹ ਕੁਦਰਤ ਦਇਆਵਾਨ ਹੈ ਤੇ ਆਪਣੀ ਰਚਨਾ ਨੂੰ ਸਤਾ ਨਹੀਂ ਸਕਦੀ: "ਮੇਰਾ ਪ੍ਰਭੂ ਹੋਆ ਸਦਾ ਦਇਆਲਾ। ਅਰਦਾਸਿ ਸੁਣੀ ਭਗਤ ਅਪੁਨੇ ਕੀ ਸਭ ਜੀਆ ਭਇਆ ਕਿਰਪਾਲ॥"

ਇਸੇ ਸਿਲਸਿਲੇ 'ਚ ਇਕ ਅਲੌਕਿਕ ਜੋਤ ਨੇ 1469 'ਚ ਪੰਜਾਬ ਦੀ ਧਰਤੀ ਨੂੰ ਭਾਗ ਲਾਏ

ਇਹ ਰੱਬੀ ਜੋਤ ਸੰਪੂਰਨ ਤੌਰ 'ਤੇ ਅਲੌਕਿਕ ਸੀ, ਵਵਹਾਰ,ਢੰਗ,ਵਿਚਾਰਸਬਕੁਝ ਨਵਾਂ।

ਇਹ ਨਾਨਕ ਨਾਮ ਦੀ ਜੋਤ ਅਪਨੇ ਆਪ 'ਚ ਹੀ ਇਕ ਇਨਕਲਾਬ ਹੈ।

ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ ਨੇ ਜੀਵਨ ਦੇ ਹਰ ਇਕ ਪਹਿਲੂ ਨੂੰ ਪ੍ਰਭਾਵਿਤ ਕੀਤਾ ਭਾਵੇਂ ਉਹ ਅਧਿਆਤਮਕ ਪਹਿਲੂ ਹੋਵੇ ਭਾਵੇਂ ਸਮਾਜਿਕ ਭਾਵੇਂ ਮਾਨਸਿਕ ਭਾਵੇ ਰਾਜਨੀਤਿਕ ਹੋਵੇ।

ਗੁਰੂ ਨਾਨਕ ਨੇ ਮਨੁੱਖ ਅਤੇ ਸਮਾਜ ਦੇ ਹਰ ਪੱਖ ਦੀ, ਹਰ ਪਹਿਲੂ ਦੀ ਕਾਇਆ ਪਲਟ ਦਿੱਤੀ।

ਕਿਉਕਿ ਉਹ ਪੂਰਨ ਹਨ ਅਤੇ ਪੂਰੇ ਜਗ ਦਾ ਪਾਰ ਉਤਾਰਾ ਕਰਨ ਆਏ ਹਨ, ਜਿਵੇਂ ਭਾਈ ਗੁਰਦਾਸ ਦਸਦੇ ਹਨ:

"ਕਲਿ ਤਾਰਣ ਗੁਰੂ ਨਾਨਕ ਆਇਆ" ਤੇ

"ਚੜ੍ਹਿਆ ਸੋਧਣਿ ਧਰਤਿ ਲੁਕਾਈ"

ਇਸ ਜੋਤ ਨੇ ਜੋ ਵਰਤਾਰੇ ਕੀਤੇ ਉਹ ਧਿਆਨ ਨਾਲ ਸਮਝਣ ਵਾਲੇ ਹਨ ਕਿਉਂਕਿ ਇਹ ਸਾਡੇ ਜੀਵਨ ਨੂੰ ਖੁਸ਼ਹਾਲੀ ਵੱਲ ਤੋਰਨ ਦੀ ਸਮਰੱਥਾ ਰਖਦੇ ਹਨ।

ਅੱਜ ਵੀ ਤੇ ਆਦਿ ਕਾਲ ਤੋਂ ਹੀ ਲੋਕੀ ਅਧਿਆਤਮਕ ਤੌਰ 'ਤੇ ਕੁਰਾਹੇ ਪਏ ਹੋਏ ਸਨ, ਬ੍ਰਾਹਮਣ, ਮੌਲਵੀ ਆਦਿ ਤਬਕੇ ਨੇ ਅਪਣਾ ਕੈਮ ਤੇ ਰੋਹਬ ਬਰਕਰਾਰ ਰਖੱਣ ਲਈ ਲੋਕਾਂ ਨੂੰ ਅਨਮਤੀ ਤੌਰ ਤਰੀਕੇ ਤੇ 'ਰੱਬੀ' ਡਰ ਦੇ ਜੈਜਾਲ ਵਿੱਚ ਫਸਾਇਆ ਹੋਇਆ ਸੀ । ਇਸ ਤਰੀਕੇ ਕੁਝ ਪ੍ਤੀਸ਼ਤ ਲੋਕਾਂ ਨੇ ਬਹੁ ਗਿਣਤੀ ਸਮਾਜ ਨੂੰ ਅਪਣੇ ਵੱਸ ਕੀਤਾ ਹੋਇਆ ਸੀ।

ਆਮ ਭੋਲੇ-ਭਾਲੇ ਲੋਕਾਂ ਨੂੰ ਕਰਮਕਾਂਡ ਕੁਰੀਤੀਆਂ ਅਤੇ ਭਰਮ ਭਲੇਖੇ 'ਚ ਫਸਾ ਕੇ ਰਖਿਆ ਹੋਇਆ ਸੀ ਤੇ ਲੋਕ ਇਹਨਾ

ਅਖੌਤੀ ਧਰਮ ਦੇ ਠੇਕੇਦਾਰਾ ਦੇ ਇਸ ਡਰ ਦੇ ਕਰਕੇ ਇਹਨਾ ਦੀ ਜੀ ਹਜ਼ੂਰੀ ਕਰਨ ਲਈ ਮਜ਼ਬੂਰ ਸਨ ਤੇ ਮਾਨਸਿਕ ਤੌਰ ਤੇ ਗੁਲਾਮ ਸਨ, ਅੱਜ ਵੀ ਹਨ।

ਇਸ ਸਮੇਂ ਗੁਰੂ ਨਾਨਕ ਇਕ ਅੱਦੁਤੀ ਜੋਤ ਵਾਂਗ ਆਏ ਅਤੇ ਅਧਿਆਤਮ ਦੇ ਤਲ 'ਤੇ ਪੈ ਚੁੱਕੇ ਹਨ੍ਹੇਰੇ ਨੂੰ ਅਪਣੀ ਰੱਬੀ ਜੋਤ ਨਾਲ ਨਾਸ਼ ਕਰ ਦਿੱਤਾ, ਨਾਮ ਦਾ ਖਜ਼ਾਨਾ ਖੁੱਲ ਖੁੱਲ ਵੈਡਿਆ, ਫੇਰ ਨਾ ਜਾਤ ਪੁੱਛੀ ਨਾ ਗੋਤ ਨਾ ਮਜ਼ਹਬ ਨਾ ਤਬਕਾ ਨਾ ਧੜਾ ਨਾ ਲਿੰਗ ਬਸ ਹਰ ਇਕ ਚ ਇਕੋ ਰੱਬੀ ਜੋਤ ਦਿਸੀ।

ਜਿਵੇਂ ਗੁਰੂ ਅਰਜਨ ਸਾਹਿਬ ਦਸਦੇ ਹਨ:

"ਨਾਨਕ ਕੈ ਘਰਿ ਕੇਵਲ ਨਾਮੂ"

ਨਾਮ ਦੀ ਰੌਸ਼ਨੀ ਨਾਲ ਸਾਰੇ ਜਗ ਨੂੰ ਅਧਿਆਤਮਕ ਰੌਸ਼ਨੀ ਬਖਸ਼ੀ

ਇਹ ਆਪਣੇ ਆਪ 'ਚ ਬਹੁਤ ਵੱਡੀ ਕ੍ਰਾਂਤੀ ਸੀ ਜਿਸ ਅਧੀਨ ਗੁਰੂ ਨਾਨਕ ਨੇ ਸਮਾਜ ਦਾ ਮਾਨਸਿਕ ਅਤੇ ਅਧਿਆਤਮਿਕ ਪੱਧਰਉੱਚਾ ਕੀਤਾ।

ਡਰ ਦੀਆਂ ਬੇੜੀਆਂ ਤੋੜ ਸੁੱਟੀਆਂ ਤੇ ਇਕ ਨਵੀਂ ਸੋਚ ਲੋਕਾਈ ਨੂੰ ਦਿੱਤੀ, ਅਜ਼ਾਦ ਸੋਚ ਅਜਾਦ ਵਿਚਾਰ ਦੀ ਲੌਅ ਉਜਾਗਰ ਕੀਤੀ ਜੋ ਕੀ ਹੁਣ ਸਦੀਵੀ ਕਾਲ ਤਕ ਜਗਣ ਵਾਲੀ ਸੀ।

\_ਉਸ ਸਮੇਂ ਇਹ ਵੀ ਸਮਝਿਆ ਜਾਂਦਾ ਸੀ ਕਿ ਪਰਮਾਤਮਾ ਦੀ ਭਗਤੀ ਕੇਵਲ ਜੰਗਲਾਂ 'ਚ ਜਾਂ ਪਹਾੜਾਂ 'ਚ ਜਾਂ ਭੁਅੰਕਾਮ ਰਹਿ ਕੇ ਕੀਤੀ ਜਾ ਸਕਦੀ ਹੈ ਪਰ ਗੁਰੂ ਨਾਨਕ ਨੇ ਇਹ ਵਹਿਮ ਤੋੜਿਆ ਤੇ ਆਪ ਗ੍ਰਹਿਸਤੀ 'ਚ ਰਹਿੰਦੀਆਂ ਪਰਮਾਤਮਾ ਦੀ ਬੈਦਗੀ ਕੀਤੀ ਤੇ ਗ੍ਰਹਿਸਤ ਆਸ਼ਰਮ ਨੂੰ ਉੱਤਮ ਦਰਜਾ ਦਿੱਤਾ ਤੇ ਬੈਦਗੀ ਦੇ ਦੁਆਰ ਸਾਰਿਆਂ ਲਈ ਖੋਲ੍ਹ ਦਿੱਤੇ। ਇਹ ਇਕ ਨਵੇਂ ਵਿਚਾਰ ਦੀ ਸ਼ੁਰੁਆਤ ਸੀ।

ਉਸ ਵੇਲੇ ਦਾ ਸਮਾਜ ਕਈ ਜਾਤਾਂ, ਗੋਤਾਂ ਅਤੇ ਤਬਕਿਆਂ 'ਚ ਵੰਡਿਆ ਹੋਇਆ ਸੀ, ਹਾਲਾਂਕਿ ਅਜ ਵੀ ਉਹ ਵੰਡ ਸਮਾਜ 'ਚ ਪਈ ਹੋਈ ਹੈ ਪਰ ਉਸ ਸਮੇ ਉਸਦਾ ਪ੍ਰਭਾਵ ਬਹੁਤ ਜ਼ਿਆਦਾ ਸੀ, ਜਿਸਦੇ ਕਰ ਕੇ ਨੀਵੀਆਂ ਜਾਤਾਂ/ਤਬਕਿਆਂ ਦੇ ਲੋਕਾਂ ਨੂੰ ਅਣਮਨੁੱਖੀ ਤਸ਼ਦੱਦ ਦਾ ਸ਼ਿਕਾਰ ਬਨਣਾ ਪੈਦਾਂ ਸੀ।

ਇਹੋ ਜਿਹੇ ਮਹੌਲ ਵਿਚ ਗੁਰੂ ਸਾਹਿਬ ਨੇ ਬਰਾਬਰਤਾ ਦਾ ਪਵਿੱਤਰ ਸੁਨੇਹਾ ਦਿੱਤਾ ਅਤੇ ਪੂਰੇ ਸਮਾਜ ਨੂੰ ਇਕੋ ਤਲ 'ਤੇ ਲਿਆ ਖੜਾ ਕੀਤਾ:

ਜਿਵੇ ਗੁਰਬਾਣੀ ਕਹਿੰਦੀ ਹੈ:

"ਅਵਲਿ ਅਲਹ ਨੂਰ ਉਪਾਇਆ ਕੁਦਰਤਿ ਕੇ ਸਭ ਬੈਦੇ॥

ਏਕ ਨੂਰ ਤੇ ਸਭੂ ਜਗ ਉਪਜਿਆ ਕਉਨ ਭਲੇ ਕੋ ਮੈਦੇ।।"

ਅਤੇ ਜਿਹੜੇ ਗਰਬ ਕਰਦੇ ਸਨ ਆਪਣੀ ਜਾਤ ਦਾ ਉਹਨਾ ਨੂੰ ਸੈਬੋਧਿਤ ਹੁੰਦਿਆਂ ਆਖਿਆ:

"ਜਾਤਿਕਾਗਰਬੁਨਕਹਿਮੂਰਖਗਵਾਰਾ।। ਇਸ ਗਰਬ ਤੇ ਚਲਹਿ ਬਹੁਤ ਵਿਕਾਰਾ॥ 1॥ ਰਹਾੳ॥"

ਇਸ ਲਈ ਗੁਰੂ ਨਾਨਕ ਆਦਿ ਲਈ ਜਾਤੀ ਪਰੰਮਪਰਾ ਨੂੰ ਅਤੇ ਪੈਡਿਤ/ਮੌਲਵੀ ਆਦਿ ਲਈ ਕਿਉਕਿ ਗੁਰੂ ਨਾਨਕ ਦੇ ਵਿਚਾਰ ਇਹਨਾਂ ਸਭ ਨੂੰ ਠੱਲ ਪਾਉਂਦੇ ਹਨ ਤੇ ਮਨੁੱਖ ਨੂੰ ਅਜ਼ਾਦ ਕਰ ਦਿੰਦੇ ਹਨ।

ਹੁਣ ਇਕ ਨਜ਼ਰ ਸਮਾਜ ਦੇ ਉਸ ਤਬਕੇ ਵੱਲ ਇਸਦੇ ਬਗੈਰ ਕੁਝ ਵੀ ਸਿਰਜਣਾ ਮੁਮਕਿਨ ਨਹੀਂ । ਮਨੁਵਾਦ ਦੇ ਭਾਰ ਹੇਠਾਂ ਔਰਤ ਦਾ ਲੰਬੇ ਸਮੇਂ ਤੋਂ ਹਰ ਕਿਸਮ ਦਾ ਸ਼ੋਸ਼ਣ ਚਲਦਾ ਆ ਰਿਹਾ ਹੈ ਗੁਰੂ ਸਾਹਿਬ ਇਸ ਨੀਚ ਮਾਨਸਿਕਤਾ ਨੂੰ ਬਦਲਦੇ ਹੋਏ ਔਰਤ ਦੇ ਹੱਕ 'ਚ ਆਪਣੀ ਅਵਾਜ ਬੁਲੰਦ ਕਰ ਆਖਦੇ ਹਨ:

"ਸੋ ਕਿਉ ਮੰਦਾ ਆਖੀਏ ਜਿਤ ਜੈਮਹਿ ਰਾਜਾਨ।।"
"ਭੰਡਹੁ ਹੀ ਭੰਡੂ ਊਪਜੈ ਭੰਡੇ ਬਾਝ ਨ ਕੋਇ।।"
ਇਹਨੀ ਬਾਕਮਾਲ ਵਿਚਾਰ ਸਿਰਜਣੀ ਕੋਈ ਸੌਖੀ ਗੱਲ ਨਹੀਂ ਸੀ ਕਿਉਂਕਿ ਔਰਤਾਂ ਨਾਲ ਜਾਨਵਰਾਂ ਤੋਂ ਵੀ ਮਾੜਾ ਸਲੂਕ ਕੀਤਾ ਜਾਂਦਾ ਸੀ ਬਰਾਬਰਤਾ ਦੀ ਗੱਲ ਤਾਂ ਦੂਰ ਦੀ ਹੈ। ਇਸ ਕਰ ਇਹ ਇਕ ਅਹਿਮ ਕਦਮ ਸੀ ਔਰਤ ਦੀ ਬਹੁ ਪੱਖੀ ਅਜ਼ਾਦੀ ਵੱਲ। ਤੇ ਜੇ ਗੱਲ ਕਰੀਏ ਰਾਜਨੀਤੀ ਦੀ ਤਾਂ ਉਥੇ ਵੀ ਗੁਰੂ ਨਾਨਕ ਆਪਣੀ ਛਾਪ ਛੱਡਦੇ ਹਨ। ਜਦ ਬਾਬਰ ਨੇ ਹਿੰਦੋਸਤਾਨ 'ਤੇ ਹਮਲਾ ਕੀਤਾ ਤਾਂ ਖੂਬ ਤਬਾਹੀ ਮਚਾਈ ਜਿਸਨੂੰ ਗੁਰੂ ਸਾਹਿਬ ਇਉਂ ਬਿਆਨ

"ਖੁਰਾਸਾਨ ਖਸਮਾਨਾ ਕੀਆ ਹਿੰਦੁਸਤਾਨ ਡਰਾਇਆ" ਗੁਰੂ ਸਾਹਿਬ ਅਕਾਲ ਪੁਰਖ ਨੂੰ ਸੰਬੋਧਨ ਕਰ ਪੁਛਦੇ ਹਨ, ਕੀ ਤੈਨੂੰ ਐਨਾ ਜ਼ੁਲਮ ਢਾ 'ਕੇ ਮਾਸੂਮ ਲੋਕਾਂ ਤੋਂ ਤਰਸ ਨਹੀ ਆਇਆ?:

"ਏਤੀ ਮਾਰ ਪਈ ਕਰਲਾਣੇ ਤੈ ਕੀ ਦਰਦੂ ਨ ਆਇਆ" ਉਸ ਸਮੇਂ ਗੁਰੂ ਸਾਹਿਬ ਨੇ ਕੂੜ ਸਿਆਸਤ ਖਿਲਾਫ ਅਵਾਜ਼ ਉਠਾਈ ਤੇ ਬਾਬਰ ਨੂੰ 'ਜਾਬਰ' ਆਖਿਆ ਜੋ ਕਿ ਆਪਣੇ ਆਪ 'ਚ ਹੀ ਬਹੁਤ ਨਿਰਭੈਤਾ ਅਤੇ ਬਹਾਦੁਰੀ ਵਾਲੀ ਗੱਲ ਸੀ, ਇਨੇ ਵੱਡੇ ਸਮਾਰਟ ਨੂੰ ਉਸਦੇ ਕੁਕਰਮ ਦਸਣੇ

ਤੇ ਜਾਬਰ ਆਖਣਾ

ਕਰਦੇ ਹਨ:

ਉਹਨਾਂ ਦਸਿਆ ਕਿਵੇਂ ਬਾਦਸ਼ਾਹ ਕੁਰਾਹੇ ਪਏ ਹੋਏ ਸਨ: "ਸਾਹਾਂ ਸੁਰਤਿ ਗਵਾਈਆਂ ਰੰਗਿ ਤਮਾਸੈ ਸਾਇ॥" ਇਸ ਤਰ੍ਹਾਂ ਲੋਕਾਂ ਨੂੰ ਸੱਚ ਦਾ ਰਾਜ ਸਥਾਪਿਤ ਕਰਨ ਦੀ



ਜਾਚ ਬਖਸ਼ੀ ਅਤੇ ਅਤਿਆਚਾਰੀ ਬਾਦਸ਼ਾਹਾਂ ਦਾ ਖੇਡਨਕੀਤਾ।

ਸੱਚੇ ਤਰੀਕੇ ਨਾਲ ਅਪਣੀ ਰੋਜ਼ੀ ਰੋਟੀ ਖਾਣ/ਕਮਾਉਣ ਬਾਰੇ ਵੀ ਗੁਰੂ ਸਾਹਿਬ ਫਰਮਾਉਦੇ ਹਨ ਕਿ ਬੋਦੇ ਨੂੰ ਕਿਸੇ ਹੋਰ ਦਾ ਕਿਸੇ ਪ੍ਰਕਾਰ ਦਾ ਹੱਕ ਮਾਰ ਕਿ ਨਹੀਂ ਖਾਣਾ ਚਾਹੀਦਾ ਤੇ ਅਪਣੀ ਰੋਜ਼ੀ-ਰੋਟੀ ਸੱਚ ਤੇ ਪਹਿਰਾ ਦਿੰਦੇ ਕਮਾਉਣੀ ਚਾਹੀਦੀ ਹੈ:

"ਹਕੁ ਪਰਾਇਆ ਨਾਨਕਾ ਉਸੁ ਸੂਅਰ ਉਸ ਗਾਇ॥ ਗੁਰੂ ਪੀਰੂ ਹਾਮਾ ਤਾਂ ਭਰੇ ਜਾਮੁਰਦਾਰ ਨ ਖਾਇ॥"

ਇਨੇ ਕੱਟੜ ਮਹੌਲ 'ਚ ਇਹੋ-ਜਿਹੇ ਕਦਮ ਚੁੱਕਣੇ ਇਕ ਸੂਰਬੀਰਤਾ ਦਾ ਕਾਰਜ ਸੀ ਜੋ ਗੁਰੂ ਸਾਹਿਬ ਨੇ ਬਾਖੂਬੀ ਕਰ ਦਿਖਾਇਆ, ਪੂਰੇ ਸਮਾਜਕਿ ਢਾਂਚੇ ਦੇ ਵਿਰੁੱਧ ਅਪਣੀ ਅਵਾਜ਼ ਬੁਲੰਦ ਕੀਤੀ ਅਤੇ ਕੁਰੀਤੀਆਂ ਦੂਰ ਕਰ ਸੱਚ ਦਾ ਪੁਸਾਰਾ ਕੀਤਾ। ਆਪਣੀ ਇਸ ਇਨਕਲਾਬੀ ਲਹਿਰ ਨੂੰ ਅੱਗੇ ਡੋਰਦਿਆਂ ਅੱਗੇ ਸਾਰੇ ਗੁਰੂ ਸਾਹਿਬਾਨ ਨੇ ਉਹੀ ਨਿਰਮਲ ਰੱਬੀ ਮਸ਼ਾਲ ਨੂੰ ਜਲਾਈ ਰਖਿਆ ਜਿਸਦੀ ਜਿੰਮੇਵਾਰੀਆ ਅਪਣੇ ਸਿੱਖਾਂ ਦੇ ਹੱਥ ਬਮਾ ਦਿੱਤੀ।

ਗੁਰੂ ਨਾਨਕ ਇਸੇ ਕਰ ਕੇ ਅਪਣੇ ਆਪ 'ਚ ਇਕ ਬਹੁਤ ਵੱਡਾ ਇਨਕਲਾਬ ਤੇ ਮਾੜੇ ਸਮਾਜਿਕ ਤੱਤਾਂ ਲਈ ਇਕ ਬਹੁਤ ਖਤਰਨਾਕ ਹੋਦ ਨੇ, ਕਿਉਂਕਿ ਗੁਰੂ ਨਾਨਕ ਮਨੁੱਖ ਅਤੇ ਸਮਾਜ ਦੇ ਹਰ ਇਕ ਪੱਖ ਨੂੰ ਬਦਲ ਕੇ ਉਹਦੇ ਵਿੱਚ ਕ੍ਰਾਂਤੀ ਲਿਆ ਰਹੇ ਨੇ, ਉਸਨੂੰ ਹੋਰ ਨਿਖਾਰ ਰਹੇ ਨੇ, ਬਿਹਤਰ ਕਰ ਰਹੇ ਨੇ।

ਅਰਦਾਸ ਕਰੀਏ ਕਿ ਅਸੀਂ ਉਹਨਾਂ ਰਾਹਾਂ 'ਤੇ ਤੁਰ ਸਕੀਏ ਜਿਥੇ ਗੁਰੂ ਸਾਹਿਬ ਸਾਨੂੰ ਤੋਰਨਾ ਚਾਹੁੰਦੇ ਨੇ ਤਾਕਿ ਜੀਵਨ ਸਫ਼ਲ ਬਣ ਸਕੇ,ਖੁਸ਼ਹਾਲ ਬਣ ਸਕੇ।

### ਦੇਸ਼ ਤੱਰਕੀ ਕਰ ਗਿਆ

ਵਾਅਦਿਆਂ ਤੇ ਲਾਰਿਆਂ ਨਾਲ ਦੇਸ਼ ਤਰੱਕੀ ਕਰ ਗਿਆ ਕਹਿੰਦੀ ਹੈ ਸਰਕਾਰ ਸੱਤਰ ਸਾਲਾਂ ਤੋਂ ਦੇਸ਼ ਦੀ ਜਨਤਾ ਵੀ ਕਰਦੀ ਆਈ ਹੈ ਇਤਬਾਰ ਮੇਰਾ ਦੇਸ਼ ਤਰੱਕੀ ਕਰ ਗਿਆ ਕਹਿੰਦੀ ਹੈ ਹਰ ਸਰਕਾਰ

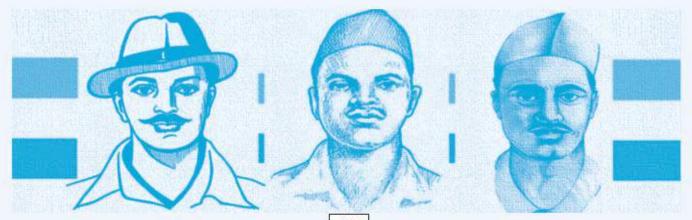
ਜਦੋਂ ਰੁੱਤ ਚੋਣਾ ਦੀ ਆਵੇ ਕੋਈ ਆਖੇ ਸਸਤੀ ਹੋ ਜਾਊ ਵਿਦਿਆ ਕੋਈ ਆਖੇ ਘਰ ਘਰ ਰੋਜ਼ਗਾਰ ਕੋਈ ਆਖੇ ਕਰਜ਼ਾ ਕੁਰਕੀ ਖਤਮ ਆਪੇ ਕਰਜੇ ਲਾਹੇਗੀ ਸਾਡੀ ਸਰਕਾਰ ਦੁੱਖ ਕੋਈ ਰਹਿਣ ਨਹੀਂ ਦੇਣਾ ਸੁੱਖਾਂ ਦੀ ਆਊ ਬਹਾਰ ਮੇਰਾ ਦੇਸ਼ ਤਰੱਕੀ ਕਰ ਗਿਆ ਕਹਿੰਦੀ ਹੈ ਹਰ ਸਰਕਾਰ

ਕੋਈ ਕਹਿੰਦਾ ਖੇਡ-ਪੱਤੀ ਕੋਈ ਆਖੇ ਮਿਲੇਗਾ ਆਟਾ ਦਾਂਲ ਕੁੜੀਆਂ ਲਈ ਚੱਲਣਗੀਆਂ ਸ਼ਗਨ ਸਕੀਮਾਂ ਮੋਬਾਈਲ ਫੋਨਾਂ ਦੀ ਵੀ ਕਰ ਦਿਆਂਗੇ ਭਰਮਾਰ ਮੇਰਾ ਦੇਸ਼ ਤਰੱਕੀ ਕਰ ਗਿਆ ਕਹਿੰਦੀ ਹੈ ਹਰ ਸਰਕਾਰ ਹੋ ਕੇ ਬਹਿ ਜਾਓ ਵਿਚਲੇ ਮਹਿੰਗਾਈ ਗਰੀਬੀ, ਭੁੱਖਮਰੀ ਉੱਠ ਜਾਊ ਆਪੇ ਮੁਕਣ ਨਹੀਂ ਪੈਸੇ-ਪੇਲੇ ਸੜਕਾਂ, ਸਕੂਲਾ ਅਤੇ ਹਬਪਤਾਲਾਂ ਤੋਂ ਹੱਥ ਖੜ੍ਹੇ ਨੇ ਸਾਡੇ ਆਪੇ ਚਲਾਉਣਗੇ ਇਨ੍ਹਾਂ ਨੂੰ ਬਾਹੂਕਾਰ ਦੇਸ਼ ਤਰੱਕੀ ਕਰ ਗਿਆ ਕਹਿੰਦੀ ਹੈ ਹਰ ਸਰਕਾਰ

ਮੈਦਿਰ ਮਸਜਿਦ ਦਾ ਮੁੱਦਾ ਕੋਈ ਨਾ ਰੇੜਕੇ ਸਿਆਸਤਦਾਨਾਂ ਨੇ ਪਾਏ ਸਾਂਤੀ ਦੇ ਨਾਲ ਰਹਿੰਦੇ ਲੋਕ ਆਪਸ ਵਿਚ ਲੜਾਏ ਵੋਟਾ ਖਾਤਰ ਮਰਨ ਮਰਵਾਉਣ ਨੂੰ ਜਾਵਣ ਕੁਰਸੀ ਬਣੀ ਫਿਰਦੀ ਹੈ ਵੱਡਾ ਕਾਰੋਬਾਰ ਮੈਰਾ ਦੇਸ਼ ਤਰੱਕੀ ਕਰ ਗਿਆ ਕਹਿੰਦੀ ਹੈ ਹਰ ਸਰਕਾਰ ਨਸ਼ਿਆ ਵਿਚ ਡੋਬ ਦਿੱਤੀ ਜਵਾਨੀ ਘਰ–ਘਰ ਹਾਹਾਕਾਰ ਰੋਟੀ ਖਾਤਿਰ ਸਰਵਣ ਪੁੱਤ ਗਏ ਵਿਦੇਸੀ ਬੁਢਾਪੇ ਦਾ ਹੋਇਆ ਬੁਰਾ ਹਾਲ ਰੱਬ ਆਸਰੇ ਵੱਡੇ ਲੋਕੀਂ ਨਹੀਂ ਹੁੰਦਾ ਸ਼ਰਮਸਾਰ ਵਾਅਦਿਆਂ ਤੇ ਲਾਅਰਿਆਂ ਵਿਚ ਦੇਸ਼ ਤਰੱਕੀ ਕਰ ਗਿਆ ਕਹਿੰਦੀ ਹੈ ਹਰ ਸਰਕਾਰ

> ਮੁਸਕਾਨ ਬੀ.ਏ. - 2

ਪੈਦਗਾਂ-ਪੈਦਰਾਂ ਲੱਖ ਵੀ ਪਾਵਾਂਗੇ ਖਾਤੇ





## SCIENCE SECTION



Shweta Wadhvan Staff Editor

### **EDITOR'S**

### Words

Humans develop language as method to communicate ones feelings, both in spoken and written. In any of these forms, an expressive person can create a complete picture of his thoughts. As we see around us lot of things are happening simultaneously which has effects on our minds which may be both positive and negative in their nature. These things cast more effect on tender minds of young humans, which have their own ways of interpret these happenings.

This is very interesting to see how these young minds at work perceive the situations and how they find solutions to the problems which are posed by society from time to time.

In this regard, college magazine is one of the numerous sincere efforts made by various temples of learning to give a vent to the feelings of the students. Tyagmurti the magazine of our college has this single motto in mind that students can express their feeling freely.

While overwhelmed scrutinizing the write ups I was surprised to see high degree of expressiveness depicted by the students in their writings.

## WHAT MAKES A POPCORN POP?

A handful of popcorn seeds can, in a flash, burst out of their shells and become something far greater than before. Accompanied by the sound of a mini-explosion as they make their transformation, the kernels expand up to 50 times their size, making them fluffy and chewable, with nutritional benefits, like fibre and antioxidants that make them a superhero of snacks.

A popcom kernel has three key components: The tough outer shell known as the pericarp, a middle layer known as the endosperm, and the innermost portion known as the germ or seed embryo. Packed inside each popcorn hull is water and starch. When popcorn kernels heat, the water turns into steam. This vapour creates pressure inside the seed. As the pressure builds, the starch starts to soften. When the seed reaches about 350 degrees, the hull, or pericarp, explodes under the pressure, and the starch breaks the confines of its shell and you can enjoy delicious popcorn!

M Sc II (Applied Chemistry)

## HOW CLIMATE CHANGE AFFECTS SEA LEVELS?

Average sea levels around the world are rising for two main reasons. Rising air temperatures have been melting land-based ice such as glaciers. That water eventually makes its way into the world's oceans. And it accounts for about two-thirds of global sea level rise, says William Sweet, an oceanographer at the National Oceanographic and Atmospheric Administration (NOAA) in Silver Spring, Md. The other third comes from the warming of seawater. Warmer water takes up more space. (Lower density of ice is the reason ice cubes float in your glass of water).

Worldwide, sea levels are rising by some 3 millimetres per year. That's about an inch every eight years. It's not a lot. But it can contribute to an array of problems, such as coastal flooding during high tides and bigger storm surges when hurricanes make landfall.

Nikita Goyal BSc II



## ANTIBIOTIC RESISTANCE

- Antibiotic resistance is one of the biggest threats to global health, food security, and development today.
- Antibiotic resistance can affect anyone, of any age, in any country.
- Antibiotic resistance occurs naturally, but misuse of antibiotics in humans and animals is accelerating the process.
- A growing number of infections such as pneumonia, tuberculosis, gonorrhoea, and salmonellosis – are becoming harder to treat as the antibiotics used to treat them become less effective.
- Antibiotic resistance leads to longer hospital stays, higher medical costs and increased mortality.

Ajay Thakur M Sc II (Applied Chemistry)

# AMAZING FACTS!



- Octopuses have three hearts, nine brains and blue blood.
- The average human body contains ten times more bacterial cells than normal cells.
- At over 2000 kilometre long, the Great Barrier Reef is the largest living structure on Earth.
- Humans can't taste food without saliva. Chemoreceptors in taste buds of your tongue require a liquid molecule for flavour to bind in the receptor.
- While Mercury resembles our moon in many ways, it has no moon of its own.
- Killer whales are considered to be dolphins.
- It is possible to die by drinking too much water. Water intoxication and hyponatremia results when a dehydrated person drinks too much water without the accompanying electrolytes.

**Devanshi Juneja** BSc II

## WHY DON'T WE FEEL THE EARTH MOVE?

The Earth moves very fast. It spins (rotates) at a speed of about 1,000 miles (1600 kilometers) per hour and orbits around the Sun at a speed of about 67,000 miles (107,000 kilometers) per hour. We do not feel any of this motion because these speeds are constant. The spinning and orbital speeds of Earth stay the same so we do not feel any acceleration or deceleration. You can only feel motion if your speed changes. For example, if you are in a car which is moving at a constant speed on a smooth surface, you will not feel much motion. However, when the car accelerates or when the brakes are applied, you do feel motion.

### WHY VEGANISM?

### What is Veganism?

Veganism is the practice of abstaining from the use of animal products, particularly in our diet, and an associated philosophy that rejects the commodity status of animals.

Why should we adopt a vegan diet?

### FOR THE ANIMALS:

Preventing the exploitation of animals is not the only reason for becoming vegan, but for many it remains the key factor in their decision to go vegan and stay vegan.

Many believe that all sentient creatures have a right to life and freedom.

Specifics aside, avoiding animal products is one of the most obvious ways in which you can take a stand against animal cruelty and animal exploitation everywhere.

#### FOR YOUR HEALTH:

Well-planned vegan diets follow healthy eating guidelines, and contain all the nutrients that our bodies need.

Some research has linked vegan diets with lower blood pressure and cholesterol, and lower rates of heart disease, type 2 diabetes and some types of cancer.

Getting your nutrients from plant foods allows more room in your diet for healthpromoting options like whole grains, fruits, nuts, seeds and vegetables, which are packed full of beneficial fibre, vitamins and minerals

#### FOR THE ENVIRONMENT:

One of the most effective things an individual can do to lower their carbon footprint is to avoid all animal products. This goes way beyond the problem of cow flatulence! The vast amount of grain feed required for meat production is a significant contributor to deforestation, habitat loss and species extinction.

On the other hand, considerably lower quantities of crops and water are required to sustain a vegan diet, making the switch to veganism one of the easiest, most enjoyable and most effective ways of reducing our impact on the environment.

### Why vegetarianism isn't enough?

The suffering caused by the dairy and egg industry is possibly less well publicised than the plight of factory farmed animals.

The production of dairy products necessitates the death of countless male calves that are of no use to the dairy farmer, as well as the premature death of cows slaughtered when their milk production decreases.

Similarly, in the egg industry, even 'ethical' or 'free range' eggs involve the killing of the 'unnecessary' male chicks when just a day old.

#### ETHICAL MEAT?

It's tempting to want to believe that the meat we eat is ethical, that our 'food animals' have lived full, happy lives and that they have experienced no pain or fear at the slaughterhouse. Yet the sad truth is that all living creatures (even those labelled 'free range' or 'organic') fear death, just as we do. No matter how they are treated when alive, they all experience the same fear when it comes to slaughter.

Nancy Sharma B.Sc. II Medical

# DOCTORS TO BE REPLACED BY AI???

We are living in a world where technology is dynamically evolving and is having the potential to revolutionize any piece of work that used to have a finite set of possibilities. The contribution of artificial intelligence i.e. machine intelligence is gradually increasing in every field and certainly bringing unbelievable changes.

In health care sector, AI is estimated to not only aid in diagnostic work but also in drug development, devising personalized medicines and closely monitoring patients. A large number of pioneering technology vendors are currently involved in developing AI algorithms for the medical sector. It has been estimated that within the next 4-5 years there will be a great revolution in the medical sector due to the introduction of AI.



### 5 reasons why AI should be used:

### Life threatening medical emergencies

All is capable of detecting heart attacks and strokes before they happen which is not practically possible by humans.

### 2) Virtual doctors for personalized care

Al-enabled robots or virtual humans that are digitally visualised can constantly keep track of a patient's day-to-day vital signs and biometric data.

### Virtual patients for health care training

There will be robots with the same mechanical anatomy, blood vessels and tissues as humans and these robots will be able to simulate ultra-realistic patients in terms of their psychological and physical behaviour.

### Robotic surgeons

In remote and rural areas local hospitals could provide emergency surgery using these robots, supervised by remote surgeons and specialists.

### Super-smart assistant surgeons.

When a surgeon has to make crucial decisions or actions, the robotic or virtual assistant can help to provide analysis of possible outcomes and risks based on observing the specific situation and comparing it with similar cases around the world.

As we know everything has both negative and positive aspects, introduction of AI has also many drawbacks but the positive impact has a wider view and hence cannot be ignored.



B Sc II

## NUCLEAR WEAPONS HIROSHIMA & NAGASAKI

nuclear weapon is an explosive device that derives its destructive force from nuclear reactions, either fission (fission bomb) or from a combination of fission and fusion reactions (thermonuclear bomb).

In fission weapons, a mass of fissile material is used —allowing an exponential growth of nuclear chain reactions.



#### DISCOVERY

A discovery by nuclear physicists in a laboratory in Berlin, Germany, in 1938 made the first atomic bomb possible, after Otto Hahn, LiseMeitner and Fritz Strassman discovered nuclear fission.

The Manhattan Project was the code name for the American-led effort to develop a functional atomic bomb during WORLDWAR -II. The Manhattan Project was started in response to fears that German scientists had been working on a weapon using nuclear technology since the 1930s.

Hiroshima and Nagasaki Bombings

Scientists at Los Alamos had developed two distinct types of atomic bombs by 1945—a uranium-based design called the "Little Boy" and a plutonium-based weapon called the "Fat Man."

On August 6, 1945, the United States dropped its first atomic bomb from a B-29 bomber plane called the Enola Gay on the Japanese city of Hiroshima. The "Little Boy" exploded with about 13 kilotons of force, levelling five square miles of the city and killing 80,000 people instantly. Tens of thousands more would later die from radiation exposure.

The United States dropped a second atomic bomb three days later on the city of Nagasaki. The "Fat Man" killed an estimated 40,000 people on impact.

### SIDE EFFECTS:

- Radiation exposure might have caused 421 excess cancers. Of the 17 types of cancers considered, survivors suffered excesses in 16.
- Studies on 1600 children who were irradiated while they were in their mother's womb during the atomic bomb explosions in the two cities revealed that 30 of them suffered severe mental retardation.
- Studies of children born to mothers who received whole-body radiation doses between 50 and 100 rad following the Japanese atomic bombing showed that the children had an increased risk for small brain size and mental retardation.
- Some estimates state up to 200,000 had died by 1950, due to cancer and other longterm effects. From 1950 to 1990, roughly 9% of the cancer and leukaemia deaths among bomb survivors was due to radiation from the bomb.

### ABOUT THE BOMBS: THE LITTLE BOY BOMB:

The little boy bomb design consisted of a gun that fired one mass of uranium 235 at another mass of uranium 235, thus creating a supercritical mass. A crucial requirement was that the pieces be brought together in a time shorter than the time between spontaneous fissions. Once the two pieces of uranium are brought together, the initiator introduces a burst of neutrons and the chain reaction begins, continuing until the energy released becomes so great that the bomb simply blows itself apart.

#### THE FAT MAN BOMB:

A gun-type bomb would not be fast enough to work. Before the bomb could be assembled, a few stray neutrons would have been emitted, and these would start a premature chain reaction - leading to a great reduction in the energy released.

Seth Neddermeyer, a scientist at Los Alamos, developed the idea of using explosive charges to compress a sphere of plutonium very rapidly to a density sufficient to make it go critical and produce a nuclear explosion.

### INDIAN SCIENTISTS

### MAKING INDIA PROUD

In the last decade, Indian Institute of Science, in Bengaluru, has churned out a large number of innovations, with the focus being on producing indigenous research and making them available to the country and the world at an affordable rate. From detecting heart conditions to making lenses affordable for cataract patients, innovations in water purifying and discoveries in cancer drug treatments, here are a few additions to the future of science and technology in India:

#### A Solar Water Purifier

Another twist to the water purifier, this innovation by Professor Vasant Natarajan, from the Department of Physics is low cost and does not require membranes or electricity. According to Professor Natarajan, this device could purify all kinds of water – sea, bore well, ponds, even rain water – into drinkable water, and produce 1.5 litres out of 3 litres of impure water. Explaining how the device works, he said that first the water is evaporated using solar energy, and then the vapours are condensed on a cold surface. What's left behind is all the impure substances such as bacteria, arsenic, and fluoride.

### A Non-hazardous Stain for Scientists

Researchers in labs often work with a number of chemicals and hazardous materials that could affect their health. Acid stains are used to test a number of chemicals that are probably carcinogenic. J Fathima Benazir developed a stain which, if replaced with acid stains, could help researchers reduce their exposure to harmful chemicals. The new stain called Tinto Rang is made from plants, and is even safe for consumption. This indigenous invention could also be the safest in the world, according to Benazir.

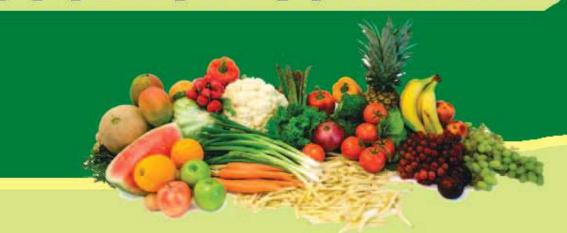
### Smartphone-Turned-Malaria-Detector

Ever thought one could detect malaria through a smartphone? Dr Sai Siva Gorthi, from the department of Instrumental and Applied Physics and her team did so. They converted a smartphone into a powerful microscopic device that eliminates the various stages of blood testing to detect malaria. The team replaced the phone camera with high resolution optics of a microscope. The smartphone also has software that studies the images captured through the microscope and tells even a layman whether it has the malaria virus or not. It requires a tiny amount of blood as a sample.

### A Revolutionary Cancer Molecule Inhibitor

Sathees C Raghavan, Associate Professor with IISc's Biochemistry department and his team developed a molecule inhibitor, SCR7, which could revolutionize cancer treatment. In 2014, scientists at MIT tested the molecule and discovered its efficiency and potential in becoming an integral part of anti-cancer drugs. The molecule inhibitor binds with the cancer cells to block its DNA from repair, thereby killing the cancer cells. While the drugs are still under research, the fact remains that an Indian team was vital in creating an anti-cancer drug.

## **MULTIVITAMINS ARE**"GOOD FOR YOUR HEALTH"



It's 2019 and the vitamin industry is currently valued around 37 billion. People take vitamins to grow shinler hair, boost weight loss, and make it through cold and flu season unscathed, to increase their immunity. Unfortunately, multivitamins are about as legitimate as Coca-Cola's nerve tonic.

Published in the Journal of the American College of Cardiology, researchers from \$t Michael's Hospital and the University of Toronto reviewed the most common supplements taken by the general population including A, B1, B2, B3 (niacin), B6, B9 (folic acid), C, D and E. Researchers have revealed that common pills, like vitamin C capsules, have been proven not to provide any health benefits instead some could even increase the risk of death. They even suggest people are better off getting their nutrients from eating a healthy diet of fruits and vegetables. For one, there is almost no government oversight regulating the promises vitamin and herbal supplement sellers make. While we know the health benefits of many vitamins in the context of a varied diet, when taken in pill form, you often just pee the vitamins out. The Australian Medical Association has gone so far as to call multivitamins "very expensive urine." Even more alarming is the fact evidenced by recent research that suggests mainlining vitamin B can increase your risk of lung cancer and some others including niacin and antioxidants, showed signs of increased risk of death from many causes.

It was also found that while multivitamins, vitamin D, calcium and vitamin C showed no harm but they also showed no benefit in the prevention of cardiovascular disease, heart attacks, strokes or premature death. One of the supplements, folic acid, was found to have some positive effects and was proven to help reduce the risk of heart disease or stroke. "We were surprised to find so few positive effects of the most common supplements that people consume," Dr. David Jenkins, the study's lead author told Science Daily. These findings suggest that people should be conscious of the supplements they are taking and ensure that they are applicable to the specific vitamin or mineral deficiencies they have been advised by their healthcare provider.

## IN SIGHT

he Interior Exploration using Seismic Investigations, Geodesy and Heat Transport (in Sight) mission is a robatic lander designed to study the deep interior of the planet Mars. It was manufactured by Lockheed Martin, and is managed by NASA's Jet Propulsion Laboratory, and most payload instruments it carries were built by European agencies. The mission launched on 5 May 2018 at 11:05 UTC aboard an Atlas V-401 rocket successfully landed at Elyslum Planttia on Mars on 26 November 2018 at 19:52:59 UTC. In Sight travelled 483 million km (300 million mi) during its journey.

In Sight's objectives are to place a seismometer, called SEIS, on the surface of Mars to measure seismic activity and provide accurate 3D models of the planet's interior; and measure internal heat flow using a heat probe called HP to study Mars' early geological evolution. This could bring a new understanding of how the Solar System's terrestrial planets – Mercury, Venus, Earth, Mars—and Earth's Moon form and evolve.

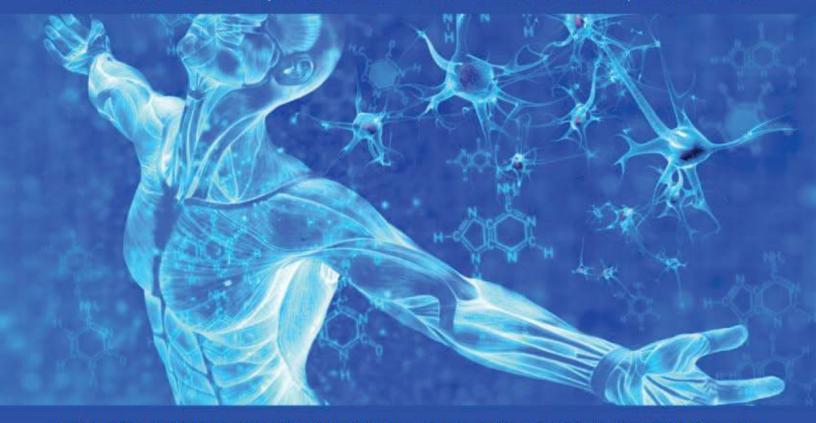
The lander was originally planned for launch in March 2016. Following a persistent vacuum failure in the SEIS instrument prior to the launch, with the 2016 launch window missed, in Sight was returned to Lockheed Martin's facility in Denver, Colorado, for storage. NASA officials decided in March 2016 to delay launching in Sight to May 2018. This allowed time for the seismometer issue to be fixed, although it increased the cost from the previous US\$675 million to a total of US\$830 million. By reusing technology from the Mars Phoenixlander, which successfully landed on Mars in 2008, mission costs and risks were reduced.



## HOW HUMAN EMBRYONIC STEM CELLS SPARKED A REVOLUTION

After 20 years of hope, promise and controversy, human embryonic stem cells are reshaping blological concepts and starting to move into the clinic.

Dieter Egli was Just about to start graduate school in 1998 when researchers first worked out how to derive human embryonic stem cells. In the two decades since, the prolific cells have



been a fixture of his career. The biologist, now at Columbia University in New York City, has used them to explore how DNA from adult cells can be reprogrammed to an embryonic state, and to tackle questions about the development and treatment of diabetes. He has even helped to develop an entirely new form of human embryonic stem cell that could simplify studies on what different human genes do.

His wide-ranging research established him as a leader in embryonic stem-cell biology, a field challenged by restricted funding and an enthusiasm competing technologies that don't carry the same ethical baggage. Still, many say that human embryonic stem cells are now more relevant than ever. "I am very excited about embryonic stem cells," says Egil. "They will lead to unprecedented discoveries that will transform life. I have no doubt about it."

Embryonic stem (ES) cells provide unparalleled information on early development. Like astronomers looking back to the Big Bang for fundamental insight about the Universe,

biologists rake over the molecules inside these remarkable entities for clues as to how a single original cell turns into trillions, with a dizzying array of forms and functions. Scientists have learnt how to turn the cells into dozens of mature cell types representing various tissues and organs in the body. These are used to test drugs, to model disease and, increasingly, as therapies injected into the body. Starting with an attempt to repair spinal-cord injuries in 2010, there have been more than a dozen clinical trials of cells created from ES cells — to treat Parkinson's disease and diabetes, among other conditions. Early results suggest that some approaches are working: a long-awaited report shows improved vision in two people with age-related macular degeneration, a disease that destroys the sharpness of vision. "In some ways, it's not a surprise, because 20 years ago we expected it," says Egli, "but I'm still surprised that this promise is becoming a reality."

### Tentative beginnings

In 1981, researchers managed to culture stem cells from mouse embryos. They soon recognized the research potential of these intriguing entities, which can both replicate themselves and be nudged into becoming any of the body's 200-plus cell types. But that trick was not easy to accomplish in primates. It took biologist James Thomson, at the University of Wisconsin–Madison 14 years to achieve it in monkeys. Three years later, using donated embryos that had gone unused in fertility treatments, Thomson struck again, creating the world's first human ES-cell line.

The discovery sparked an ethical firestorm. Critics, mostly from religious circles, argued that embryos constitute human beings, and wanted to prevent any research that involved destroying them. In 2001, US President George W. Bush restricted government funding to research on just a few existing ES-cell lines. The decision effectively forced those intent on carrying out the research in the United States to seek private or state funding, and often to create duplicate laboratories — one for ES-cell research and another for work funded by the US federal government. In other countries, including Germany and Italy, the creation of the cells was banned altogether.

Researchers also discussed plans to derive stem cells from embryos made by a process called somatic-cell nuclear transfer—the same method used to create cloned animals such as Dolly the sheep—in which the nucleus from an adult donor cell is transferred into a human egg that has had its nucleus removed. The rationale for this 'therapeutic cloning' was to provide a limitless source of dynamic cells with the same DNA as the cell donor. They started talking about studying complex genetic diseases 'in a dish' and replacing failing organs and tissues in the same way that mechanics replace car parts. There were several false starts, notably in 2005, when investigators found that South Korean scientist Woo Suk Hwang had fraudulently claimed to have isolated stem cells in this way. But by 2013, a team led by ShoukhratMitalipov, a stem-cell researcher at the Oregon Health and Science University in Portland, finally succeeded.

Many predicted that iPS cells would soon displace embryonic stem cells in the research space, but it didn't happen. The number of ES-cell publications grew rapidly after 2006 and has held pace, at about 2,000 per year since 2012. Part of the reason was that ES cells were the gold standard against which researchers could compare iPS cells. And even today, there

are some who doubt the safety of using iPS cells. Zhou Qi, a stem-cell biologist at the Chinese Academy of Sciences Institute of Zoology in Beijing, says that concerns that iPS cells would cause tumours inspired him to use ES cells for more than a dozen clinical trials he is orchestrating.

### Time to diversify

Researchers are also trying to grow organs. Given the right signalling molecules and 3D environment, ES cells organize into complex tissues known as organoids, even in a dish. This capacity is important for researchers such as James Wells at Cincinnati Children's Hospital in Ohio, who is developing intestinal organoids for testing drugs, and perhaps one day for transplant.

And new sources of ES cells have presented other research tools for genetic disease. In 2004, for example, fertility doctors in Chicago started making ES-cell lines from embryos created through in vitro fertilization that had been found to have a genetic defect, and thus were rejected for fertility treatments. This allowed the team to create cellular models of thalassaemia, Huntington's disease, Marfan's syndrome, muscular dystrophy and other genetic conditions. In 2007, researchers used ES cells to pin down the molecular changes that lead to cognitive impairments seen in a heritable condition known as Fragile X syndrome. Researchers say that iPS cells promise even more for disease-in-a-dish studies — namely the ability to grow stem cells from any living person with a suspected genetic condition. But many investigators still see strong potential for ES cells in this area. Some conditions cause damage to adult cells that would make any iPS cells derived from them uninformative. And ES cells still have a supporting role.

The advances in disease research with ES cells has not been easy. It took Douglas Melton at the Harvard Stem Cell Institute in Cambridge 15 years to turn ES cells into functional  $\beta$ -cells — the pancreatic cells that can sense glucose and produce insulin.

#### Cell revival

Melton has plans for the β-cells he's made from ES cells. He hopes to transplant them into people with type 1 diabetes to end, or at least reduce, their reliance on insulin injections. The last hurdle in the work is introducing the cells so that they are not destroyed by the immune system. Semma Therapeutics, a company that Melton founded in Cambridge, aims to do this by ensconcing the cells in a pouch that would allow nutrients in and insulin out, but would block access to immune cells. He expects to start clinical trials within three years. ViaCyte in San Diego, California, paused enrolment for a clinical trial it launched in 2014 to redesign its encapsulation technology. Last year, it started a separate clinical trial using a modified delivery mechanism. And other companies, such as Novo Nordisk in Denmark are starting up programmes for diabetes using cells derived from ES cells.

In the clinical realm, many have assumed that iPS cells would eventually win out over ES cells. One potential advantage is that they can produce cells and tissues with the same DNA as the patient and thus not cause an immune reaction when transplanted. But for most genetic diseases, including type 1 diabetes, iPS cells created from a patient would contain the mutation that causes the problem, and the cells would have to be modified to confer any therapeutic benefit.

# INDIAN REGIONAL NAVIGATION SATELLITE SYSTEM (IRNSS)

The Indian Regional Navigation Satellite System (IRNSS), with an operational name of NAVIC is an autonomous regional satellite navigation system that provides accurate real-time positioning and timing services. It covers India and a region extending 1,500 km (930 mi) around it, with plans for further extension. An Extended Service Area lies between the primary service area and a rectangle area enclosed by the 30th parallel south to the 50th parallel north and the 30th meridian east to the 130th meridian east, 1,500–6,000 km beyond borders. The system at present consists of a constellation of seven satellites, with two additional satellites on ground as stand-by.

The constellation is in orbit as of 2018, and the system was expected to be operational from early 2018 after a system check. NAVIC will provide two levels of service, the "standard positioning service", which will be open for civilian use, and a "restricted service" for authorized users

As part of the project, the INDIAN SPACE RESEARCH ORGANISATION (ISRO) opened a new satellite navigation centre within the campus of ISRO DEEP SPACE NETWORK (DSN) at BYALALU in KARNATAKA on 28 May 2013. A network of 21 ranging stations located across the country will provide data for the ORBITAL DETERMINATION of the satellites and monitoring of the navigation signal.

The total cost of the project was expected to be 1,420 crore (U\$\$198 million), with the cost of the ground segment being 300 crore (U\$\$42 million). Each satellite costs 150 crore (U\$\$21 million) and the P\$LV-XL version rocket costs around 130 crore (U\$\$18 million). The planned seven rockets

would have involved an outlay of around 910 crore (US\$127 million).

NAVIC signals will consist of a Standard Positioning Service and a Precision Service. Both will be carried on L5 (1176.45 MHz) and S band (2492.028 MHz). The SPS signal will be modulated by a 1 MHz BPSK signal. The navigation signals themselves would be transmitted in the S-BAND frequency (2–4 GHz) and broadcast through a phased array antenna to maintain the required coverage and signal strength. The satellites would weigh approximately 1,330 kg and their solar panels would generate 1,400 watts.

The system is intended to provide an absolute position accuracy of better than 10 meters throughout the INDIAN LANDMASS and better than 20 meters in the Indian Ocean as well as a region extending approximately 1,500 km (930 mi) around India. The SPACE APPLICATIONS CENTRE in 2017 said NAVIC will provide standard positioning service to all users with a position accuracy up to 5 m. The GPS, for comparison, had a position accuracy of 20-30 m. Unlike GPS which is dependent only on L-band, NAVIC has dual frequency (S and L bands). When low frequency signal travels through the atmosphere, its velocity changes due to atmospheric disturbances. US banks on atmospheric model to assess frequency error and it has to update this model from time to time to assess the exact error. In India's case, the actual delay is assessed by measuring the difference in delay of dual frequency (S and L bands). Therefore, NAVIC is not dependent on any model to find the frequency error and is more accurate than GPS.

MSc-I (APPLIED CHEMISTRY)

# CREATION OF METALLIC HYDROGEN

s reported back in September, two studies, each with a different approach, were attempting to create metallic hydrogen, and now, more than 80 years after it was predicted to be possible, the Harvard University team has finally managed to produce the elusive state. Physicists Isaac Silvera, who has been working on this problem for 45 years, and Ranga Dias published their study's results in the journal Science.

To develop metallic hydrogen, Silvera's team squeezed two opposing heavy-duty diamonds together to compress gaseous hydrogen, and then they transitioned it into its liquid state by lowering the temperature [hydrogen liquifies at a temperature of -252°C (-423°F)]. They then gradually increased the applied pressure on the solid hydrogen by twisting a steel screw to exert force on the diamond anvii. It was then that changes were noticed.

At about 2 million atmospheres (or 200 glgapascal), the hydrogen stayed transparent. It turned an opaque black at 4 million atmospheres, pressure levels greater than those found at the center of the Earth. Then, at around 4.95 million atmospheres, the hydrogen started to reflect 90 percent of light shone on it. This meant it had become metallic, a state of hydrogen that had never existed on our planet before. Silvera calls it "the holy grail of high-pressure physics."

This, of course, is no small feat. Transforming hydrogen gas into a metallic state, a phenomenon known as the Wigner-Huntington transition, was first predicted in 1935. Previous tests to bring this phenomenon to life had not been successful because diamonds would break under such extreme pressure, either due to flaws in the diamonds or the hydrogen itself diffusing into the crystalline lattice of the diamonds, causing them to break apart. To work around these problems, Silvera's team used a reactive ion etching technique to remove any nanoscale imperfections and created a diffusion barrier by coating the diamonds with a thin layer of alumina.

RohithAwasthy M Sc-I (APPLIED CHEMISTRY)

## DISCOVERY OF GPS SYSTEM AND ITS USES

The Global Positioning System (GPS) is a network of about 30 satellites orbiting the Earth at an altitude of 20,000 km. The idea for GPS came from the use of networked ground-based radio navigation systems and from US scientists tracking the launch of the Russian spacecraft Sputnik, the first artificial satellite orbiting the Earth, in 1957. Roger L. Easton. Roger Lee Easton, Sr. (April 30, 1921 – May 8, 2014) was an American scientist/physicist who was the principal inventor and designer of the Global Positioning System, along with Ivan A. Getting and Bradford Parkinson. The first revolution of the GPS system was finally completed in 1995 when the last of a full "constellation" of 27 fully operational GPS satellites was launched into space. Once it has information on how far away at least three satellites are, your GPS receiver can pinpoint your location using a process called trilateration.

### Major benefit of GPS tracking system:

- 1-Live Locations- You can determine the live position of vehicle pets and persons.
- 2-Navigation-Through it, you can get five data from one location to another location easily
- 3-Tracking-Through it you can monitor an object, person or vehicle live.
- 4-Mapping-You can create maps of the world.
- 5-Timing-Through it you can easily get a precise timing of the world.



## **Some Interesting Facts**

- There is enough DNA in the average person's body to stretch from the sun to Pluto and back—17 times!
- It takes a photon up to 40,000 years to travel from the core of the sun to its surface, but only 8 minutes to travel the rest of the way to the Earth!
- In an entire lifetime, the average person walks the equivalent of five times around the Earth!
- Octopuses have three hearts, nine brains, and blue blood!
- The known universe is made up of 50,000,000,000 galaxies.

Snov Chauhan BSc II

## **Odd Facts About Your Body**

- It is physically impossible for you to lick your elbow! Almost everyone who reads this will
  try to lick their elbow!
- Like fingerprints, everyone's tongue print is different!
- Your heart beats over 100,000 times a day!
- It takes approximately 12 hours for food to completely digest!
- A sneeze travels out of your mouth at over 100 m.p.h!
- Women blink nearly twice as often as men!
- Most of the dust particles in your house are dead skin!
- There is a company that will (for \$14,000) take your ashes and compress them into a synthetic diamond to be set in jewellery for a loved one!
- There are more living organisms on the skin of a single human being than there are human beings on the surface of the earth!
- The longest bout of hiccups lasted nearly 69 years!
- Men can read smaller print than women. Women can hear better!
- Wearing headphones for just an hour will increase the bacteria in your ear by 700 times!
- If you sneeze too hard you can fracture a rib. If you try to suppress a sneeze you can
  rupture a blood vessel in your head or neck and die. If you keep your eyes open by
  force they can pop out!
- Every time you lick a stamp, you're consuming 1/10 of a calorie!
- Our eyes are always the same size from birth, but our nose and ears never stop growing!
- The average person falls asleep in seven minutes!
- According to Chinese acupuncture, there is a point on the head that you can press to control your appetite. It is located in the hollow just in front of the flap of the earl

Tanvi Saluja B Sc II

### **Another Life!**

Another life, you won't get, This thing for sure I bet, So dear, why do you love? When you know It isn't peaceful as dove. And why do you waste your time? When for you. It's time to shine. My dear friend, aet up, And show the world! That you're priceless, And above all. No need of fame. Just be as you are, the same. People will love you, People will respect you, Just do good deeds. And be a beautiful soul. Because in the end It is all that matters. Leave all the selfishness. And love of people you gather. Be happy with what you have, Don't fall into love, It's all a trap. Just love the life you live, And live the life you love. Because another life you won't get, This thing for sure I bet!

> Nandini Awasthi B.Sc.I (Medical)

## The Worthy Life!

This is a story, a story of a girl,

Young and chirpy, Beautiful as a pearl,

Her eyes so bright, Smile so relaxing,

Her love for Art, Always ready for sketching,

One fine day, a prince came,

From that day onwards her life changed,

Like all princess stories,

Her life became one.

Many came for her love,

But she agreed to none.

Because in this love trap, she'd already fallen.

For her prince was smart, smart as hell.

Always dreaming about her prince,

Wishing one day it comes true,

That prince will take her princess,

Take her to places new.

She thought he was an angel,

An angel sent on earth,

To give this beautiful princess life,

To her life its worth.

Nandini Awasthi

B.Sc. I(Medical)

## The Mask!

I hide my tears, everyday,
Forever in disguise, I'll stay,
I'll smile wide despite the tears that fall,
I'll show no sign of weakness at all,

Behind all the smiles were the tears,
And behind all the comfort were the fears,
My soul was dying to break free,
To be the person I wanted to be,

But then I designed a mask so unique, It could hide the person who was so weak, But little inside, I still felt empty, Like I was missing a part of me,

> Then one fine day, Admist the fears, I realised, I was a fighter, Born to fight.

So I removed,
This unique mask,
Woke up the next day,
With no fear in my heart,

And now with a smile on my face.
I let people know,
The part of me,
I kept ablaze.

## Despair **Ends**

The buds bloomed, the babies giggled, Over petty things, he argued, he niggled, Tired and fed up of finding gold mines. Failures and failures is all he got from time, He saw many downs, he fell a lot, Moreover, many broke his heart, many rejections he got, The days went, his destiny faded, No hope of happiness, no one aided, The day will come, everything will mend. He knew that his discontent will come to an end. One fine day, looking upon those shabby stones, his eyes stuck, The brightest and hardest stone, brightening his luck. Who knew the life would change so fast, Exuberating the future, contradicting the past, Without giving you something better, nothing will that God take, So never give up on your hopes, never let your belief break.

> Muskan Sadana B.Sc. I (Non-Medical)

## Regards To My Teachers

Teacher, one of the most important person playing part in my success, The one whose efforts are always there to make me best.

I pay regards to my all teachers for what and how they taught, Their purity of heart and clarity of mind helped me a lot.

A teacher is not a person who just educates, But the one who tries to embellish our fate.

Though, sometimes for our impishness, these sweet mentors scold, But I still find it good because it was important for changing me into gold.

I wish, I meet, my teachers, again a few, To tell them, "I am here only because of you."

## A Scientific Love Song

I am attracted to you, Like an electron to a proton, Together we form an ionic bond. Though we are opposite charged ions, I am drawn towards you. Our love is unique as an orbital, For only two electrons can fill this space. As my love for you increases, My energy level rises, I am in this excited state. Increasing the tendency to form a chemical bond. I was an element, It took you to make me compound substance, Falling in love with you is a chemical reaction, Which causes my love for you to grow. Ours is an exothermic love. Each giving off love not just absorbing it. Sometimes you do something especially nice, Which speeds up the chemical process, Like a catalyst in my increasing love for you. I realise we have our inhibition periods. And sometimes I am selfish enough, To be an endothermic reaction. Only absorbing your love, The feeling I have for you is so intense, It cannot measured in kilo joules, Often I have to make a qualitative elementary analysis, To understand and love you more. But I don't expect to know your empirical formula, You are too complex a person for that when you are gone. I am a noble gas, An inert substance. When I am without you. The world seems still,

And I am at equilibrium.

Ravieen kaur

M.Sc.I Applied Chemistry (Pharmaceutical)

### **Beautiful Soul!**

I want to learn.

All that I can.

Not just to know,

But to understand.

What caused you pain,

Who gave you scars?

Everything that has made you

The way today you are.

You didn't tell me everything,

But I can feel your pain.

You are a brave man,

Maybe a little shattered by pain.

Being your friend

Makes me proud,

You are a beautiful soul,

Now I can say it aloud.

When no one was there.

You stood for me.

Maybe to understand,

Or set me free.

But one thing is for sure,

I still don't know you as a whole.

All I know is,

You're a beautiful soul.

Nandini Awasthi B.Sc. I (Medical)



### In The Middle Of Nowhere

Life is in The Middle of Nowhere,
There is no place to call home,
You suffer in silence,
In this, you are alone.
People are talking but no one hears,
Your body yells for help but no one appears,
You scream your voice raw so heaven can hear,
You talk, and move until the devil appears,
This is Life in The Middle of Nowhere
It is no place to call home,
So, yes in here you die alone.

Sakshi Arora B.Sc. II (Medical)

## The Hurting

She wasn't fair So wasn't life And the people

The day she started slapping fairness creams on her face, She was a part of the beauty race, She had erred on herpart, By putting those creams In her cart.

Herround belly was a thing to-be laughed on, Making her worry about what had to be worn.

> She wasn't worried about the society. She was scared of her Own blood Who let her in anxiety?

Anubha Gupta B.Sc. I (Biotechnology Hons.)



Dr. Mani Parti Staff Editor

### EDITOR'S MESSAGE

To be able to express one's thoughts in verse or prose, coherently and eloquently is an art, difficult to master. Humankind progresses when thoughts and ideas are refined, shared and revised. Literature is a safe haven for not just the philologists but also for anyone who looks within and has a story to tell or a sentiment to express. As much poetry we find in the auter world, the inner world and its beauty renders itself in the same way. Words give us the capacity to show love, angst, and all kinds of emotions. It is a gateway to understanding life on earth, as we know it. Reading expands our horizons but writing allows us to make sense of such transformations.

The comfort that is to be found in the company of words, pen and paper is unlike any experience of human interaction. The act of giving shape to one's thoughts in the form of articulate words and to realize that such an abstract and fragile thing as one's feelings and ideas, is on the paper in the form of locution, is a wonder inspiring phenomenon. Writing preserves one's mental reflections in the way photographs preserve one's memories. The articles, stories, poems and essays published in this section apprise us of the issues faced by our youth and present the essence of their thought process. One may notice how students contributing from various disciplines engage in critical thinking over similar humanitarian concerns.

It gives me immense joy to present the 'English Section' of 'Tyagmurti', which celebrates the intellectual prowess, and creative meditations of our students. I would like to offer appreciation to all the contributors who shared snippets from their lives' journey through their literary skills. As important as it is to pen down one's ruminations, it is equal if not more important, to have these voices and thoughts heard, wherein the significant role of the reader comes in. Here's hoping that you relish reading the literary pieces in this magazine as much as the creators of the content enjoyed writing them.

## **Brain** Drain

Brain Drain refers to the situation when highly qualified and trained people leave a country to permanently settle in some other country. It is also referred to as human capital flight. Highly educated professionals migrate to advanced countries for better opportunities and a comfortable life style.

The problem of brain-drain, in our age, has become very elusive. The developing countries like India are desperately in need of talent, especially in the field of science and technology but for one reason or the other the talent is fleeing their countries, leaving their native land impoverished in the process.

Brain Drain is an extremely serious problem for developing countries. The destiny of such countries lies in the solution to this great problem. India can be taken as an instance in point.



After independence, our country has been busy infighting against poverty. But struggles cannot be launched in papers; they require armies of trained personnel – the scientists, technical knowhow and specialists in the field of planned development. If, instead of contributing to the prosperity of India, the Indian scientists, research scholars, engineers, doctors and economists migrate to other countries, it will be difficult for our country to implement it's development plans and attain it's goal of prosperity.

In ancient times the scholars of one country visited neighbouring countries, and they often stayed there for years, both learning and teaching. The great scholars of China and Persia and other scholars from the West visited India during it's prosperous days in the past and wrote memoirs which are precious materials for Indian history. But these were not considered brain drain then. For when Hiuen Tsang came to India or Shilbhadra visited Tibet, staying there for many years, their absence from their own countries did not make much difference. On the contrary, their experiences and wisdom gained from their visits enriched their countries. Such exchanges benefited the countries in those days and built a bridge of understanding and amity when communication between even the neighbours was not easy.

In the under-developed countries like India, the ambitious and highly educated people found it very difficult to climb the peak, for the obstacles were many and the bureaucratic bungling was irritating. Hence, the alarming exodus started in the fifties and in the seventies the brain-drain appeared to be complete. Hundreds of talented people emigrated to the U.S.A. and Europe which assured them of great opportunities for getting to the top of secure and comfortable living, of satisfaction and of glory in their respective fields. If the emigrants could have all those assurances they would not think of fleeing their country.

But the problem is that a developing country like India could hardly afford to accommodate so many ambitious people, nor could the scope be made broad enough to secure affluence for all. Some of them, after training and experiences in foreign countries, return home with individual dreams and when they fall to fit in with the evolving patterns at home, despair drives them away again.

But India needs these professionally trained people, so they should be persuaded to stay in India and be content with less lucrative jobs. When India is rich enough to reward them, they would not find much to complain about. All these people are among the fortunate few, enjoying the privilege of education, while nearly eighty percent of Indians languish in dark hovels. It is the duty and responsibility of those privileged few to take them out of the morass, instead of jointing the mad rush for careerism. There may be many obstacles in their way, but their dedicated services and patriotic zeal will help them rise above them and restore to India her lost glory.

Priya Pasricha B.Com Ist Year

## **Business Journalism:**The Contemporary Underdog

median between two highly sought after vocations, business journalism seems to be the profession in vogue today. Mastering the art of both data analysis and reportage allows the millennial news hounds to cater to the wants of the emerging global corporate force whilst snapping the shackles of traditional and often neglected age-old business newspaper columns.

Emerging as then umerouno mascat of 'the unexplored professions', business journalism allows its voracious readers to be up to date about the financial dealings of companies, their global implications, adeptness of the company personnel and the attentiveness of organizations towards environmental scenarios. In today's times, wherein the most powerful nation- United States of America is being run by President Donald Trump who has been a business magnate all his life, it is remarkably highlighted that a sound proficiency in the underlying economic principles helps both, the journalists in covering paramount news with finesse and the readers in deciphering the same.

An illustrious example to accentuate the significance of this career choice is the latest broadcast on the 'extradition of the fugitive Indian tycoon: Vijay Malaya'. While most reporters just limit themselves to the scandalous homecoming of the famed entrepreneur, the business journalists however, go deep into the waters and economically reason it out. The business reportage explains how the industrialist has been named in Central Bureau of Investigation's charge sheet and has been accused of not obliging to a payment of Rs 9000 Crore loan along with an unlawful utilization, misappropriation and fund diversion.

Thereby, the aforementioned narratives clearly indicate the lionization of an idiosyncratic yet a reputable profession which is now regarded as one of the smartest 'career tricks' for both commerce and humanities students. Business journalism is in the midst of obtaining the spotlight that it so rightfully deserves and soon it shall be on top of the game!

Simran Chhabra B.Com-Hons, Illrd Year

## I dream to live in heaven!

beside the dusky winds Around the hazy snow Swiping away the impermeable fog Appears a glow Glow of light Yet It shines so bright The guiding lamp Beyond the reach of the tramp Though It's so far away Yet closest to my heart The wheel of my life's cart The gentle flow it gives To the motionless thought which lives Miles apart in the world of imagination Where I can be both. The creator and the creation Where I can draw the sky beyond infinity And fill the rivers with the blossom of pink rose Where boldness is replaced with sensitivity And stillness bridges the space of the city chaos where the cloud showers the rain of cherry And the humans are replaced by souls of fairy The spel of my magical wand In the imagination of my DREAMLAND Where there is no sorrow no grief No slave and no chief Joy spreads ground like the wings of butterfly No legal and social rules to comply I can roam ground like a free bird No one would ever accuse me of being a nerd Neitherhostility, nor bittemess Only intimacy and warmth. A land where anguity and learning plays the part Competition and betrayal never hits the dart The purest of all conquers the world Positivity and kindness are tenderly curied

They say keep working
The result depends upon your capability.
But I say, keep dreaming
Because only dreams turn into reality.

# InitiativeQ: The Upcoming Gamechanger

In the past decade, there has been an astonishing revolution in the global economic structure. Ever since the inception of Cryptocurrency, central banks all over the world have faced a contemporary challenge in managing the economy.

The most eminent form of Crypto currency is Bitcoin which allows two parties to transact digitally and eliminates the need for an intermediary. All these digital transactions are recorded to ensure the highest level of security and the private information of the involved parties is kept strictly confidential. The multifarious change it has brought in the world economy has been one of the major rationales for the recent antagonism of the Federal Banks. Ethereum, Monero, Stellar and Litecoin are few other notable block chain based currencies giving Bitcoin a legit competition in the market.

In this head to head rally of Crypto currencies, Initiative Q is the latest entrant. Initiated and developed by Saar Wilf, a serial entrepreneur and investor who has been working with payment security space for over twenty years; Initiative Q is a modern payment network that aims to create a platform wherein all the finest ideas, innovations, inventions and the latest tech can conjoin forces together. Rather than adopting the blockchain approach, the payment system focuses on centrally controlling the ledger, allowing its users to save supplementary costs that cryptocurrencies like Bitcoin charge. It has attracted many an eye within a short span of time due to its exclusive invite-based registration and the free distribution of its currency to early adopters.

A single unit of the virtual currency, a 'Q' is on the path to have its value equivalent to a dollar within a decade. The organization and its personnel together are deeply committed to bringing together the most sought after and advanced technology available to create a currency with the capacity of Bitcoin, except better and greater.

Sameer Arora B.B.A. IInd Year

# International Day for Families

Amidst the rise of the tech-age we have devoted our lives to the rat race so that we can achieve what we all are capable of, at the earliest. And because of this, the weekend turns into a day of personal boundaries, a day for priorities, a day for the family. It is on a Sunday evening, in front of the television- watching cricket, enjoying snacks in the middle of the suburban pastime that you tend to realize as to how much you cherish your family and the time you spend with them.

Alas! you fall to realize that what you have is a privilege, which millions of families wish to have, not due to fiamboyance but due to exiguity. All these families fight for daily living, living on the outskirts of the suburbs in houses small as the wardrobes of the rich. Families consist of many members, half malnourished, children deprived of basic medical needs, women working in inhuman surroundings and men depressed beyond permission. A study shows that a massive 23% of suicides in 2012 were due to family conflicts and today, 44% children and 52% women are mainourished in India.

Everyone talks of helping them, of sustainable development with fairness in institutions and world peace but no-one walks the talk. The government, though, endeavor to vaccine the kids and voice the ladies but the eternal spiral of unmet needs, personal bias and sociological Issues in families prevent them to bond in a way we do.

In order to promote peaceful and inclusive family environment, UNICEF is celebrating 'INTERNATIONAL DAY OF FAMILIES' on May 15 every year. It aims for resolving issues relating to basic human rights and bias in family so that all of us can have a place we call home. All of us can cherish family time. All our fingers are interlocked to form a bond too strong to break.

As Mother Teresa rightly said:

"The feeling of loneliness and being unwanted is the most terrible poverty".

Rishabh Jain B.Com Ist Year

# A COMPETITIVE WORLD

Nowadays we live in a highly competitive world crammed with many challenges and obstacles where we are taught that there are winners and losers and there are 1st, 2ndand 3rd places in competitions. We are taught to compete with others and be better than everyone else .Life without competition is like a life without progress.

Everyone wants to stay ahead of others but nobody realises the importance of others. Some people go to such an extent that



they start believing that life is all about competition. There is competition in every sphere of life whether it is

education, business or workplace. Corporate sector has to face stiff competition in terms of market and customer satisfaction. In workplace people try to compete with their co-workers. In education competition is seen as a way to success. There is lot of pressure on students from their parents, teachers and peer groups. Competition is good if one takes it in a good spirit but if someone take it as a way to let down others then it may disappoint them. Sometimes it leads to stress, anxiety, fear, demotivation, rejection and other negative feelings.

One should take competition in such a way that it gives inner peace and satisfaction. One can relieve oneself from stress of competition by finding moments of happiness in life like when one meets his daily targets, study late night and mompampers him helping others, doing something new and exciting. One should try to compete with oneself rather than with others, set own targets and try to achieve standards of excellence, never ever lose interest in one's hobbies as it will keep us alive to face the stiff competition.

Mainly, competition is today's truth and to exist in this world one needs to face it with rock solid determination. Competition is not a way to make life happen rather life happens along with facing the competition.

Kashish Bcom2'A'

# Look up from your phone

I have many friends, yet I am lonely
I speak to all of them every day, yet no one really knows me,

The problem I have sits in the spaces between Looking into their eyes or at a name into a screen I took a step back and opened my eyes I looked around and realized.

There's media we call social is anything but When we open our computer and it's our doors, we shut

All this technology we have its just an Illusion Community companionship a sense of inclusion yet When you step away from this device of delusion You awaken to see a world of confusion.

A world of self-interest, self-image, self-promotion

Where we all share our best bits but leave out the emotion

We edit and exaggerate crave adulation.

We pretend not to notice the social isolation

We put our world into order until our lives are glistening

We don't even know if someone is listening.

Being alone is not the problem, let me just emphasise

We read a book, paint a picture or do some exercise

You are being productive and present, not reserved and recluse

You'll be awake & attentive & putting your time to good use.

We are surrounded by children who since they were born

Have watched us living like robots and think it's the norm,

It's not very likely that you'll make the world's greatest dad

If you can't entertain a child without an iPad.

When I was a child, I'd never be home

I'd be out with my friends on our bikes to roam

I'd wear holes in my trainers & gaze up my knees

We'd build our own club house high up in the trees

Now the park is so quite that it gives me a chill

See no children outside and the swings hanging still

So, look up of your phone, and shut down the display



Take in your surroundings make most of today.

We have a finite existence & a set number of days.

Don't waste your life getting caught in the net

As when the end comes, nothing worse than regret.

I am guilty too of keeping part of this machine

This digital world we are heard but not seen,

When we type as we talk, we read as we chat

When we spend hours together, without making eye contact.

So, give into the life where you follow your hype

Give people your love, don't give them your like.

So, look up from your phone

Shut down the display,

And live the life in a real way.

B.COM 3RD YEAR

## **LOST** LIFE

After 10 years,
Out of all the happiness and cheers
No one remembered each other
Friends became strangers
Hoe's became brotheri

The best lesson life taught them all, How to get up even after a deadly fall, Boys forgot the game of marbles and ball, Girl's room silenced with the loneliness of pretty doll.

The shopping scenes at the mall, The party scenes at the hall.

The gathering for the meak, The "first crush feels".

The long-lasting friendship promises
Those quiz and sports winning prizes
Now just hang up in frames
Everyone lost against oneself in time's
games

All and up here due to their fate. Little anyone realized the life's new bait

No one bothers about the past
Everyone's busy running the rave fast
The memories became blur
Which were once as warming as fur
The warmth has lost somewhere
The love has hidden somewhere
The innocence has gone somewhere
May be childhood excelled in playing
hide and seek this time

-ISHITA NARANG BCOM-2ND YEAR

#### **MATERIALISM** IN THE SOCIETY

"Money can buy a house but not a home.

Money can buy a bed but not a sleep.

Money can buy a clock but not time.

Money can buy you friends but not love,"

It is human nature that people yearn for materialistic desires. In today's world one person is regarded as 'socially acceptable' if he wears the latest branded clothes, owns palatial house and has a luxurious car. All these things are a part of the society. All the relationships just depend upon the standard of living of a person with whom we are associated. Humans have started giving importance to sense of desire to procure wealth and other tangible things which can provide physical comforts which in turn ignore the importance of spiritual and moral values. In short, it's an urge to lead an extravagant life.

Personal satisfaction and greed are the most important aspects of life in today's society which is driven by materialism. It promotes many other negative feelings as well like lust, selfishness, jealousy, sense of hopelessness etc. Here the greed is not only confined to acquisition of money but also power . Where there is power, corruption is bound to exist. People are forgetting their moral values and often fail to understand the difference between right and the wrong. It is not wrong to say that this is the main cause of economic problems that have hit the world. It promotes selfishness in human beings, they compete with others, give rise to social evils and don't value the feelings of others. Materialism has adversely affected the entire framework of our society.

We can still mend our ways and move towards the establishment of a society based on ethics and morals. Everyone should have some purpose in life and not just to hoard wealth. There is a need to change our perspective and the way we look at the things. All the tangible things of world that we acquire may go some day but still we have the strength within us to survive in toughest conditions. We should give top priority to hard work and should not adopt any shortcuts to succeed in life. There should be a sense of contentment and inner peace. We should introspect and try to ignore the materialistic pleasures of life because

" If Wealth is gone, nothing is gone, If health is gone, something is gone But if character is gone, everything is gone.,"

> Kashish Boom 1

## Motivation

Motivation is driving force which stimulates the individual to initiate and sustain a behavior. According to Nevid, the term motivation refers to the factors that activate, direct and sustain goal directed behavior, motives are the "whys" of behavior- the needs or want that drive behavior and explain what we do. We don't actually observe a motive; rather, we infer that one exists based on the behavior we observe.

The process of motivation involves needs, drives and goals. Need is behind most of the actions of a man. Better facilities, more pay packet, recognition, opportunities for promotion etc. are some of the needs of the people.

Drives are called motives representing the behavior in the process of motivation. Every undertaking has certain goals to achieve. These goals can be achieved only through the

efforts of its employees. The basic problem is to identify what makes (or moves) people to act.

Motivation can be of 2 types: extrinsic and intrinsic motivation. Extrinsic motivation means outside force which stimulates the people to perform to best of their capabilities and to attain desired goals. Intrinsic motivation arises from within the individual when they personally want it or strives from within.

Motivation is the continuous process and is required at every stage of life. As a student, intrinsic motivation or self motivation is required which enables them to make self-assessment as often as they can. The process of self-assessment helps in realizing one's strengths and weakness by which we can improve ourselves and begin to strive for overcoming weakness. In this way, we can achieve success in our life. Self-motivated person or a self-motivated learner can learn many things in life. The



journey of exploring new ideas and gaining new information will keep the flow of knowledge. Self-motivation is a good way to develop a proper mind set that allows one to be a sensible person who can pass his life satisfactorily and deal with various situations effectively and efficiently. The employers should know how to motivate the employees at work so that the organization achieves the desired results. For becoming great administrators one should know the art of getting things done

by others by effectively motivating the employees at work. They should assign tasks according to one's abilities and capabilities and communicate the plans and policies of the organization clearly. They should also provide various financial or non-financial incentives to employees and provide opportunities for advancement and career growth.

Therefore, motivation is not only important at workplace but also essential in every student's life in order to achieve their goals and to be a successful person as it helps in changing the negative attitude of the person into positive one.

Pratishtha Singh B.Com | Year

#### **NSS-EXPERIENCE REPORT**

The NSS is a central sector scheme of Government of India, ministry of youth affairs and sports. It provides opportunity to the students of 11th 12th, graduation, post graduation and university level of India to take part in various government led community services. The sole aim of NSS is to provide hands on experience to young students in delivering community service.

Being an NSS volunteer is one of the best experiences of my life. It is not just a unit, it is a family. NSS is a tool that helps in overall development of an individual. It gives you a lot of exposure. You tend to meet great personalities via this platform. Once you become part of it you become sensible towards society, you see society through different perspective. It spreads awareness about the various issues prevailing in the society. This is what NSS is, "NOT ME, BUT YOU"

The most important part of NSS unit is 7days NSS camp. If you attend this camp once, it's a life remembering experience. It gives you opportunities like social interaction, dealing with issues like blood donation, AIDS, Swacch Bharat, dengue surveys and also spreading awareness regarding such issues.

I have attended 5 such camps, every time I get to learn something new. Also it gives you opportunity to attend camps at national level like NIC (National Integration Camp), adventure camps. I attended one such camp in 2016. It was an amazing experience. Volunteers from different states were a part of NIC. It felt like mini India residing in one hall. It was in integration with Parvasi Bhartiya Divas where we got an opportunity to meet our honorable Prime Minister Narendra Modi andalso our former President a.

NSS is what makes you different from others. It gives you recognisation. It is such a medium by which you can utilize your college days in a much better way. As after 4-5 years if you look back to your college life, you should have some good days to remember and for me these memorable days will be the days spent in NSS activities and camps.

Hima Gulati M.Com IInd Year

# Pendant and Water

Bubbles shimmer as it drowns away
In the flick of which second broke
Hell lose, that we dismay
Upon the love that we chose
A saviour that savoured flavours
That severed favours we drew
From the wishing well, whose

Poison water

Now surrounds this amulet, Too material a love

It falls away in the ocean To reach its bed never seen What was once, devotion shall rust away to green And the

blue waters of salt

Sweeter than the break of heart Whose bitter made love halt And draw the two apart.

That when they sat under
The river-sky wonder
In the shade of that banyan,
Their companion
The grand canyon,
He gifted her this amulet star
Fading away to his eyes ajar
That glearned in a cornet's tail
That sailed in boats in the

**Riversky veil** 

For treasure hidden in isles
Worthless in front of her radiance.

That now it is a part of the coral
Gulping water
Like a man gulping hate
Sinking away from surface
Like a man's emotion with age
Hitting rock bottom
To never stand again
And make a home there
Life goes on,
Nobody likes a man
Who whines failures.

Yet there is still light underwater Even in the bottom suffocated Even in a trench so vacaded This pendant, Once meant to mend dents. Is used to see fish roam Caves filled with trash sent From hells above That this stuff Wasloved . And forgotten to be tom away From the chest To be thrown away In harvest Of flavours of Angerpungent.

> Rishabh Jain B.Com 1st Year

#### Lost

The day which was meant to be memorable Was lost in arguments

> The friends who were meant to be forever Were lost in power

The love which was meant to be life Was lost in little time

The life which became mere pieces
Was so difficult to combine

#### Stronger

When something inside you breaks
Which took a little longer to make
You feel so down
But still laugh like a clown
You think you have hidden it well
But that fake smile was there to tell
Still nobody cares, nobody feels the pain
And few scars forever remain

You learn to be stronger
Because it would not stay longer
You now are ready to let it go
Because it was never meant to grow
And at the end of the journey you always gain
Because now you know how to handle the pain

#### Pain

The scars were so deep They couldn't even bleed The wound was so severe That it could not heal

But only the smile was visible
Because it was meant to be there
The hidden pain was adored so well
That the life could only be described with a pen

Himani Goyal B.Com I

## Our Story

When tears roll down my cheeks
You bring that silent smile on my lips
When walking on the roughest roads
You make me stand on your toes
When the black clouds roar at night
You protect me with all your might
When this world gives me pain
Your love makes me stand again
When I have the loneliest night
Your dreams are there to hold me tight
When the distance falls from our love
Our story is all that flows through my cutif

# Who are you

You are a part of me The beauty of my soul

When it aches the most

You are the reason and the cure

You are my favourtle illusion

And my longest sigh

Are you the owner of my heart?
Or just another lie

By :Himani Goyal B.com 1 (Section A )

## Soliloquy of a Shattered Visage

There I stood high and tall upon
That building rooftop exposed
Trying to suppress what I felt
What I exploited that it forced
Me to see this
See the waters in front of my eyes
Vast saw my eyes aghast, an ocean
With its blue that just satisfies
My thirst, yet I cannot reach it,
For right now I sigh my high,
High upon this mountain cliff
That waves shall only touch not quench.

That I cannot see any reason to do What all I planned and this mist Up high, I cannot see through Its stunning blur, my thoughts Cannot tell what is and isn't true.

Now that I look up at the sky I try and route the root of my cause Why am I up so high, why did I feed upon a fake applause.

That Poison seeming elixer mixes up death in my blood.

That under the sun when I was young Life was plainly filled with humanity That ambitions were sharp as blades Of fan, fanning away insanity That I was in love with a man With whom I wanted vanity That I wanted to flee away with him Away from my christianity.

That when I looked into the mirror I smiled, never cried, like I now do That my face wasn't scarred forever, Scars to show The burns I went through.

That my lover wasn't a cheat, insane He never threw acid upon my gallor, To leave me screaming and crying in vain That he wasn't cold on his pallor. That my family still loved me to never abandon That I never cried in front of this mirror For love and acceptance until I saddened, And picked up that syringe to stab gitter into my brook of life.

Where Illy pads once slid to smoothen its facet.

That drugs were never an exercise, A horror precise to slice away cries Of demise of someone so wise, Who could rise to help realize The beauty of life that resides Far away from these lies.

That I know now that that mirror Was a knight of time imbecile, in his chivalry, he withered To silent my doom's loud whistle That he laughed upon my misery And made me look so Stunning, Too much, For I won't have it with me for long.

That now I am under a spell A mage's felony, a blue sin That I am an infamous criminal Finding death's dance seducing That with me, my sins shall fall Suicidal thoughts inducing.

That I was happy once.
I could have made it work,
But Instead I chose to rot,
Rot away with my visage berserk.

That I wish to draw wishes From a wishing- well , now That now when after I close my eyes To endure this ride And wake up again,

I wake up again, to a whole new life. A life free of drugs.

## "Solitude"

Have you ever wondered what is the most fearsome feeling in today's youth? Solace. And the irony is, this is the feeling most of the youth encounters. The people today need to understand that being alone is not a weakness, but strength. It takes courage to stand alone and build a path of your own. Solitude, when embraced can be extremely fruitful. It makes a person communicate with himself and realize how important it is to be true to yourself. It makes us realize that the right person whom we are longing in everyone else to have a deep conversation with, is none but "ourselves". To be able to love anyone else one must be in love with oneself first, it makes us look for the right person and realizing our own worth. Therefore, it is equally important to surround ourselves with positive thoughts and people, as negativity will inculcate all the demons one has been fighting with, since long, in order to become a better person. Being good is a never- ending habit or say a lifestyle, wherever one goes or whatever one becomes, they must be good humans eventually, and it all starts with quality time with ourselves. If we cannot keep ourselves happy by just being with our own self, we will never be able to keep our fellow mates happy. Solitude makes us develop more loving and positive vibes and direct us towards our ultimate goal. The answers to the questions which we are not able to find in the crowd are often found in our solace and it makes us acknowledge ourselves more. After all, it is we who have to stay with ourselves the longest, so why aren't we in love with ourselves yet?

## **Temper**

What we actually mean by temper is the state of mind.

And we often say, Host my TEMPER! Meaning thereby, Host my state of mind! Wait..... What? Can we accept that? NO.

When we lose our temperament, we simply showcase that we have given up, we have lost it. We are proving ourselves LOSERS.

Who says, I am a loser!

No one, But we do say 'l lost my temper'

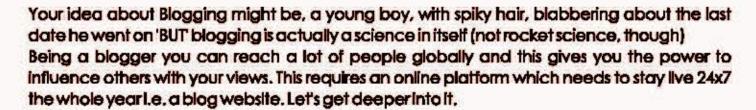
Indirectly calling ourselves losers. Anger simply means we are mentally weak and mental weakness is hundred times more dangerous than physical weakness. If we have endurance to deal with the obstacles, we will never let it breakout in the form of anger.

#### REMINDER -

Considering these possible opportunities and threats in threadbare culminates into designing of the best possible solutions.

# Turn Passion into Career: Blogging

Blogging is an activity as well as a hobby by which one can express or share experiences, views and opinions. It is a tool that actually helps us to use our talent, expertise to reach out to more people and if done seriously it can be turn into full time profession.



Blog is a website where information is updated on a regular basis unlike any brand's webpage which displays only products and services and is used for branding and online presence.

#### Why choose Blogging?

So if you're wondering why anyone would want to have their own blog. We believe the answer lies in the fact that every human has a voice and wishes their voice to be heard. The Internet is a medium that is unparalleled in its reach. Never before have average people like us been able to reach a global audience with so little trouble. Bloggers have the opportunity of reaching thousands or even millions of people each and every day.

There are still many people who like to share the details of their days. In fact, nowadays blogs can provide hair tips, up to date news, technical information, celebrity scandal, political rumor, gets people involved in volunteering, advice on investments. You can choose any niche i.e. topic which you find interesting or are passionate about. It seems inevitable that blogging will become more powerful in the future with more people and businesses recognizing the power of bloggers as online influences. Anyone can start a blog, thanks to the simple (and often free) tools readily available online.

The question will likely become not, "Why should I start a blog?" but rather, "why shouldn't I start a blog?"

#### How to Earn From Blog

When you think of how to make money while blogging, advertising is often the first thing that comes to mind.

Yes, it is possible to make money with ads on website, but there are also other ways you can monetize your blog content. Here are a few methods that work:

#### Google AdSense

Google AdSense is an easy way to make money from your blog. All you need to do is add a script from Google to your website and start displaying ads. You will get paid for every time a user clicks on the ads. These are called CPC ads. What is CPC? CPC stands for cost per click. By displaying CPC ads with Google AdSense, you receive a set fee every time an ad on your website is clicked by a visitor. The cost per click is set by the advertiser. Google AdSense is a good way to start earning money online when you are first starting out.

#### Make Money with Affiliate Marketing

Affiliate marketing is when you recommend a product or service to your audience using special tracking links, and then get a referral commission for every time someone buys after clicking your link. A real life example of affiliate marketing would be when you refer some App your friend. Usually they give you credit or bonus of some sort.

Similar to that many products and services online have affiliated programs that you can join. There are affiliated programs available for every industry (niche).

If you're interested in getting started with affiliate marketing, you can start by thinking about the products you already use and you think that your readers may be interested in as well. Then you can see if they have an affiliate program that you can sign up for.

You can find a huge list of products to promote from: INR deals, Amazon Commission Junction, Share A Sale Affiliate marketing is the easiest way to make money because you can promote a wide-variety of products. Just about every popular store like Walmart, Best Buy, Amazon, and others have an affiliate program.

#### 3. Sell Ads Directly

Google AdSense is easy to set up, but the amount of money you can earn is limited. Each ad click earning will vary. Directly selling banner ad space on your website can be more lucrative. Instead of having to rely on an intermediary who takes a cut of the money, you negotiate the price and terms on your own.

Still, directly selling ads takes more work to manage than using Google AdSense. Instead of just adding a bit of code to your website, you'll have to negotiate pricing, come up with an agreement and terms, and take care of administrative work like invoicing.

#### Sell Sponsored Blog Posts

Some bloggers aren't interested in displaying ads to their audience, and wonder how to monetize a blog without ads. With ad networks, you lose some control over the content displayed on your site. Some readers will get annoyed or offended by ads. and more and more people are using ad blockers.

An alternative way to monetize a blog is through sponsorships.

A sponsorship works just like it does in sports, TV shows, or other industries. Basically, a company pays you to represent their product, talk about it, and promote it to your readers.

To get started, it's a good idea to put together a one-page media kit that details your traffic stats, social media following, audience demographics, and any other data that will make your site more appealing to advertisers. Then, you can approach companies to negotiate a sponsorship deal.

#### Sell EBooks on WordPress

EBooks are an obvious choice for creating digital products. They are relatively simple to write and produce. If you've been blogging for a while, then you can collect some of your old blog posts and turn them into chapters of a book. Once your book is written, you can design a cover using a tool like Canvas and create a PDF of your eBook.

There are almost 25 proven ways by which you can earn using Blog... Easily available on internet.

To explore more ways, you can visit wpbeginner.com

Adhit Gupta B.Com Ist Year

## Unleash the Secret to Success.

"Hardwork is the key to success?"
No. notreally!

Success is Freedom, Winning, Satisfaction, Happiness, Prosperity and Achievement, Desire is the starting point of all achievements. It's the first step towards riches. One should have a burning desire, a definite purpose in life. Without it nothing can be achieved. A person must find his purpose in life and strive to achieve that. A burning desire along with the definiteness of purpose is the prerequisite for success. Success is determined not so much by the size of one's brain but by so many other factors. It is by the size of one's thinking. As one thinketh in his heart, so is he. Thoughts rule the world. Everybody wants to be successful but everybody doesn't get successful despite their relentless efforts. The one thing that lacks in them is FAITH. Faith can move mountains. But there is a difference between faith and wishful thinking. Wishful thinking is just an illusion that what one would like is actually true. But when you believe you can do it the HOW-TO-DO-IT develops. It triggers mind to find out ways and means to do it. Our mind is our thought factory. It collects information from the outside world and perceives it as positive and negative. Production in your thought factory is under the charge of two foremen, Mr. Triumph and the other is Mr. Defeat. Mr. Triumph produces positive thoughts and Mr. Defeat produces negative thoughts. The mind attracts negative thoughts more as compared to positive thoughts. But similarly, it wants to get rid of them as quickly as possible. We should deposit and withdraw only the positive thoughts to and from our memory bank. It's important to make Mr. Triumph more dominant. Whenever a negative thought enters your mind, think three positive ones. Learn to flip the script. It's not the situation but our reaction towards a situation that makes it stressful. People today need to realize the power of the subconscious mind. It is necessary that we control our mind before mind controls us. Start now, right now, to discover how to make your thinking make magic for you. Think big and live big. Many people in their attempt to build a successful life forget that there are tools to help them. Think big! There are no limitations in life except those that we set up in our own minds. Have a definite purpose of your life backed with a strong burning desire. Set your goals high and exceed them. Every morning a gazelle awakens knowing that it must outrun the fastest lion if it wants to stay alive. Similarly, a lion wakes up knowing that it must run faster than the fastest gazelle or it will starve to death. It makes no difference whether you are a lion or a gazelle, what is important is when the sun comes up you had better be running. The moment you give up, you bring about your own end. Make sure your spark neverends.

Nishita Singla Bcom-1 (A)

#### WHERE THE **HEART BELONGS...**

I was born in this world, but I was never asked, if I wanted to . My first impression of this world was, an arena, everyone was thrown to. I was one of the many participants, waiting for a life, not a race to begin. The starting point was a pre-school, I was forced to crawl in.

The competition was furious,
But the fighters were just curious,
As their supporters were scaring them to fight,
With the consequences otherwise.
Everyone was just like me,
Wondering what this all could be.

The feelings, the wonder, the curiosity was lost As the world was just about the winners' boasts. What is meaning of success and brilliance is it just marks, money and level of depression? Where is finishing line or is there even any, in this very quest have lost many.

The Life which was supposed to be joyous,
When did it became so monotonous.
Why do we have to make it a competition,
When it simply can be a celebration.
Is life Just about leaving everyone behind,
Or walking with everyone beside.
Between winning and losing, passing and falling,
Leaving and being left behind, hurting and being hurt,
Where does the heart belong....

#### **Commodification** of Education

Nelson Mandela once sald, Education is the most powerful weapon which you can use to change the world." But unfortunately seeing the deteriorating condition of education today, these words do not seem to have a place in the lives of people. Not only in India but all around the world education is treated as a mere commodity which affluent people can buy in the market of schools. Quality education is only possible for those who have quality pockets. Education should be used to give wings to creativity and innovation but instead it is used to smother the uniqueness of a person and turn him into a product of success manufacturing machine.

There are many reasons that attribute to the deterioration of the education in India. The first being'the privatization of the education sector.' Increasing trend of private schools and colleges is constantly depriving a large section of children from having a quality education as their parents cannot afford to pay for these profit making business houses which are selling education at a very high price. Along with this the careless attitude of government towards the poor condition of government schools is also contributing to the high demand of private schools and so they are flourishing and are doing what they are best and at and i, emaking profit.

Second reason is, the attitude of the people towards education. Our view of educated people is highly skewed. For most of us, only those who get a handsome salary are the educated. This is not a new notion. This perspective of education has been embedded in us way back when India was colonized. At that time Britishers found it very hard to understand the Indian culture and traditions so, they appointed a man named Thomas Babington Macaulay. A famous historian who was sent to do research in India and find a way to teach Indians. Macaulay's theory of education

was that it should be utilitarian and should be given in such a way that it serves a purpose. So, after researching he concluded that 'all the knowledge found in Sanskrit texts of Hindu culture is equal to what is given at prep schools in England'. According to him it was very easy to teach Indians because they were naive. Now the question arose what was to be taught? At that time the industrial revolution was at full swing in England and the Britishers needed clerks to do the desk jobs, people who would do what they are told to do without being creative. This gave rise to the importance of what is called The STEM subjects-Science, Technology, Engineering and Mathematics and downgraded the position of arts and humanities as they are not as utilitarian as compared to Science and Technology. All these aspects of 'utility and satisfaction of a purpose' perfectly fits the definition of a commodity.

Third reason is the 'Grading of the students'. By grading the students eg.A, B,C etc. we are not only commodifying education but also dehumanizing students. There are schools which put so called intelligent students in one class, average students in other and below average in yet another class as if they are grading the quality of wheat or some other grain. Moreover, some of them do not even accept C or D quality students. So you can think what can be more evil than treating a child like a product.

It is high time that we understand this problem and try to prevent education from becoming a commodity and help to regain it's essence to enlighten the lives of people. We should encourage our children to take risks and make their own wayand destinations instead of following the predecided paths to get settled in life.

Manika Chhabra

## Little Child

Little child, ease your fearing eyes All of man is left in vain Of all the killings and stains No one knows just why

> Because when you cried Just remember we tried When the children sing Let the new world begin

What have we become? Staggering what we have done All that we knocked down You must erect again

> Yet you don't fathom who you are A word without a war? Build the world with no presidence Or any worst feelings One united world Under gaurd

Postcards From Paradise
From where I can only see you
Not much but writing to do
Neither loath to reach out
Inaudible even loud
And so many reasons why
I am only sending postcards from paradise

I haven't seen much of sorrows
Not even a stack of smiles
Many faces with only eyes
And so many reasons why
I am only sending postcards from paradise

I like it here no cold no burn Many directions with no stern Without a patch of dark Me and so many of them are Writing postcards from paradise

> And so many reasons why I am only sending postcards from paradise

## The Deep Blue

Curtains of blue,
They shine & shimmer bright,
It's a beautiful place,
That I see.

A mystical hue, Fils the entire space, With peocock shodes On the walls.

I am walking down the room,
On a magical black path,
With sparkling water on both sides,
& it's a beautiful place that I see.

To walk with the one you love,
Makes the place all the more
Prettler than it already is.
So quiet & so serene,
That makes even the nature, keen.

The big magnanimous flowers,
On the edges of the paths,
Glimmer a radiant glow,
With alluring shades of the rainbow.
And it's truly a beautiful place
That I see.

Through the passage long & embelished,
We enter a new dimension,
The place, though cryptic,
Had an uncanny resemblance with heaven.
And my eyes, just couldn't believe,
In what all they could actually see.
Even in my wildest imaginations, I never thought,
This is where I would get to be.

Astonishing. Remarkable. Magnificent.
Here, the angel doves sing songs of love,
While the water dances to the beats of whispers.
Trust me, if you don't believe still,
This magical world welcomes you
in the darkest times, if you will.

Here, at this place, almost everything Seems beautiful,
& almost everything seems right,
It is the rest place of deep blues,
& the wide expanse of the calm whites.

A hushed stream of river, flows by the road, Even solitude at a place like this Doesn't seem to bother anymore.

Sieepy gists& tranquil winds, Makes me want to float Fantasies, seem real here & restricts you from jumping off, The Blumined boat.

But reality is different,

& we must know.

This beautiful boat,

We cannot forever manage to row.

And so it's time to go back
To where I came from.
However, it scares me.
And I wish to stay here torever,
In this beautiful place that I see.

L I open my eyes,
To find that world,
To search for the doves L
To find those roads.
And I realized,
That I just couldn't sleep anymore....

#### **THE TERM** "ENDEARMENT"

The term called 'Endearment', is ironical in a million ways. Easy to promise, difficult to keep & if kept, superstatic. Quite a dramatic term actually.

In this fast moving world, why are we losing our ability to love and express?

With the emergence of the millennial century, & budding of Artificial intelligence, scientists constantly find themselves engaged in figuring out means to make the Artificial Intelligence capable enough to feel human emotions. Fantastic, isn't it? However, the one fact that I have found to be hovering about my mind is that whilst we are trying to achieve that level of brilliance, on the way somewhere, we have left our emotions behind.

Our words, our promises, suddenly don't seem to matter to us anymore. Endearment with things is the new Mantra. All of a sudden, the materialistic world seems more attractive & 'things' are our new best friends. People, no longer matter. Relations don't count. We have swiftly shifted from selfless to selfish, & the suffix really makes a difference.

With news articles floating around the world, with the list of scandals and dreadful crimes getting longer and longer, only one question arises in my mind,

"Why we aren't afraid of what is happening and what will happen, if things continue to function, in the future, the same way they do now?"

It can be profoundly be said that, money, greed and fame are the driving forces of people these days. The want of luxuries is never ending and the sole reason for mishaps around the world. Ever read the newspapers? It's horrible to see the horrendous crimes that take place within families or even with other relations, including disputes, for a petty thing such as money. What we need to understand is that money is our need, but it's becoming our want. And there is no end to it. Trust me, it's going to grow and grow forever, till the day you are going to die and the fact is that nothing is going with you up there. Thus, endearment with money. Money that can buy anything and everything except- happiness, which is profusely associated with "things", however it's not true.

Examining another case, seeking virtual interfaces is the new in, Just like people having 3000 friends on Facebook and 5000 followers on Instagram.

#### The Irony?

No real friends or relationships in real lives.

The problem is that our real life seeks approval.

Approval of our looks, our thoughts, our actions, our style & our inner satisfaction feeds on it. Being "Socially Perfect" is the new aim of the millennials. The definition of perfect on social media, is different for all, yet same anyhow. And so, while we are close to our virtual friends and followers, we forget about those people who really matter to us and most of all we forget about "ourselves", Who we are, what is that we want to be, & who is it that we have become. Life no longer is about living, it's about showing.

Showing the world, how "Perfect" our lives are, thus, hiding our imperfections under the masks

of Filters, carefree captions (which are mostly copy pasted, of course (But, Intellect)) and what not. This exercise has accelerated to such a level, that we no longer want to accept who we actually are.

And so, Endearment- this time with our fake selves, the definition of perfect, as by social media, as by society- and we let that define us.

Hence. Endearment, towards those who socially approve of us, in the way that represents not who "we are", but in actuality who we "try to be" & thus, we gladly allow ourselves to get shattered and brutally affected by criticism that comes our way.

Rounding off to where I first started, Expression of love and affection has been taken over by the brutality of time and things like social media. It is awful to see gatherings of people, where they are actually supposed to interact with each other and form genuine social relationships, instead each and every one seemingly has a device stuck to his hands.

Anything, which makes a news tempts people these days, for more attention, views, followers etc. for example, if someone is involved in a road accident (the victim mostly), or if someone is getting beaten, the proud owners of the cellphones won't stop to help, but record the entire scenario taking place. Yet, a sad reality for humanity.

And this sad reality is something that we as modern citizens of this world have to face. Even now, if we don't stop ourselves from falling prey to these devils there is sure going to be a time when Robots will be the only things which will be able to feel emotions and the people would be left capable of merely functioning like robots and nothing else.

In a time in which genuine emotion is a scarcity, conversations have become text messages & phone calls and feelings have become status updates, the next time you are with someone you love just put your smartphones down and live in the moment, because endearment with those who deserve it, is truly what counts!

> Sanyasoni (BBA-II, A)

## Econ 101 Econ 1

#### A Sneak peek into अर्थशास्त्र



Ever wondered why the poor are poor, what kind of crazy video games do they play at the stock exchange, why it takes decades for countries to prosper when they could simply print more currency, why does the government take away a part of your hard earned money in the name of tax, why does everybody care what US is upto, blah blahblah..!

If yes, you are not alone. If no, you're definitely not alone. I'm not here to throw complex data or some boring demand-supply theories in your faces. I, through this column, simply wish to take you through some of the weirdest milestones in the timeline of this subject that ought to make you a bit more aware of and hence confident about the financial matters you encounter every day and are probably intimidated by.

#### **Unfair**

They see a pretty face,

And admire their sweet words;

But never that other straight face,

And those limited, plain words.

They see the tears;

Only of the delightful,

Never the silence:

Of the reserved one.

They believe the good;

Done by the charming,

Never the pure intentions;

Of the unappealing.

Why are they favoured,

For what they were born with:

And why, do they, suffer for

Which they can't control?

#### Self Belief

And who said,

There exists any universal standards;

For it's only a matter of self belief

That:

Even with your flaws,

You ARE beautiful.

Even with your fears,

You ARE brave.

Even with your weaknesses,

You AREstrong.

& even with just yourself,

You ARE complete.

And above all;

With a heart full of humanity,

You AREricher than them all.

#### A JOKE

We wish to express,

Our numb minds:

And the racing of our heart beats.

We wish you'd understand,

The bad butterfiles dancing in our

bellies,

And our clammy palms.

We wish to NOT hear;

"it's all in your head"

When we struggle to remember our

names!

Can we not escape?

Can we not help ourselves?

Can we not be judged?

& please, can you not;

Consider it a joke; For it's real.

Anxiety. Depression, Alzheimer's.

Do not think of it all a mere Joke,

Since, we wouldn't want for you, to

experience it all,

-by yourselves.

## Magic

We live in a world,

Where water falls from the sky;

& greenery originates from the ground.

Where the nights are lightened up

By a white ball of dust,

& the winds are strong enough to

move masses.

And it's still funny how we still;

Don't believe in magic.

Not all glitter is Gold.

Not all prayers mean well.

Not all the brightness comes from the sun.

Not all magic consists of a spell.

Not all angels reside in heaven.

And certainly:

Not all people are Humans.

Ways so Bloated, and Mind so perplexed Every ounce, Every Inch, Every Drop of My Existence seemed like a Heavy Freight.

Your **Quote.in** 

Shattered. Stunned. Traumatized.

Easy to Vocalise, but Difficult to Say. Mind absolutely Void, and Heart fully Packed.

> Despaired. Dejected. Sad.

The agony of loosing.
Loosing someone so Dear.
Crier of Sadness, The moment of Self Pain.
The time of Realisation, When everything went to Vain.

Gloomy Days. Dark Nights. Self Pain.

'Part and Parcel of Life' Easy to Deduce Even Harder to assimilate.

> Spirit. Activity. Growth.

– Muskan Gandhi BBA1s year



Baith jatta hun aksar kisi kinare pe, Soch kar un dinon ki batein Sukkon vale diin aur befikar vali Ratein

Na Rukne ki Chinta thi, Na Girney ka dar tha Na aagey badhne ki Iccha thi, Na piche reh janne ka gam tha

Mitti se Mehal banane ke irrade, aur Takiye se ghar ban janne ki umedein Chidhi udh Kaa udh ke vo Gazab tamashe, ek pal mein Teacher toh dusre pal mein Doctor ban ne ke nazare

Vo rassi se kudna,
aur gitiyon se khelna
Ek pal mein rona,
toh dusre pal mein diil khol ke hasdena
Masoomiyat thi vo,
Befikari thi vo,
Kyunki
Na Rukne ki Chinta thi aur,
Na Girney ka dar tha
Bas Maa ka hath pakad kar
Chalne ka sukon tha

– Muskan Gandhi BBA1s year



Tick Tick Tick... (\*)
The clock struck 2
with every passing minute a part of me elivated.

Utter hollowness was felt in my veins, my nerves, my breath and my entire Body!

All those undying perpetual fears once again rejuvenated,
reminding me about the horrifying night I survived.

Well, I just survived....

They stopped me in the middle of the road, brutally took me aside, tore upon all my clothes, with the iron rod they scratched my body.

Was I just a toy?

left me naked on the road side.

I felt like a CORPSE but the only difference that summoned was that the corpse was covered with a coffin but i wasn't...
I was left aside in the middle of the night, crying for help.

Rapists were not only those who raped me that night but also the one's who caught me crying in their cells and cameras passing by..

Once again, I was taken aback to the darkest night. Lifeless. Scary. Frightning....

> - Muskan :) BBA1s year

Your Quote.in

Peaceful than the sunrise we witness at a beach on a beautiful Sunday morning. Even more beautiful than the majestically astonishing White peacocks.

Fetching. Delicate. Divine.

Consoling like a shadow on a bright sunny day and relaxing like the cool breeze on a humid day.

Comfort.
Solace.
Compassionate.

It was beautiful,
but It couldn't wait....
Couldn't wait for me to live,
me to find my way back to life,
me to just wait and say the last Goodbye.

Bereavement, Lost, Morbid.

It was beautiful than life itself, and even more promising than it's people, Unlike rest It came to stay. Forever.

> -Muskan Gandhi BBA1s year



#### A Voice In Me Too

For a women, the world's herhome and she the peacemaker,

Upon her rests, the sole responsibility, to be the caretaker.

Every deed she performs selflessly,

For it's her dharma to do things effortlessly.

Onerous are the tasks of men,

As earning currency, sadly for patriarchy, is the real gem.

Goddess Maa durga, Maa Lakshmi and Maa saraswati,

The society would revere and adore,

Ironically, in the world, where woman is a mere object of scom.

An eye candy, as boxes of chocolates, she is there to please,

Despicably gruesome bids made to compromise with her ease.

As a mother, a daughter and a sister, impeccable roles she assumes,

Yet on her birth, lights of home fuse.

From the soul of hers stems the new life,

Forlard only blessed her with this divine right.

Yet a girl gets killed in her mother's womb,

Despite her dolorous cries to let her life bloom.

Untouched by the hands of love and care,

Adeptly she conceals the pain she bears.

"Maa, for education even I yearn,

As it gets contagious when I learn.

Let not my spirit and talent go in vain

For I hold the will to build my own name and fame..."

An urge in a sombre voice.....

A woman enjoys her own space; no longer the fussy restrictions,

Taking hersilence for submissiveness would attract serious ramifications.

Rememberit's her consent not your choice,

For now it's 'me too' which has a voicell!

Noopur B.Com. III

#### The Introverts

Every person has his or her own personality, which describes that particular person. There are largely two types of personalities that people can be i.e. INTROVERT and EXTROVERT. There are very few persons who are able to understand the behaviour, nature, feelings, understanding and thoughts of an introvert. The basic meaning of an introvert person is that he or she is someone who feels better and happy in his or her own company rather than enjoying in other's company. These types of persons are shy in nature and are not able to keep thoughts running in their mind in front of different people. Introvert people have an inbuilt, different world in their minds in which they enjoy their own company. But sometimes they also dream that they could be extroverts. The real question to be asked here is that why do introverts want to be extroverts and are not happy with their own personalities?

One reason for dissatisfaction can be that they feel isolated in front of those people who can express themselves or we can say in front of extroverts. The second reason is that due to their shyness they miss out on many opportunities in life, especially career related. For example, if an introvert person has an interview then he or she would not be able to describe himself or herself properly because of his or her shyness. The reason for that maybe that the introverts feel that they have boring personalities and hence, feel embarrassed about it. The truth is that, introverts should not feel that way. Every introvert is a person created by God, just like others. They should not feel isolated or disturbed when they can't share their feelings because sometimes the most precious things are being kept in a treasure so that no one can steal those diamonds.

Self introspection is the best weapon to face all the challenges and this is a God gifted tool in introverts. Try to use this tool in the best possible manner. Introverts can also share their feelings by writing daily journals or through expressing their feelings through other forms of art. Generally introverts become great artists, great novelists, etc. and express their feelings through these arts to the whole world. Feel blessed with this powerful power which is not granted to everyone. Hereby I include myself as one of the proud introverts:

"We Are Not Less Than Them
As We Have An Inbuilt Gem,
We Have To Achieve Our Dreams With Power
So That No One Can Wash These In Shower."

#### Don't housewives deserve respect?

Love, Warmth and Compassion,
Are what make up a woman;
Courage, Determination, Commitment,
Are what make up a housewife;
In line with responsibilities, who performs all tasks,
Is what makes up life of a Housewife.

Woman, an epitome of love and sacrifice, expects only respect from her loved ones. Our slogans 'Respect Women' or 'Real Men Are Those Who Respect Women' prove irrational when we not only fail to whole-heartedly respect them, but also continue to claim and prove our fake respect for them. The next blunder is that we start categorizing women as working women and housewives. It's a common scenario, that housewives are usually neglected and exploited at the hands of their husbands and in laws. Why? First of all why this categorization? And then why are housewives neglected? Just because they perform all the house chores out of love and affection and don't demand salary for their 24\*7, tireless work?

Husbands in the pride of their jobs command respect for themselves for earning bread for their family. They perform their jobs, come back home and then sleep, eat and just relax while they keep on throwing tantrums on their wives for sitting at home and doing nothing, just because they are housewives. They command their wives tp perform their tasks, to find their things which they keep here and there due to their own carelessness, want food ready on time, to be served to them at any cost, and also very easily thrust the burden of their own faults upon their wives just because they are the bread earners and can do anything that comes to their minds. Children are also nowhere kind to their homemaker mothers. They also shout at them whenever they wish, say 'sorry' out of obligation but never actually regret their actions. How can we forget that these housewives are the only ones who wake us up so that we don't get late for our work, prepare food for us because they don't want us to remain hungry and most of all, give us unconditional love, warmth and support, we much need in our lives.

From being the first ones to wake up in the morning, to being the last ones to go to bed, this is the life of a housewife. Despite all the insults and taunts, they remain silent, just because they consider themselves weak tools as they are economically weak to fight back against their selfish families. A housewife has to get through all this abuse and suffering and still we say, "The job of a housewife is the best, with no tensions". This statement is itself a mock at those who claim so. This mentality of today's men and even of some working women is awful and offensive. Housewives deserve as much respect as any other human, working or non working, any gender, any category, any age group, expects and deserves. Ashamed and afraid to live in such a society where people need to be taught about 'Respect', which is a basic right of every human being.



## JOURNALISM Section

Dr. Priya Chadha Staff Editor

#### **EDITOR'S**

#### MESSAGE

The digital news ecosystem has severely challenged the nature of journalism. Behind the many shifts in the media sector today lies the fact that the locus of control over the content has shifted from communicators to audiences. In our current digital news environment, journalistic production is no longer the sole product of professional journalists. This shift in the public communication sphere requires all of us concerned with the broader needs of society to alter our ways of thinking about audiences, the role of media and society, and how we seek to develop informed and active citizens. The changing ways in which media are consumed should therefore be at the core of our understanding of journalism in the digital news environment. In this context, young journalists have important role in the way journalism is shaped. The magazine provides an excellent platform to young generation to think, express and exhibit their skills. I applaud the contributors for their stimulated thoughts and varied hues in the articles contributed by them.

At the heart of College Magazine lies a close-knit team of student journalists. Our goal is to create an incredible guide for our college readers. We accomplish this goal by equipping our writers with the skills to tackle challenging subjects and ultimately uncover their voices.

Students are encouraged to exhibit their writing talents.

It is indeed a matter of pride and joy to know that Bapuji

offering readers a mix of newsworthy, engaging, and thought-provoking articles about the College and its people

We are delighted that you are joining us as readers and hope you will also join us as Contributers.

The young writers and paets get an excellent opportunity for displaying their talent, essays, short stories, poems, informative articles are written by students and are published in the magazine. This cultivates a find literary taste among the students. Amateur photographers among the college students are keen to publish photographs taken by them. Their joy knew no bound when their photographs are published in the college magazine. In this way the college magazine helps boost new talent. The young budding authors and poets are encouraged a lot when their works are published in the magazine. Obviously, it is a rare pleasure to see one's work in print in the college magazine.

# JOURNALISM A DAY SPENT AROUND PINJORE

"Every flower is a soul blossoming in nature." - Gerard De Nerval

Imagine having a gloomy day and suddenly being exposed to blooming flowers, all smiling to seek your attention! Nothing better to lift up your dampened soul! Such is the impact of rich, bright and colourful flowers on our psychel The home to all kind of flowers is a nursery which is the place where the flowers are nurtured with love and care. The gardeners and flowers have exactly the same relationship as that of a father and his children.

Talking of nurseries, there is one next to Pinjore Gardens, a short drive from Panchkula city which is run by a group of elderly people. It not only gives shelter to plants and flowers but also provides the much needed peace and calmness as well. The reason behind the atmosphere in the nursery is the utmost care and selfless gestures shown by the people present. It's rare to experience something so wonderful in today's time. The nursery deals with mainstream seeds of plants like marigoid popularly known as Genda as well as rarely found seeds like Albizia and thus offers great variety. The amount of effort and care put in to maintain the nursery is amazing.

The team sometimes organises plant festivals for the people who visit Pinjore Gardens or who are traveiling by road. On a visit uphill, it would be worthwhile to stop in this peaceful abode and enjoy it's serene surroundings. Besides this, there is a small canteen inside which also has a seating facility for the visitors. The food is unpacked before they serve it to avoid spreading of waste inside the nursery and in order to keep it clean.

As they often say 'As you sow, so shall you reap', the seeds sown with love end up **H**uminating the entire nature.

# A WHOLE NEW WORLD IS WAITING

'A whole new world is waiting, it's mine for the taking, and I know I can make it, today my life begins'~ Bruno Mars

Underneath the facade of a smile, lurks an anxious mind. It's surprising how uncertain we are about ourselves, so much so, that we let the number of likes on our profile picture define how cool or pretty we are. It's tronic how we talk about living the to the fullest, yet get fooled by social media. I fall to understand why do we try to 'the in' when we could be so much more! 'When you fit in, you disappear!

Only you have the power to define yourself. The day you take charge of your own life and take the initiative to become who you want to be is the day you will realize that transformation comes from within. If you are not sure about who you are, how do you expect people to know you? And trust me... you would know what you are looking for. If it's about being compassionate and kind, start helping people. If it's about being intelligent, then read more books and upgrade your knowledge. If it's about being creative, start learning new skills and move out and it it's about being benevolent, then start loving people.

Tranquility is in acceptance; so always take pride in who you are, how blessed you are and all the choices and decisions you have made and will make. Don't be afraid! Mistakes are the proof of your progress and when you come across other people, be kind, pass a smile and let them know they matter.

It's not about doubting the existence of the Almighty, but following his path, the right path. It's not about following the footsteps of others but to take a step ahead. Initiation is the most important thing in a person's life. Stand, have faith and initiate, no matter how things turn out to be. It's good to stand alone, even if the whole world is confronting you or condemning your thoughts. It you have faith in Him and if you respect and love every soul you meet no matter how you have been treated, God will be on your side. This is the way to be thankful to people, God and life.

Shenoy BA 1

## FOOD FOR

**THOUGHT** 

Welcome to the world of saturated

images of beauty. A world where everyone is going absolutely bonkers about flawless skin and where crimson is all the rage. In short, welcome to a world which is supposedly in love with perfection. For a lack of better words, living in a world where one lets their biological



programming domineer ones conceptualization of beauty is not only absurd, but also rather sad. Now the question that arises is-Why are we so obsessed with the idea of perfection and outer beauty? Why do we feel the need of letting the numbers on a mere scale validate us?

Unfortunately, I cannot provide a reasonable answer to that but one of the reasons (among many others) is that media promotes a certain beauty standard, creating a norm in our minds, brainwashing us and making us believe that the perfect 36-24-36 is the only size to be, so much so that every other woman out there tries to attain these ridiculously high standards of "beauty". Now what these women don't realize is that they are perfect just as they arel To become appealing to others, it is not necessary to neglect your diet and be unhealthy.

I am not here to supply you with a solution or write something that motivates you to fall irrevocably in love with yourself. I am here to tell you that while there is nothing wrong with wanting to improve the way you look, people come in various shapes and sizes and not just the ones on the cover of Vogue. I am here to warn you that everything that you see on television may be desirable but it's not necessarily true. I am here to tell you that while advertisements are as engaging and appealing as ever, a tiny step to start accepting yourself (for better or worse) is by being careful about what you believe and to not get tempted by what you see or hear without a concrete reason to support it.

-AKSHATA NAGARKOTI

## HOPE

It's a big world with number of emotions,

All strong enough to break the worldly notions.

Turn your dreams into reality, says the heart,

Mind stopped me and gave me a reality check, said "Don't try to be over smart".

I convinced myself to keep these negative thoughts apart,

But time and again, the mind overpowered the heart.

Felt grasped by an invisible chain,

But fought my inner battle

And decided to walk down my own lane.

They say, hope won't get you there,

But without taking the initial steps

You can't even climb the stair.

No matter how bad the weather today is going,

Tomorrow again you'll find the Sun glowing.

So it's better to keep your hopes alive

Because in this world of opinionated people,

Only this will help you survive.

Amarjot

## Dear Earth, this is not a love letter...

I'd write love letters to the earth,
Whisper them to the wind,
Fold them into paper boats,
And find a stream to sail them in,
I'd write of a beautiful sunrise,
Of the oranges and pinks,
While I sat beside the sea shore,
Where the waves could smudge my ink,
I'd write these words on paper,
But for paper I need trees,
Like many things mankind has made,

But doesn't really need,
And so our letters to the earth,
Hold less love than they do scars,
When we write them in our blinding light,
That blocks out all the stars,
So when writing letters to the earth,
It's time that we rethink,
Since we don't need a piece of paper,
If the life we live is the ink.

Rishav Khandelwai

BA 1

#### DON'T QUIT

When things go wrong as they sometimes will, When the road you are trudging seems all up hill, When the funds are low and the debts are high And you want to smile, but you have to sigh, When care is pressing you down a bit, Rest if you must, but don't you quit.

Life is strange with its twist and turns
As every one of us sometimes learns
And many a failure comes about
When he might have one had he stuck it out;
Don't give up though the pace seems slow
You may succeed with another blow.

Success is failure turned inside out
The silver tint of the clouds of doubt,
And you never can tell just how close you are,
It may be near when it seems so far;
So stick to the fight when you are hardest hit
It's when things seem worst, that you must not quit.

NAME-CHESHTA BA 1

#### THE UNDYING LOVE OF THE BOHEMIAN

Trends never die, they just go out of sight, behind closed doors. This is one of my many beliefs in fashion and I still stand by it. If given a word to define my style then it definitely won't be "trendy" because I am the worst person when it comes to getting into trends.

What is Bohemian? Unconventional? Hippie? Something that breaks norms? It has a lot of definitions. And honestly, all of it makes some sense but not a whole lot of it. However, in the past two years it has been established as everything "fusion" and that is my biggest concern. Let me put this across in very simple words- Fusion is NOT always bohemian and vice versa. Wearing silver/ethnic jewellery with your not-so-ethnic clothes does not make you bohemian.

Boho chic, experimental, breaking rules, unconventional, artsy, rebellious-these are a few common key words used when you talk about the fashion of Bohemian. But the fun fact is that all of it started from a bunch of people who were considered to be bohemian, not because of their fashion or the clothes they wore, but because of their offbeat lifestyle, unconventional thought-process and artistic lives. The bohemian fashion was inspired by these people and the lifestyle they led.

Bohemian for me is a trend that does not give a flying hoot about fashion. Wherein you're left free to wear anything, where you drape yourself with anything that is anti-fashion. And this, exactly, is the reason why the trend of bohemian is undying. Anti-fashion is the new fashion and bohemian, is just that!

Gunjan Kaur Saini

# MOVING

The caged bird always dreams of being free, so is the case with every student. During his school life he always dreams of moving out of his home and living somewhere away from the confines of family and restrictions, he craves the air of independence. But when the time comes, moving out seems to be more of a trouble than a blessing. In a few days one realizes that he will be on his own and he has to fend for himself.

I moved to Chandigarh a month ago to pursue my graduation. The first time I entered Chandigarh, I could not help but notice how similar the whole city was in terms of architecture. In India it is hard to find a city which was planned before it was built, but Chandigarh is one such city. I could also see a number of trees planted alongside the roads. The traffic is always under control and you are never at risk of getting stuck in a traffic jam. Cabs are available throughout the day and night. The roads here are a driver's best friend.

The city also has many tourist attractions, one of which caught my eye was Rock Garden I got to know that the garden is the surreal fantasy of a local transport official who, starting in 1957, spent almost 20 years personally creating more than 2000 sculptures using stones, debris and other discarded junk that was left over from the 50-odd villages relocated in order to build the city of Chandigarh. Another thing that you notice in the city is the huge malls built for the entertainment of the crowd. Elante is one such place that helps you shop and relax and have a good time at an in-built gaming zone.

The one thing though, that I miss in Chandigarh, is the absence to the closeness to pure nature, in spite of its many parks. When you grow up in a town surrounded by the vast beauty of the Himalayas and where the great river Ganges flows at its cleanest form, you form a close attachment to nature and no matter how much you urbanize your life, by moving to as good a city as Chandigarh, you will always feel that some part of your life is left behind.

But like Albert Einstein once said, "Life is like riding a bicycle. To keep your balance, you must keep moving". So in order to move forward, you will always have to move out of your comfort zone and learn to struggle and achieve. You can never gain anything by thinking about things that are not under your control You can only keep moving forward with the hope of improving yourself and be better than you were yesterday.

# The Beauty of Indian Cinema

Indian Cinema brings out tears from our eyes and sends us rolling on our stormachs, laughing our hearts out, all at the same time. One of the largest film industries, producing over 1200 films annually, has a charm, flavour and magic of its own. Movies are not just images flashing on the screen; the Indian cinema is more like a book, to be read with love, attention and interest. It has overtime become an integral part of our lives. We all relate to cinema better than any other medium of art. In fact, cinema provides a mode of expression better than others as it includes images, sound, music, dialogues, people and their emotions all together and that's what can be called the real 'Beauty of Cinema'.

From movies based on action and drama, like Sholay Agneepath, to movies confronting issues of gender equality and sexism, like Pink and Dangal, - the silver screen in its every aspect has left no stone unturned to mesmerize and tantalize millions of people of all ages, class, sex and community.

There have been two streams of Indian Cinema-first the 'Commercial Cinema' which has the sole aim of entertaining and earning profits in return and the second is the 'Parallel Cinema' which aims at sensitizing people on various social issues. Cinema is also a great unifying force in a diversified country like India. People belonging to different communities, sections and using various languages watch cinema with the same fascination and excitement. It is the most effective means of mass communication and has a high educative value too. It can expose the evils prevalent in society like dowry, unemployment, poverty, etc. The education plus entertainment factor keeps the audience glued to the screen.

The silver screen captivates the hearts of everyone. Animated movies for children and the classic movies from the black and white age have a diverse variety to offer. Everyone can relate in innumerable ways to the diversity of Indian Cinema.

Ananya Kaul

## The Shackles we build

I stood up in the morning, I embraced the beautiful light I saw the birds melodiously chirping Taking deep boundless flights. The infinite horizon ran azure The earth being so glive The new day popped up with a new hope I just begin being naive. The new dawn adds a new rhythm the challenges give my story worth though I sit being afraid a bit Self-doubt intends to take birth The sun rising each day makes me breathe again, The green grass propels me to be humble and soft, The plants I water every day make me learn patience, The new dawn teaches me to stay optimistic at every thought. I am not experienced but life made me learn Do not expect. Do not seek for others love Just believe in spreading it, Lest life takes a miserable turn. Wanting others to cuddle you, wanting others to be by your side, is just short term happiness, which makes your freedom and tranquility take a hide? It is more important to pat yourself, When others just behold trudging? Felicitations! You went a step up! For it is great to accept failure hugging. Independence made the nation free. but we mortal souls still stay caged. for we are still entangled within shackles. these shackles hold us tightly being rusty and aged. Learn to stay grateful, Look behind with a smile, just embrace God's gift called the present and give thanks for you have travelled an extra mile!

# FIND OUR HAPPINES



In a world full of issues and complications, we have lost a sense of relief and simplicity. When most people seek happiness, they are actually seeking pleasure: good food, more friends, more time for TV and movies, a new car, parties with friends, full body massages, losing 10 kgs, becoming more popular and so on. But while pleasure is great, it's not the same as happiness. Pleasure is correlated with happiness but does not cause it. Pleasure is a false God.

The failure to meet our own expectations is not antithetical to happiness, and I'd actually argue that the ability to fail and still appreciate the experience is actually a fundamental building block for happiness. It's a simple reality: Things go wrong. People upset us. Mistakes are made and negative emotions arise. And that's fine. Negative emotions are necessary and healthy for maintaining a stable baseline of happiness in one's life.

The daily and meaningful sort of activities which allow us to become our ideal selves lead to happiness. It's the perpetual pursuit of fulfilling our ideal selves which grants us happiness, regardless of superficial pleasure or pain, regardless of positive or negative emotions. This is why some people are happy in war and others are sad at weddings. It's why some are excited to work and others hate parties. Happiness is very fleeting. Anyone who has set out major life goals for themselves only to achieve them and realize that they feel the same relative amounts of happiness or unhappiness knows that happiness always feels like it's around the corner, just waiting for you to show up. No matter where you are in life, there will always be that one more thing you need to do to be extra happy.

What really matters is that we achieve each of these plateaus of success, but that we're consistently moving towards them, day after day, month after month, year after year. The plateaus will come and go, and we'll continue following our ideal self along the path of our lives. Dream big and then do something. Anything. The simple act of moving at all will change how you feel about the entire process and serve to inspire you further. Stop trying to be happy and just be.

#### IT'S US AGAINST THE WORLD

Seven point two billion people live on this magnificent beast called Earth and it is constantly fighting a battle for its own existence while mankind is working for the environment and the planet to perish. The environment, put in simple terms, means the surroundings or the conditions one lives and operates in. Nature is a wonderful yet incomprehensible thing as it has provided just the right conditions for every species of life to thrive. Needless to say, Nature also puts on a show of its surreal beauty in more than just one form. Be it the European Alps, Salar De Uyuni in Bolivia or the Lake Hillier in Australia, the beauty of nature is endless. But just as we know it, man's hunger is insatiable and he is always running after more without seeing the damage it is causing.

Man's need to create more and better than nature never ends and it is a no-brainer that it has a lasting impact. Damage to Nature in ways more than one is not a hoax, it is the hard-hitting reality. Hot issues like Global Warming and Loss of Biodiversity are as real as they get and demand utmost seriousness, because with every passing second, the intensity and effect deepen, leaving this planet in a worse position than it was before. The way we choose to live our lives has increased waste production drastically, up to the point of choking this planet. Plastic and other wastes are not only found on the land but are also being continuously dumped in the sea and are a major threat to the aquatic life. While that is one way we put the lives of animals at risk, the other is through endless hunting and poaching. Different species are affected in different ways but the most threatened are the endangered species.

Extreme climate change also poses a major threat to wildlife by making them vulnerable. Nature is under great distress and is continuously showing the same through calamities like earthquakes, hurricanes, landslides, wildfires and so on. Urban Sprawl, a less-talked of human activity, is also a major contributor to the increase in the problems. Urban Sprawl, the migration of people from high-density urban areas to low-density rural areas, has increased the land degradation, traffic, and pollution drastically. The far-reaching increase in pollution is glaring at us in our faces, making it very evident through the breathing problems it causes and moreover, with the ozone depletion which will leave an indelible impact with diseases like skin cancer. The havoc caused by human actions is taking a toll not only on nature but also on human life and its quality. The living conditions for an endless number of people are worse than ever.

Water scarcity is a global risk and has led to people drinking unsafe, unclean water which exposes them to diseases like cholera, typhoid fever etc. And just like each drop of water is becoming scarce, human actions are also leading to the scarcity of food. The magnitude of these problems is great and if they continue to exist and flourish at this rate, it is not very difficult to predict a near end. These problems are not a myth or a part of any conspiracy theory, they are real. They affect our lives and the beautiful planet every day right in front of our eyes. Ernest Hemingway got it right when he said, "Earth is a fine place and worth fighting for." A change is needed from 'It's us against the world' to 'It's us with the world'. It is just as much of our battle because if this world ceases to exist, it is taking us with it. We are the result of Billions of years of evolution, its high time we act like it.

#### The buzz is dying

he service value created by pollination in an expansive and contemporary global economy goes up in billions, it accurately highlights the importance of the bee as a natural contributor in crop production. Unfortunately a diverse array of causes, deeply rooted in the progress of this urban age is threatening its very existence.

Comparative data relating to past bee populations has been difficult to obtain, but there is a general consensus among researches based on ongoing studies, that there has been a rapid decline in international bee populations. A recent study presented at an annual meeting of the American Association for the Advancement of Science provided important information on major agricultural zones in the country where bee populations are at major risk. India has also gathered similar data. Statistics collected from Punjab, Kerala and Tamil Nadu indicate dwindling bee populations, well below the recovery ratio.

Bees are beset by a systemic upheaval in their numbers, known as Colony Collapse Disorder. Root attributable causes of the former include neonic pesticides, radio frequency radiations, climate change and industrialization.

Neonic pesticides or neonicotinoids are mostly used as sprays; they do not have immediate lethal effects on pollinators but have proven to cause brain damage. Likewise radio frequency radiation from cell phones adversely affects cognitive skills and impairs navigation. An experimental study exposed a honeybee hive to cell phone radiation. The workers of the hive wandered aimlessly, leaving the queen to fend for herself, leading to its eventual collapse.

Industrialization has led to widespread destruction of ecosystems via deforestation resulting in habitat loss and a lack of forage. Industrial waste and toxic fumes along with artificially stimulated agricultural methods have added to massive purges in bee populations. Climate change has led to irregular blooming patterns in flowers, in such a scenario there could be a dearth of bees to pollinate the flowers or vice versa.

Government interventions have also played their part. ApisMeliferra, a commercially imported specie of the honeybee is being promoted for use among apiarists. Consequently, native species such as the ApisDorsata have continued to decline.

Barring a few crops such as wheat and paddy, many fruits and vegetables require pollinating agents; their increasingly diminishing numbers point towards a potentially serious ecological disaster in the future. However the recognition of this underlying issue has opened the gates for mitigative efforts. It is an active and prioritized area of concern which must be handled vigilantly. After all human negligence has always been the origin of calamitous anomalies.

#### THE RAGE OF NATURE

As rightly said by Bob Brown, The future will either be green or not at all'. Many of us fall to appreciate this and ironically this is the need of the hour. The floods that took place in Badrinath a few years ago, or the present situation in Kerala, is the advent of the violent side of nature. When people refuse to accept the supremacy of nature, natural calamities work as a door bell.

From 1950-2017, there has been a three-fold increase in extreme rains, which is one of the leading reasons for large scale flooding in India. What happened in Kerala is a result of once-in- a-century rainfall as the rainfall in Kerala was four times higher than the normal level. The reason pointed out by researchers is the change in weather patterns due to the rapid warming of the Arabian Sea and nearby landmass which causes monsoon winds to fluctuate and intensify for short spans of three to four days.

However, it would not be wrong to pinpoint the negligence of the management authorities on this issue. The sudden release of water from the various dams had further worsened the condition. Kerala in its defence blamed Tamil Nadu for the sudden release of water from the Muliapertyar dam.

Whatever the reasons may be it is indeed the fury of nature that mankind has to bear. At least 216 people had lost their lives, over 7.24 lakh had been displaced and around 5,645 sought shelter in relief camps. On observing the severity of the floods, the central government had declared Kerala flooding as a level 3 calamity.

While some call it a sudden mishap that did unimaginable harm to human chilizations and others state this as a sign of nature we mustn't ignore. The answer most likely would be that these are indeed signs – the calamity that took place in Bardrinath (2013), the dust storm in Rajasthan, the 2016 Siachen glacier avalanche and the earthquakes, all these are signs which we intentionally chose to ignore. Whenever humans try to play with nature, nature checkmates us.

Since 1972, the world is trying to deal with the implications of environmental degradation. The United Nations (UN) Conference held in Stockholm, Sweden in 1972 or the United Nations Conference on Environment and Development (UNCED), also known as Rio de Janeiro Earth Summit 1992, was held in order to promote cooperation on an international level regarding the issue of sustainability. There is a need for collective action which would promote cooperation at an international level. It is important to understand that disasters don't respect boundaries.

One of the most remarkable examples of international level cooperation is the Paris The central aim of this agreement. The central alm of this agreement is to strengthen the global response to the threat of climatic change, it focuses on reducing greenhouse emissions and maintaining the global average temperature to 2 degrees Celsius. However, the US withdrawal from the agreement is a setback to the whole ideology of the treaty. Being a developed nation and the leading producer of greenhouse gases, this action of the United States could lead to some serious problems because tackling environmental degradation is not the duty of a single state, rather it requires collective action.

The number of helping hands extended by people and organizations in the form of ald after a calamity takes place are always welcome from the rehabilitation point of view. But if these gestures of help are extended in the beginning where each and every one of us does our share for protecting nature. I don't think a need would arise to provide aid. It is important to understand that it's the human race that depends on nature, not the other way around. We must respect it otherwise our own existence will come into question.

Aditi Mehra BA (2nd year)

#### Reminiscence

The other day I returned from work, crabby and exhausted from the day I'd had, and rummaged around in my closet for a file I needed. As I cursed and searched in vain, my gaze fell on an old box, pushed to the back of the drawer. I set it down on the floor, blew dust off the lid and opened it up to find a host of knickknacks I'd collected over the years.

There were cards dating back to grade ten, high school certificates, college transcripts - a timeline of the years I'd accumulated. I toyed with a bracelet a middle school friend had so crudely made for me and smiled. There were more where that had come from- I'd always been a hoarder.

in my quest, I unearthed a medal I had won in my first ever stage performance- that I had messed up, of course. Too nervous from all the stares directed my way, I'd fumbled and mixed

up my lines. I ended up winning anyway and ran to hug my dad, who'd been proudly cheering in the audience the entire time. Beneath that was a class photograph as well which I saw and laughed out loud. The pre-puberty faces and the middle-parted hair marked the carefree and happy years I so longed to relive and had left so far behind. They were nothing but a distant memory.

I set them all aside and reached the bottom of the box where lovingly wrapped in tissue, lay a saffron saree. As I carefully peeled the tissue off, memories flashed before my eyes. My mother's smilling face, looking resplendent in the garment which was her favourite as she blew out the candles on her 43rd birthday, the last she'd ever have before cancer claimed her. I could hear the bright peals of her laughter, a sound that used to make my day. I could still feel the warmth of her hugs which filled me up with a feeling of contentment nothing else could achieve. It was almost tangible, the fragrance of her perfume, remnants of which I could still find in the saree.



I wrapped it up again, put it in the box, and closed the lid with a sigh, wishing life could be that perfect again.

(BA - lindYear)

# LETME

Let me grow, let me fly
In this sky of beautiful sights
Let my wings grow again
Let them have a beautiful shape
Let my way go ahead
Let me five anywhere else
Let me grow, let me fly
In this sky of beautiful sights.

Who am i? Let me know
Which is my way?
Let me go
Give my We back to me
As it is just mine
And no one has a right on it
Let me grow, let me fly
In this sky of beautiful sights.

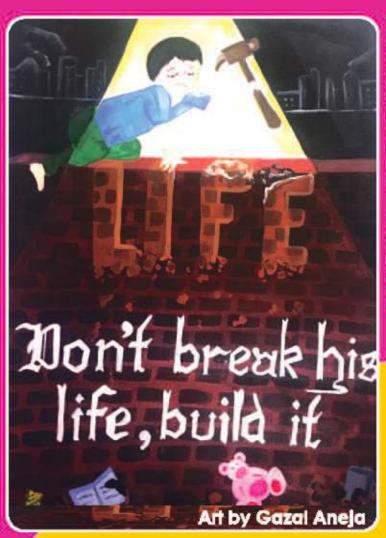
I don't want to be a slave of this world,
I want to live my life in an independent world
Where do I stand? Let me see
Don't keep me in a prison
Let me grow, let me fly
In this sky of beautiful sights.

Alisha Gupta B.A. III

## To the odd ones and the weirdoes!

Mediocre people have created the notion of normalcy and have set standards for it, making the rest of us feel inadequate. Why? Because they don't have anything to boost of, aport from fitting themselves in the self-invented notion of being normal and thus, they begin to label people.

Labeling is where it all begins. They label to make themselves feel better. Smarter than themnerd. Not so smart-dumb. You're thin-they will call you skinny. You're fat, they will call you fatty.
You're fall, they will call you a streetlamp. You're short, they will call you shorty. Wear
something comfortable, you have no fashion sense. Wear something quirky, you are
outrageous. You would be called loud, too shy, makeup queen, tomboyish, antisocial, rude
etcetera, etcetera. Whatever does not fit their normal, gets labeled.



They will make fun of you, bully you, make fun of your choices, opinions, and put you down. They will make fun of how you dress, your stutter, your skin color, your scars, your culture, your taste in music, and fine list goes on... No matter what good you do, or how kind you are to them, they just won't stop. They want to make you feel worthless. They want you to lose. You are different and its cares them.

You stand out in the crowd, while they make the crowd. You have something that they don't. Haunt it Stop trying to fit in Don't stoop low for acceptance. Be proud of who you are. You are a star so don't let others dull your light and let yourself shine!

Preeff BA-3

### **Positive Affirmations**

Positive affirmations are statements that you can repeat to yourself to help you create the right mindset in order to achieve your goals. The hardest part in achieving any goal is to deal with obstacles and challenges. These things are what make most people give up on their goals but they are also what make reaching your goals worth it. Affirmations have been around for a long time. In this article, I'd like to discuss whether or not using affirmations actually works. I will also give you a better alternative.

If you search the web, you will be able to find a ton of different positive thinking affirmations. Saying things like, "I'm good enough" may or may not be effective, depending an what you do. The point of these affirmations is to help you think positive thoughts. There are a couple of criteria when it comes to these statements. The first is that they must be stated in the positive. This makes sense. Otherwise, it would be called negative affirmations. But to be more specific, you don't want to say things like, "I don't want to be broke" since that isn't positive. Secondly, the statement has to be in the present. Here is an example list of affirmations.

"I choose to eat the right food every day."

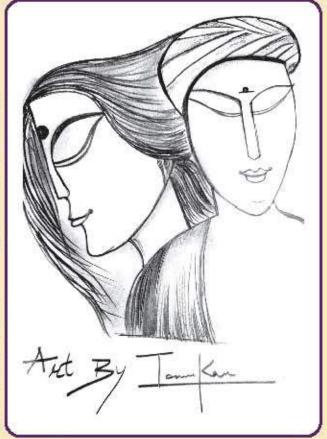
"Hove myself just the way I am."

"I believe in myself."

"I attract abundance into my life every day."

On the surface, it may sound like stating affirmations can be effective in helping you stay positive but in my opinion, just stating them is not good enough. You can sit there and say, "I feel happy" all day long and still feel sad. All you have to do is say that statement or any other positive statement you can think of with no enthusiasm whatsoever. You can even subscribe to one of those daily positive affirmation newsletters and read each statement they send you and still not feel positive.

Just stating them isn't enough. I've stated hundreds of affirmations during my lifetime and for the most part, they didn't really do much in terms of changing my actions or thoughts. However, it doesn't mean affirmations are useless. You can make them become a lot more effective by doing one thing which I hinted on earlier. That is to state the affirmations with enthusiasm. To take it even further, you want to say them while using your entire body and with all the intensity possible.



# The Era of Fake News

Journalists need facts to make a story but, more importantly, they need content to keep the audiences interested. Facts become bland while controversial and sensational content adds to the spice of life. Following trends and the "FOMO" (Fear of Missing Out) rules out the importance of essential news matter any day. Rumors and false news that circulate on social media are sometime so far-fetched and ridiculous that it is hard to fathom anyone believes them. But some people do.

With social media, anybody can say anything at anytime, which means that anybody can see anything at anytime too. Hence, social media behaves as the gasoline to the fire of 'Fake News'. The free circulation of wicked lies, the



ineffectiveness of fact-checking, the spirit of populist propaganda, all being a part of the fake news being spread, challenge the fundamentals of ethical journalism and demolish the value of the media behaving as a 'watchdog' of the society.

Social media platforms filter out information that is being displayed on one's newsfeed according to the Interests of the readers, and this very factor minimizes the possibility of any fact-checking or cross-checking of the given information. It is humorous and ludicrous how people tend to believe anything or everything that is displayed on the Web.

For example, Wikipedia remains the number one browsed source for authentic information; but what people tend to forget or remain unaware about is that it is a platform edited and created by regular people. The facts mentioned may or may not really be true and honest; they can be filtered and may be biased.

News spread during elections of any country or any piece of information that is political and inflammable is mostly biased and released with the intention to damage a persons' public image and sharing something without reading, thinking, and checking if the content is legitimate might lead one to take news, and such lies can lead to serious harm when people start believing them.

#### **FLAMES** OF FAME

Acting can be taught and learnt like any other form of art. A true actor is prepared after a long process of hard training and understanding. 'Actor' is a term very carelessly and liberally used. And 'Star' is a term which has been restricted to a class of people and is very conservatively used. Star is a designation and Actor is a profession. But both are equally accepted as artists. Both are performers and a lot of their success depends on the appreciation and acceptance by their audience.

Actor is a very wide term and includes all sorts of theatre artists, street artists, social media artists, film and TV artists etc. who use the means of acting to perform and appeal to their audiences. Every actor targets different goals and conceives variable ideas. What they all have in common and what sets them all apart from others, is their passion. An actor can remain an actor only until the 'fire to perform' in him/her is burning. Actor is an umbrella term which shelters every such type of person. But not every such person happens to be a Star.

Star is a class or a specific category of these actors who have become public figures. When an Actor due to his/her influence on the public, gains a reputation and stature, he/she is designated as a Star. Stars have huge fan following. There is an obsession with famous Actors largely because they have defied the odds and made a career out of acting. They have a huge impact on their audience as their audience is huge in number due to their influence.

An Actor becomes a Star with the opinion of the spectators. All aspiring Actors dream about breaking through to gain the public influence of a Star and all aspiring Actors are usually in search of a secret recipe to success.

But, what is important to be noticed by active minds is "how every Star is an Actor

but not every actor is a Star", but also only artists know that not every star is a True Actor and that every True Actor can actually end up being a star.

For example, the Star kids or the children of accomplished star actors, start their acting careers very early, without any proper experience or training. They learn with time and become Stars way before becoming true Actors. And true Actors who remain consistent with their efforts and faith in passion become ultimate Stars. For example, Nawazuddin Siddiqui, Rajkumar Rao, Ranveer Singh etc.

Stars have a huge responsibility towards society and other Actors to be true to their art. They are expected to be socially and intellectually aware. What comes as a byproduct of their fame is economic soundness and wealth which sets them further apart. But Actors who aren't Stars or celebrities are often discouraged for their passion, uncertain future possibilities and economic instability.

Every true Actor deserves respect and acceptance of society for their art. But, the Indian society is not yet very open minded to believe in a person who wants to pursue acting as a career because of the dominance of Stars and their kids on one of the most relevant and important fields of this artie. Films.

Theatre, street and cultural artists are hugely neglected. To change the perspective of people towards both Actors and Stars and to make their opinion more meaningful, a mental revolution is needed which is a gradual process.

Ramandeep Yadav PGDMC

#### Social Media Impact on Mental Health

We are all aware of the rage that has taken over our generation namely, Social Media. With the advent of technology and the ease of its accessibility especially in terms of mobile phones and Internet, India alone has 650 million users. The advancement in information and communication technology has made social media even more accessible, especially for children and teenagers. Any kind of information you need is just a click or an app away.

People of all ages have easy access to social network and different users use it for different reasons. Some might use it to support a cause or issue they feel strongly about, some use it to keep in touch while some like to share personal information in terms of their travels, the exciting things happening in their lives and some might even use it to build an image.

Most of the social media users are people aged between 14-24 years, that is, adolescents, teenagers and young adults. With various apps being invented, for example, Instagram, Facebook, Twitter, Snapchat, people are more in touch with what's happening in everybody's life. However this comes at a cost.

Reportedly, children and teenagers have increasingly been falling prey to self-esteem issues, sleep deprivation, anxiety and depression. The reasons vary from cyber bullying, to lack of privacy, to the need to seek validation and many others. More often than not, social media has proven to be addictive in terms of the need to check for updates every ten minutes and the need to share everything enthralling that happens in one's life. According to a study that was carried out in University of Pittsburgh, teens who spent time on social media were 2.2 times more likely to report body image issues and eating disorders. The bottom line is that because everybody raves about social media, it has become important to be 'liked' and herd mentality is also a phenomenon we see on the social networks.

It's best if children are not exposed to social network early in their lives and teenagers can be taught to use the social network sensibly so they don't fall prey to cyber bullying and privacy violations. Parents can also play a role in counseling their children that validation comes from within and the key to good mental health is leading a healthy lifestyle by being productive and through more face to face social interaction and reduced screen time.

Mehr Kahlon PGDMC

# Impact of Journalism on Society

Journalism is necessary to make democracy work. As we all know, the four pillars of democracy are Judiciary, Executive, Legislature and Media. This fourth pillar of democracy ensures that people in all parts of the world have information about everything happening in it. But what is the impact of this information on our lives and on our society?

Journalism never fails to influence public opinion. In fact, it shapes the opinion of the public. Journalism impacts society in every form. How can one forget the effect of the writings of Karl Marx and Fredrick Engels on society which led the masses to believe in the principles of communism? Print media has also played a vital role in the freedom movement of India. Pamphlets and articles published by freedom fighters like Bhagat Singh influenced thousands of people to join the freedom struggle. There are many instances which prove that journalism has brought about change in society, not only in India but in the whole world. For example, a series published in The New York Times by Charles Duhigg revealed the harsh realities under which Chinese workers assembling iPhones and iPads live and work and as a result of this series more than a million workers at the Chinese factories that make Apple's iPhones and iPads got a twenty five percent raise in their salary. This is only one of the thousand such cases.

But unfortunately today, journalism has merely become a profit making business. Journalists report fake news on their channels only for the sake of money and mislead the entire population of the country. Journalist Ravish Kumar called this 'Godi Media'. If you turn on any news channel, you see fake news spreading hatred among different castes, religions and communities. The horrific consequences of these fake news reports are violent clashes and moblynchings.

Along with television, newspaper and radio, social media has also a great impact on society especially among teenagers. The media dictates our lives. So, it is the responsibility of the journalists to report and present accurate facts and figures. They should not misrepresent and manipulate them for the sake of TRPs because what they do affects the whole society. As Andrew Vachss has rightly said, "Journalism is what maintains democracy. It's the force for progressive social change."

Manika Chhabra



Media? What does this word mean? It can mean different things to different people. We don't know whether people find the term positive or negative but it is clear that the media impacts us all.

When a politician does something appreciable he needs the media to know about it, but when he does something even remotely controversial he tried to keep it under wraps as much as possible. Similarly, when a celebrity promotes a new movie in town or when his film is a success, he/she appreciates the media but when the media tries to get too close, they demand privacy.

In today's world the media is a little over the top because no one wants to know what Taimur had for breakfast or who is Alia Bhatt dating. We don't want to know that because Taimur learning tennis is not news.

Have you ever wondered why the media covers such news? Why would a person who has literally studied the dynamics involved in research give us dead into in the name of news? Well the answer is quite clear-it is because of US. All the media needs is TRPs and viewers and they are supposed to cover that news more which attracts a larger audience. Yes, it is as much their fault as it is ours.

We, the new generation, demand more drama and masala which is why they have to keep on covering such stories. When the people stop viewing such broadcasts, when we stop wanting to know more about celebrities and their personal lives they will stop too. And this goes the same way for newspapers too since we demand spice, the paper has to have headlines which are exaggerated and sensational.

Yes they do show a lot of nonsense, If I'll be honest with you, But, stop blaming the media alone, Isn't it half your fault too?

Sarvagya Munde Add on certificate in Journalism

## Ocean Trash



The oceans are so vast and deep that until recently it was widely assumed that no matter how much trash and chemicals humans dumped into it, the effects would be negligible. Proponents of dumping in the ocean even had a catch phrase, "The solution to pollution is dilution."

Ocean pollution occurs when harmful or potentially harmful chemicals are thrown into oceans. At present there is more plastic than fish in the oceans. Thousands of seabirds die every year consuming plastic waste. Rapid growth of industries around rivers and lakes have also contributed significantly to ocean pollution. Hazardous chemicals and waste released by these industries in water bodies has made many marine species extinct. Marine animals are not the only victims but the whole environment is getting adversely affected by this. For instance on April 20, 2010, the largest accidental marine oil spill took place after a large explosion on the Deep Water Horizon drilling rig. As the rig sank, it released oil into the ocean that spread quickly throughout the area. 200 million gallons of crude oil leaked into the ocean and continues to spread even today. The spill has had a terrible effect on the environment. Corals, dolphins and birds that called the Gulf of Mexico their home are dwindling in numbers. As recently as April 2016, it was reported that baby dolphin deaths are on the rise in the area.

The holy Ganga river in India is a great example of water contamination. The

Government of India has made several promises about cleaning it but has always failed to achieve the desired results. Today, Ganga is considered to be the fifth most populated river in the world. The main causes of pollution in the Ganga are increasing population density and dumping of harmful industrial waste in river. Apart from this, religious customs are also a significant cause of pollution. During festival season, over 70 million people bathe in the Ganga to cleanse themselves of their past sins.

The United Nations Conference estimated that our oceans will contain more weight in plastic than in fish by 2050. Long lasting plastics are found in the stomachs of many marine animals. In spite of society's efforts to properly dispose plastic waste, between 4 to 5 million tons of plastic is found in the oceans every year.

There are many ways in which we can control ocean pollution such as by supporting the ban on plastic bags, recycling plastic and much more. The most effective and direct way to control ocean pollution is by participating in various beach and river clean-up programmes. It is high time when we understand that the earth does not belong to us but we belong to the earth.

Manika Chhabra
Add on Certificate in Journalism

# The Environmental Karma: It's Time To Pay

"What Goes Around, Comes Around" is not only followed within our lives but also by Mother Earth.

We humans usually refer to it as 'Karma' and no one can escape from it, be it the small or big, weak or powerful. So, won't it be better to say that all the recent natural disasters happening around the world, one by one, that have already taken place and ferociously continue to take a heavy toll on human lives and property is Earth's response to human karma? And are all the recent natural disasters an effect of the callous attitude of humans that have fueled unsustainable development?

Going back a bit in time, hurricane 'Irma', which struck Cuba and took more than 20 lives in the Caribbean region, exhibited its wrath on the U.S. state of Florida. It was so intense in nature that it shook the meteorologists, who claim it to be totally unprecedented and unexpected. What's jolting was that it emerged just a week after hurricane 'Harvey' finished traumatizing people of USA especially in Houston. The hurricanes caused a lot of destruction and caused tremendous emotional pain.

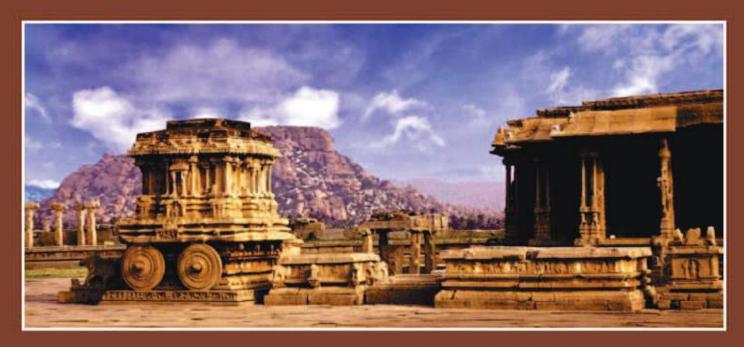
Another case in point is that of the natural disaster that rattled Mexico with a twin punch of 8.1 magnitude earthquake 'Katia'. India has recently become a victim of catastrophic floods which came along with lashing rain in Mumbai, Himachal Pradesh and Kerala. The number of deaths recorded in each of this cases is phenomenal.

Right from June to September, the intermittent occurrence of natural devastations in such short intervals, in different parts of the world, invokes the realization of the prophecy: The world will end.

Should we refer to this period to be the beginning of doomsday? All these floods, quakes, hurricanes, are not only a part of "what goes around comes back to you, the philosophy of 'karma', but also a wake-up call for the entire world that it is ringing the death knell for itself. Keeping in mind the facts and the reality that it is absurd and suicidal to go against the laws of nature, it is the need of the hour to fall in line now. It is high time to comprehend that this could be our last chance to correct the harm done.

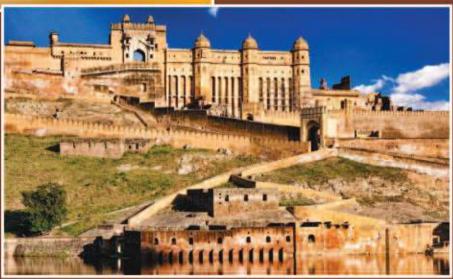
There has to be cooperation among the world leaders and also sustained individual efforts. Use of renewable sources of energy, maximum plantation of trees, rational use of water and its conservation are few measures that man is almost reluctant to adopt and therefore, has contributed to the creation of this global crisis.

In a nutshell, "You do good to the Earth and the Earth will do good to you in turn."



# SOCIAL SCIENCE SECTION





#### **EDITOR'S**

#### Words

My dear students

It's a feeling of immense pleasure to see the reservoir of talent in you all. Through your writings you have shown your sensitivity towards pertinent Issues traversing social, economic, political, psychological and other current topics. Your ability to translate your thoughts into the impactful writings you have submitted reveals that you may be young but are steadily moving towards an intellectual maturity that will one day do your alma mater and the country proud.

My best wishes to the budding power of youthful minds. May you all do well in life and achieve your dreams. I thank all students who have contributed through their perseverance and creative work to this issue of the college magazine. I hope the thought provoking content of the magazine will motivate more volunteers to contribute next year. Wish you all health, happiness and success in life.



Dr. Arvuda Sharma Mehta Staff Editor

## **BITTER REALITY**OF ELITE CLASS

or several weeks I have been thinking of the present condition of our society. Although we

are living in the 21st century but still our thinking is narrow minded. Sometimes I think that we are the craziest and the most dangerous of all the living organisms. At one time, we talk of the welfare of the society and the nation and on the other hand, we ourselves keep destroying and harming our nation. We talk of the teachings and practices of Bapu ji but we never follow them truly in our lives. It is not appropriate that for a day we take big pledges, do promises and the very next day forget all those things. Corruption has emerged as the biggest hurdle in the development of the nation. In the government offices we often see the pictures of Mahatma Gandhi and many other prominent leaders and slogans like Satyamev Jayate, but do we really respect and follow them? No, actually not at all. In the name of law, they demand paper weight for the common man's file. Actually they want bribe. The condition of common man is so drastic today that if one submits a file in a government office, the file keeps on going from one corner to another but nothing happens. Court cases remain pending, infact the file gets lost. If one gets the file, he fails to get evidence. If one gets evidence, then one more hurdle comes and thus this cycle keeps on going. Our government talks of the safety of girls and women but is it safe for girls to go out after 8 at night. Ask yourself about it. Tell me a single day when we don't hear any news of murder, rape, molestation, etc. The number of holes and pits on the road are more than the vehicles running on it. Next comes the severe issue of terrorism. Who do you think supports terrorism? Somewhere we ourselves are responsible for it. We sit at our home, relax and just blame the government and army but what we are doing as citizens, nothing, just wasting time. The root cause of terrorism could be well traced from our neighbouring countries. 26/11 is the biggest example of it, it was the beginning of terrorism in India followed by many attacks in Punjab, Mumbai and the major victim of it is Jammu and Kashmir. The present condition of Indian Youth is so terrifying that millions of graduates and post graduates fail to occupy the eligible posts due to corruption. Despite all these, our government has taken certain measures to check all these issues. The main issues raised by them are against black money, corruption and terrorism. They have improved India's relation with other super power countries and supported Swatch Bharat Mission, encouraged use of Swadeshi products and saving the girl child. All this can be possible only with our co-operation and initiatives. Our mother land has given us an identity, a safe & secure life and a good nation. So in return we can atleast follow our few duties towards our country- Our mother land!

> Himanshu Mittal B.A. 1st

# **Commodification** of Education

Nelson Mandela once sald,' Education is the most powerful weapon which you can use to change the world.' But unfortunately seeing the deteriorating condition of education today these words do not seem to have a place in the lives of people. Not only in India but all around the world education is treated as a mere commodity which affluent people can buy in the market of schools. Quality education is only possible for those who have quality pockets. Education should be used to give wings to creativity and Innovation but instead it is used to smother the uniqueness of a person and turn him into a product, a success manufacturing machine.

In my opinion there are several reasons for this state of education in India. First one is the 'privatization of education sector.' Increasing trend of private schools is constantly depriving a large section of children from having a good education as their parents can do no good for these profit making business houses which are selling education at a very high price. Along with this the careless attitude of government towards poor condition of government schools is also contributing to the high dermand of private schools

and these private schools and colleges are doing what they do best, making profit.

The second reason is the attitude of people toward education. Our view of educated people is highly skewed. For us only those are educated who get a handsome salary every month or those who give them this salary. This is not a new notion. This perspective of education has been embedded in us way back when India was colonized. At that time Britishers found it very hard to understand Indian culture and tradition so, they appointed a man named, Thomas Babington Macaulay, a famous historian to do research in India and find a way to teach Indians. Macaulay's theory of education was that it should be utilitarian and should be given in such a way that it serves a purpose. So, after researching he concluded that 'all the knowledge found in Sanskrit texts of Hindu culture is equal to what is given at prep schools in England'. According to him it was very easy to teach Indians because they do not know anything. Now the question grose what to teach? At that time the industrial revolution was at full swing in England and the Britishers needed clerks to do desk jobs. People who do what they are told to do without being creative. This gave rise to the importance of what is called The STEM subjects, science, technology, engineering and mathematics and downgraded the position of arts and humanities as they are not so utilitarian as compared to science and technology. All these aspects of 'utility and satisfaction for a purpose' perfectly fits to the definition of a commodity.

Third reason is the 'Grading of students'. By giving students grades like A, B,C etc. we are not only commodifying education but also dehumanizing students. There are schools which put the so called intelligent students in one class, the average students in the other and below average in another class as if they are grading the qualities of wheat. Moreover, some of them do not even accept C or D quality students. Can you inragine what can be more evil than treating a child like a product.

It is high time that we understand this problem and try to prevent education from becoming a commodity and help to regain it's essence to enlighten the lives of people. We should encourage our children to take risks and make their own paths and destinations instead of following the pre-decided paths to get settled in life and then wait for death.

By Manika Chhabra B.A.I

#### Secularism in India

Secularism is a value enshrined in our Constitution. By secular, it means that the Indian state does not favour or propagate any particular religion. All the religions are identical in front of the state or law. Western secularism is however different from our secular model. In west secularism means separation of church and state which is interpreted as the state being forbidden to intervene the religious affairs of people. If we take secularism like that, it will mean that religion is above law and law cannot intervene even if there is something unlawful activity being performed in the name of religion. But this is not so, because in the history of independent India we have seen many cases where law and judiciary has intervened in the religious matters and struck down various rules which were unconstitutional. Very recent example which we can recall easily is of Sabarimala temple in Kerala where Supreme court ruled that the prohibition of the entry of women of menstrual age is unconstitutional and it is against Right to equality under Article 14 of our Constitution. So we can see how beautiful is our secular model where a balance has been maintained between state's intervention and right of practising one's own religion.

Despite all these things we have a long way to go to protect the secular fabric of our country as there are many issues which pose threat to our secularism. One such threat is Communalism which means that religion is being used to incite people to do violence and bloodshed. We have seen many communal riots in the history of independent India, be it 47 or 84. All these incidents give us goosebumps but we as the responsible and rational citizens should always make sure that no one is able to provoke us on communal lines. Sometimes politicians use religion for gathering votes which is very bad for our society. We should always remember that humanity is our first and foremost religion. The sole meaning of our life is to serve humanity. As a responsible citizen we should realise our responsibility of maintaining peace and developing tolerance towards each other. Politicians of our country should also realise that gathering votes by provoking people on communal lines is very bad and there is no benefit of having a government where people of your country are thirsty for each other's blood.

# The True Meaning of Success

From the day you were born you wanted to do something worthwhile. You wanted to make your stay known. Atleast that's what we are all taught. Make a difference in the world. Be "successful". But what according to you is success.

For some it could mean being recognized in public. For others it could mean being rich and for some it could simply mean being happy. There is no definition of success, you can define it for yourselves.

First of all you need to set a goal. Like, the things you want to accomplish before you take your last breath. Something you want to pursue. Something that makes you happy. Something you are passionate about. For ex. as Lilly Singh writes in her book "How To be a Bawse": I don't want you to write a script just to see a movie get made. I want you to WIN an OSCAR.

True success comes when you do whatever you're doing with the most of your capabilities. True success comes when you are satisfied in your own self just the way you live your life. True success comes when you commit. You'll never truly know if you can accomplish something or be great at something until you commit.

#### I feel all sucesss really means is

"The sense of Accomplishment."

If you feel successfull with a low paycheck it's fine. If you feel successfull with a higher one, good for you. As long as you've accomplished your goal, as long as you're happy, as long as you did something even remotely helpful in adding to your happiness.

True success is being excellent at what you do.

True success is reaching your potential.

True success is your happiness and your happiness alone.

SAVY

By: Sarvagya Munde BA 1st year



Ever wondered why the poor are poor, why it takes decades for countries to prosper when they could simply print more currency, why does the government take away a part of your hard earned money in the name of tax, why does everybody care what US is upto, blah blah blah...!

If yes, you are not alone. If no, you're definitely not alone. I'm not here to throw complex data or some boring demand-supply theories in your faces. I, through this column, simply wish to take you

through some of the weirdest milestones in the timeline of this subject that ought to make you a bit more aware of and hence confident about the financial matters you encounter every day and are probably intimidated by.

For writing an artical, I'm choosing an extraordinary event about a kind of flower that blew everyone's minds (and pockets) not because we just passed the Valentine's Day, but because it very well explains the extent of hysteria that 'rational' people like you and me are capable of causing in the world economy.

It all started in 1630s in Netherlands. The 17th century is named as the Dutch Golden Age because they were then a leading economic power with accomplishments like fighting Spain for independence and winning, establishing the first ever multinational corporation called The Dutch East India Company which further set up the first ever stock exchange, the Amsterdam Stock Exchange.

As the country prospered, the rich class began showcasing their wealth by collecting rare pieces of art and wearing fancy necklines. Among such assets was also the tulip flower that acted as a status symbol because it wasn't native and had to be imported from Turkey and was thus, an article of luxury. But the weather of the country suited the flower and hence began the inland cultivation of tulips.

Now they have a couple of very important characteristics. One, tulips bloom only during March to May. Two, it takes them 7-12 years to grow from seeds to underground bulbs which then spring into the flowers as we see them. Three, given the then stage of technological development, they could only be transported whilst they were still bulbs because uproofing a fully grown flower would obviously ruin it.

Seeing the craze for tulips among those with loads of money, people started buying them with a hope to sell them to someone willing to pay an even higher price with the same hope, even though everyone knew the product had no intrinsic value. This is what we call 'The Greater Fool Theory'. With this practice, the prices of tulips started to rise exorbitantly and the madness was such that even those who couldn't afford these flowers, were selling all they had to buy as many tulip bulbs as they could.

It must be noted that majority of these purchases did not include actual delivery of the flower because their transportation, as I said, could only be done during the short period of them becoming mature bulbs before blooming. So, the seller would accept the money from the buyer and in return, write on a piece of paper, a promise to deliver the tulip bulb whenever it got ready. This is perhaps the most classic example of what we today call a **futures contract**. By mid 1630s, the trading of tulips had gone so wild that such futures contracts would change hands ten times a day and accordingly hundreds of times before somebody actually got the flower's delivery.

This process of buying at ridiculously high prices and selling at even higher prices continued for years until one day in 1637, at a routine auction, no buyers showed up. Now this could have been because of prevalence of a widespread plague back then, but it sure did scare the sellers badly. Word spread and all those who owned tulips or contracts to own them in future began to panic. Suddenly, there were no more 'fools' and the holders of futures contracts refused to pay the committed money and accept the flowers. People realized that they had gotten rid of all they owned for something they couldn't even sell now. The contracts couldn't be enforced because they fell under gambling and were therefore illegal. The market crashed!

Finally, the government had to intervene by asking the contract holders to pay 10% of the agreed price and accept the delivery of the tulip bulbs. By the time the fall occurred, the price of one special kind of red and white striped tulip (which by the way got its texture from a virus!) had risen to some 10000 guilders, enough to buy one of the grandest homes on the most fashionable canal in Amsterdam.. with a coach house.. and an 80-ft garden.. Woah!

This period of **Tulip Mania** is believed to be the first documented speculative market bubble and is mentioned till date, every time something like the **dot-com** bubble, the **real estate** bubble or **Bitcoin** comes up. More on these later!

Divya Bhatheja MA Economics II Sem

## **EDUCATION SYSTEM:**A FILTER ON TRUE EDUCATION

"Education alone can conduct us to that enjoyment which is, at once, best in quality and infinite in quantity"

For a student, education is the beautification of the inner world and the outer world. And the seed for meaningful education is sowed by a robust system, be it educational, social, or any other.



Education does not merely mean to award the degree but to create an army of capable men and women who shall serve the society for it's betterment. It teaches us to become humble and kind. For this, there should be a proper way and right guidance! To serve this cause, the educational institutions should be established and managed by the people of letters and of high moral and ethical wisdom. It is expected of them to desist from any deviation concerning the moral foundation of education no matter how compelling the circumstances or situations may be.

Talking of the expectations of a student from the system or administration, the institutions should have some extent of transparency with the students. What's wrong if an applicant or an enrolled student questions the administration?

Further, education should not have a mixup with politics because it diverts a student from the real motive for which he/she has come. And, keeping in view the recent past, we can see that the number of students who cast their votes is decreasing year by year.

Apart from this, we, living in the twenty first century, where changes take place every now and then, want that the subjects we study should be up to date and more practical oriented. Thus, eliminating the problem of blossoming unskilled graduates who suffer afterwards.

We expect equality, not helping everyone belonging to a particular reserved category but helping the needy who really want to pursue education but cannot afford it. This old system has now lost it's sense and is of no use in this competitive world. We all know that choosing career is a very crucial stage in a student's life but most of the students lack proper information on what to choose and what would be beneficial for their future. To eliminate this problem, educational institutes should more frequently conduct career counselling sessions to guide the students.

And it is only because of lack of proper information that unemployment is increasing in our country because people merely focus on having degrees added to their basket - not real knowledge, not genuine skills!

You cannot clap with one hand, Improvement of the system would only prove to be beneficial if it gets corresponding co-operation from the masses. Blaming the system is very easy. Yes, there may be some faults in it but no fault is invincible.

Therefore, we should always watch out for opportunities and innovative ideas and keep ourselves engaged in the never ending process of learning.

BHAVUK JAIN (B.C.A. II )

#### **INDO PAK RELATIONS**

Relations between India and Pakistan have been complex and largely hostile due to a number of historical and political events. Relations between the two countries have been defined by the violent partition of British India in 1947, the Kashmir conflict and the numerous military conflicts fought between the two nations. Consequently, their relationship has been plagued by hostility and suspicion. The India-Pakistan relationship, since the creation of both the nations has been rocky, where the nations have been involved in four wars. **Kashmir** has been the bedrock issue between both the nations and has been an unresolved boundary dispute. **Terrorism**, particularly targeting India, which is bred on Pakistani soil, is yet another major issue which has mired the relationship. Despite many positive initiatives taken, the India-Pakistan relationship in recent times has reached an all time low with some sore issues sticking out.

#### Issues in India-Pakistan Relationship

With the regime change in India, there was a perception that a hard line and staunch policy towards Pakistan would be followed. However, the current Prime Minister (PM) of India put forwarded the idea of 'Neighborhood First', which was particularly aimed at improving relationships within the Indian Subcontinent. There were initiatives taken by the government, for example, inviting the Prime Minister of Pakistan for the swearing in ceremony of the new PM

of India, an unscheduled visit to Lahare by the Indian PM to the residence of the PM of Pakistan, which showed some signs of a positive development. However, with the attack on the Indian Air Force Base in 2016 (Pathankot) January, just a few days after the Indian PM visited the Pakistani counterpart, events thereafter haven't been really encouraging. There has been a complete break down of talks at all levels in between the nations. Speculations, however, run that back channel talks exist. With rising discontent and a volatile situation once again in Kashmir, from mid-2016, India has accused Pakistan of adding fuel to the unrest and glorifying terrorists by declaring them, martyrs. Terrorist attacks on security forces have increased and the attack on the Uri Army base camp in September 2016, where 19 Indian soldiers were killed, was also carried out by an organization, which has its roots in Pakistan. (Lashkar-e-Toiba, also responsible for 26/11 attacks). Another case is of Kulbushan Jadhav, a retired Indian Naval officer arrested near the Iran-Pakistan border in Baluchistan region by the Pakistani establishment and is accused of espionage by Pakistan.

India-Pakistan Relations: Positive initiatives which were taken in the past: Composite Dialogue Framework, which was started from 2004 onwards, excluded, some of the contentious issues between the two sides had resulted in good progress on a number of issues. Delhi-Lahore Bus service was successful in de-escalating tensions. The Ufa 'Agreement' was made during the meeting of the National Security Advisors of both nations at Ufa, Russia to improve the relations between the two nations.

Benefits, which can be accrued from a good India-Pakistan Relationship If there is peace at the border and a solution of Kashmir is arrived upon, then the China Pakistan Economic Comidor, which is passing through Pakistan Occupied Kashmir (PoK) can certainly benefit Kashmir, its people and the economy. Kashmir can act as a gateway to Central Asia. Turkmenistan-Afghanistan-Pakistan-India (TAPI) pipeline which originates in Turkmenistan and passes through Afghanistan, Pakistan can also get huge benefits as it can help secure the National Energy needs of both Pakistan and India, which are potentially growing nations with increasing needs of energy. Iran-Pakistan-India pipeline is another project, which is currently stalled. If relations are cordial, then this pipeline can also supply the energy needs of both the nations. A stable Afghanistan is in the best interest of both Pakistan as well as India. Terrorism is affecting both India as well as Pakistan and the porous boundary between Afghanistan and Pakistan provides a safe haven for terrorists. Also, a better relationship with Pakistan can give direct road access to Afghanistan. Currently, India has to go via Iran to Afghanistan to send any trade goods and vice versa. South Asian Association for Regional Cooperation (SAARC) and the initiatives taken by the association will start to hold more relevance if both the countries take cocrete steps to ensure place is the regions.

Palak Garg

**B.A.3** 

# MORE DEMOCRATIC

Being the largest democracy and one of the fastest growing economy of the word, India is also now a self sufficient nation. We have developed and build ourself in a very short period of about seven decades. The Green revolution, NAM ,1991 economic policies led to are circular the economic pace. Lets take a look at the issues and the reasons.

India is a most diverse nation with composite religions and multi eithnic groups. We witness lynching all over the county over some religious issue. Why does it happen? 70% of Indian population depends upon agriculture which is messed up leaving half of the population starving and ending up with farmer's suicide.

Lord Acton quotes in his famous essay that "A country can be judged on how safe its minorities are."

However in India largest minorities (females) are not safe. They are not infact, Recent incidents of rape have stirred the conscience of the nation. The barbaric incidents at various parts of the country have once again put the spotlight on India's poor track record in protecting its women. What's the way forward here? Strict laws? That's not enough. Parliament recently passed a law granting death penalty for rape of child below 12 years of age.

There are varying differences in GDP per capita in Indian states with Goa, richest with over Rs. 260,000 over 10 times more than that of Bihar, poorest with Rs. 24,572.

The scattered distribution of GDP per capita and reported rapes per 100,000 of the population has a positive correlation, indicating that a higher level of income and associated benefits has a positive check on reporting of rape.

My opinion is that, development in health and education sector will have long lasting check on these social evils and heinous crimes and increasing awareness among the farmers will lead to the improvement in agriculture and ultimately lead to economic growth of the nation as 70% of the Indian population is engaged in the primary sector.

But again Vote bank politics seems to have become our new divide and rule policy. The day parties will start investing on health and education rather than on increasing their vote bank will witness the change.

Lord Acton correctly said that," Power corrupts, and absolute power corrupts absolutely"

Rakshit Dalal B.A3 1853793

#### **Communal Harmony**

Gandhiji, the father of the nation, said "Communalism of the virulent type is a recent growth. Lawlessness is a monster with many faces. It hurts all, in the end, including those who are primarily responsible for it".

India is one of the oldest civilizations in the world with a kaleidoscopic diversity and rich cultural heritage. It has achieved multifaceted socio economic progress during the last 70 years of independence. It is a country of saints and seers who have always preached the lesson of love, harmony, co-operation and respect for each other's sentiments.

"God made man in his own image, in the image of man God made Himself" God has created mankind. But he has not divided mankind into different religions. These regimented religions are man's own creation. It is very sad that in our country often communal riots take place. Sometimes, the grounds are quite flimsy or trivial. We have created an unhealthy atmosphere by mixing caste and creed.

The people need some awakening and joint efforts by enlightened people of all communities, as peace is good for all and strife is harmful to everybody. It is said that the two nation theory that led to the partition of our country, sowed the real seeds of communal disharmony.

We must understand that India is constitutionally a secular country where people of all religions, castes and creeds can live enjoying equal rights and opportunities for progress and have the same stake in the welfare of the nation.

Let us all forget our petty religious differences if any and live like brothers and celebrate jointly each other's festivals and make India a great power to reckon with. India is a vast country, with people belonging to different religions living amicably for centuries together. The rich traditions of tolerance, perseverance, plurality and assimilation have kept the identity of the country intact and civilization thriving.

Declared a secular country in the constitution, India has several provisions for the protection of minority communities. The State does not discriminate on the basis of any particular religion. There are constitutional provisions for equality of opportunities for all. Despite precautionary, preventive and positive measures having been envisaged in the constitution, to rule out any feeling of being left-out, communal disturbances keep recurring. The Government has, often expressed its commitment toward maintaining communal harmony in the country, and has been taking steps-statutory, legal, administrative, economic, and so on.

The Prime Minister, Dr Manmohan Singh, while speaking at the Communal Harmony award ceremony, 2009 reiterated the need for communal harmony and national integration. He said "India has been home to all the great religions of the world. While some were born here,

others took root in this ancient land of ours. The sub-continent has for centuries provided a unique social and intellectual environment in which many distinct religions have not only co-existed peacefully but have also enriched each other. It is the sacred duty of each one of us to carry forward this great tradition. No religion preaches hatred. No religion endorses animosity towards another human being. Those who use religious symbols and forums to talk of violence, sectarianism and discord cannot be said to be true spokesperson of their respective religion."

The vision of the National Foundation for Communal Harmony (NFCH) is to have India free from communal and all other forms of violence, where all citizens especially children & youth live together in peace & harmony. It promotes communal harmony and national integration by organizing variety of activities either independently or in association with State Governments, NGOs & other organizations. It confers awards for outstanding contribution to promotion of communal harmony and national integration. It undertakes activities to highlight and strengthen the bonds of unity and affinity between different religious groups in the country, and encourages activities to promote belief in the principles of non-violence in resolving disputes.

If we follow the preaching of our elders in letter and spirit, we shall love all religions equally well and there will not arise any occasion for conflict. People of all religions can live in peace if they respect each other's religion. Even if they worship God (or gods) in different ways, yet they should try to realize the underlying spirit in each religion and that is to serve mankind which is basically one.

Prachi Gupta B.A 2

#### **Principles of Indian Constitution**

Every constitution reflects the ideas and ideals of the people who framed it. Although it is intended to be a document of permanent value it is bound to reflect also the conditions and circumstances of the period in which it was framed. The constitution of India is no exception to this. It embodies certain basic Principles like Sovereignty, fundamental rights, Directive Principles of State Policy, socialism, secularism, judicial Independence, federalism.

The opening words of the Preamble to the constitution emphasize the ultimate authority of the people of India from whose will the constitution emerged. The Preamble proclaims the solomon resolution of the people to constitute India into a sovereign socialist secular Democratic Republic. The principle of popular sovereignty employs firstly that the ultimate authority of all government agencies springs from the will of the people as expressed in the constitution and secondly that authority is removed from time to time through popular elections at regular intervals. Further, under our constitution those who will the executive power of the government are responsible to the legislatures and through them to the people.

The elections to the house of the people and the Legislative Assembly of every state have to be held on the basis of adult suffrage. The constitution also ensures the democratic ideal of one man, one vote, one value irrespective of wealth, education, social status or importance otherwise

This was perhaps the most fundamental and for reaching decision of the founding fathers of our constitution. It was indeed an act of Faith a homemage to the people of India and implicit in the liberal outlook of India's freedom struggle. India is the largest democracy in the world. In 1952 when India went to the polls for the first time under the constitution the number of eligible voters was around 173 million however in the 2014 general elections the number of eligible voters was 28.14 million

The framers of the Constitution were not satisfied by merly providing Universal adult suffrage. They wanted also to ensure free elections by creating an independent constitutional authority the election commission of India to be in charge of everything connected with the elections

Free elections are another reality in India the cure for the electric both the freedom of choice from among the competing candidate to stand for different programs and policies and the secrecy of the ballot the 15th January elections that independent India has suffered had an almost regular intervals since 1950 to have demonstrated that in spite of the poverty and by the literacy and difficulties and communication the people in general have been able to exercise robust common sense in electric in candidates of the choice and does exercises Supreme authority in setting up a democratic responsible government

India has also been well known for the high percentage of water participation in all the elections numbers and percentages apart a very significant feature of these elections is A Remarkable involvement of the common citizen with the missionary and functions of Democratic self-government the steady growth of political consciousness and highly competitive collector of Indian politics

The success or failure of a democracy depends largely on the extent to which civil liberties are enjoyed by the citizen in general. As professor Harold laski has beautifully put it if any state there is a body of men who possess ultimate political power goes over whom the rules can never be see the emergence of such a state of affairs will result in the disappearance of certain vital characteristics of democracy the spirit of questioning an individual initiative the place will be taken up by an question submissiveness and conformity the most distinguished characteristic of a totalitarian system Josef is perhaps the most serious dangerous inherent in the Dynamics of modern democracy which is to be strong regarded against

There are two possible alternative safeguards which constitution can provide to remedy the situation first it can guarantee certain basic rights to the individual citizen against all encroachment by the state secondly it may so divide divide the powers of the state and impress them to separate Agencies that nobody processes unlimited power the constitution of India has closed in the first alternative and tries to achieve the objective by boarding in it a set of of Fundamental Rights in given to them through independent Judiciary decompose

limitations both on the legislative and executive power of the state. On the one hand the legislature is prohibited from passing certain laws which would cut in individuals freedom and on the other the executives compel to add her to certain formalities and procedures when it with the citizens. Does in an attempt to secure fundamental freedoms the constitution deals with the respective shows of activities of the states and the individual and effects of wall as it work between the government and the people. The constitution of forms the basic principle that every individual is entitled to enjoy certain why does human being and enjoyment of satellites does not depend on the wall of the many majority or minority in fact the legitimacy of the majority to rule is derived from the existence of these rights these rights include all the basic Liberty suggest freedom of speech movement and Association equality before the law and equal protection of law of freedom of religious belief and cultural and educational rights.

It must be stressed that the fundamental rights guaranteed by the constitution are not absolute individual rights however basic there cannot override national security and general welfare for in the absence of national security and general welfare individual rights themselves and not secure freedom of speech does not mean freedom of abuse and other person freedom of movement does that mean freedom of settlement too sensitive areas the constitution has made Express provisions dealing with such limitations of fundamental rights with that those who seek to enjoy the life may also relies obligations attending them.

Heena B.A 3 1853688

#### **Judicial Activism**

Judicial activism is a term that exists in the dictionaries of even laymen these days. While terms like the Judiciary, Judicial Restraint, Judicial Intervention etc. are also in vogue, this particular word holds a number of connotations for different people.

The Merriam-Webster defines Judicial Activism as the practice in the judiciary of protecting or expanding individual rights through decisions that depart from established precedent or are independent of or in opposition to supposed constitutional or legislative intent.

However, for anyone else with even the briefest of idea on the subject, it is the act of the Judiciary to intervene in the functioning of the legislature and the executive to protect the interests of the general public.

As a term, Judicial Activism does not exist in either the American Constitution or it's Indian counterpart. However, the concept has been old, and the Indian Constitution has taken the idea of the same from Americans. The first act of Judicial Activism is also considered to have established the system of Judicial Review in America.

According to the Marbury V/S Madison ruling of 1803, the U.S. Supreme Court established that the American courts have the power to strike down any law, statute or order of the U.S. Government which is not in tune with the American Constitution.

After the same, there were several other cases of judicial intervention in the administrative set up to protect the rights and liberties of the general public:

- Brown v. Board of Education 1954 Supreme Court ruling ordering the desegregation of public schools.
- Roe v. Wade 1973 Supreme Court ruling decriminalizing abortion.
   Bush v. Gore The United States Supreme Court case between the major-party candidates in the 2000 presidential election, George W. Bush and Al Gore. The judges voted 5-4 to halt the recount of ballots in Florida and, as a result, George Bush was chosen as president.
- Citizens United v. Federal Election Commission 2010 Supreme Court decision declaring Congressionally enacted limitations on corporate political spendingand transparency as unconstitutional restrictions on free speech.
- Hollingsworth v. Perry 2013 decision by federal judge Vaughn R. Walker overturning California's constitutional amendment to ban same-sex marriage.
- Obergefell v. Hodges 2015 Supreme Court decision declaring same-sex marriage as a right guaranteed under the Due Process Clause and the Fourteenth Amendment.

In India, the Supreme Court has taken a number of important steps towards protecting the interests of the general public. It is almost on an everyday basis that we get to know about the Supreme Court asking the administration to do what it has to do, within its specific jurisdiction. However, the erstwhile CJI, Dipak Misra, made a number of concrete decisions right before his retirement from office.

The decriminalization of section 377, the control imposed on Aadhar as a means identification of citizens, decriminalization of adultery etc can be counted among some of the landmark rullngs of the same.

Hence, one can safely say that judicial activism is one of the most important tools in the hands of the Judiciary and has made significant impact on the liberalisation of society, wherever it is at play.

Arushree B.A.3

## OUR NEIGHBOURS AND CORRUPTION

Someone has rightly said that behind every GREAT FORTUNE there is CRIME."corruption" is the word."CORRUPT" is a word that is used to describe that is tainted, decayed or putrid. But in our society corruption is used to refer to unethical behaviour undertaken by someone who has been entrusted with authority. Corruption exists in every nation of the world. Pakistan stands at number 3 in the top 10 most corrupt countries of the world preceded by Nigeria and Columbia at 1 & 2 respectively. We've heard of so many such instances of Pakistan. Talking about corruption, our people only talk about various scams in our country. But very few of us know about the worsening conditions of Pakistan. This corruption has played havoc with the socio economic development of Pakistan. It is a major hurdle to the progress of Pakistan. According to the world bank estimates, more than US\$1 trillion is paid in bribe every year. We can say that the root cause of rapid corruption in Pakistan is lack of "ACCOUNTABILITY". Other reasons are like casual attitude, lack of commitment, non clarity of good values, laziness, avoiding hard work, much desires and accordingly strong urge for accomplishing those wishes. Corruption causes inequity in society and the gap between rich and poor increases. For eg. corruption is the reason that there are so many deserving people still unemployed, wandering here and there in search of livelihood. Corrupt people bypass deserving people and appoint their supporters or relatives to lucrative posts. There is a very high risk of corruption when dealing with Pakistans police.3 out of 4 Pakistanis who have come into contact with the police in the past years report paying a bribe. Pakistan police suffers from a lack of equipment, poor training and chronic corruption. Inefficient government bureaucracy together with high levels of corruption present, are significant barriers to business in Pakistan. Irregular payments and bribes are commonly exchanged when obtaining public service and license. The journalists who report sensitive issues including civil military tensions have faced threat, harassment and violence. Various efforts over the past years have tried to develop institutional mechanism to address these problems. But lack of political will, coupled with the perceived co-option of the judiciary, are major obstacles. Their people need to understand that corruption is weakening the political body and damaging the supreme importance of law governing the society. The people must play a more proactive role in curbing corruption. The corruption has grown as such a huge problem only, because people of Pakistan have condoned these scams and sandals. If they would have taken an action early by protesting against these scams initially and demanded an explanation from the government, these scandals would have been nipped in the bud. Now the time has come for Pakistan people to save their country from going into the black hole of corruption by uniting against this evil and launch a campaign to make Pakistan corruption free. As it said by a renowned writer, a stitch in time saves nine.